

The Gazette

For Hasbrouck Heights and Teterboro Area

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343 Boulevard, Hasbrouck Heights, NJ 07604

Serving the communities of
Hasbrouck Heights and Teterboro Area

www.hasbrouck-heights.net/gazette/index.htm

VOL. 3, No. 8

August 2006

Mailed FREE to everyone in Hasbrouck Heights



The 12' x 18' American Flag being prepared for display over Depken Field by the Hasbrouck Heights Fire Department Truck Company prior to the Fireworks Program held July 1, 2006.

Our True Colors

Fireworks Program on pages 14 & 15

Children's Patriotic Program on pages 12-13

For all of the latest
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Wings & Wheels Expo Returns

The Port Authority and the Aviation Hall of Fame are sponsoring a Wings & Wheels Expo 2006 on August 19th & 20th at Teterboro Airport.

Various modern and classic military and civil aircraft are currently being scheduled for this event -- including the return of the "Yankee Lady" B-17 WWII Flying Fortress. Passenger rides available.

Exotic, antique and custom cars and military vehicles will be on display.

Additional attractions include exhibitors offering unique airplane models, rare and collectible aviation merchandise & memorabilia, refreshments, etc. The last event held in 2004 may be viewed at: www.teterboro-online.com ###

Touchdown Club Golf August 17

The Hasbrouck Heights Touchdown Club is sponsoring its 7th Annual Golf Outing on August 17, 2006 at the Knoll West Country Club in Parsippany, NJ. There is a shotgun start at 1:00 p.m. and there will be 2 rolling beverage carts during golf.

The cost is \$150 per golfer and includes: hot & cold lunch buffet from 11:00 a.m. to 12:30 p.m., cocktail hour from 6:00 p.m. to 7:00 p.m. and dinner reception from 7:00 p.m. to 9:30 p.m. Contests include: first hole in one -- win a new car, closest to the pin, longest drive plus raffles and 50/50.

For more info call Rich Albanese at 201-288-2921. Hole sponsors welcome. ###

Sidewalk Sale

Shoppers ... Mark Your Calendars! *Bring Your Friends.* Hasbrouck Heights Chamber of Commerce will hold its Annual Sidewalk Sale August 3, 4 and 5. Check page 18 for money saving coupons. ###

NOTICE:
Borough offices will be observing summer hours -- 8:00 a.m. to 3:30 p.m. beginning May 30th thru September 1st

The Energy Corner

Retention Oil Burners

These new burners can run so clean that there is almost no combustion residue build-up over the heating season. This means that the efficiency does not go down through the season like it does with older burners. Properly adjusted new burners do not need to be tuned up every year. Interrupted ignition and PSC ball bearing motors also require a lot less electricity to operate. The benefits gained by replacing old burners are: efficiency improvement of 15 to 18%, lower electric bills, reduced smoke & soot emissions and lower fuel consumption.

Replacing an old inefficient boiler or furnace is one of the best investments you can make. It will pay for itself in a few years and will continue providing savings for years to come.

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Call John Depken if you have any questions that you would like answered in this column



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\$ 5.00\$160 **and up**
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\$20.00\$650 **and up**

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Marge Heeren Receives GFWC Award

Marge Heeren was one of more than 1,000 women attending the General Federation of Women's Clubs (GFWC) 115th Annual Convention in Denver, Colorado.

Marge, and seven other women from various regions across the country, were awarded the first Jennie Award.

This award, named after Jennie June Cunningham Croly, the founder of the Women's Federation over 100 years ago, is awarded annually for outstanding service to club, community and family.

Marge became a member of the Contemporary Club of Hasbrouck Heights in 1972.

She served three terms as President. She is currently Fund Raising Chairman and has had great success organizing fund raising dinners, concerts and special trips.

She is a member of the Past Presidents Club of the Ninth District and served as President. Marge has held many District Chairmanships and has served on the NJSFWC Board of Directors as District



Vice President, Chairman of Performing Arts, International Affairs, Nominations and Elections, Cecilia Gaines Holland Award and, currently, Fall Conference.

She has been a member of the Annual Convention Committee, Credentials and Registration, By-Laws, Vice Chairman of Program Assistance and committees relating to membership, leadership and special projects and sings with the state chorus.

Her spirit of volunteerism has not gone unnoticed. Marge

has received numerous awards for her dedication and service. She has received several citations from the state/county legislature and was named Citizen of the Year by the Bergen County Council of Churches and the local and state VFW. Lutheran Brotherhood chose her Fraternalist of the Year. NJSFWC awarded her the Cecilia Gaines Holland Award for outstanding civic activities beyond club work.

Marge has been active in the Hasbrouck Heights community for many years serving on the Mayor's Committee on Community Celebrations, Local Assistance Board, Meals-on-Wheels, Habitat for Humanity, etc.

As a member of the Holy Trinity Lutheran Church she served as Youth Director, Superintendent/Treasurer of the Sunday School, Director of Vacation Bible School, Church Council, etc.

The Contemporary Club of Hasbrouck Heights meets at Holy Trinity Lutheran Church on the fourth Tuesday of each month at 7:30 p.m. ###



Dominic, from Rizzo's Reptile Discovery, introducing "Butterscotch," an 11 foot Burmese python to delighted campers.

Heights Camp-out

The 3rd Annual Family Overnight Camp-out in Woodland Park was held on July 15-16, 2006. About 20 families participated.

Rizzo's Reptile Discovery provided an educational lecture and presentation of reptiles

and wildlife. Popcorn, cotton candy, dinner, late night BBQ and breakfast were provided. There was a campfire under the pavilion for a traditional marshmallow roast.

Event was sponsored by Recreation Department. ###

Food Drive September 6th

Bill O'Shea's Florist, at 231 Boulevard (at Jefferson Avenue), in Hasbrouck Heights, NJ will be conducting a food drive in conjunction with Good Neighbor Day.

This food drive will benefit the Center For Food Action (CFA), the non-profit food center that has served our area's needy since 1976.

CFA welcomes basic non-perishable food items such as juice, cereal, canned goods, pasta, baby food, etc. Food items should not be open, expired or in glass jars.

Free Roses

During this food drive, Bill O'Shea's Florist will be conducting a Good Neighbor Day event where thousands of roses will be given away absolutely free to anyone who visits the

shop. Dozens of roses will be given away on a first come, first served basis.

No purchase is necessary! Good Neighbor Day begins 8 a.m. on Wednesday, September 6, 2006.

All visitors picking up the roses are asked to keep one for themselves and to give the other 11 roses away to 11 different people and in so doing, help create a friendlier, more caring and compassionate community. Good Neighbor Day is a day designated for people to meet and get to know their neighbors. A rose is the perfect expression of friendship and love.

When you come in for your FREE Roses, we ask that you be a Good Neighbor and bring a food donation for the Center For Food Action. ###

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Raising Money-Smart Children

Here are some tips for parents to help their children learn about managing money.

Get them interested early. When your children are young (age 3 or 4), show them how to tell different coins apart. Then give them a piggy bank to store up change. Piggy banks are a tangible place to keep their money, and they can see, hear and feel how the bank fills up.

Make saving a habit. Make a house rule of saving a percentage of income, whether it is birthday money from relatives, earnings from a neighborhood lemonade stand, weekly allowance or a part-time job.

Open a savings account in a child's name. A KFS Kid's Club savings account can show how money can earn money -- through compound interest. Give kids a compound interest table (available at *Kearny Federal Savings*) to let them anticipate how money can grow. Stop by a KFS branch to open a Kid's Club account today.

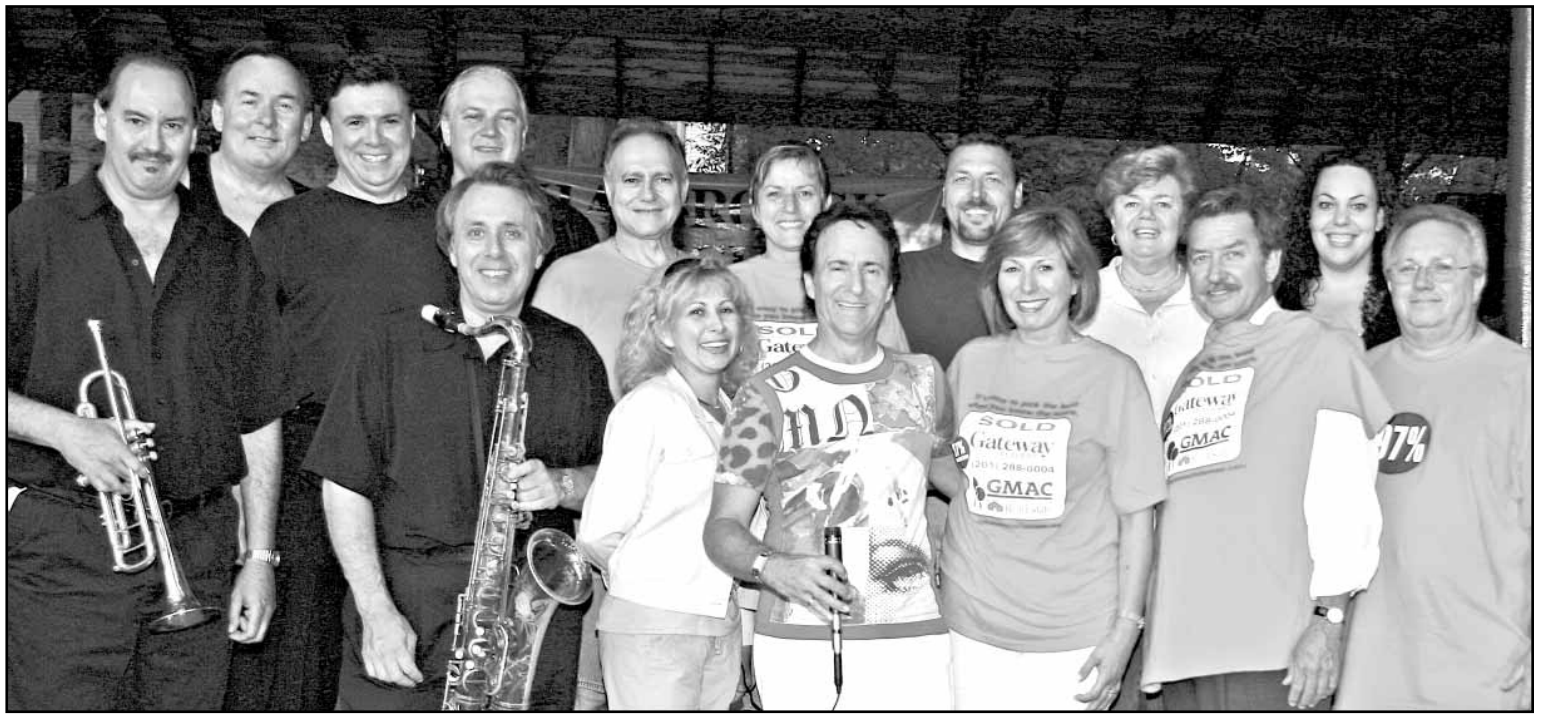
Encourage goal setting. Have your kids write down their wish list, along with a deadline -- a skateboard by the end of the summer, a bike by next year. Visualizing may give kids the added motivation needed to save. You might contribute a matching amount when they reach a certain dollar amount in savings by themselves.

Give regular allowances. Allowances give children experience with real-life money matters, letting them practice how to save regularly and plan their spending. Of course, you should determine the amount of allowance that you think fits; for example, an amount equal to half their age per week.

Help plan a budget. Have kids write down what they'll buy during the week and how much each item costs. Then write down their weekly income. If it doesn't add up, they'll have to prioritize their "needs" and their "wants."

Encourage money-earning ventures. To earn money beyond their weekly allowance, suggest that kids find creative ways to make money -- doing special household chores or seeking jobs such as raking leaves, mowing lawns, pet sitting or shoveling snow.

Show children the effects of inflation. To show your kids how prices have gone up over the years, take them to the library to look up old ads -- for movies, bikes, sneakers. Try finding the year they were born. Your kids can also use their math skills to see how much items they're saving for will cost in the future. For example, a bike that costs \$50 today might cost \$60 in five years, with 4 percent inflation. ###



Gateway Realtors/GMAC Real Estate with "Ron Gartner and Orchestra" on July 13th.

Heights Residents Enjoy Woodland Park Summer Concerts

Gateway Realtors/GMAC Real Estate sponsored the first concert of the series on July 13th featuring "Ron Gartner and Orchestra" with Sounds of the 60's and Big Band hits.

Hasbrouck Heights Recreation Department will have two

more free concerts in Woodland Park. The second concert is scheduled for August 10th with "Double Tap" featuring Carla Culkin with music from the 70's to today. This concert is sponsored by Gateway Realtors/GMAC Real Estate.

The third concert is scheduled for August 24th with "Boote" featuring music from the 50's through the 90's. This concert is sponsored by Otterstedt Insurance Agency.

Shows start at 7:00 p.m. in Woodland Park under the

Pavilion. Refreshments are available. Please park in the back parking lot. You can bring your own lawn chairs.

In case of bad weather call 201-288-4143 after 4 p.m. for cancellation notification. ###

You're never too young to start saving!



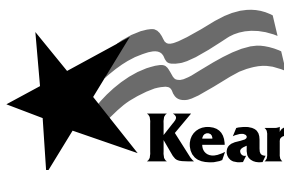
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Looking for Good Neighbors

"Good Neighbor Day" is September 6th. This will mark the 10th year **Bill O'Shea's Florist** will be giving away dozens of roses free on a first come, first served basis, and collecting a food donation for the Center for Food Action (CFA).

The Kiwanis Club of Hasbrouck Heights/Teterboro, in conjunction with **Bill O'Shea's Florist**, would like to identify those many 'Good Neighbors' from our community.

They seek entrants to

receive a "Good Neighbor Award" in September. They are seeking everyday good citizens who should be recognized for their efforts.

Do you have a good neighbor? Someone who is always willing to lend a helping hand, give advice, listen to your problems, or maybe drive you to shopping, etc; someone who is not looking for monetary gain or a personal reward; or someone who has extended himself or herself to you in a crisis.

Our community has many

great folks living here and sometimes you run across someone who is just an inspiration.

We are looking for that "Unsung Neighbor" you would like to recognize and praise.

Nominees should be residents of Hasbrouck Heights who have not received a lot of publicity for their volunteer efforts.

Nominees need not be a member of a service club, a political party, a church group, or other types of non-profit organizations. Age is not a factor in selecting the winners.

Entries should be in the form of an essay of 200 words or less, describing the nominees' good deeds. Be certain to include his/her name and address as well as yours.

All nominations can be mailed or dropped off at **Bill O'Shea's Florist**, 231 Boulevard and should be received no later than August 30, 2006.

Awards will be presented in early September at a reception at the Municipal Building. ###



HH Little League Picnic

The Hasbrouck Heights Little League held its Annual Picnic for the 400 town families involved in the 2006 season on their rain date, Sunday, June 25, 2006 from 11:00 a.m. to 4:00 p.m. at the Little League Complex.

An estimated 1,000 folks enjoyed plenty of grilled foods, Italian ices and cold drinks. There were several inflatable amusements.

Trophy presentations were made. And there was a random raffle for two scooters. Nice way to end the regular season. The event was open to all Hasbrouck Heights families participating in the 2006 season.

In 2006, the Hasbrouck Heights Little League fielded six major league teams with 72 -- 10 to 12 year old players, 14 minor A & B teams with 168 -- 7 to 10 year old players, ten Tee Ball teams with 120 -- 5-6 year old players.



About 120 parents volunteered as coaches and managers for the season. Also, many parents volunteered their help in fund raising, field clean up, concessions, etc.

The Little League community expressed appreciation to the many sponsors for their financial support. The Hasbrouck Heights Little League was established in 1953. ###

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Fisher's will be closed for vacation starting August 28th and will re-open on September 5th

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Mission Jamaica

By Emily Wallace

Emily Wallace, a resident of Hasbrouck Heights, NJ, is a sophomore at The Catholic University of America in Washington, DC.

What comes to your mind when you think of the tropical island of Jamaica? Gorgeous beaches, warm sun, palm trees and coconuts?

Before my Spring Break Mission Trip to Jamaica this year that is what I thought of. Now those images come second to malnourished children, Lloyd the leper, and the city dump/poor neighborhood of Riverton. I am now back in the United States but I miss the Jamaican people, culture, and way of life very much.

This mission trip has definitely been a defining moment in my life and has changed my outlook on life for the better. I would love to share with you some of my experiences in Jamaica.

Mission Jamaica is an annual trip arranged through the Campus Ministry office at my college, The Catholic University of America.

Our ties are with the St. Patrick's Foundation which was actually set up by an alumnus of CUA, Msgr. Albert.

This foundation was set up to help the poorest of the poor in Kingston, Jamaica obtain an education for their children and give them the dignity they deserve but so rarely get.

Our first stop after arriving in Kingston was Mass on Sunday at a local parish where some people walked over an hour to get there.

The Mass lasted 2 1/2 hours, but it was the most beautiful and vibrant Mass I have ever been to.

What a great way to get to know the Jamaican people! They were so genuine in everything they said and so welcoming and giving to every single visitor even though they had very little themselves.

After Mass we went to St. Monica's, an aspect of St. Patrick's Foundation, a home for the abandoned elderly and

lepers, and three schools. We were finally able to meet the residents who we had heard so many wonderful stories about.

Many of them have a heavy patois accent so it was quite difficult to understand some of them, but all of them were so incredibly happy to have our company.

We got to know Anne who always wore a red outfit and a Wendy's hat, and we all got to know Lloyd, who is a leper, and hear about some of his challenges. Gladys loved the guitars that we brought to play, Cunningham gave a few of his favorite visitors some hand copied texts, Sis danced with us to some songs and Martin played his harmonica and sang for us all.

Monday and Tuesday our team was split into three groups and we went to the different schools. I chose to go to the high school and help with the older kids; the other two schools were for younger children.

This was not a high school like you would find in the United States. It was a combination of a trade school and a school for older children.

There were students ranging from the ages of 10-22, and they learned history, math, spelling, but also cooking and computers. Even though they were able to learn about these things, their education was nowhere close to our standards here.

Looking back, I am so glad that I was asked to go to the remedial classroom and help the teacher.

The teacher asked me and one of my teammates, Michael, to go outside and tutor some kids. I took Andre, Akeem, and Ricardo outside, all of whom were 16 years old, and we practiced the alphabet for a few hours.

Michael was helping a 22 year old with the sounds of the letters of the alphabet. I am so blessed to have the education in the U.S. that I do. I went back to the high school for a second day and all of the students I had met before were so happy to see

me again.

All they needed was someone with time and patience to sit with them, and I was more than happy to be able to give that to them.

On Wednesday we went back to St. Monica's and got to see some of our favorite people again. We celebrated Gladys' 91st birthday with her and shared some more songs with Martin. We also got some of the other residents dancing. One of my teammates received a history of the world lesson from one of the residents. There was one woman who could not walk and just sat in her chair the entire day until somebody helped her into bed, so I went to visit her.

I could not understand anything she was saying but I could tell that she was in pain. All I could do was sit down next to her and rub her back until she stopped whimpering.

Even at St. Monica's the residents aren't shown as much

“What really shocked me was that these people were so happy despite their living conditions.”

love and attention as a thriving human being needs, so I knew that even if I could not understand what she was telling me, I could show her I cared about her.

After a while, she looked up from her permanently hunched over position and said “thank you.”

It is amazing how little time it takes to form an incredibly strong bond with someone, and you don't even realize the strength of that bond until it is time to say good-bye.

On Thursday, we went into the mountains to a place called “Above Rocks.”

We saw so much poverty there. The Franciscans have a parish in “Above Rocks”; however, its buildings and facilities are literally falling apart and crumbling, so we helped by painting one of the buildings and restocked some materials.

During lunch, I noticed a little girl standing outside the door, so I went out to talk to her. I sat down and she immediately hopped up on my lap and threw her arms around me.

I will never forget that moment because I felt that the whole world had stopped and it was just me and the little girl and I was able to give her what she needed most: love.

After a while of silent hugging, I found out that her name



was Jenny and she was 5 years old. I asked her if she had anything to eat that day and she replied with a ‘no,’ so the cook brought out the leftovers for her and her friends.

Earlier, Fr. Brad, our team leader, told us that many poor children in Jamaica don't have solid food for three to four days at a time, so I could understand how important this lunch was to the children.

Our last day of ‘work’ on Friday was spent in Riverton painting houses. Riverton is where the poorest of the poor in Kingston live. It is located on the outskirts of the city dump and is filled with trash and gullies.

The houses are made out of wood and corrugated tin, with trash and scrap metal lining the streets and alleys. It reeks of garbage.

While in Riverton, we painted three houses and spent time with some of the children who live there. Being in Riverton was the most difficult part of my trip mainly because of the culture shock.

I felt as if I was in a commercial where an organization is asking for monetary donations to send to children in a Third World country and you see barefoot children wearing only rags walking between dilapidated ‘houses.’

That is what Riverton is. These people live like this day in and day out and have no ways of escaping this lifestyle.

There is a small river that runs through the edge of town separating the garbage dump from Riverton. The children play in this river, but every once in a while, someone gets eaten by the crocodiles that live in the river, or they get severely cut up from the scrap metal and pipes that are under the water.

What really shocked me was that these people were so happy despite their living conditions.

Many children were walking around wearing nothing but ratty underwear, yet they seemed to be so joyful.

I was walking next to a young boy on the way back from looking at the river; we didn't speak to each other, but after a little while he reached

up and took hold of my hand as if holding hands gave him some attention that nobody else gave him. If someone had seen me I probably had the biggest smile ever.

Getting to spend time with the children of Riverton was an extremely rewarding experience.

Here is some information: Schooling is not provided to everyone in Jamaica; it is very expensive to attend either a private and public school so many poor children don't go; 80% of the population of Jamaica consumes 20% of the wealth, and vice versa; and the tourism industry is what keeps the country running. Yes there are a lot of palm trees everywhere in Jamaica and the whole island is beautiful. We even got a coconut on the side of the road and drank the milk right from it!

Coming back to the United States was very difficult in the beginning because our lifestyle is so different than the Jamaica lifestyle.

It was so hard to do normal things like go out to eat or spend extra money on school books because I know that most poor children in Jamaica don't even eat every day, and many would absolutely love to go to school.

This trip has made me consider doing a year of service in Jamaica after I graduate so that I could spend more time with the Jamaicans and give to them the love that I have been so blessed to have my entire life.

I would like to share some more wonderful news with you: I was asked to be one of the team captains for the mission trip next year! I will be returning to Jamaica during spring break again and will be able to celebrate Gladys' 92nd birthday with her at St. Monica's!

Thank you for supporting my trip to Jamaica this year and for sending your prayers and thoughts to our team.

If you would like to support the mission trip to Jamaica next year, donations can be sent to Emily's mother: Kathy Wallace, 156 Roosevelt Avenue, Hasbrouck Heights, NJ 07604 Attn: Emily Wallace/CUA Campus Ministry -- Mission Jamaica ###



August 2006 Senior Calendar

SENIOR ACTIVITIES

Monday, August 7, 14, 21, 28

10:00 a.m. Games, cards & coffee

Tuesday, August 1, 8, 15, 22, 29

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Senior Yoga \$1.00

Wednesday, August 2, 9, 16, 23, 30

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, August 3, 10, 17, 24, 31

2:00 p.m. Senior Yoga \$1.00

Thursday, August 24

10:00 a.m. to 1:00 p.m.

Health Consultation Program

Friday, August 4, 18

10:00 a.m. Fun Bingo

1:00 p.m. Movie Day

Down to Earth

Rita Hayworth/Larry Parks... August 4

Monkey Business

Cary Grant/Ginger Rogers..... August 18

Friday, August 11, 25

Noon to 3:00 p.m. Games and cards

CLUB MEETING SCHEDULE

Wednesday, August 2

10:00 a.m. Leisure Club Executive Meeting

UPCOMING EVENTS

Wednesday, August 23, August Get Together

Noon to 4:00 p.m. at Senior Center. Social with refreshments & dancing music. Paid members only. Must have purchased \$1 ticket. No tickets will be sold at the door!

Wednesday, September 13

1:00 p.m. Leisure Club Meeting

Entertainment: Ron Anthony

Thursday, October 12, The Staaten, Staten

Island Trip \$56 per person. One hour open bar, dinner, dancing, entertainment. Call Estelle at 201-288-1870 or Anita at 201-288-1567.

The Leisure Club welcomes all Senior Citizens who live in Hasbrouck Heights and are 60 years or older. Annual membership is \$12 per year.

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The Gazette

For Hasbrouck Heights and Teterboro Area

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Email: gazette@hasbrouck-heights.net

Fritz Rethage..... Editor • Publisher
Marie Gallo..... Assistant to the Editor
Nancy Halloran..... Copy Editor
Suzanne Kinzler..... Contributor
Justin Watrel..... Contributor

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Seniors Enjoy Picnic

By Peter Gallo Jr.

Mother Nature played games at the Fifth Annual Senior Picnic. The day started off cloudy, and even a few drops of rain came down in the morning. But the rains held off. Throughout the afternoon, dark clouds played games with the Sun and in the end the Sun won out.

The senior citizens of Hasbrouck Heights always look forward to this day. The seniors appreciate the event hosted by the Mayor and Council. Borough Clerk Rose Marie Sees and her staff, as well as Rob Brady and his youth group, did an outstanding job of preparing and serving the food which consisted of hot dogs, sandwiches and salads.

The entertainment was provided by an old favorite of the VFW, Ron Anthony. He is a master of the keyboard, with an outstanding memory of the music familiar to all.

This was the perfect time to ask the senior residents the question of the day. What do you like about Hasbrouck Heights?

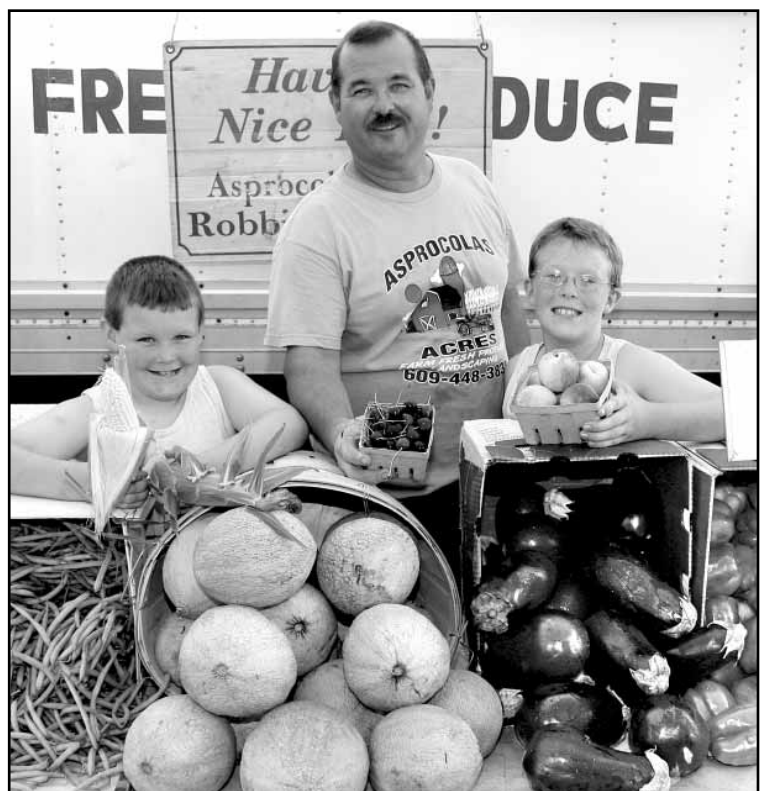
Joe Barnao, a resident for 52 years, feels that it's a nice place to raise a family; Peg Walter, a resident for 48 years, praises the good programs for seniors as well as for the youth; 45 year resident Audrey Maisch feels that our location near major highways is ideal; 46 year resident Arashal Parseghian said it's a nice place to live. Rose Kressaty who has lived here for 43 years and Anita Krieger who has been here for 50 years both stated that the citizens are friendly; 56 year residents Dot and John Fitzin praised the Police Department, Fire/Ambulance volunteers and DPW for the great work they do; 40 year resident Vera Starke praised the many activities for seniors as well as the senior center.

Peter Greco, 55 year resident, applauded the services the Borough offers; and Lois Hettel who has lived here for



55 years, commented on how cooperative and friendly the citizens and the members of her church have always been. Finally, Grace Harmon who has resided here for 70 + years stated that the thought of leaving Hasbrouck Heights never entered her mind.

Many other senior citizens expressed their opinions about what they like about Hasbrouck Heights. They all coincide with the feelings already expressed. To sum up, Hasbrouck Heights is a good place to live and raise a family. ###



Farmers' Market is Open

Grayson, George and James Asprocolas offering some Jersey Fresh produce on July 11th. The Farmers' Market is held every Tuesday from noon to 6:00 p.m. until September 26th at the corner of The Boulevard and Washington Place.

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(l-r) Frank Lydon, John Du Vernay, outgoing Grand Knight, Anthony Bernice, incoming Grand Knight Silvio Sartori, Anthony Walsh, and Warren Stroedecke. Front row: Bill Condon and Mike Ciano.

K of C Council #7041 Elects Officers

The following members of the Hasbrouck Heights Knights of Columbus Council have been elected to their offices for the 2006-2007 Columbian Year: Grand Knight: Anthony B. Bernice, Deputy Grand Knight: Warren S. Stroedecke, Chancellor: Michael Ciano,

Warden : William J. Wallace, Treasurer: Silvio Sartori, Recorder: John R. Du Vernay, Guard: William Condon and Guard: Anthony M. Walsh.

The Trustees are John Du Vernay, Silvio Sartori and Mark Cricco.

Reappointed as Financial Secretary is Francis J. Lydon, Jr. Anthony V. Miele will serve as Advocate. Fr. Lew Papera is the Chaplain.

The Council meets in the Center across the Boulevard from Corpus Christi Church on the first and third Wednesday of the month at 8:00 p.m.

The Knights of Columbus is a fraternal, family organization open to Catholic men in good standing with the Church. Catholic men interested in joining the Council may call 201-288-6685 for information and an application. ###

ESL Fall Classes

Free Adult ESL (*English-as-a-Second Language*) Classes will start at Care on the Corner, an outreach ministry of The Episcopal Church of St. John the Divine, 229 Terrace Avenue, Hasbrouck Heights, on Wednesday, September 27, at 7:00 p.m.

All new and returning students must be registered to take the classes.

New students must take an informal language assessment test on Wednesday, September 13 or Wednesday, September 20 at 7:00 p.m.

The last class of this 12 week session, which meets every Wednesday from 7:00 to 9:00 p.m., will be December 13.

The ESL classes will provide free English language instruction at beginner, intermediate, and advanced levels to people from other countries and other language backgrounds.

For more information about the Adult ESL Class, to register a student or to join this dynamic teaching team, call the office at 201-288-9460 x 5 or 201-288-0002. A registration form must be completed for each student. ###

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Citizenship Classes to Start Sept. 25

Starting on Monday, September 25, 2006 classes to help people prepare for applying for their U.S. Citizenship will be offered as a six week session.

Classes are Mondays from 7:00-9:00 p.m. at Care on the Corner, an outreach ministry of the Episcopal Church of St. John the Divine, which is located at 333 Franklin Avenue in Hasbrouck Heights.

Registration and testing will take place on Wednesdays, September 13th and September 20th at 7:00 p.m. in the Parish Hall of St. John's Church, 229 Terrace Avenue, Hasbrouck Heights, NJ (*the corner of Terrace and Jefferson Avenues*).

Students must bring their green card at the time of registration.

For more information about the Citizenship Classes, call the office at 201-288-9460 x 5 or 201-288-0002. A registration form must be completed for each student. ###

Class of '66

The Hasbrouck Heights High School Class of 1966 will celebrate its 40th year reunion Oct. 7, 2006 at the Crowne Plaza Hotel in Secaucus.

Members of the class who want to be a part of the celebration or provide information on the whereabouts of other classmates, can call the following people: Marilyn (Cook) Rosenberg at 201-788-0511; Carmen Del Sole at (201) 288-8513 or Fred Zilian at 401-683-2660. ###

Designing Woman

Ideas For The Home Of Your Dreams



What's the one word in home décor that puts shivers up everyone's spine? Wallpaper! You hear the word and you think of rolls that won't stay unrolled. And sticky stuff that sticks to everything but what it's supposed to.

So, many of us, who won't even consider wallpaper, are missing out on thousands of wonderful ways to add elegance and "that something special" to our homes.

Check out the wallpaper departments of a nearby home or paint store. You'll see so many books you won't know where to start. Flip through one and you won't know when to stop. Don't just look...feel.

The textures will amaze you. Then use your imagination. What room in your house can use a little jazzing up? And remember, you don't have to paper the whole room. Maybe just one wall. Or the ceiling!

Another good place to check out wallpaper is the Internet. Here you'll not only find a dizzying assortment, but you'll learn about innovations and new techniques.

For example, you'll see how you can create the look of a stone wall, using a technique that's incredibly simple. The

papers come in sheets, not rolls. Select a color and textured look, tear the sheet into any size and shape, and paste the pieces on the walls any which way. You've just created a one-of-a-kind, totally unique, beautiful wall. By the way, this look is especially spectacular around a fireplace.

So please put the word "wallpaper" back into your vocabulary. And don't forget that if the options seem to overwhelm you, well, (*plug, plug*) that's what we designers are for.

Amy Emilita is a lifelong resident of Hasbrouck Heights. She owns her own design company, **Emilita Interiors**, and is a part of the *Window Fashion Certified Professionals Program*. www.emilitainteriors.com. Questions? amy@emilitainteriors.com ###

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Corpus Christi Church Rosary Society News

The June General Meeting of the Rosary Society concluded this calendar year with the installation of officers and induction of new members. Officers for 2006-07 are Karen McDowell (*President*), Isabelle Romano (*Vice President*), Judy Mascis (*Secretary*), and Gloria Cotter (*Treasurer*). Eileen

Kiick, Ann LaMorte, and Dee Sullivan were welcomed to the Society, and another induction of candidates will take place in October.

Through the tireless efforts of the members, the Rosary Society has continued its tradition of prayer, service, and financial support both within

and outside the parish. Among this year's accomplishments were: a fifteen-hundred dollar gift to Corpus Christi Church, two five-hundred dollar academic scholarships awarded to Corpus Christi eighth-grade girls (*Chelsea DeFelice and Katelynn Kurgan*), congratulatory cards and the gift of an instruction booklet on the recitation of the rosary to all of the First Communicants of the parish, a donation of two-hundred and fifty dollars to the Child in Need program sponsored by the National Council of Catholic Women, and support of Birthright of Bergen County through the annual Spring Baby Shower.

In addition to the above donations, the women of the Rosary Society worked behind the scenes in prayer and service to the parish through daily recitation of the Rosary, continued communication with members who are no longer able to actively participate in projects, gave solace to the families of our deceased members through a prayer service and mass cards, hosted certain parish functions including the fall and spring Anointing Mass of the Sick, and visited Bergen Regional Medical Center for prayer and refreshments with residents.

The next General Meeting will be Thursday, September 7, in the school cafeteria beginning with the recitation of the Rosary at 7:15 p.m. and Mass. We invite all women within and outside our parish to join us. Please note that the Annual Communion Breakfast is Sunday, October 1 at the Fiesta following 9:00 a.m. Mass in the chapel. The Guest Speaker will be Sister Judith Mertz, and tickets will be available at the meeting. ###

Previous Issues of The Gazette Newspaper are available on-line at: www.hasbrouck-heights.net/gazette/index.shtml



"Suzie's Ques"

Practical Tips for a Healthier You

Hello again to all my neighbors and friends.

The summer heat is in full gear. It's been a joy watching the sidewalks full of joggers, walkers, bikers, and skateboarders. It is wonderful to see so many residents enjoying the sites and sounds of our neighborhood.

Recently, I noticed a happy couple walking briskly together on the Boulevard, sharing time exercising. I politely approached them and introduced myself. "Hi, I'm Suzanne Kinzler and I write a column for **The Gazette**." I was grateful they took a moment out of their busy walk to share with me some of their love of walking.

Mr. and Mrs. Rizzo, long-time residents of Hasbrouck Heights, said "We walk an hour a day, every day for exercise and to keep fit. We exercise together every day and have even lost weight." And then I noticed the bottle of water in Mrs. Rizzo's hand to which I gave a big thumbs up. "I see you have your water with you. Good job keeping hydrated."

And with that they smiled, continuing on their merry way as I waved bye and thanked them for sharing. So beware neighbors, YOU may be next to be approached by me.

Don't worry, I promise I won't bite!

Speaking of exercise and staying healthy, I decided to get additional expert advice on keeping our backs healthy. Years ago, I took a course at Springfield College and was certified as a "Y's Way to a Healthy Back" instructor by the YWCA. However, times have changed and I thought that **Dr. Mark Delcalzo** and **Dr. Charles Santoro**, Chiropractic Physicians in our area, could give us some good tips on keeping our backs healthy and strong.

I spoke with **Dr. Mark Delcalzo** at his office located in Hasbrouck Heights. Right off the bat, he shared that "movement is good for the back."

He went on to say that to keep the back healthy, you must get cardiovascular exercise, which 'increases oxygen to all parts of the body.'

Walking is one of the best exercises to do, he explained. I asked him about that old saying "no pain no gain" which means to work through the pain while working out. "That is the worst thing you can do," Dr. Mark adamantly stated. He suggests doing some basic "core training," which means to learn how to do proper exercises for your trunk and abdomen correctly, helping to keep your overall body in good condition. "Anybody can tell you that they are an expert, but you should look for someone who is certified and knows what they are doing."

To find a good "team" to help manage your training, Dr. Mark suggests asking friends, talking to the local people, and getting a consultation by a professional.

Next, I spoke with **Dr. Charles Santoro** who is celebrating 22 years of practice this month. Congratulations Dr. Santoro!!!

He also shared about exercise being very important to maintain a healthy spine. In order for individuals to keep their backs strong and healthy, aerobic exercise and stretching should be done at least 3-4 times a week. He suggests taking things slowly at first and increasing gradually. Tight back and leg muscles contribute to back pain. This is why stretching and flexibility exercises are so important to a healthy back.

Dr. Santoro's office motto, "We Care" is proudly displayed in his Hasbrouck Heights office. He shared that if a person suffers from back or leg pain, he/she should seek medical attention. "The most common reasons for back pain are from falls and auto accidents," said Dr. Santoro. Dr. Santoro conducts complimentary health screenings from infants through adults.

For more information contact **Dr. Charles Santoro** at 201-288-1121 or **Dr. Mark Delcalzo** at 201-288-9292.

Hasbrouck Heights resident Suzanne Kinzler is a Health/Physical Ed Certified Educator and author of, "A Multicultural Approach to Physical Education," 2002 Human Kinetics Publishing Co. ###

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Kids Enjoy Camp Rec Trek

The Hasbrouck Heights Recreation Department is holding its 2006 Summer Playground Program.

This year's six week camp is held in Woodland Park June 27 through August 5, Monday through Friday (*weather permitting*).

Each day there were playground activities such as kick ball, coloring, table games, wiffle ball, stick ball, jump ropes, arts & crafts, as well as story telling, children's and teen activities, contests, etc., craft sessions and special theme days.

Numerous field trips were scheduled to include: Bowcraft Amusement Park, Wild West City, Icehouse, Rex Plex, Six Flags Great Adventure and Medieval Times.

The Camp included special theme days: Anti Drug Day, I Love America Day, Halloween in July Day, Carnival Day, Camp Talent Show and Olympic Day.

Selected photos were provided by Rob Brady, Recreation Department Director. ###



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Pirates of the Mediterranean

The Bible Baptist Church of Hasbrouck Heights held their summer adventure camp for children K through 6th Grade, July 10th to 14th from 9 a.m. to noon.

This year's theme was "Pirates of the Mediterranean," where the children explored Paul's missionary journeys for the quest for eternal treasure.

This exciting, fun-filled Vacation Bible School was open to all children in the area and included games, snacks, skits, "T" shirt and lots of fun. ###



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Children Displaying The



Our Patriotism on July 4th



About 70 entrants participated in the Annual Children's Parade held July 4, 2006 at Washington and Burton.

Led by the Hasbrouck Heights Police and Fire Departments, the Parade proceeded east on Washington to Terrace, south to Kipp Avenue and north to the starting point where prizes were awarded.

All classifications and categories were judged prior to the The Parade.

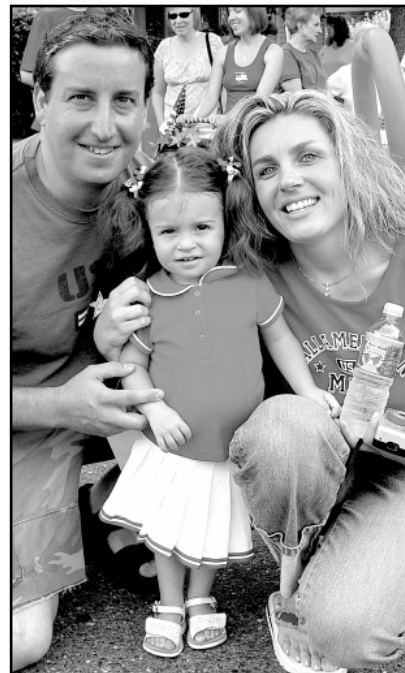
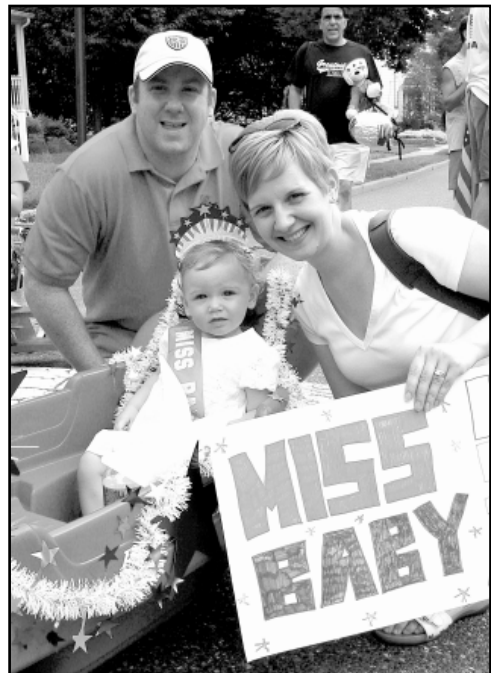
Prizes were awarded in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner with carriages and children on foot. Bicycle helmets were required for those on bicycles.

Prizes awarded: First Prize - Gold Medal; Second Prize -- Silver Medal; Third Prize -- and Honorable Mention -- Bronze Medal.

All participants received medals. *(If your child was registered, but inadvertently did not receive a medal, please contact the Boro Clerk's Office at 201-288-0195).*

Registration started at 9:30 a.m. and was limited to Hasbrouck Heights children (and children attending Hasbrouck Heights schools) up to 10 years of age, excluding the grandparents' corner. The event was sponsored by the Mayor's Celebrations Committee.

The Hasbrouck Heights Fire Department was on hand for any assistance. **The New World Montessori School** opened for the public to use their restrooms. Jazzy the Clown made balloon sculptures. Carvel (*Summit Ave.*) provided ice cream treats. **Dr. Michael Perrillo** provided cold water. Additional photos of this event are at: www.hasbrouck-heights.net ###



Hasbrouck Heights Enjoys



On Friday, June 30, 2006 the Hasbrouck Heights Lions Club sponsored the 23rd Annual Fireworks Program at Depken Field.

Well, actually the program began on June 30th, but just as the program was to begin, a torrent of rain, bold thunder and lightning flashed through the sky, forcing the crowd to leave. The program was postponed until Saturday, July 1st.

Despite nature's surprise, the program was a success!

The Master of Ceremonies was Thomas Mason. Music and inflatable amusements were provided by Fun Time Entertainment. **T & J Ice Cream Shop** (246 Boulevard), sold Italian ices.

A short program began about 8:30 p.m. with the HH Police Department Color Guard presenting the Colors followed by the Pledge of Allegiance and the National Anthem. Anthony Franciso and Ricky Grazano

played "Taps." The invocation was given by Rev. Dr. Karyn L. Wiseman, Pastor of the First United Methodist Church.

The Hasbrouck Heights Police and Kundert Volvo presented the Bike Marathon Awards. A 50/50 was held.

Plaques were given to sponsors that provided extra fireworks to include: Hackensack University Medical Center, Holiday Inn, **Lovey's Pizza**, Kundert Volvo, **IHOP**, Crow's Nest, Dunkin' Donuts, **Kearny Federal Savings**, and Bergen Commercial Bank.

During the afternoon of June 30th and the evening of July 1st, fire prevention officials were at the detonation zone to review the mechanics of the display and to insure compliance of fire codes and accepted industry procedures.

The contractor, International Fireworks, set up the displays at the HH Little League fields. ###



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Dare To Fly

Boy Scout Troop 6 from West Orange, NJ participated in the Aviation Hall of Fame's "Dare to Fly" program on Saturday, July 15, 2006.

This comprehensive four hour program is designed for 8 to 15 year old groups.

This popular program introduces basic aerodynamic

theory and includes a Museum tour.

Taught by experienced pilots and educators, the participants design and build their own gliders from raw materials and hold a flight competition.

For more information about this program, call 201-288-6344. ###

2006 Teterboro Bike Run

About 100 riders participated in the 3rd Annual Fully Escorted Motorcycle Run which began at the Airport Administration Building, headed up Rt. 17 to Harriman, then cut over and came back down the Palisades Interstate Parkway and finished at the Waterfront Café in Carlstadt.

The Teterboro Bike Run benefited Shelter Our Sisters -- emergency shelter and support services for victims of domestic violence in Bergen County. About \$5,000 will be donated to Shelter Our Sisters. The event was sponsored by "Employees and Friends of Teterboro Airport." ###

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Follow That Airplane!

9th Annual Teterboro Airport 5K Run

Over 700 runners chased a "pace plane" up and down the main runway at Teterboro Airport for the 5K (or 3.1 mile) course. "Mini-flyer Dashes" (25-200 yards) for children 2 through 12 followed the 5K event.

The 9th Annual Bank of America Teterboro Airport 5K Run was held at 8:30 a.m. Saturday, July 15 at the Jet Aviation facility, under a hot sun with a 78° temperature and 71% humidity. Teterboro Airport suspended flight operations for about 60 minutes.

This event featured: \$12,000 Random Prize Give-away, \$1,000 Super Random

Grand Prize, \$2,000 Prize Money, ChampionChip Scoring, United Way Mini-Flyer Dashes, Food, and DJ.

The course was flat out and back with only five turns, two water stops and mile clocks on the runway.

The course was certified and the race sanctioned by USA Track & Field and is a Grand Prix Series Race. Run is USATF-NJ NBGP 500 points.

The 2006 5K run benefited 2-1-1, United Way's statewide free, 24-hour information and referral service that connects people with social services and community programs that can help with everyday health and

human service needs.

"Nightmoves" provided DJ entertainment. There were plenty of water stations throughout the race area. Nourishment was available upon the race conclusion. Runners received a "goody bag" upon departing the race.

The Moonachie Volunteer Fire Department provided emergency and first aid services. The Aviation Hall of Fame provided support and Robert Borghi of Leonia provided the Mooney M20J chase plane.

This event was organized by Bergen County United Way. Bank of America was this year's title sponsor. Presenting Sponsors were the Port Authority of New York and New Jersey, Jet Aviation and AvPorts. Major Sponsors were ADP, Enterprise Rent-A-Car and PSE&G. Supporting Sponsors were Pfizer Inc., The Hertz Corporation, United Water and Valley National Bank.

The race director was Mark Zenobia (*On Your Mark Productions*). The event organizer was Krista Garofalo of Bergen County's United Way. For more photos go to: www.teterboro-online.com ###



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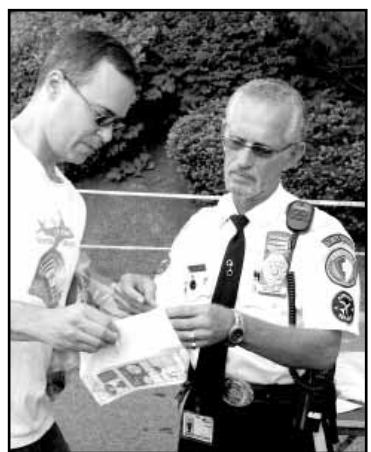
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Apartment Fire

On June 24, 2006, at approximately 10:45 p.m., there was a report of a fire at the apartment building on Terrace and Williams Avenue.

The building was evacuated by the Hasbrouck Heights Police Department.

The Hasbrouck Heights Fire Department responded with Engines 615 and 616, Ladder 617 and Ambulances 603 and 604.

The fire broke out in a first floor kitchen with reports of flames shooting out the windows in the back of the apartment.

Hasbrouck Heights entered the building from the front entrance and quickly knocked down the fire. The HHFD also accessed the building from the front fire escape.

The Heights truck and Wood-Ridge engine assisted in primary and secondary searches in the building.

Hackensack's Ladder Company was positioned in the rear parking lot.

Once the fire was extinguished, all appliances were pulled away and the walls and ceilings were breached to check for hot spots and fire exten-

sions. The infrared camera was also used.

The ladder company brought in fans to vent the smoke.

The situation was under control in approximately thirty-five minutes.

Due to the 71% 89% humidity, all responding firefighters went to EMS to get checked out.

On the scene were Hackensack Fire Department's Truck with a FAST Team, Wood-Ridge, Moonachie and Little Ferry Fire Departments.

On standby at HHFD Headquarters were Hackensack Fire Department Engine 2, a Carlstadt engine and a Wallington truck.

The fire is under investigation. No injuries were reported although two individuals were escorted down the stairs by Hackensack Ladder to the EMS rig and taken to Hackensack Hospital as a precaution.

PSE&G shut off the gas in the building and residents were not allowed back into the building until Sunday.

The apartment was deemed uninhabitable due to smoke and water damage. ###



Swim Club Drill

On Sunday morning, June 11, 2006, Hasbrouck Heights, Moonachie, Wallington and East Rutherford EMS units, and the lifeguards at the Hasbrouck Heights Swim Club, conducted training exercises.

Various in-pool scenarios were acted out. The first evolutions included waterproof child and adult mannikins placed in the pool with lifeguards responding. Using their training the lifeguards stabilized the

victims on boards, floated them to the pool's edge, exited the pool and applied CPR until the EMS personnel arrived.

The second evolution replayed events using volunteer victims.

Several types of accidents near the diving board and basketball court were acted out.

Additionally, electrocution scenarios were played out by EMS while the lifeguards observed. ###

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<p>Minuteman Press 216 Blvd. 201-288-7787</p> <p>Buy 500 Business Cards Get 500 FREE</p> <p><small>Must be same card Black and White Only</small></p>	<p>Heights Flower Shoppe 209 Blvd. 201-288-5464</p> <p>Look for  Sidewalk Sale Specials</p>	<p>Boulevard Cleaners 210 Blvd. 201-288-2222</p> <p>\$2.00 off Any Bill of \$10.00 or more</p> <p>Specializing in Alterations & Repairs</p>
<p>Boulevard Flooring 195 Blvd. 201-288-8022</p> <p>HUGE SAVINGS AND DISCOUNT SPECIALS</p>	<p>Kids Journey 440A Blvd. 201-288-8800</p> <p>25% OFF STOREWIDE</p> <p>PLUS LOTS OF \$1.00 SPECIALS</p> <p><small>NO ADDITIONAL DISCOUNT ON \$1.00 SPECIALS</small></p>	<p>Anton's Hair Design 212 Blvd. 201-288-9705</p> <p>\$2.00 OFF Any Service \$25 or More</p> <p><small>Not to be combined with any other offer</small></p>
<p>Lovey's Pizzeria & Restaurant 211 Blvd. 201-288-1606</p> <p>\$5.95 PIZZA</p> <p>\$2.95 LUNCH SPECIALS</p>	<p>One of a Kind 440 Boulevard, Has. Hts.</p> <p>10% OFF BOOKS KIDS TOYS GIFT SELECTIONS EDUCATIONAL ITEMS ART & SCHOOL SUPPLIES</p> <p>FREE GIFT WITH PURCHASE</p>	<p>Bill O'Shea's Florist 231 Blvd. 201-288-2300</p> <p>NEW LOCATION</p> <p>LOOK FOR SIDEWALK SALE SPECIALS</p>
<p>Young Fashions 208 Blvd. 201-288-9371</p> <p>Look For Sidewalk Sale Specials</p>	<p>Quiznos <small>HHHH...TOASTY!</small> 220 Blvd. 201-288-9050</p> <p>Free Bag of Chips With the purchase of any Sub</p> <p></p>	<p>Corona Jewelers 221 Blvd. 201-288-4653</p> <p>Rings Watches Earrings Bracelets Gold Chains and More</p> <p></p>

So You Want To Be A Firefighter?

My Year as a Probationary Firefighter

By Justin Watrel

I have to admit that I'm not the first person you would imagine being a firefighter. I don't fit any of the stereotypes and even when I'm in turnout gear, I don't look the part. When I told my friends that I was going to become a firefighter, their reaction was split down the middle. Half were like, "You're always involved with something" and "You're really into community affairs." The other half laughed their heads off on the phone and said, "You a fireman? Where did that come from?"

While I may not fit the mold, that doesn't make me any less dedicated. I never know what to expect. My first call was a mutual aid call to Wood-Ridge. Though we never left the truck, I did have an adrenaline high contemplating my first fire. It was just the thrill of putting on the turnout gear for the call that made it well worth it.

I was lucky because when I joined there were four of us on probation. It was Dan (*who had come from another town's department*), Mark, Nick and myself. The three of them were a few months ahead of me and were already in the Fire Academy. It made the job a lot easier because there was someone to roll ideas off of and ask questions of when I didn't want to ask the senior guys for fear of looking stupid.

It was nice to have a listening ear when we were on calls or when I was about to enter the Fire Academy.

Being some of the newer guys on the department, we were on all the crazy late night calls last summer. Fire alarms were always going off at the schools, the Hilton, the Holiday Inn and the Teterboro warehouses. You want to experience something scary, try being in a large warehouse at three in the morning with an alarm blaring and no one around.

This is the part of the job that the community doesn't see. When everyone else is asleep, we are making calls at all hours of the evening and early morning.

On top of putting in eight hours a day at a corporate job, I have been on more Sunday morning car crashes on Route 17 than I can count on my hand. On one 3:00 a.m. call at the Vocational School in Teterboro, while the experienced guys searched the building, three of us on probation sat outside in the rain ready to assist. As we got drenched, I looked at Mark and Mark looked at me and the look was the same, "So this is what being a firefighter is all about."

I went through the Academy as I was completing my ambulance calls (*part of our probation is five weeks in the Academy and 100 ambulance calls*). I was only five months into joining the Department and I always remember the tremendous lump I had at my stomach



which I hadn't experienced since I had gone back to college for the third time at age 30.

My first day of the Academy was on my 40th birthday and sitting in a classroom was not what I had imagined my milestone birthday would be. I ended up being totally put at ease by my instructors who had years of experience, good personalities, a wicked sense of humor and a zeal for firefighting.

Joining the Department so late in life (*my partner for search and rescue and ventilation was 19 and most of my classmates in their mid-20's*) sometimes comes with its own set of expectations. No one came out and said it but I got the feeling from some of my instructors that they wondered why I was so much older than my classmates.

I guess there are just certain times in your life that you get a calling to do something and you follow it to see what happens. I have never regretted the decision.

The Academy was five weeks of hard work and determination. It was getting over the phobia of getting hurt while doing the job that makes you focused. You get over your fears really quick when you have to search a smoke filled room or climb a 110 foot aerial ladder. I was lucky to have had three months of drills under my belt to prepare me for classes.

In five weeks our class united, worked together to get the job done, laughed at our mistakes and praised each other for a job well done. While we always didn't agree on everything or moaned when someone said something stupid, we really did look out for each other. Five weeks goes by fast. We studied building construc-

tion, HAZMAT, anti-terrorist training and Incident Command System. It was a whole other way of looking at a situation as it was happening. While some people look at a car accident with a gory fascination or as a driving nuisance, we look at it from the standpoint of what is the make of the car, do we need the Jaws of Life and, most important, what is the condition of the passenger.

Our practical and written exams were not as easy as everyone thought they would be. We went through different sections such as ladders, ropes, search and rescue, water can, ventilation and tools and

"I guess there are just certain times in your life that you get a calling to do something and you follow it to see what happens. I have never regretted the decision."

performed as best we could. It was a grueling afternoon but you really put yourself to the test on what you learned during the five weeks.

By early December, all of us passed our exams and some of my classmates went off to Firefighter II.

Since passing the exams, my pager sits prominently next to my bed and I'm on call whenever I'm not at work (*which means late night and early morning calls*). I have had some rough evenings but when I get out of bed, I know I am there to help someone. It's not just fire and ambulance calls that we do -- you see firefighters at Town Day, Santa

Around Town, standing by at the football games and Bike-a-Thon, at the fireworks, at all the parades, etc.

Even cooking for firefighters is an experience. As an ex-Banquet Manager and Chef, I always tend to overdo it when it comes to cooking. I thought I had cooked enough, but the banquet rules of 4 oz. of meat, 3 oz. of starch and 3 oz. of vegetables don't apply to firefighters. Out of a dinner of three pounds of lasagna, two pounds of Chicken Parmesan, a pound of salad, a loaf of garlic bread, two pepperoni and sausage breads, twenty rice balls and two batches each of brownies, Rice Krispies treats and chocolate chip cookies, there was not much left. When I went to take away what was left of the desserts, I was told, "Oh, don't worry about it." As I cleaned up, nothing was left on the tray. It's refreshing to see such healthy appetites.

My best friend had also said that the fire department would be lucky to get someone like me. I feel like I have been the lucky one. Even though there are many times I'm not sure of what is happening and make my own share of mistakes, I feel like I can talk to the guys now when I have a question or a problem. I also feel like they trust me more and open up to share their experiences in this paper (*see The Gazette Newspaper "It's a Family Affair" articles*).

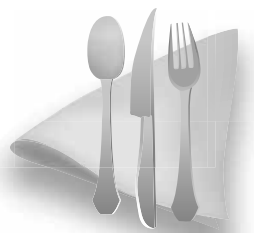
My experience so far has been a positive one in serving my community. I also have a group of guys that I can turn to and respect. I may not do everything perfectly, but know if I make a mistake the guys will pull me aside and correct me. That's why so many of our captains and lieutenants have earned my respect.

To my friends, okay, so I'm not "Joe Firefighter," but I have tried the best I can and to my fellow brothers, thank you for grounding me at a time when I really needed it and for helping me out when I was not sure of what I was doing. I guess that's what the brotherhood is all about.

You're making me a better firefighter than I ever thought I would be.

Special Note: If you ever feel like you want to join the brotherhood, I can assure you it is well worth it to serve your community this way. Stop by the house if you are ever interested in knowing more or call the Fire Chief's Office for more information. You never know what you can accomplish when you put your mind to it. ###

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Hasbrouck Heights Council of Churches

Thoughts for the End of Summer

By Katherine W. Ellison, PhD., M. Div.
Montclair State University

Ah, summer. Lazy, hazy days, the song tells us. A time to catch up, get away, relax, maybe even leave the laptop at home. The cell phone? Well, let's not go that far.

Some of us have already been away – and are ready to go again; others still anticipate that time. Why, even Jesus felt the need to get away from his responsibilities. *(As Mark 4:35-36 tells us, he didn't have much luck there: troubles found him wherever he went.)*

Unfortunately, the ability to have a vacation, to get away from everyday responsibilities, is an unheard of luxury for most of the world's people.

I have just returned from South Africa. Although apartheid has ended officially, the divide between rich and poor, white and black, is still shockingly great and shockingly obvious. Among the latter there is an unemployment rate of over 80%. Disease and violence are beyond our imagination.

Yet we don't have to go to the Third World to find people for whom vacation is merely a dream.

As the divide in this country between the very rich and the rest of us widens, more and more people are struggling just to keep their heads above water: to put food on the table and a roof over their heads.

All of Judeo-Christian scripture tells us of our responsibility to care for the poor and downtrodden.

When I hear people say that they have no money or time to give to the less fortunate, I look at their lifestyles.

Surely there are luxuries we could do without, ways in which we could simplify our lives. *(Ironically, poor people give a far greater proportion of their income to their churches than the middle class and the middle give more than the super rich.)*

In this time of pleasure for many of us, we are called once again to remember those who have neither the time nor the resources to "get away from it all."

There are many things we can do in addition to providing money: volunteer opportunities abound. Why not take some time right now to discover the great joy that giving can bring, in the summer and throughout the year. ###

180 Blankets, 110 Tool Sets Were Donated

To honor Mother's Day The Guild of Reformed Church Women of The First Reformed Church invited the community to help in buying blankets.

Money collected was sent to Church World Services who for \$5.00 each, buys strong dark colored 100% wool blankets which are given to people living in disastrous conditions anywhere in the world where need is greatest.

The blankets are used in many ingenious ways: A blanket can be used to sleep under, as a ground or floor cover, a partition in a tent or other areas, as a shawl or wrap for a baby or child, as a door for privacy or comfort from cold, as a small tent, as a carrier on a back or saddle.

Similarly, to honor Father's Day, The Guild of Reformed Church Women collected money to buy Tools of Hope. For \$5.00, Church World Services can buy a set of tools: hammer, saw, shovel, etc., which they give to help men who have been overcome by disaster. They can use the tools to remove debris, repair homes or businesses, plant crops, etc.

Contributions to these projects provided funds for 180 blankets and about 110 tool sets. Donations were made "in honor of" or "in memory of" and were published in the Church bulletin. ###

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Monday - 7:30 p.m., N.A. Women's Meeting
Tuesday & Friday - 12 noon, N.A. Meeting

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Sunday

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Tuesday - 10:00 a.m. - Bible Study
THE CROSS KOREAN UMC

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The Reverend George W. Yoder, Pastor
http://users.churchserve.com/nj/htlc/index.html



Saturday

5:00 p.m. Communion Contemporary Setting
Sunday 11:00 a.m. Holy Communion

THE COMMUNITY UNITED CHURCH OF CHRIST

Boulevard & Charlton Avenue • 288-0622
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Sunday - 10:00 a.m. Morning Worship
Communion-- first Sunday of the month

Registration for Basic Computer Literacy Class

On Monday, October 2nd 2006, students can register for the fall session of Basic Computer Literacy Classes at the Care Center (333 Franklin Avenue) of St. John the Divine Episcopal Church, 229 Terrace Avenue (the corner of Jefferson and Terrace Avenues) in Hasbrouck Heights.

Registration is the first night of class. Space is limited to six students on a first come, first serve basis.

The first session begins on Monday night, October 2nd at 6:45 at the Care Center and deals with Hardware Concepts. The second class on October 9th deals with Software Concepts, the third class on October 16th deals with mousing skills, and the fourth class on October 23rd deals with keyboarding. Suggested donation \$10.00.

For more information about the Basic Computer Literacy Class, please call the church office at St. John the Divine Episcopal Church at 201-288-9460 x 5 or 201-288-0002.

A registration form must be completed for each student. ###

History of The First United Methodist Church



Our Second Church — 1889-1905

On June 11, 2006, the Hasbrouck Heights First United Methodist Church rededicated its Sanctuary at 57 Burton Avenue, first dedicated on May 26, 1907. We present a continuing series of their rich history.

Part Three The Transition Years

About this time many local historical events took place that shaped the future of the church. Corona had its name changed to Hasbrouck Heights on January 1, 1890, after a long and bitter fight by adherents to the old name. The new name

was given in honor of Mr. J. D. Hasbrouck, Superintendent of the New Jersey and New York Railroad Company, who had effected many desirable changes in the train schedules, station facilities and other local improvements, including a \$25 gift to the Methodist Church.

Mr. Daniel P. Morse, of Morse & Rogers, shoe manufacturers of New York, had been purchasing farms and vacant land in Corona. Early in 1890 a tract from Hamilton to Passaic Avenue and from Terrace to Oak Grove Avenue was laid out with streets, and building lots offered for sale. Advertisements were placed in

New York papers and many lots were sold. In 1891, Mr. Henry Lemmerman, a real estate agent, developed a large tract west of the Boulevard along Central Avenue. Water pipes were laid in town followed by electricity. Our town became a borough on July 31, 1894.

James A. Dockman served as pastor from April 16, 1890 to April 3, 1892. During his term ten young people formed a local chapter of the Epworth League with Miss Mary Adele Burr as President, James Valentine, Treasurer, and Frank Flagg, Secretary. Miss Burr and Frank Flagg were joined in matrimony in September 1893.

The League held many social events, raising money for the Church. They reorganized on February 26, 1894 becoming Local Chapter 1107 of the national organization. On June 26th Charles Robins became its president; he and his wife joined the Church in 1891.

Levi C. Coe became pastor on April 10, 1892, serving for four fruitful years. He commuted from his home in Jersey City. During this period Mr. and Mrs. Edgar W. Biesecker, and Mr. and Mrs. Edward W. West moved to town. These people joined the Church and became active members, continuing their services for many years.

In 1893 a steeple and an addition to the rear of the Church was added; and the interior redecorated. James Chastney did the carpentry work and James Valentine the interior work. The Ladies Aid Society, led by Mrs. James Chastney, provided \$75 for the purchase of carpeting. Again in 1894 they contributed the entire cost of the Church bell, \$153.25.

In April 1894, Mr. and Mrs. Frank S. Chesebro moved to town and promptly presented their letter from the Sands Street Memorial Church, Brooklyn, N.Y. Here was another hard working couple, devoted to their Church. He was active in the Epworth League and Sunday School, and she was President of the Ladies Aid Society for 22 years. In 1894, the Church had 25 members in full standing and seven on probation.

Revival services held in the winter of 1895-1896 increased the membership to 36 plus 14 probationers. On Easter Sunday, 1896, the Reverend William H. Russell was welcomed back to serve as first resident pastor. He served for two years and was succeeded by the Reverend Daniel W. Ryder who served for one year.

Orin H. Drew and his wife, Annette, joined the Church on November 22, 1896. One of their daughters, Ada, married Russell H. Getty and they continued in the service of the Lord to be followed by their daughter Annette, married to Theodore H. Mengel, Jr. They too carried on the work of the Church as did Mrs. Mengel's parents and grandparents.

The Mengels had two daughters, Christine Mengel and Judith (*Mrs. Thomas Dallas*), both members of the Church. This family is distinguished for being the only family with an unbroken membership, starting before 1900 and continuing today.

Pastor Russell was followed in 1898, by Daniel W. Ryder, and then by Victor A. Wood in 1899. In that year nine new members joined, bringing the membership to 57. In 1897, property on Jefferson Ave. next to the Church was purchased for a parsonage, which, when completed, cost \$5,405.

In 1901, W.W. Brunk came to us to serve for two years bringing the membership up to 107 plus 26 probationers and 145 scholars in the Sunday School.

Among the new families were the Beuchis. Sisters Adele and Hattie joined the Church. They were followed by another sister, Gertrude, who became a member at the same time as her husband, Albert Duetschler. Gertrude and Albert had one daughter, Mrs. Helen Andrews. Helen and her mother continued to be active members of the congregation. Mrs. Andrews, talented in theatrics, acted in and directed many of the church's theatrical productions put on in past years. She very ably directed the 100th Anniversary Pageant, "A Church is Born," which was presented in May 1975.

On January 13, 1901, Mrs. Sarah H. Sperbeck joined the-

Church, heading another family to be active workers in the Church for many generations. Her two daughters, Alice S. and Laura S., married Frank Coyle and William Padberg, respectively. The Coyles had two boys and two girls; Frederick R., who died in 1937, was married to Ruth Porter. They had two children. Ruth, very active in the Church, wrote the 100th Anniversary Pageant.

Mrs. Laura Padberg, Mrs. Sperbeck's daughter, had four children: William, Alice, Laura and Eugene. William married Lillian Candy. They transferred to another Church. Alice Padberg married Theodore Ruckert and moved away.

Laura Padberg married Ernest N. MacDonald of Wood-Ridge, brought him into the Church and started another dedicated Christian couple to work for the glory of God and His Son, Jesus Christ. Laura served as Church Secretary from 1954 to 1970. Their daughter, Betty, married and moved out of town. Eugene married Irene Palmer who died in 1972; Gene had two daughters, Jean and Janice.

A noteworthy person in the Church's history, Emanuel E. Raff, a New York printer, joined on August 6, 1903. He at once entered into the work of the Church, serving as an active and dedicated Christian. Mr. Raff served the Church in many ways until his death in 1945. After the death of his first wife, Em Raff married Jane Young Mitchell. Jane, and her twin sister, Emily, had been active members of this Church since 1910.

Jane and Em Raff had two daughters, both brought up in the Church. Jane Mitchell Raff, the elder daughter, married the Rev. Roger L. Smith, who was First Assistant Minister. Patricia, the younger daughter, married the Rev. Lee L. Kester. Emily Ida Mitchell had one son, Robert, who with his wife and three grown children were members of the Church.

To be continued ...

Sources

Reprinted in part, with permission, from the "One Hundredth Anniversary" program titled "The Story of Methodism In Hasbrouck Heights" by William J. Davenport, Church Historian, 1975 and the "Twenty-Fifth Anniversary of the Dedication of the First M. E. Church of Hasbrouck Heights, NJ" (1907-1932). Additionally, several contemporary church members and other sources contributed to this series.



Hennessey Heights

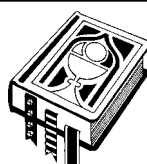
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The Boulevard in Hasbrouck Heights

The Gazette Newspaper has all the news, information and features about Hasbrouck Heights and the Teterboro area



www.hasbrouck-heights.net has more information about The Boulevard • Events • Issues • Safety • Improvements • Parking • Webcam ...

Here's a convenient reference guide to The Boulevard shops & business establishments who welcome your patronage.

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Kids On The Corner Holds Workshops August 21-25

Kids on the Corner will be having two "week-long workshops" from August 21st to August 25th!

The first session is from 9:00 a.m. to noon and is open to all kids entering 2nd Grade through 5th Grade.

Come have fun and explore the legend of The Pied Piper! Do you know the story of the Pied Piper? It's based on an actual legend of the town of Hamelin, Germany in the 13th Century! They will be incorporating theatrical arts, crafts, music and fun into one fantastic week!

The second session is from 1:00 p.m. to 4:00 p.m and open to all kids entering 6th Grade and older.

The program is about "The Little Prince" based on the book by Antoine de Saint-Exupery where a pilot stranded in the desert awakes one morning to see, standing before him, the most extraordinary little fellow.

And thus begins this wise and enchanting fable that, in teaching the secret of what is really important in life, has changed forever the world.

They will be exploring the world of the Little Prince through the creative arts. A wonderful workshop for "older kids" to join in on!

Materials fee for either workshop: \$15.00.

There will be a two act performance by both groups on Friday, August 25th at 7:00 p.m. followed by a reception. To be added to the mailing list, for more information or to register, please call the Care Center office at 201-288-9460. ###

Pray for Peace

Meet Coco

Coco is a small, friendly, slightly shaggy dog. She's also a registered therapy dog owned by Erica Moore. A visit from Coco fits right into the summer reading game theme, "Paws, Claws, Scales and Tales" at The Free Public Library of Hasbrouck Heights. Children entering Grade 1 and up can meet both Erica and Coco at the Free Public Library of Hasbrouck Heights on August 1, 15, or 22 from 1:30 to 2:30 p.m. Children may read to Coco, or listen to stories read by a staff member while Coco listens too.

Please register in person for this program as parents will have to sign a permission slip for this activity. Residents of Hasbrouck Heights will get first preference when signing up for the program. ###

Lodi Summer Concerts

On Wednesdays, 7:30 p.m. at the Lodi Memorial Park Amphitheater. In case of inclement weather, concerts are rescheduled except for The Coasters which moves to Thomas Jefferson Middle School.

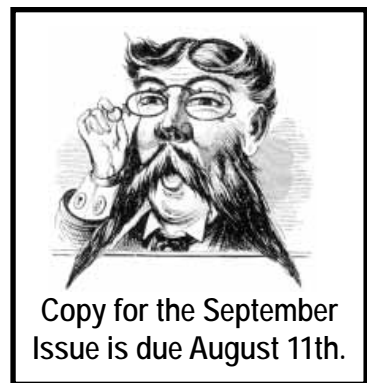
August 2 -- The Duprees

August 9 -- The Passions

August 16 -- Louis Vanaria & His Swing Band

August 23 -- Fortune

August 30 -- Emil Stucchio & the Classics



Copy for the September Issue is due August 11th.

Firefighters Walk of Honor

A Firefighters Walk of Honor at the Firemen's Memorial on the Circle, is being created.

The Walk will consist of engraved brick pavers. Cost is \$65 per paver. The DPW will install the pavers.

Pavers are available to all Hasbrouck Heights firefighters, ambulance squad or rescue members (living or deceased).

This memorial program is also available to Hasbrouck Heights residents wishing to honor their relatives who served as firefighters, ambulance squad or rescue members (living or deceased) from other communities.

Please contact the Boro Clerk's office for an application or more information at 201-288-0195. ###

Free Health Consultation

The Hasbrouck Heights Health Department advises residents over 18 years old that free health consultations are scheduled to be held at the Municipal Complex Senior Center on August 24, 2006 from 10:00 a.m. until 1:00 p.m. No appointment is necessary.

For information call Marilyn deRussy at 201-288-1636. ###

Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 30th (rain date of October 7th) from 10:00 a.m. to 3:00 p.m. in Woodland Park.

Contact the Hasbrouck Heights Recreation Department at 201-288-4143 to reserve your table/space. ###

AHOF Golf

The Aviation Hall of Fame is holding a golf outing on August 16 at the Newton Country Club with a shotgun start at 12:30 p.m. Rain date is August 17.

Cost is \$275 and includes cookout luncheon from 11:00 a.m. to noon, one-hour open bar from 6:00 p.m. to 7:00 p.m. and Filet Mignon dinner from 7:30 p.m. to 9:00 p.m.

Outing includes putting contest from 10:00 a.m. to 11:00 a.m., use of driving range, door prizes, hole-in-one contest, golf prizes and dinner gift.

For more information contact Claudia at 973-827-4143. Payments are due by August 5. Sponsorships welcome.

Proceeds to benefit the Aviation Hall of Fame. ###

Chicken & Chips

The Holy Trinity Lutheran Church invites the community to its Third Annual Chicken & Chips Dinner on Friday, September 29, 2006 from 5:30 p.m. to 7:00 p.m. Cost is \$13 for adults and \$8 for children under 10.

Pre-paid take-out is available. Call Marge at 201-288-8933. Tastefully British Caterers will serve up the best chicken and fries you ever tasted! ###

Monte Carlo Casino Night

Corpus Christi is planning a Monte Carlo Casino Night for Friday, October 6, 2006.

They are seeking sponsors for the roulette and dice tables, money wheels, etc.

Call Ann at 201-288-4376 for more information. ###

Road Courtesy is Contagious

Rev. Karyn L. Wiseman Receives Ph.D.

On Saturday, May 20, 2006, Rev. Karyn L. Wiseman, pastor of the First United Methodist Church, received her doctorate from the Casperson School of Graduate Studies at Drew University in Madison, NJ.

Rev. Wiseman's area of study was in Liturgical Studies, with a specialization in Preaching and Worship.

Her dissertation was entitled: "Grace Space: The Creation of Worship Space for the Postmodern/Emerging Church," which is the first ever study of the worship styles and worship spaces being used by the Emerging Churches in Christianity.

Rev. Wiseman is currently in negotiations with several publishing companies to publish her first book. ###

Felician Golf Classic

The 21st Annual Felician College Golf Classic is scheduled for September 25, 2006 at the Arcola Country Club in Paramus. Morning and afternoon shotgun starts available. All players who register for the morning will be entered in a free drawing to win a Bermuda golf package. Event to benefit student scholarships. Call Lori at 201-559-3314 for details. ###

Health Fair Expo IV Slated for Oct. 13

The 4th Annual Health Fair Expo IV is scheduled for Friday, October 13 from 11 a.m. to 3 p.m. in the Senior Center at the Municipal Complex, 320 Boulevard. The Expo will include demonstrations, speakers, give-a-ways, screenings and a delicious hot lunch.

More details about this event to follow. ###



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Victorian Colonial, 4 BR, 1.5 bath. Entry foyer. Large LR/fpl, FDR, updated eat-in Kitchen, 3 season porch, fin. attic, oversized property. Tour: www.gatewaytohomes.com/2608669



Wood-Ridge \$534,900
Beautiful 3 BR, 1.5 bath Raised Ranch. Cul-de-sac location in lovely neighborhood. 2 new kitchens. Hardwood & ceramic floors. Tour: www.gatewaytohomes.com/2615657



Wood-Ridge \$489,000
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Wood-Ridge \$479,000
Updated 3 BR 1.5 bath Ranch! LR/DR, Kit. w/granite, baths w/marble, I/G pool, garage, parking for 4/5 cars. Close NYC bus. Tour: www.gatewaytohomes.com/2615534



Wood-Ridge \$549,900
Spacious 4 BR brick Cape. LR/fpl, FDR, new kitchen, large deck and hot tub, finished basement, attached garage, great yard. Tour: www.gatewaytohomes.com/2621986



Hasbrouck Heights \$699,000
Young Colonial. FLR, FDR, modern EIK, FR w/sltd to patio, 4 lg. BRS, 2.5 baths, office, C/A, 2 zone heat, conv. NYC bus. Tour: www.gatewaytohomes.com/262047



Hasbrouck Heights \$649,000
Three bedroom Contemporary Retreat. Large park-like prop. Master BR w/NY view, in-ground pool, cabana and 2 car garage. Tour: www.gatewaytohomes.com/2624215



Wood-Ridge \$449,000
Beautiful 3 story, 2 BR, 2.5 bath Town-home. LR/DR/Kit combo, MBR w/loft & whrlpl tub. FRw/sliders to patio, C/A, sec. system. NY view. Tour: www.gatewaytohomes.com/2625816



Hasbrouck Heights \$469,900
Charming 4 BR Colonial. Lge LR w/fpl, FDR, EIK, open porch, 2 car garage, part fin. basement, deep 136 ft lot. Tour: www.gatewaytohomes.com/2614534



Wood-Ridge \$489,000
Lovely 3 BR Tudor Col. EF, FLR, FDR, mod. EIK opens to large FR w/sliders to deck, fenced yard, and hardwood floors. Tour: www.gatewaytohomes.com/2619728



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Unique Split Level with ext. family or prof. suite. Large home offers 5 BR, 3.5 baths, EF, FLR, FDR, FR, office, & game room w/bar. Tour: www.gatewaytohomes.com/2610468



Wood-Ridge \$529,000
Great 9 Rm 2 Family in nice neighborhood. 1st Fl: LR, EIK, 2 BR, bath, bsmnt. kit & FR, o/e. 2nd Fl: LR, EIK, 2 BR, bath, attic BR, 2 car grg. Tour: www.gatewaytohomes.com/2627759



Hasbrouck Heights \$489,900
Expanded 6 BR, 3 bath Colonial. Lg. prop, LR w/sltd to deck. Lg. FDR w/Fr doors. 2nd deck, fin. bsmnt. w/summer kit & bath. I/G pool, hot tub. Tour: www.gatewaytohomes.com/2607124



Hasbrouck Heights \$699,000
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