

The Gazette

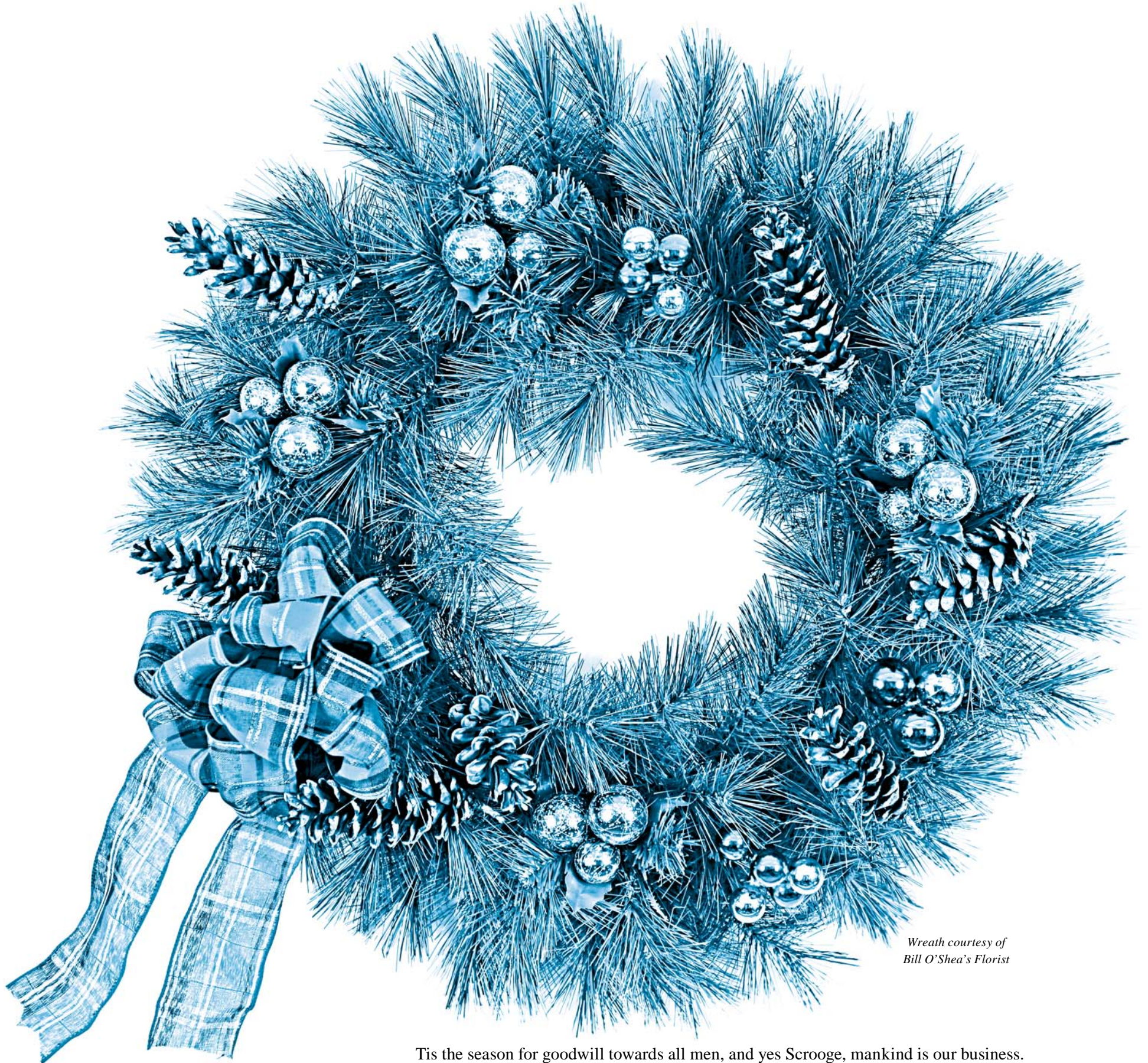
Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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VOL. 6, No. 12

December 2009

www.The-Gazette-Newspaper.com



*Wreath courtesy of
Bill O'Shea's Florist*

'Tis the season for goodwill towards all men, and yes Scrooge, mankind is our business.
The common welfare is our business; charity, mercy, forbearance, and benevolence, are all our business.

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Happy Holidays

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Our 23rd Heights Christmas



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Conservation Tip: Fireplace Facts

There's no denying the beauty of a roaring fire. But when it comes to home heat, your fireplace may be a major source of heat loss. First of all, opening the damper is the equivalent (*or worse*) of leaving your front door wide open. Second, most of the heat from the fire goes right out the chimney anyhow. And finally, most of the devices that promise to throw more heat into your room still leave you with a net heat loss.

The Solution? The most effective deterrent to heat loss is a set of glass fireplace doors that can be opened when a fire is blazing and closed when the fire is dying. But always remember to give the fire enough oxygen to burn.

Call John Depken if you have any questions that you would like answered in this column



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Holiday Decoration And Display Contest

Ho. Ho. Ho. Hop in your sleigh and join the fun. Check out Hasbrouck Heights' festive displays on The Boulevard and in your neighborhood with yards, homes, lamp posts and doors seasonally dressed for

the holidays. Judging is Saturday and Sunday, December 12 & 13, with final selections on Monday, December 14, 2009. This annual tradition is sponsored by the Mayor's Celebrations Committee. ###

Christmas Tree Sale

The Moonachie First Aid & Rescue Squad will be offering a variety of trees ranging from 4 foot to 9 foot Balsams, Douglas and Fraser firs as well as "Charlie Brown Trees." They will also be selling decorated Christmas wreaths.

Bring the kids for fun with arts & crafts. There will be an assortment of Santa hats, stockings and ornaments for your kids to design and customize.

The Christmas Tree Sale is located at the squad building, 121 Moonachie Road and runs through December 24th. Elves are waiting 24 hours per day/7 days per week for your convenience. Delivery available upon request.

Proceeds will benefit the upkeep of the building and equipment. ###

Santa Visits the AHOF

Santa is scheduled to depart the North Pole at Midnight and is expected to arrive at 11:00 a.m. on Saturday, December 5, 2009, at the Aviation Hall of Fame. Santa will have candy and gifts for the kids.

Bring your camera for this photo opportunity! Children under 6 (six) years of age will be able to meet and greet Santa Claus inside the museum free of charge, when accompanied by an adult.

The museum will open at 10:00 a.m. to accommodate expected interest in this special event, and the public is advised to arrive early in order to obtain good parking.

The visit of Santa Claus is presented annually by the New Jersey Aviation Hall of Fame & Museum, located at 400 Fred Wehran Drive, Teterboro, NJ. For more info call 201-288-6344. ###

Story Hour With Santa

Story Hour with Santa at The Hasbrouck Heights Free Public Library, located at 320 Boulevard is scheduled for Wednesday, December 2, 2009, from 7 p.m. to 8 p.m. The annual event is for preschool children up to 3rd Grade.

Each child will have time with Santa. Stories, songs and small gifts are planned. All children must be accompanied by a caregiver. A great photo-op moment.

Space is limited and first preference will be given to Hasbrouck Heights residents and students. Call for information at 201-288-8911. ###

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Wood-Ridge Breakfast With Santa

The St. Anthony Council of the Knights of Columbus invites all children and the young at heart to their Annual Pancake Breakfast. Santa will be their guest of honor. The breakfast will take place at the Assumption School Cafeteria in Wood-Ridge on Sunday, December 13, 2009, from 8:00 a.m. to noon.

The menu will be "all you can eat" pancakes, sausages, orange juice and coffee for the adults. The cost is \$5.00 per person; children 5 and under will be admitted free.

Chairman Thomas Gonnella and his steering committee have been making all the final arrangements. The committee members are PGK Russell Petrocelli, PGK Frank Materia, PGK Peter Gallo Jr., GK Angelo Urato and Stephen Sarracino. ###

Christmas Candlelight Worship Opportunities

Special Christmas Candlelight services will be offered on December 20, 2009, at 4:00 p.m., at First Presbyterian Church of Wood-Ridge, and on December 24, at 8:00 p.m. at First Presbyterian Church of Moonachie and United Presbyterian Church of Lyndhurst. Everyone is welcome to come and worship the newborn King! ###



Happy Hanukkah
Merry Christmas
Happy New Year

The Gazette

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Moonachie • Teterboro • Wood-Ridge

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Happier Holidays

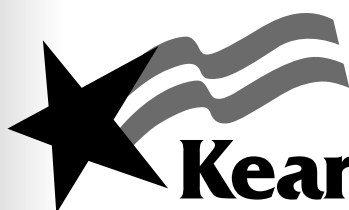


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Holiday Concert

Holy Trinity Lutheran Church is pleased to announce a Second Holiday Concert presented by the Bergenfield High School Honors Choral Ensemble and the Honors Chamber Orchestra. The program will be held on Friday, December 11, 2009, beginning at 7:30 p.m.

This elite group of students is selected by audition only and represents some of the finest musical students in the school's music program. Selections will include a wide variety of seasonal favorites.

The public is invited and a suggested donation of \$10 per person would be appreciated. Light refreshments will be served following the presentation.

Holy Trinity is located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights. ###

Use caution with holiday decorations and whenever possible, choose those made with flame-resistant, flame-retardant or non-combustible materials.

Annual Festival of Lessons and Carols Dec. 13

The Annual Festival of Lessons and Carols has become a tradition at Saint Margaret of Cortona R.C. Church in Little Ferry and will be held on Sunday, December 13, 2009, at 3:00 p.m.

With the anticipation of the Christ Child during the season of Advent, the Parish Choir and the Ministers of the Word provide a story of the long awaited Infant in both word and song. Along with audience participation of traditional Christmas Carols, the event will spotlight other choral selections. Refreshments to follow!

Saint Margaret of Cortona R.C. Church, at 31 Chamberlain Avenue (corner of Liberty Street), Little Ferry, is easily accessible.

Join us for a memorable afternoon!

The choir also has a CD (\$15.00) – "Christmas at Cortona" featuring the parish choir. Please call: Eileen at 201-843-1097, the Director of Music or the parish office at 201-641-2988. ###



HH Fire Dept. To Take Santa Around Heights

Santa's Schedule for December 20, 2009

- Collins & Baldwin 4:00 to 4:20 p.m.
- Hasbrouck & Ottawa 4:30 to 4:50 p.m.
- Paterson & Burton 5:00 to 5:20 p.m.
- Oak Grove & La Salle 5:30 to 5:55 p.m.
- Oak Grove & Jefferson 6:05 to 6:25 p.m.
- Oldfield & Division 6:35 to 6:55 p.m.
- Cleveland & Summit 7:05 to 7:20 p.m.
- Firehouse -- Last Stop 248 Hamilton Avenue 7:45 p.m.

Any parent who cannot get a child to a Santa stop due to illness or handicap can make special arrangements by calling the Fire Chief at 201-288-0082.

Lodi FD Santa Around Town

On Sunday, December 20, 2009, starting at 9 a.m., Lodi residents can meet Santa on their street corner. Be sure to listen for the Fire Department sirens. ###

Moonachie FD Santa Around Town

On Saturday, December 19, 2009, starting at 1 p.m., please wait on the street corners. Be patient, Santa has lots of boys and girls to visit. ###

WRFD Santa Around Town

On Saturday, December 19, 2009, the Wood-Ridge Fire Department will have pictures with Santa at the firehouse from 12:30 to 2 p.m. Starting at 3:30 p.m., they will randomly escort Santa up and down every street in the Borough. Firefighters will hand out candy at the intersections. ###

Breakfast with Santa in Moonachie Dec. 19

R. L. Craig School P.T.O. is sponsoring a continental breakfast with Santa, Saturday, December 19, 2009, from 10 a.m. to noon, in the cafeteria. There will be a "kiddie tricky tray." Cost is \$5 per person.

Children can have their photo taken with Santa. Parents and grandparents are welcome to attend. ###



Happy Holidays

from Mayor Rose Marie Heck, Members of the Council and all Borough of Hasbrouck Heights Employees

A White Christmas this Year ...

Well, the odds are against it but we can only hope!

By Meteorologist Dan Ventola

Yes, we are in a colder than normal pattern. We have been since the summer! The past month or so, we have averaged colder than normal. Does this mean a White Christmas you ask?

Well, not necessarily. Of course we all (well, most of us kids and some adults) want a White Christmas but the odds for one in the Hasbrouck Heights/Teterboro area are only 25%. That is, the odds of having one inch on the ground is 25%, that means 75% chance of either nothing or a dusting on the ground.

These statistics are based on weather records dating back many years, back to around 1900. So, these stats are not just numbers thrown out there "unfortunately."

Notice I want snow yet!?!? Well, yes...even though I would have to be "concerned" more for my clients, I, too, do want a nice snow event for Christmas.

Growing up, we hardly ever had a white Christmas, even though many say, ah yes, I remember when I was a kid, we always had snow on Christmas. Well, that's not really true.

Since 1900, we have only had about 30 White Christmases.

Here are the stats for the last 10 years, since 1998:

Year	High Temp	Low Temp	Snowfall
1998	33	24	0"
1999	28	19	0"
2000	27	15	0"
2001	38	30	0"
2002	37	31	5 1/2"
2003	46	33	Dusting
2004	33	25	0"
2005	54	39	0"
2006	45	39	0"
2007	43	35	0"
2008	57	33	0"

So, in a nutshell, over the past 10 winters, it's been pretty rare for a White Christmas. Our last decent White Christmas was in 2002 with 5 1/2" of snow -- pretty good!

Now, the question lays heavy on my shoulders, will it snow here this Christmas, yes or no!

Sorry, but this far off, several weeks until Christmas, there is no way of accurately forecasting a snow storm on a specific day, namely December 25th!

However, I can say that we are in an active weather pattern now. It appears a significant storm of either rain or mixed

rain and snow may affect our region between December 1st and 7th with another possible mainly "snow" event between December 10th and 17th.

It's been colder than normal... so, with a little luck and a direct EMAIL that I will send to Santa Claus, I am predicting a "chance" of some snow, perhaps a dusting to several inches sometime in mid December.

If it remains colder than normal, maybe some of that snow will remain on the ground, allowing our wish to come true.

Whatever the weather on Christmas day, may it be a White one in your heart! Merry Christmas to one and all!

Hasbrouck Heights resident Dan Ventola is a meteorologist and President of The National Weather Station with its main location at Teterboro Airport.

For information on how to subscribe to the service (if you are a DPW, contractor, private company) contact Dan Ventola at dan@nationalweatherstation or call him at 201-288-1824.

Company information: www.nationalweatherstation.com ###

Cold Moon

There will be two full moons in December 2009, with the second called a "Blue Moon."

The first December full moon appears on Wednesday, December 2, 2009, at 7:33 and is called the "Full Cold Moon."

According to "The Farmer's Almanac," this month the winter cold fastens its grip, and nights are at their longest and darkest. It is also called the "Moon Before Yule." The term "Long Night Moon" is a double appropriate name because the midwinter night is indeed long, and because the moon is above the horizon for a long time. The midwinter full moon has a high trajectory across the sky because it is opposite a low sun. Other names for this moon include "Full Long Night Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Blue Moon

The second December full moon appears on Thursday, December 31, 2009, at 19:15 and is called the "Blue Moon."

When a month has two full

moons, the second one is called a "blue moon."

Blue moons are rare, and that's where the phrase comes from, "once in a blue moon."

How rare? They always happen once every 2-3 years (2.72 years, to be exact). It's this second moon in the month that's considered the blue moon.

Does the blue moon actually turn blue? No. A blue moon

is exactly the same color as a regular full moon - yellow.

The moon can turn blue when there's a certain amount of dust or pollution in the air. The extra dust scatters blue light, making the moon appear more blue. For example, the moon appeared blue across the entire earth for about 2 years after the eruption of Krakatoa in 1883. ###

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Make Your Very Own Gingerbread House

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults. Create your own gingerbread house for the upcoming holidays. It will be held on Wednesday afternoon, December 16, 2009, from 3 p.m. to 4:30 p.m.

Here's an opportunity to get into the mood of the holidays dreaming of a gingerbread house for your Christmas table or if you just want to have some fun. Supplies and materials will be provided. Seating is limited. Registration is required. Call 201-288-0488. ###

Holiday Candle Safety Tips

Wood-Ridge Fire Chief Anthony Gentile stated, "On average, a candle fire in the home is reported to a U.S. fire department every 34 minutes."

More than half of all candle fires start when items that can burn, such as furniture, mattresses, bedding, curtains, or decorations, are too close to the candle. The risk of a fatal candle fire appears higher when candles are used for light.

Chief Gentile offered these candle safety tips:

- Consider using battery-operated flameless candles which can look, smell, and feel like real candles.
- Use sturdy, safe candleholders.
- Protect candle flames with glass chimneys or containers.
- Keep candles at least 12 inches from anything that can burn.
- Never leave a burning candle unattended.
- Put candles out when you leave a room.
- Avoid using candles in bedrooms and sleeping areas.
- Keep children and pets away from burning candles.
- Be careful not to splatter wax when putting out a candle.
- Never use a candle when oxygen is present.
- Always use a flashlight, not a candle, for emergency lighting.
- Keep matches and lighters up high, out of reach of children, preferably in a locked cabinet. ###

TEB 16th Annual SOS Toy Drive

For the past fifteen years, the Teterboro Airport community has come together to deliver holiday cheer to local families (mothers and children) who "...are victims of domestic violence. Consequently, these families have fled from their dysfunctional environments and are receiving ...safety, strength & hope..." at Shelter Our Sisters.

Together, we can continue the tradition of helping these families by providing them

with a warm and loving holiday for 2009. Please join us in donating new, unwrapped toys and gifts.

For inquiries or to schedule your donation pick-up, please contact holiday coordinator, Lauren, at 201-393-4080, or Karen, at 201-288-1775, Ext. 222. You may also drop-off your donation at Airport Operations, 111 Industrial Avenue, Teterboro, NJ. The donation deadline is Tuesday, December 15, 2009. ###

Pet Photos with Mrs. Claus

FOCAS (Friends of the County Animal Shelter, Inc.) will be hosting holiday pet pictures with Mrs. Claus and Special Holiday Gift Fair on Sunday, December 6, 2009, at the American Legion, 100 Liberty Street, Little Ferry, from 12:00 p.m. to 4:00 p.m. The cost

per photo is \$5.00.

All pets are welcome. Pets should be up-to-date on all shots and appropriately restrained.

There will be refreshments, fabulous holiday gifts on sale for pets and people and a drawing each hour for a FREE surprise gift.

Let FOCAS put some "cheer" in your holiday! This is an annual FOCAS event. Donations will go to benefit sick, homeless and abandoned animals. For information call the FOCAS Help Line at 201-943-4019. ###

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Merry Christmas
Happy New Year

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**Hasbrouck Heights
Breakfast With Santa**

Breakfast with Santa and Mrs. Claus will be held at Corpus Christi School on Sunday, December 13, 2009, from 8:00 a.m. to 11:30 a.m., in the school cafeteria.

Enjoy a morning of family fun and a delicious pancake breakfast, crafts, music and a picture with Santa and Mrs. Claus.

Tickets in advance are \$10.00 per adult, \$7.00 per child and children under three free. To purchase tickets please call Maria at 201-438-3499 or Eileen at 551-265-5445. No tickets will be sold at the door. ###

Holiday Concert

A Holiday Concert, featuring the Wood-Ridge High School Chorale, courtesy of choir director Melissa A. Manolakakis, will be held Tuesday, December 8, 2009 at the Wood-Ridge High School auditorium from 7 p.m. to 8 p.m.

This concert is free and open to the public. This event is sponsored by the Wood-Ridge Memorial Library. ###

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**Jr. Women's Club
Pizza With Santa**

The Hasbrouck Heights Junior Women's Club is sponsoring Pizza with Santa on Friday, December 11, 2009, from 6:30 p.m. to 8:30 p.m., at the Municipal Building. Cost is \$8 per person and includes photo with Santa, craft, goody bag, pizza, refreshments and raffle. For tickets, call Dee at 201-727-0844. ###

**Community
Tree Lightings**

Lodi will kick off their Tree Lighting with a short parade by the LHS Marching Band and Lodi Fire Department, bringing a "very special guest" to the Municipal Complex at 7:30 p.m., on December 4th, followed by photos with Santa and Mrs. Claus. ###

Moonachie will hold the Annual Tree Lighting event (rain or shine) on Saturday, December 5, 2009, at 7 p.m., at Borough Hall. R. L. Craig students will sing Christmas Carols. Everyone attending receives a free tree ornament. Refreshments and photos with Santa will follow at the Firehouse.

Hasbrouck Heights and Wood-Ridge held their tree lightings on November 27, 2009. ###

**Conserve Energy
When not in use,
turn off the juice.**

**Heights Seniors'
Holiday Party**

The annual Holiday Party, sponsored by the Leisure Club, open to all Heights seniors, is scheduled for Wednesday, December 9, 2009, at The Landmark, from noon to 4:00 p.m. Tickets are \$37 per person. Call Alice at 201-288-4732 for details. ###

**Volunteer Center
Seeks Donors to
Fill Gift Requests**

The Volunteer Center of Bergen County is looking for companies, religious and civic groups, chambers of commerce and other community organizations, as well as individuals and families, to participate in its annual "All Wrapped Up Holiday Giving Program."

Those who have the desire to help this holiday season can be matched with an individual, family or agency that needs assistance.

All Wrapped Up has two components: "Adopt-a-Family" and "Heart to Heart."

For more information about All Wrapped Up, go to: www.bergenvolunteers.org, or call Debbie at 201-489-9454, Ext. 118. ###

**Friendly Neighbors
Needs Your Help**

But especially at the Holiday Season — you can help. Friendly Neighbors has been assisting the welfare of Hasbrouck Heights and helping our neighbors in need for over 60 years. All information is confidential.

Please send your generous contribution to: Pat Boer, Treasurer, 307 Roosevelt Ave., Hasbrouck Heights. Friendly Neighbors is sponsored by the HH Council of Churches.



**Copy for the
January Issue is
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Celebration Season at Corpus Christi School

The Holiday Season is in full gear at Corpus Christi this November. The month features Third Graders celebrating saints and Eighth Graders stressing over very important tests.

One of the most treasured traditions at Corpus Christi School took place on November 2, 2009, when the Third Grade participated in the All Saints Procession. Every child picks a saint, does research on them and then dresses in the appropriate clothing for their saint. They then prepare a short presentation for their family and friends in the Chapel.

On November 6, Eighth Grade students were working those no. 2 pencils during the COOP (Cooperative Admis-

sions Examination Program). It is this test, along with their middle school grades and activities that will help them to get into Catholic high school. They will get notification of their acceptance on January 22nd, with registration for school taking place in February.

Corpus Christi students celebrated Veterans Day by wearing their finest Red, White and Blue on November 11.

Preview Day, on November 12 allowed interested families to tour the school. Preview Day is an open house for families interested in seeing Corpus Christi School (Pre-K3 and Pre-K4) in action. Private guided tours were available for both the Early Childhood Learning Center and the K-8

building.

Parent-Teacher conferences took place November 18 from 1-3 p.m. and from 6-8 p.m. There was a noon dismissal that day.

On November 19, the little ones in Pre-K3 and Pre-K4 were in their school finery for what may be their first school pictures; also that day, graduating students took their official graduation pictures.

The Thanksgiving prayer service was scheduled for 9 a.m. on November 25 with a 12 p.m. dismissal. School resumes on Monday, November 30. *Story and photos provided by Kevin O'Rourke. ###*

Chip Dee Academy Opens in Heights

Chip Degaard, longtime certified music instructor of Hasbrouck Heights, and career professional musician, has opened Chip Dee Academy of Music at 195 Boulevard, Hasbrouck Heights, N.J.

The **Chip Dee Music Academy** gives area residents of all ages the opportunity to have quality music instruction at an affordable cost.

The studio is a professionally sound-engineered environment, complete with sound proof recording studio.

Bands, as well as solo performers, will be able to record and produce demo CDs and tracks of professional quality at the new studio.

"Kids love music, and parents love to see them have fun, not to mention the discipline and language skills music provides," says Chip Dee.

Chip adds, "We saw the need for providing a larger space, to give students the opportunity to have small group lessons. Music is a social as well as individual event where a student can be part of an ensemble, and have a solo repertoire as well."

The Chip Dee Academy of Music caters to instruction of many instruments and styles of music, including: piano, guitar, bass, drums and percussion in the styles of classical, rock, (all styles), jazz, folk, and country. Instruction in songwriting and composition, and sound engineering and recording is also available.

For more information call: Chip Degaard at 201-288-8245. ###



Boys' State Delegates Honored and Sought

Michael Ruggiero, Steven Winka, and Joseph Romano each received a "Certificate of Appreciation and Participation" for attending the American Legion Boys State in June, 2009. The three seniors, who attend Hasbrouck Heights High School, were delegates sponsored by the Capt. James B. Scarr American Legion Post 106. Boys' State local chairman Peter J. Gallo Jr., presented the certificates to the seniors.

American Legion Jersey

Boys' State (ALJBS) is a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of The American Legion, Department of New Jersey. A session of Jersey Boys' State has been held annually since the first session in 1946. Held at Rider University every year beginning on Father's Day, ALJBS has a strong tradition of education, patriotism and excellence in the development of tomorrow's leaders at our weeklong hands-on program.

Leadership Training for Teens Offered

Have you ever wondered what it takes to be a leader? The Hasbrouck Heights Public Library is offering a workshop for teens in Grades 6-12 to explore this question on Tuesday, December 29, 2009, from 2-4 p.m.

Debbie Emery from the Volunteer Center of Bergen County will identify the qualities of successful leaders; help teens to identify their leadership style; and discuss the personality types commonly found in group situations and how to the work with them.

The very interactive workshop is designed to convey these topics through various games and experiences. Registration is limited to 15 participants. Call Catherine at 201-288-6653. ###

Only high school juniors are eligible for the American Legion Jersey Boys' State Program. Each delegate is sponsored by an American Legion post throughout the state of New Jersey. They expect about 900 delegates to attend the 65th Session of New Jersey Boys' State at Rider University in June 2010.

Peter stressed that college admissions officers are impressed with applicants who have special achievements such as being a Boys' State Delegate, an Eagle Scout, etc.

The local American Legion is presently looking for boys who reside in Hasbrouck Heights and have a desire to attend Boys' State in 2010. Interested boys should contact Peter at 201-288-0276. *Story by Peter Gallo Jr. ###*



Rotary Delivers Dictionaries to 3rd Graders

Members of the Little Ferry/Moonachie Rotary Club presented dictionaries to the Robert L. Craig School Third Grade classes.

The Rotary Club is an organization of business and professional leaders that provides humanitarian services, encourages high ethical standards in all vocations and

builds goodwill and peace in the world.

Clubs work on projects relating to health, hunger, environmental concerns, literacy and vocational assistance, drug abuse and assisting senior citizens and young people. *Photo provided by Little Ferry/Moonachie Rotary Club. ###*



Moonachie Scouts Meet "The Newspaper Guy"

On Friday, November 13, 2009, **The Gazette Newspaper** publisher, Fritz Rethage, discussed journalism with Moonachie Scouts working on their journalism merit badge.

He gave an overview of broadcast and print media to include magazines, national and local daily newspapers, the

monthly community Gazette Newspaper and the Moonachie Messenger newsletter.

He explained factual journalism, provided photography tips and detailed the print production and mailing process for delivering the news to the reader. ###

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Boy Scout Camporee

The Scouts of Tantaqua District of the Northern New Jersey Council BSA, held their fall Camporee at Ross Dock in Palisades Interstate Park, on November 6, 7, and 8, 2009.

There were in excess of 160 Scouts taking part in the Camporee.

Scout Troops from Hasbrouck Heights and Wood-Ridge were in attendance as well as Scouts from twenty-four other towns in the district. This year's theme was "Pirates."

Cub Scouts from Hasbrouck Heights were also in attendance. Cub Scouts attending also made ship replicas.

Scouts were encouraged to dress as pirates and competed in events testing their Scout skills with a nautical bent. Events included knot tying, use of the compass, first aid and small boat handling.

Additional activities included obstacle course, semaphore, sextant, team building exercises, etc.

Camporee chief Ed Quinn, a retired Commander in the U.S. Coast Guard, was assisted by members of the U. S. Coast Guard Auxiliary and Scouters from the district. *Story and photos by James Halloran. ###*



Xcel Tae Kwon Do Center Captures 39 Medals at University of Bridgeport

The 2009 Connecticut Martial Arts Festival was held on Saturday, November 7, 2009, at the University of Bridgeport. The event is designed to bring martial arts practitioners together from around the country to celebrate the beauty and the grace of the martial arts.

The competition categories were choreographed pair and team patterns, board breaking,

and self defense. In the forms or pattern competition, all of the competitors are divided into groups of two or three participants. Exhibiting harmony, synchronicity, power and grace of the choreographed movements, they were judged and graded accordingly by a panel of experienced black belts.

In board breaking competition, the participants were

given 10 wooden board pieces to shatter using a variety of 10 different acrobatic kicks and hand techniques. The high degree of difficulty in the techniques chosen by the participants would generate higher total points.

Xcel Tae Kwon Do Center in Hasbrouck Heights sent a team of 20 athletes to this event and the results were outstanding. The team was comprised of Sara Herron, Sarah Carter, Alexis Putkisto, Dante Milne, Anastasia Robitalle, Eric Robitalle, Stephanie Tom, Akshay Swaminathan, Hannah Smith, Cassie Tom, Vincent Baculio, Goutham Swaminathan, Dario Morales, Ashley Bolwell, Kaitlyn Bolwell, Madison Christiana, Andrew Alvarez, Steven Waring, Filip Checko and Casey King.

The Xcel Tae Kwon Do students competed in 38 events. Impressively, all 19 students placed in the top 3 of their division, most of the students receiving the gold medal. At the end of the day, Team Xcel brought home 39 gold, silver and bronze medals combined. They were considered once again to be the best team of the tournament.

Team Xcel spent the last few months preparing for this championship, choosing to dedicate themselves to a goal where practice makes perfect and team work is everything.

Master Steven Lee emphasized team work. He consistently reminded his students, if you work hard as a team, think as a team, you will become champions as a team.

That's exactly what happened at the 2009 Connecticut Martial Arts Festival as everyone came home a champion. Congratulations to the students of Xcel Tae Kwon Do Center in Hasbrouck Heights for a job well done! *Story by Christine Adamo. Photo provided by Xcel TKD Center. ###*



Congratulations Aviators U13 Soccer

The Aviators Soccer Club Boys U 13 soccer team recently played in the Pequannock Fall Soccer Classic. They played four games over two days and went 3-1-0 and won the championship for the Boys Under -13 age group. They outscored their opponents 10-4 in those games. Pictured above starting at the top row, left to right: Coach Stephen Mastropietro, Matt Byrne, Khaled Abdelmaged, Christopher Moretto, David Terreri, Gavin Haggerty, Matt Wiess, Jason Cheung, Jean Luc Hourcade, Coach John Terreri. Kneeling: Ste-

phen Byrne, Marc Mastropietro, Jonah Samson, Adam Kosecki, Marco Samson, Joseph Terreri, William Salcedo, Matt Moretto.

This past spring, the team's record was 6-2-1 and they finished first in NCSA BU 12 D. Currently the team is 5-1-0 with 29 goals scored, 14 against and sitting atop NCSA BU 13 C. Team members absent from the photo above are: Justin McCann, Andrew Kalmowitz, Jared Farhat and Jon Luca Morzetta. *Story and photo provided by John Terreri. ###*

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It was Spooky and Scary

Woodland Park was invaded by ghosts, goblins and assorted scary characters on the evening of October 20, 2009. About 600 participated. Halloween in the Park began at 6:00 p.m. and concluded at 9:30 p.m.

Every 15 minutes, two hayride trailers took turns collecting riders for the very scary ride to be frightened by a variety of terrifying citizens of the night.

After the horrific experience, they escaped at the Roosevelt Avenue end of the pavilion — where they were treated to refreshments.

The pavilion fireplace was warm and glowing, with a museum of famous horror movie props displayed.

Heights resident, Al DeAngelo, of “Night-Mares Haunted Attractions” in Montvale (www.Night-Mares.com), and Rob Brady “set-up” and operated fright stations.

The Recreation Department sponsored the event and supplied refreshments.

The first few rides were less scary, so it was recommended that younger children sign up for the earlier time slots. ###



Painting the Boulevard

Area residents could stroll The Boulevard during late October where local businesses, in conjunction with the three grammar school PTAs, sponsored the 16th Annual Halloween Window Painting Contest.

Over 275 3rd, 4th and 5th Grade students painted a Halloween theme illustration on a space provided by Boulevard businesses on Tuesday, October 20, 2009.

Graphics were judged upon originality and artistic expression. Winners from each grade received 1st, 2nd and 3rd Place

Ribbons. All participants received ribbons.

Parents commented, “On behalf of Corpus Christi, Euclid and Lincoln Schools, we would like to thank all of the merchants who participated in our Annual Halloween Window Painting Contest.

This tradition is one that the children look forward to. It is wonderful to watch them as they create their masterpieces while bringing color and life to our Boulevard.

Thank you, once again, for making our children happy!” ###



Trunk or Treat Halloween Fun



Bible Baptist Church in Hasbrouck Heights held its 6th Annual "Trunk or Treat" on Sunday, October 25, 2009.

From 5:00 p.m. to 6:30 p.m., the Church closed its parking lot for this free, fun event which provided a safe, fun alternative

to trick-or-treating.

Over 300 children up to the 6th Grade had the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with lots of goodies and special treats. ###



5th Annual JWC Halloween Munchkin Mash is a Big Smash

The Junior Women's Club of Hasbrouck Heights hosted its 5th Annual Munchkin Mash, on Sunday, October 25, 2009, at the Municipal Building from 1 p.m. to 3 p.m.

About 185 attended this tiny tot dance party, which is geared towards the age of 7 and under. All proceeds help fund local charities and scholarships.

Entertainment was provided by Daddy and Daughter DJs (201-438-1863). Hasbrouck Heights Police Lt. John Mullins provided the children with Halloween Safety Tips. There was face painting, tattooing, raffles, and great snacks. *Photos and story by Lisa Mason. ###*



Seniors Enjoy Halloween Party



Area Communities Proud

2009 Veterans Day Services

On Saturday, November 7, 2009, Wood-Ridge Veterans attended a Mass at Assumption Church at 8 a.m., and held a Veterans Service at 10 a.m.

On Sunday, November 8, 2009, The NJ Aviation Hall of Fame and Museum held a regional "Salute To Veterans" program at 11 a.m. in their parking lot.

Assumption School students honored Veterans in a program at 9:30 a.m. on November 11.

On November 11, 2009, at 10:00 a.m., brief services were held at the American Legion and VFW Posts in Little Ferry.

At 11 a.m., a short service

was held at the Washington School (*Grades 1-4*), immediately followed by a service across Liberty Street at the Memorial Middle School (*Grades 5-8*).

Carlstadt, Hasbrouck Heights, Lodi, and Moonachie each held brief Veterans Day services on Wednesday, November 11th, at 11 a.m., at their respective monuments. *Carstadt photos by Dennis Kronyak Sr. ###*

Memorial Service at Ling
December 6th at 1 p.m.
Public is welcome.

About Veterans Day

Veterans Day is celebrated on November 11 in honor of those who have served in the armed forces of the United States and gives Americans the opportunity to celebrate the bravery and sacrifice of all U.S. Veterans.

Veterans Day, formerly known as Armistice Day, was originally designated in 1919 by President Woodrow Wilson. Wilson selected November 11 because the Armistice ending World War I officially took place on November 11, 1918. Wilson wanted to make sure that Americans did not forget the tragedies of the war. Legislation passed in 1938, November 11 was "dedicated to the cause of world peace and to be hereafter celebrated and known as "Armistice Day."

In 1954, after having been through both World War II and the Korean War, the 83rd U.S. Congress replaced the word "Armistice" with the word "Veterans." With the approval of this legislation on June 1, 1954, November 11 became a day to honor American Veterans of all wars.

Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The observance

of Veterans Day not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's Veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

On Veterans Day, special services take place at the Tomb of the Unknown Soldier in Arlington National Cemetery. United States Senate Resolution 143, which was passed on August 4, 2001, designated the week of November 11 through November 17, 2001, as "National Veterans Awareness Week." The resolution calls for educational efforts directed at elementary and secondary school students concerning the contributions and sacrifices of Veterans.

Memorial Day honors service members who died in service to their country or as a result of injuries incurred during battle. Deceased Veterans are also remembered on Veterans Day but the day is set aside to thank and honor living Veterans who served honorably in the military - in wartime or peacetime. ###



Heartily Salute Our Veterans



Center Street Fire Claims Home



On October 17, 2009, at 23:39, the Wood-Ridge Fire Department was dispatched to a working fire consuming the rear of the first floor, with heavy smoke throughout the structure. It was confirmed that the building was unoccupied.

The East Rutherford F.A.S.T. Team and Moonachie EMS were immediately called, along with the 2nd alarm of Hasbrouck Heights, Little Ferry, Moonachie and Carlstadt.

The 3rd alarm of Lodi, Rutherford and Wallington stood by at WRFD Headquarters.

W-R Engine 905 arrives and a team begins to attack the fire through the first floor.

W-R Ladder puts up ground ladders and prepares for a roof vent and started a second line to the second floor interior.

The initial fire is extinguished, but the fire traveled to the roof area -- at that point the tactic becomes an exterior attack.

The fire was under control within the hour and firefighters took care of hot spots and overhaul.

It appeared to be a two family, side-by-side home, with one side vacant. It appeared that the fire started on the vacant side which was under construction. The building sustained significant damage and was declared uninhabitable.

The cause of the fire is under investigation, but not considered suspicious.

No injuries were reported. Photos by Dennis Kronyak Sr. ###



Wood-Ridge Fire Department Distributes "Vial of Life" Cards

The Wood-Ridge Fire Department is distributing a "Vial of Life" card to everyone in Wood-Ridge, along with their Calendar Drive.

The "Vial of Life" card allows people to record key medical information for first responders. It also includes a few common sense guidelines for people who may need their services.

The cards are about 8.5" by 4.5", on heavy stock, and are ideal for attaching to a refrigerator with a magnet.

From the desk of Fire Chief Anthony Gentile:

The Wood-Ridge Fire Department and Emergency Squad is pleased to provide this card to our residents, and we encourage you to use it.

Simply complete this form and attach it to your refrigerator. In the event of an emergency, having this information readily available will enable our Police Officers, Firefighters and Emergency Medical personnel to assist you more effectively and efficiently.

If you would like additional cards, please visit our Headquarters at 85 Humboldt

Street any Sunday morning between 9 a.m. and 11 a.m., or call us at 201-939-2387.

We would also like to offer several suggestions for those residents who may require the services of our Emergency Squad:

- 1) Please have your house number clearly marked and visible from the street.
- 2) If you call for us at night, please turn on a light at your front door.
- 3) If you have any pets, please place them in a closed room while we are present.
- 4) If you have a bed-ridden family member, consider having him or her reside on the first floor of your house, if at all possible.
- 5) If you require non-emergency transportation to or from a local hospital, please note that we can provide such a service only after 7:00 p.m. on weekdays; weekend hours are more flexible.

The Wood-Ridge Fire Department & Emergency Squad is proud to serve our community. We are always looking for new members... please consider joining us! ###



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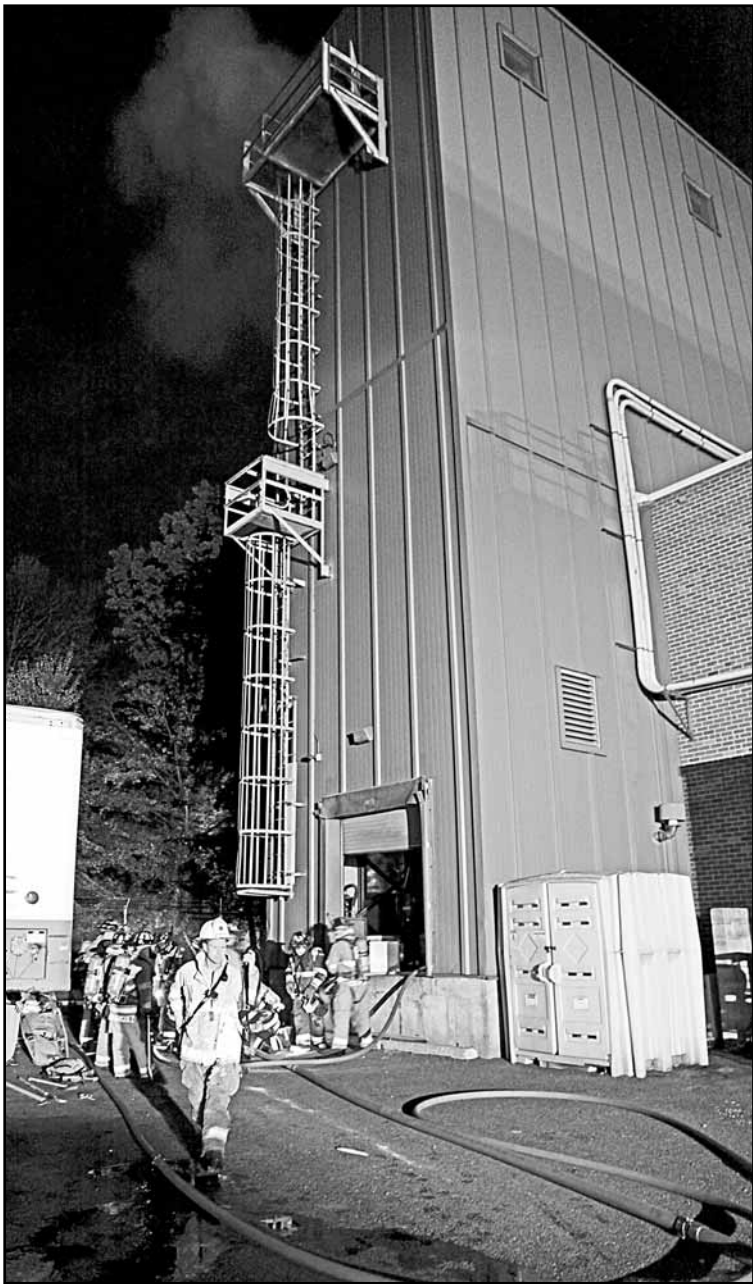
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140 Firefighters & 64 EMS Work Sara Lee Blaze



At 10:15 hours on Tuesday, October 20, 2009, a call came to Moonachie Police Department for an alarm at the Sara Lee Coffee and Tea plant on Empire Boulevard.

Assistant Fire Chief Victor A. Migliorino, first on the scene in a Fire Chief vehicle, reported a working fire and established command.

He saw heavy smoke from the rear area of the roof. Seconds later he saw a large fire ball shoot an estimated 60 feet from mid-tower with a shower of embers igniting a large area of the roof. He immediately transmits the call for a second alarm to include a F.A.S.T. Team.

Moonachie Engine 803, commanded by Lt. Louis Capadonna, arrives, positions on the left side of the building, establishes a water supply and reports heavy smoke and fire in the rear tower.

Moonachie Tower 805, commanded by Captain Frank Smith, raises the ladder and reports to command that the roof condition is heavy fire and smoke from natural vents (*part of the regular structure*).

Command advises the second Moonachie Engine 802 commanded by Second Assistant Chief William G. Hunt, to establish a water supply to the rear of the Sara Lee building from State Street (Movado rear parking lot). 802 uses its deck gun to shoot an 80 foot plus stream, to knock down the heavy exterior fire. This far rear position is supported by Wallington 204 Rescue and Ridgefield Park Ladder 531.

Within 8 to 10 minutes of the initial call, Fire Chief Justin Derevyanyk arrives and assumes overall command, but while in transit, calls in a third alarm to a staging area. Chief Migliorino assumes operations command.

Mutual Aid companies begin to arrive, as well as the Zone 2 Coordinator, Chief Anthony Gentile and South Bergen Chief Mutual Aid Coordinator Ronald Phillips.

Wood-Ridge takes a F.A.S.T. Team to the immediate rear of the building.

Little Ferry Ladder 307 sets up in the front of the building and assists Moonachie 805 Tower with roof operations. At this point, there are two crews and at least 20 firefighters working roof operations.

Within the first 15 minutes, Carlstadt Engine 703 arrived and established a separate water supply to feed the building's sprinkler systems.

Hasbrouck Heights Engine 616 and Carlstadt Engine 705 assist in the interior attack. At this point, there are three to four crews and between 25 to

35 firefighters now working the interior attack.

The building's power burns out, apparently from a back feed to the transformer.

Moonachie EMS sets up a rehab area.

The third alarm arrives at the staging area. Command now moves to WRFD Rescue 903. East Rutherford Chief assumes command of the staging area.

At approximately 25 minutes into the event, roof and interior crews report some progress. Over 50 firefighters are actively fighting multiple fires.

It was discovered that fires are traveling through the duct work in the roof area creating numerous hot spots. Interior crews begin to open up the duct work and concealed areas such as the double roof.

Crews report additional spot fires from the duct work and warehouse, from dust and embers.

Initial companies begin to rotate crews to rehab and are replaced by third alarm crews.

At an hour and a half into the scene, additional mutual aid departments are called to Moonachie Fire Department Headquarters.

Wood-Ridge First Assistant Chief Thomas Burniston assists in operations in the rear of the building. Crews continue to open up duct work and report multiple hot spots -- in essence, chasing the fire.

"Urgent Call"

At 21:49 a crew reported a smoke explosion on a cat walk in the middle of the tower causing debris to fall to lower levels.

Chief Burniston transmits "Urgent" to command to advise of a situation as firefighters escape out of rear doorway. Chief Migliorino transmits a "Urgent" request for EMS to the rear of the building for a down firefighter.

Command acknowledges "Urgent" to clear radio traffic, activate the F.A.S.T. Team to the downed firefighter and begin evacuation messages with radio and air horns.

Crews that were on the middle and lower levels were accounted for by operations.

Meanwhile, at 21:40 hours there is another fire call at 200 West Commercial Avenue in Moonachie. Lyndhurst Engine, Hackensack Engine, Little Ferry Engine, N. Arlington Rescue and Secaucus Ladder responded under the direction of Chief Gentile and Chief Coordinator Phillips, who were assigned to this alarm.

Interior crews at the top of the tower were evacuated to the roof, with all accounted for by South Hackensack Chief.

At 22:00 hours, all companies regrouped and resumed operations.

During the course of the fire event, command holds several staff meetings with all of the Chiefs and key personnel.

At about 22:30, it was determined to be a prolonged operation. At 22:45, command moves to Lyndhurst Rescue, which was also brought in for additional lighting and communications.

At about 02:00 hours command determines the fires under control. However, the overhaul process presented a longer requirement. Chief Phillips was asked to set up roaming fire companies on a four hour basis to help with the remaining spot fires that were still flaring up. Outlying towns that had not been called on the alarm cards were requested to repond in a non-emergency status till 12 noon, at which time the fire was declared out.

During the overhaul, numerous coffee storage hoppers and other interior duct work were opened up to evacuate smoke and expose all hot spots.

At 12:00 hours, when the fire was declared out, the fire scene was turned over to fire officials to begin investigation. Tower 805 and Engine 803 remained on the scene to post fire watch.

At approximately 15:00 hours, the initial fire investigation was completed and the building was released to the owner.

An estimated 140 firefighters and 64 EMS participated. Volunteer Fire Departments assisting Moonachie were from: Little Ferry, Wood-Ridge, Carlstadt, Hasbrouck Heights, South Hackensack, Wallington, Ridgefield Park, Rutherford, Lyndhurst, Secaucus, East Rutherford, Rochelle Park, Lodi and Bogota.

Hackensack provided Engine 3 and a MSU/Air Truck. Box 54 also was on the scene.

During the event, three supply lines using 5 inch hose were utilized, with all attack hose being 2 inch. The use of foam was considered in the duct work, but determined to be impractical.

Three injuries were reported -- two with smoke inhalation and one with an ankle injury.

This was the fourth fire at the plant this year. Fire officials cited the coffee roasting machines for the causes of three previous fires since October 2008. All fires were in the manufacturing area and not the offices. ###



Reflections

Advent

Rev. Kimberly Chastain, Pastor
South Bergen Larger Parish

Advent is the first month of the Christian calendar. The Christian calendar runs roughly on the solar year, as does the secular calendar. The solar year is the period of the earth's travel around the sun, beginning after the winter solstice, the longest night of the year.

Christians celebrate the birth of Jesus around the winter solstice, to reinforce the idea that when human affairs seem the darkest, God comes to be with us.

The word "Advent" means beginning, or entry, and the month prior to Jesus's birth is supposed to be a time of reflection and recognition of our need for God, so that Christians can celebrate the gift that Christmas brings.

But the Christian calendar has never been the same as the secular calendar. The secular calendar is a synthesis of the early pagan system, with its emphasis on the seasons and the changes in the world; and the Hebrew calendar, which is based on the cycles of the

moon, with an adjustment to keep it more or less aligned with the solar year. The secular calendar has been standard in the west for almost 1,000 years, and has been more or less a world-wide calendar for the last century.

It's odd, though—the secular calendar has absorbed and almost swallowed up the Christian year, even in the thinking of most Christians.

For most of us, the preparation for Christmas begins the day after Thanksgiving (*a secular holiday*) with the opening of the shopping season, and the celebration is structured around the giving of gifts to each other.

Preparation to receive God's gift to humanity has been replaced by shopping for material possessions.

The birth of Jesus has been

overtaken by the coming of Santa Claus—who does not offer hope in a dark season, but fulfillment of greed, one of our darkest impulses.

Perhaps this Advent, we should each take time out at least once, and look up into the night sky. Try to see a star—any star—in the night sky among the decorations and the lights of traffic and stores.

And remember that the original meaning of the season and the holiday was this: that in the darkness, there is a light that never dies, and cannot be smothered by human selfishness. That light, Christians call Emanuel: God With Us. ###

Free Lunch at First Moonachie Continues on December 5

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and will continue on the first Saturday of every month throughout the coming year. If the economy's got you down, or you want to share a meal with others, come and be a part of the fun!

The next opportunity is December 5, 2009, beginning at 11:30 a.m. If you need a ride, please call Tina at 201-952-9231. There is no charge and there are no strings attached! Everyone is welcome. ###

Pray for Peace

Holiday Memorial Service Dec. 6

The Holiday season is not always easy. For many this is a season touched with special memories of loved ones who are no longer physically with us.

On Sunday, December 6, 2009, at 3:00 p.m., the First Presbyterian Church of Wood-Ridge will gather with members and friends of the Larger Parish to lift our hearts before God, trusting in his comfort and love.

A special feature of this year's service will be the gift of memorial ornaments. Linda Van Kampen will be inscribing names and memorial dates on the ornaments for presentation during the service.

If you would like more information, or to receive an ornament, please call the parish office at 201-438-8966. ###

People ignore God and then blame him for the chaos that results.

Church Schedules: Hasbrouck Heights

BIBLE BAPTIST CHURCH

31 Passaic, HH • 288-4139
www.biblebaptist.net
Rev. Bill Hegedus, Pastor



Sunday

8:00 a.m. Prayer Partners Meet
8:30 a.m. Early Worship Service (Traditional)
9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
Evening Service as announced

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Rev. Raymond M. Holmes
Rev. Jerzy R. Zaslona
Rev. Msgr. Martin O'Brien
Deacon Vincent DeFedele



Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)
7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),
12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html
School: www.corpuschristischool.net

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Sunday - 10:00 a.m. Adult Education and Bible Study
11:00 a.m. Holy Eucharist Rite II - Church School
Monday - 7:30 p.m., N.A. Women's Meeting
Tuesday & Friday - 12 noon, N.A. Meeting

FIRST REFORMED CHURCH

Burton & Washington Place, HH
Church Office: 201-288-1122
Rev. Dianna L. Smith, Pastor
www.churches.rca.org/firstrefhh/



Sunday

9:00 a.m. Sunday School
10:00 a.m. Worship Service
Fellowship Hour follows Worship Service. Child care provided

FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773
Church and Nursery School Office: 288-4636
Pastor Iraida Ruiz de Porras



Sunday

10:00 a.m. - Worship Service
Thursday - 7:30 p.m. - Bible Study

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Pastor Rev. Susan Nelson-Colaneri



Sunday

9:00 a.m. - Holy Communion
10:00 a.m. - Sunday Church School/Adult Forum
Tuesday: 7:30 p.m. - Bible Study

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Boulevard & Charlton Ave., HH • 288-0622
Rev. Edward J. Glasser, Assoc. Minister



Sunday - 10:00 a.m. Morning Worship
Communion-- first Sunday of the month

Church Schedules: Little Ferry

EVANGEL CHRISTIAN CHURCH

165 Main Street • Office: 201-440-0470
Rev. Veronica M. Pearson, Pastor



Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship
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Wednesday - 7:30 p.m. Bible Study

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Church Schedules: Lodi

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 Rev. Anastacio "Nony" Villaluz, C.R.M., In Residence
 Rev. Mr. Steve Marchese, Deacon
Sunday Obligation Masses:
 6 p.m. Saturday
 7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road
 Church Office: 201-641-4919
 Rev. Kimberly Chastain, Pastor
Sunday
 9:30 a.m. Children's Sunday School
 11:00 a.m. Worship Service



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31 Chamberlain Ave., Little Ferry • Office: 201-641-2988
 Rev. Arthur Frank Humphrey, Pastor
 Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate
Sunday Obligation Masses:
 Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon
Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.
 Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.
 Rosary for Peace: First Saturdays after 9 a.m. Mass
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

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 Deacon Nicholas Valdez
Sunday Obligation Masses:
 5:30 p.m. Saturday
 8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
 Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 11:00 - 12:00 p.m.
Assumption Church/School Websites
 Parish: www.assumption-parish.org
 School: www.assumptionschoolwr.org



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2nd & 4th Sunday - 11:00 a.m. Malayalam Service
 Vestry Meeting: 2nd Sat. 10:00 a.m.



Wind Shift

by Rev. Dianna L Smith,
 Senior Pastor First Reformed
 Church of Hasbrouck Heights

Autumn is a season of paradox it starts out, all orange and yellow, and red, there are some days still in the 70's, warm enough for shirt sleeves when you are raking the yard or sweeping the porch. I see the paradox the clearest at my home on the river in Delaware. When autumn reveals her deeper purpose a wild west wind blows those newly raked leaves into a frenzied dance.

The west wind is wind that shouts, CHANGE IS COMING! Summer is a time of gentle east winds, the flag in my river front yard flaps gently

in a rhythm that seems to say, "slow down, slow down." However, the west wind causes that same flag to snap to attention pointing toward the Delaware Bay.

Even the river changes in response to the wind shift. The river that flows by our door usually goes in and out quickly but calmly. Autumn brings whitecaps and waves churning at its soul. When that west wind blows it means business!

The sky puts on its grey suit, the temperature is a full 10 degrees cooler than it has been, weather stations have a new mantra, "frost warnings, deep chill, bundle up!"

The public fishing boats, usually so full of tee shirt clad

folks, drinking coffee and comparing fishing lures, sit empty, creaking in response to the push and pull of the wind and water.

When autumn takes her final bow, stores are filled with Christmas decorations, and choirs rehearse for Christmas Eve in earnest. By November's end, we have had that final hard frost, nights call for a real coat, and there may be a snow flurry or two in the air.

Transitions in nature are clear-cut, most of us who have lived in the northeast for any length of time know what to expect.

Many people of faith wish that their lives would have the same kind of clear cut transitions that we find in nature. As autumn winds blow and frost warnings turn to plain old frost, our ancestors in the faith would find more time to be with their faith community, more time to worship together, more time to pray together. Their lives were less encumbered by the distractions so embraced by American families today and their stress levels were a mere fraction of ours.

The west wind blows more than flags and leaves and weather fronts, it blows into our deepest need. I fear that we have become too cosmopolitan to listen to our need for family and faith, too busy to notice our longing for prayer and reflection.

The football game is fun, the soccer game invigorating, and yet the west wind calls forth, "Change, Change."

Faith is that which warms us in the seasons of frost, calms us in the seasons of fury and supports us in seasons of need.

Faith's response to the shifting winds is to give us solid ground upon which to stand. Just as the old hymn says, "On Christ the solid rock I stand all other ground is sinking sand." ###



Holiday Bazaar a Huge Success, Again!

The First Presbyterian Church of Moonachie held their Annual Holiday Church Bazaar on November 14, 2009.

Holiday goodies included homemade crafts, seasonal consignment and donations. A food court offered tempting delights.

Proceeds raised, fund general mission work from feeding the hungry to supporting the Moonachie EMS and Fire Department. The 105 year old Church has been holding Holiday Bazaars for over 40 years.

Their mission is glorifying God by helping people. ###



Knights Support Fusion Sports Clinic

What a beautiful day! This fall, the Knights of Columbus, St. Michael's Council #2861 presented a \$240.00 check to Ernie Arias, Director and Founder of Lodi Fusion Sports Clinic for Special Needs Children at Kennedy Park.

Grand Knight Peter Scarcella, as well as Past Grand Knight Bill Cangialose and Treasurer Bob Sarao, repre-

sented the Knights of Columbus Council from Lodi. Fusion Sports Clinic will use the money to purchase new sports equipment.

For more information about Lodi Fusion Sports Clinic, please call Ernie at 973-246-5607. If interested in becoming a member of the Knights of Columbus, St. Michael's Council #2861, Lodi, please call 973-470-9373. ###

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Assumption Rosary Altar Society

The Assumption Rosary Altar Society is a strong organization of women devoted to our Blessed Mother in prayer and service. We invite all women of the parish to consider attending one of our meetings held the first Tuesday of the month. They are interesting, inspirational and enjoyable. Recitation of the rosary is at 7:15 p.m. in the Church, followed by 7:30 p.m. mass. Immediately after mass, our meeting is held in the Fr. Patrick Morris Hall.

If you would like to join us in our devotion to the Blessed Mother, please come to a meeting or feel free to contact our Membership Chairperson, Lee Musella, at 201-438-6552 for further information. ###

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Family of Benard Tucci (1907-1962, former Councilman and Fire Chief). (l-r) Pete Tucci (11 year old son), farmhand George, Molly (nee Longo, wife), farmhand Hans, Willy Ricker, Dominick B. Tucci (13 year old son), Tony Tucci (uncle), farmhand William. The house in background is Horseline House. Location is Redneck Avenue (east side), Moonachie, which is where Federal Express is now located. 1942 photo is from the Dominick B. Tucci Collection.

There were several truck farms in Moonachie that sold produce in the Bronx Terminal Market and 14th Street, NYC. Typical farms were 8 to 10 acres. Here are the Redneck Avenue Farms: West side Redneck Avenue starting at Moonachie Avenue going north to Little Ferry: Dalenna/Margarella, Forma Sauna Farm, Dominick Longo Farm, Sloba Farm, Dominick Tucci (Grandfather), Semika Farm. East side Redneck Avenue starting at Moonachie Avenue to Little Ferry: Hoderman Farm, (Hose Co. # 3 firehouse & schoolhouse was between these farms) Jimmy and Todd Ferno/formerly Caparuso Farm?, Henni Meyer* Farm, Philip Hellbic Farm, Bernard Tucci (former Councilman and Fire Chief) (photo above) Farm**, John Meyer* Farm, Henni Eckel Farm. On Moonachie Avenue there was the Longo Farm (Jet Aviation), Finke Farm (Metro Trailer Court Park).

The Moonachie Centennial Committee invites area residents to loan old photos, documents, clippings and other memorabilia for this celebration. Call 201-641-1813 for details.

*Brothers **Also farmed property in South Hackensack.

History of Moonachie

(Editor's Note: In celebration of its 100th Anniversary, over the course of the next year, **The Gazette Newspaper** is providing a multi-part series of Moonachie's history. The following is reprinted as written, from the 2000 Ninetieth Gold Anniversary Journal.)

Part Five

The municipal building and Police headquarters have

undergone many improvements over the years since the original construction in 1953.

Most recently, a new addition to the front of the building was the main part of a major renovation of the building, which included new barrier free bathrooms, new windows, a new roof, a complete renovation of the Police headquarters and a resurfacing of the parking lot.

The size of the Police De-

partment has increased over the years with the need for increased police services and traffic control. All of the newer officers grew up in Moonachie.

The school system is now housed in one complex, which began with the seven room Robert L. Craig School in 1955.

The Dante P. Zirpoli Annex was added in 1960 and the Edward G. Terragni Gymnasium was added in 1972.

Both additions were named for men who did much to shape the curriculum and philosophy of our education system.

The curriculum offers pre-school, art, music, physical education, enrichment and computer programs, in addition to basic foundational courses.

In 1993, the school board took on a very controversial

construction project to add several new rooms to the existing building. This was met with serious debate as to the need for such an extensive addition due to the static enrollment history of the town and the project cost.

The firehouse also was the recent recipient of a new addition and face-lift, improving the door layout to allow vehicles easier access. The building also received a second floor over the ladder truck room, providing much needed offices and training space and freeing up space on the ground floor.

Most of these improvements were the result of the Borough's diligence in obtaining state and federal grant funds to offset some or all of the construction cost.

The primary source of grant funds has been the Bergen County Community Development Program which is a function of the U.S. Department of Housing and Urban Development. Much of our financial support is a result of that program.

Over the past forty years, many improvements were made to the town's recreational activities. The Joseph Street Park is always being improved for the benefit of the residents.

The addition of the Civic Center, in 1985, gave the civic organizations a place to meet and hold recreation programs.

Attached to the Civic Center is the Senior Center, which is the regular meeting place for the Moonachie Senior Citizen Club, one of the most active civic groups in the Borough.

Many different activities are held there including bingo, line dancing, and ceramics.

The seniors hold their monthly meetings at the center and such events as the annual summer picnic, which brings out many seniors for an enjoyable day in the park. The Joseph Street Park includes a variety of recreational features including basketball and tennis courts, shuffleboard and, at one time, even a bocce court, which has been replaced now with an area for horseshoes.

The children's playground

has modern play structures with swings and slides and other rides for the enjoyment of everyone.

Even now, the Mayor & Council have obtained grant money to provide for further upgrades and improvements to the park.

There are two other parks in Moonachie, one on Concord Street and also one on East Joseph Street. Both parks are equipped with the very latest playground structures for the safe enjoyment of the children. Here again, the Borough is even upgrading them further to keep them within the latest safety standards.

Located on Redneck Avenue, the Borough has four ball fields, which were built many years ago through the sweat and fortitude of the parents, and friends who wanted to provide their children a place to hold their various sports activities.

Moonachie has produced many quality athletes who have advanced to the college and even the professional level.

For many years, our fields have provided the home field of the Moonachie Braves, a semi-professional ball club that plays in the Metropolitan Baseball League in Bergen County.

Just this year, the Borough constructed a new field house on Redneck Avenue, which will provide the athletic programs an excellent facility for their sports programs.

Moonachie has also been the home, for many years, of the Hackensack Valley Fliers Model Airplane Club located at the end of Empire Boulevard. You can always hear the model planes flying and it's a favorite place to stop and watch them.

In the 1950s, this same area was part of the Blauvelt Estate, which was one of the largest pheasant hunting preserves in the country.

People would travel from all over the country to hunt pheasant on the estate, which was privately stocked with birds. You might still be able to spot a pheasant in the meadows along State Street or near the end of Empire Boulevard if you were lucky.

The meadowlands, along the eastern side of the Losen Slote Creek, is home to a nature trail that was constructed recently by the Hackensack Meadowlands Development Commission.

(To be continued in the January issue of **The Gazette Newspaper**. Previous issues of **The Gazette Newspaper** are online at: www.the-gazette-newspaper.com)

Editor and Committee for the 2000 Ninetieth Anniversary Journal: Editor-Paul Hansen, Committee-Fred Dressel, John J. Tucci and Maureen Flynn. ###

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Leisure Club Solves a Murder



After a woman was murdered, her three friends made an effort to uncover her murderer. They called upon an inept medium to try to help them. However, when his information started to get close to the identity of the murderer he was shot dead.

The victim's husband, a pot head, also claimed to know who murdered his wife, and made his reasoning be known to the too was shot dead. Finally a detective, after reviewing the facts, calls upon the audience to help him solve the murder. Therein is the plot of "Deadly Housewives" a Without a Clue Productions presented at Charlie Brown's Restaurant on October 21, 2009 for the benefit of the Leisure Club.

The production was professional, thought-provoking, at times humorous and above all entertaining. There was no stage. The actors performed

during a hot buffet luncheon. Prior to any contact with each other, the actors circulated throughout the room so that the audience would be familiar with the role they were portraying. They interacted with the

Leisure Club members. Some members of the audience were able to identify the murderer and the motive for the murder. But all who attended had an enjoyable afternoon out with a good meal. *Story by Peter Gallo Jr. ###*

Buy a Ribbon -- Feed The Hungry

Knights of Columbus Saint Anthony Council #11585 in Wood-Ridge will sponsor a "Buy-a-Ribbon -- Feed the Hungry" drive during December 2009.

Each red ribbon purchased

will signify a \$10 or more contribution to feeding the local hungry. Bruce's Florist in Carlstadt, will provide the ribbons. To make a donation or for more information, contact the Knights at 201-460-8929. ###

Now is the Time to Prepare for Winter

John Depken, **Keller-Depken Oil**, offers these helpful conservation tips that will help you to save on your energy bill this winter.

Start with your heating system. Have a heating professional do a routine-check before cold weather arrives.

Clean or replace filters on your furnace once a month or as needed. Vacuum the vents and other heating components.

Clean warm-air registers, baseboard heaters and radiators. Make sure they are not blocked by furniture, carpeting, drapes, etc. Place heat-resistant radiator reflectors between exterior walls and the radiators.

Turn your thermostats down to 68 degrees or below. Reduce the setting to 55 degrees before going to sleep or leaving for the day. Consider installing a setback thermostat. (For each one degree you turn down the thermostat in the winter, you'll save up to 5% on your heating costs).

Test your home for airtightness. On a windy day, hold a lit incense stick (or a ribbon) next to your doors, windows, electrical boxes/outlets, etc.

If the smoke stream travels horizontally, you have located

an air leak that needs to be caulked, sealed or weather-stripped. Install rubber or foam gaskets behind outlets and switchplates on exterior walls.

Look for dirty spots in your insulation -- an indication where air leaks into and out of your home. Add insulation as needed.

Have your chimney inspected and cleaned. When the fireplace is not in use, keep the flue damper tightly closed. If not, heat escapes 24 hours a day -- it's like a 48" window wide open during the winter.

Install tempered glass doors and a heat-air exchange system that blows warm air back into the room.

Use grates made of C-shaped metal tubes to draw cool room air into the fireplace and circulate warm air back into your home. If you don't

use your fireplace, plug and seal the chimney flue.

Winterize your plumbing by taking care of known plumbing issues with pipes that freeze. Heat tape can be used to keep them warm during extremely cold weather. Turn off and drain water from outdoor faucets exposed to the cold -- such as the back yard garden hose.

Now is the time to prepare your home for winter. A simple energy audit and a little preparation can increase your family's comfort, and save you money on your heating costs.

If you have any questions about improving your energy situation, please call John Depken, **Keller-Depken Oil**, at 201-288-0723. ###

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10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, Tuesday, December 1, 8, 15, 22, 29

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, December 16, 23, 30

10:00 a.m. Wii Bowling League

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, December 3, 10, 17, 31

10:00 a.m. to 1:00 p.m. Games, cards & coffee

2:00 p.m. Senior Yoga \$1.00

Friday, December 4, 11

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

Friday, December 18

10:00 a.m. Games, cards & coffee

CLUB MEETING SCHEDULE

Wednesday, December 2

10:30 a.m. Leisure Club Executive Meeting

Wednesday, December 9

Christmas Party Noon to 4 p.m.

NOTE: Center will be closed:

Christmas Eve: Thursday, December 24

Christmas Day: Friday, December 25

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Edna LaBue Celebrates 90th

First Moonachie Church Member Edna LaBue celebrated her 90th Birthday

There was a warm and wonderful gathering on November 21, 2009, at First Moonachie, as friends and family gathered to wish Edna LaBue a very happy 90th birthday. A light lunch was served and cake and balloons were featured. Mrs. LaBue grew up in Moonachie, and is the "longest member" of the Presbyterian Church. She remains active and involved in many activities. ###

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Pharmacist Corner

Stress -- Not a Healthy Visitor

By Linda E. Stumper, RPh

Stress--just the word raises your blood pressure a few points. Actually, stress does some pretty serious things to your body. It thickens your blood, which over an extended period of time, can lead to high blood pressure, heart disease and possible heart attack.

Now, are some things really worth getting stressed out about? Probably not, if you just step back and view the situation from the "calmer side."

Not next in line at the deli counter or caught at the red light again a block away from your house or did that car just take the parking space you've been eyeing since you pulled into the lot?

Really, are these situations worth getting stressed about? If you feel like your stress level is about to hit the ceiling, sit back and relieve your stress by taking some deep breaths, about 2 or 3 (like the ones the doctor asks you to do when he/she is listening to your lungs).

Instantly, your body starts to repair itself by bringing more oxygen to your red blood cells, and this in turn is getting more oxygen to your brain resulting in a more relaxed feeling.

Be careful the first few times you practice this since you may become light headed or slightly dizzy. So make sure

you're sitting down.

Stress also can cause headaches, forgetfulness, back pain, chest pain, stomach upset, sleep disturbances, and even decreased immunity. Your body does not need stress! You have the flu to worry about!

But seriously, it can affect your life at home, work, and even when you're supposed to be relaxing on vacation.

Stress can be relieved by taking a moment out of the day and realizing the importance of that day. Other ways of reducing stress would be yoga, meditation, walking, relaxing stretch exercises and tai chi.

With the upcoming holidays, stress is an un-welcome guest. The simple task of food shopping is now a full scale war, but it doesn't have to be.

Try planning your tasks over the next few weeks using a small notebook, perhaps a day by day scenario of what you wish to accomplish.

If you find that it's too demanding, then try using a week by week plan of events and goals. Try not to do it all yourself, ask for help from your family and maybe even your friends. Perhaps if they're planning a trip to the mall, they would be able to pick up that gift certificate or engraved gift for you.

The holidays can be less stressful if a plan of what's really important is your goal and time is taken to relax and "de-stress" yourself and family by relaxing, playing games, and perhaps a night or two of just spending time together, looking at old pictures. Your body will be running at a slower pace, allowing your mind to be more open and relaxed.

All of our lives are very full and hectic at times. Try to relax a few minutes each day, a few times a day, such as when you're waiting for the coffee to finish brewing, on line at the grocery store, or even in the restroom.

If all else fails, take those deep cleansing breaths right before going to bed and be thankful for that day.

In conclusion, stress is not a welcome visitor in a healthy body. It needs to be blown away by a few breaths of fresh air!

References: http://www.mayoclinic.com/health/stress-symptoms/SR00008_D
<http://www.webmd.com/balance/guide/effects-of-stress-on-your-body>

Linda E. Stumper, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs.com ###

**December Birthstone
Turquoise**



Fitness Tips

By Joann Glussich

Where Did the Time Go?

The number one reason why people don't exercise is that they don't have time. At least that's what they tell themselves.

Between getting to and from work, balancing responsibilities and having time for yourself, there's little left over for workouts.

With the holiday season fast approaching, your busy schedule is sure to get even busier. There will be parties, shopping, decorating, cooking and family gatherings. It's no wonder that exercise quickly takes a backseat to holiday

activities.

You don't have to succumb to weight gain this holiday season. Escape the time crunch excuse in three easy steps:

Step One: Schedule Your Workouts: If you treat your exercise time with the importance of a work meeting, then you would never skip a workout and you would be in amazing shape.

It starts with you committing to a revised schedule with a set exercise time.

Identify three 40-minute time slots and mark them on your calendar. That is when

you'll exercise.

Step Two: Get the Most from Each Minute: A great workout can take place in under an hour, when done correctly. The idea is to burn more calories each minute. This is done through short, intense bursts of exercise. Use the following three tips to bring your routine up to the next level:

Be Unstable: Use your entire body, and target your core, by performing exercises that engage stabilizing muscles. To do this, use an exercise ball, a balance board, a balance disk, or you could simply stand on one leg.

Add Resistance: The more resistance that you incorporate with your routine translates into higher intensity and more calories burned. Some ideas for adding resistance include: carrying dumbbells while doing lunges, wearing a weighted vest while walking or jogging, or putting a weight between your feet while doing leg raises.

Use Intervals: Interval training is an amazing tool for creating short, yet effective

workouts. Interval training is simply alternating between different short bursts of activity.

Here's an example: Let's say you want to focus on your legs and abs and to also get an effective cardiovascular workout. This would be a great interval routine for your goals:

- Lunge while curling dumbbells, 15-20 repetitions
- 30 seconds of intense cardio: sprint, jump rope, or jumping jacks
- Squat while pressing dumbbells overhead, 15-20 repetitions
- 30 seconds of intense cardio: sprint, jump rope, or jumping jacks
- Crunches on an exercise ball, 15-20 repetitions
- Leg raises off the end of an exercise bench, 15-20 repetitions

Step Three: Twice the Results in Half the Time: What if I told you that I have a proven way to deliver twice the fitness results in half the time? It's simple really...

When you attempt to lose weight or meet a fitness goal on

your own, the odds are stacked against you. Sure, you could do it over time – but it's a long and lonely road.

When you start a program with me, you suddenly have the upper hand on weight loss. You have me in your corner, coaching you each step of the way, keeping you accountable to workouts and giving you that dose of encouragement when the going gets tough.

Call or email today to get started on a fitness program that will put exercise firmly on your calendar, and results squarely in your future.

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

Real Estate Insight

By Mary Ellen Courtney



First-Time Homebuyer Tax Credit Extended & Expanded for Repeat Buyers!

The much anticipated extension to the home buyer tax credit has finally been approved. The Senate's vote resulted in a 98-0 win and it passed handily in the house as well. President Obama will sign it into law.

First-time home buyers have been eligible for tax credits of up to \$8,000 since last January as part of this year's economic stimulus package. The newly backed program will expand the credit to include existing home owners.

Under the revised program, those who have owned a home for at least five years will be able to apply for tax credits of up to \$6,500 when they purchase their next home. To qualify, buyers will have to sign a purchase agreement by April 30, 2010 and close by June 30.

The maximum purchase price on the home will be \$800,000 with vacation homes

not eligible. Income limitations are \$125,000 for single tax payers and \$225,000 for joint filers.

The National Association of Realtors (NAR) and the National Association of Home Builders (NAHB) have been lobbying hard for the extension and expansion of the tax credit. NAR claims that so far, about 1.4 million first-time homebuyers have qualified for the program and they estimated that 350,000 of these buyers would not have otherwise purchased.

These new guidelines will help many buyers in our south central Bergen County area. All combined – the tax credits, reduced home prices, and historically low interest rates make the total cost of buying a home now the lowest it's been in years – creating an incredible opportunity for you and your family!

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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Casino Night January 20

The Robert L. Craig PTO will hold their 2nd Annual Casino Night on January 20, 2010, at The Graycliff in Moonachie, starting at 6:30 p.m.

Tickets are \$50 and include \$25 in chips and buffet dinner. There will be fabulous prizes and a 50/50 raffle. For more information call Debi at 201-906-2667 or Rhonda at 551-404-3618. Proceeds benefit the Class of 2010. ###

Cold Weather Tip

Be sure to turn off your exterior water faucet.

Library Director Addresses Kiwanians



Library Director Mimi Hui was the guest speaker at the Kiwanis meeting held on Thursday, November 5, 2009. Her program was entitled "Reading is Fundamental."

Through a visual presentation, Miss Hui presented statistics that stated that 40 million people in the United States cannot read a simple story to a child and thirty-seven percent of 4th Graders are reading below grade level. She emphasized the fact that the family plays an important role in a

student's success.

Miss Hui discussed how The Library provides programs to encourage young people to foster an interest in reading. The programs are grouped from birth to teenage. Some of the groups are birth to 2 ½; toddlers 2 to 3, mom and me 2 ½ to 3 ½, pre-schoolers 3 to 5, building blocks story time 3 ½ to 5, and middle childhood 6 to 8.

She stressed the fact that the reading programs are well attended and that the staff enjoys the time to prepare and present these programs. The Library programs include stories, crafts, games and snacks as well social opportunities for the young children to interact with each other. *Story by Peter Gallo Jr. ###*



2009 Wine & Other Delights

The Friends of The Hasbrouck Heights Free Public Library, in partnership with the Chamber of Commerce, held their Annual "Wine & Other Delights" fundraiser on Thursday, October 22, 2009, at the Hilton Hotel. It was a huge success. The event drew over 120 people from the community to support the upcoming Chamber's Holiday Parade and The Library's endowment fund. This year's entertainment included two excellent comedians -- Ted Daniels and Joe Conte. They had everyone laughing as each of them shared stories about their family life and experiences. Additional monies were raised through raffle drawings of prize baskets, 50/50, and mystery grab bags that promised a wonderful

gift worth more than the price. It was a memorable night for all that came. *Story and photos by Peter Gallo Jr. ###*



WITH DEEP APPRECIATION

On behalf of the Hasbrouck Heights Chamber of Commerce and The Friends of the Hasbrouck Heights Free Public Library, we extend our gratitude to the following businesses for their generous contributions and continued support for making our Wine & Other Delights a huge success. Together, we build bridges and connections to further enhance and strengthen the community of Hasbrouck Heights.

Special Recognition and Thanks

The Staff & Management of the Hasbrouck Heights Hilton Hotel

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And Most Importantly, Our Guests

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Meet Your Business Neighbors

The Hasbrouck Heights Chamber of Commerce invites business owners to an

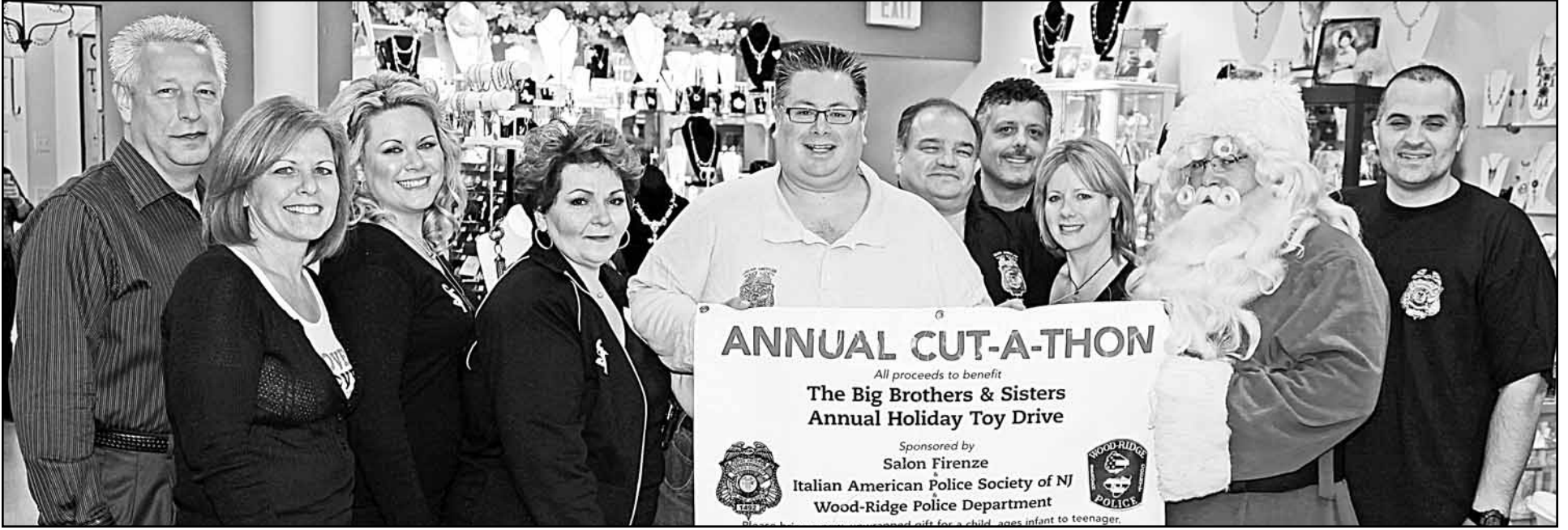
Informal Business Networking Breakfast

Thursday, January 14, 2010 • 7:30 a.m. to 9:30 a.m.

Hasbrouck Heights Holiday Inn Victorian Room

Continental breakfast • Bring business cards & your pitch

Please RSVP by January 11th • Call Jason at 201-288-8844



“Cut-A-Thon” Benefits Kids

On Sunday, November 15, 2009, from 10 a.m. to 4 p.m., **Salon Firenze** hosted a “Cut-A-Thon” to benefit the Big Brothers & Sisters Annual Toy Drive which is sponsored

by the Italian American Police Society of NJ and the Wood-Ridge Police Department.

They hold a Christmas party on December 19th in Whippany for Bergen, Morris

and Passaic County Brothers and Sisters (www.bbbsmbp.org). About 200 usually attend. The drive is run by the Wood-Ridge Police Department.

The Big Brothers and Sisters put together one-on-one mentors with kids from 5 to 18

from single parent homes.

Donation for a hair cut was \$20. There were plenty of refreshments and drawings.

Salon Firenze owner, Rita Russo, stated that the Salon started the “Cut-A-Thon” program four years ago and that

the the staff donates their time, tips and services. Over \$3,000 is generated, plus a couple of hundred toys.

Toys and donations are being accepted at Salon Firenze until December 12, 2009. ###

Meet First Lady Abigail Adams

The Wood-Ridge Historical Society will provide the opportunity to meet Abigail Adams, wife of President John Adams, at the Bianchi House, 111 First Street, Wood-Ridge, on December 6, 2009, at 1:30 p.m.

In addition to being a wife and mother, Abigail Adams, was self-educated, an abolitionist and advocate for women’s education. She is portrayed by Kim Hanley of the American Historical Theatre.

Light refreshments will follow. There is no admission, but donations to the Society are gratefully accepted. ###

Books for Underprivileged Kids

Recently, Contemporary Club President Marge Heeren and other club members, Pat Link, Helen O’Shea & Dorothy Bernice, joined other clubs in the district and helped pack new books for underprivileged school children in our area.

The books were left at 3 school locations: Hackensack, Englewood & Passaic. The Contemporary Club donated 91 books at a value of \$445.00. By the end of the morning at our location, over 800 books

had been packed and would be delivered to the #16 school in Passaic.

At the packing center, top photo, center, is Marge and other volunteers; photo below is Helen (standing on the right) & Dorothy (in the middle sitting) along with other volunteers busy labeling and packing. *Photos by Pat Link. ###*



Enjoy Sunday Football at VFW Post 4591

VFW Post 4591 in Hasbrouck Heights invites fans to watch Sunday football at the Post. Free buffet. Doors open at noon. For more information call 201-288-1112. ###

When not in use, turn off the juice.

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PBA Holds Benefit Pasta Night Dec. 4

On Friday, December 4, 2009, from 7 p.m. to 11 p.m. at the Assumption School Gym, the Wood-Ridge PBA Local #13 will hold an "All you can eat" Pasta Night.

Menu includes pasta, Italian wedding soup, meat balls, bruschetta, ravioli, penne, dessert, coffee and tea.

Special featured entertainment includes Danny Rutigliano of the "Lion King" plus many Broadway Stars who will perform several skits.

Cost is \$25 pp. For tickets call Fran at 201-264-3655. ###

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Care on the Corner Honors Rose Heck

On February 5, 2010, Care on the Corner Community Service Center will host a Gala and Auction honoring Hasbrouck Heights Mayor Rose Heck. Rose will be honored for her years of volunteer service, focusing on her two terms on the Care on the Corner Board of Directors.

The Gala will be held at The Empire Club located at 136 Mehrhof Road in Little Ferry from 6:00 p.m. until 10:00 p.m.. Entertainment will be provided by The Big Easy featuring guest vocalist Ruth Brisbane of the Harlem Blues and Jazz Band.

For more information and ticket inquiries, contact Gale Sharron at 201-288-9460.

Programs offered by Care on the Corner assist people in improving their job skills, making contacts in the business community, receiving help with resume preparation, and developing interview skills, computer literacy, citizenship preparation classes and sign language classes. Sophie & Friends provides toddlers and their caregivers weekly opportunities for early childhood reading instruction and a place for socialization. Kids on the Corner offers children in Grades 2-8 an atmosphere to explore art and culture. ###

Municipal Reorganization Meetings

Hasbrouck Heights: Friday, January 1, 2010, at 11:45 a.m. in the Council Chambers.

Little Ferry: Tuesday, January 5, 2010, starts at 6:30 p.m. with the re-organization meeting at 7 p.m.

Moonachie: Sunday, January 3, 2010. At 11 a.m., there will be an executive meeting followed by a public meeting at noon.

Wood-Ridge: Friday, January 1, 2010, at 3 p.m., in the Council Chambers. ###

USO at VFW

On Saturday, December 5, 2009, VFW Post 4591 will host a Dinner-Dance featuring a '40s style USO Show by American Belles, and DJ Joey Metro. Period attire encouraged. Doors open at 6 p.m. for Happy Hour. Menu is choice of Strip Steak or Cornish Game Hen, with pasta and dessert. Beer, wine, soda included.

The public is invited. Cost is \$40 per person. Call Andy at 201-697-9417 or the Post at 201-288-1112 for more information. ###

Knights Pancake Breakfast Dec. 13

The St. Michael's Council Knights of Columbus will hold a Pancake Breakfast Special on Sunday, December 13, 2009, from 8:30 a.m. to noon, at 39 Washington Street, Lodi. Cost is \$6 per person. Menu includes pancakes, eggs, sausage, juice, coffee/tea. For tickets, call Frank at 973-778-0796 or Lou at 973-472-7741. ###

Lodi Class of 1963

The Lodi High School Class of 1963 is planning a 65th "Birthday Party" Class Reunion on April 24, 2010, at Maggiano's Restaurant in Hackensack, NJ. For further information please contact Elaine Diorio Murgolo at 973-246-9633 or Lorraine Dave Zenda at 201-845-8354. ###

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Large 3 BR, 2 bath Colonial on oversized lot! Offers newer kitchen & baths. Large fenced in yard for expansion! Home has 2 zone C/A gas BBD heat, Full basement, convenient location. Nice area & parking for 5+ cars. Tour at: www.gatewaytohomes.com/2943751



Hasbrouck Heights \$349,000
Sparkling 4 BR, 1.5 bath Cape Cod has been meticulously maintained. Features lots of updates, freshly painted, gleaming hardwood floors. Sprawling oversized prop. is prof. landscaped, fin. basement, attached garage. 1 Yr. HOW! Tour at: www.gatewaytohomes.com/2946196



Hasbrouck Heights \$599,000
Young & beautiful 4 BR, 2.5 bath Colonial. FLR & FDR w/crown moldings, FR with sgd. to patio & nice yard, 1st floor laundry, large MEIK, bonus room for office, gas heat, C/A & garage. Tour at: www.gatewaytohomes.com/2937621



Hasbrouck Heights \$499,000
Renovated 4 BR, 2.5 bath Colonial set on 147 ft. deep property offers LR w/fpl, FDR, family room and modern kitchen, Finished basement, Hardwood floors, C/A, 2 car garage and convenient location. Tour at: www.gatewaytohomes.com/2935118



Rutherford \$529,000
Gracious 3 BR, 2 bath Colonial in great area of town offers FLR w/fpl., large FDR, den, MEIK w/Corian counters, large FR w/skylights, hardwood floors, fin. bsmnt. w/kitchen, laundry area, fenced prop., patio, 2 car gar. & many updates. Tour at: www.gatewaytohomes.com/2941948



Hasbrouck Heights \$630,000
Just listed. Huge Sugar Maple Split w/ext. family suite! LR, kit., BR, bath on ground floor: Foyer, 1st floor: LR w/fpl., FDR, w/hdwd. floors, gourmet kitchen w/island & deck. 2nd floor. MBR w/bth, 2 BRs & bath, C/A, fin. bsmnt. 2 car gar. Tour at: www.gatewaytohomes.com/2940570



Hasbrouck Heights \$439,000
Expanded 2 Family w/extended family suite next to owners 3 BR apt. on 1st floor. 2nd floor is full sized 2 BR apt. Huge 175' deep yard & set on nice street convenient to transportation & shopping w/lots of parking! Owner wants offer! Tour at: www.gatewaytohomes.com/2929136



Carlstadt \$499,000
Updated open, bright 3 BR, 2.5 bath Colonial. LR & DR w/hardwood floors, newer kitchen w/granite & SS appliances, finished basement, C/A, white picket fence around patio, Koi Pond w/waterfall & ingrnd pool. Very low taxes! Tour at: www.gatewaytohomes.com/2941920



Lodi \$379,000
Great investment! 2 Family features a 1 BR, 1 bath apartment on 1st floor with side entrance. 2nd floor offers 3 BRs, 2 baths, hardwood floors, grade level sum.kit. w/sliders to covered patio w/built-in gas grill, convenient location. Tour at www.gatewaytohomes.com/2945281



Hasbrouck Heights \$499,900
Opportunity!! 3 BR, 2.5 bath Ranch set on 50 x 125 ft. deep property being sold with 50 X 125 ft. adjoining lot. Home offers LR w/fpl., DR, EIK, fin. basement, w/fpl. & full bath, 2 car det. garage. Tour at: www.gatewaytohomes.com/2934692



Wood-Ridge \$485,000
Spacious 3 BR, 2.5 bath. Colonial w/open floor plan offers EF, LR, FDR, MEIK & atrium w/gas Fpl & hot tub. Finished basement w/FR, workshop, laundry & bath. Amenities include: C/A, gas HWBD heat, security system, large garage. Tour at: www.gatewaytohomes.com/2944408



Hasbrouck Heights \$389,000
Lovely 3 BR Side Hall Colonial in convenient central location. Featuring on 1st. floor entry foyer, large LR & DR w/hrdwd. floors, EIK, den & sun room w/wd burning stove & ent. to backyard. Finished basement, gas heat, C/A & det. garage. Tour at: www.gatewaytohomes.com/2942945



Lodi \$435,000
Young Multi-family home offers large, bright & airy rooms. Private main w/3 BRs & 2 baths. Rental unit is on the back side w/separate ent. Lovely walk-out basement apt. for ext. family. 2 car att. garage., C/A. Conv. loc. Tour at: www.gatewaytohomes.com/2947257



Hackensack \$339,900
Amazing move-in cond. 2 BR, 2 bath Condo. Huge open layout w/large LR, breakfast bar & large kitchen w/dining area, Nice ceramic tile hall & kitchen. Lots of closets, terrace, security, newer appl., inside parking. Tour at: www.gatewaytohomes.com/2944523



Carlstadt \$369,900
Pristine Colonial w/lemonade porch offers large living room & FDR, MEIK, den, 2 large BRs converted from 3, hardwood floors, many updates, large driveway, deck, very low taxes and convenient location. Tour at: www.gatewaytohomes.com/2944290



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