

The Gazette

Newspaper for Hasbrouck Heights • Lodi • Moonachie • Teterboro • Wood-Ridge

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Elephant Walk

On Monday, April 7, 2008, seven Asian elephants departed a train in Wood-Ridge after 10:30 p.m. and were escorted through Moonachie, along Paterson Plank Road to the IZOD Center, for the Ringling Bros. and Barnum & Bailey Circus, 138th Edition of The Greatest Show On Earth, held April 9th through 13th at the IZOD Center.

With handlers maintaining a safe distance, Moonachie

residents quietly watched from their front yards as the stately pachyderms marched past their homes.

With lights flashing, police (including units from Carlstadt, East Rutherford, Moonachie and Wood-Ridge), quietly blocked off intersections and a portion of Moonachie Avenue (for the first time ever), to allow these enormous guests to pass safely in the dark.

The nighttime parade was

extraordinarily quiet. Watching dogs didn't bark and observers spoke in hushed voices. It seemed that even the steady Teterboro air traffic paused in awe.

Only two sounds were notable. A lone radio would break the night silence to announce instructions, such as, "turn left or right" at intersections.

The other was the hoofbeats of the following horses, quietly clapping on the asphalt. ###



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Memorial Day 2008

The public is encouraged to participate in this patriotic event.

Hasbrouck Heights

The Annual Memorial Day Parade is scheduled to start at 10:00 a.m., on May 26th, at Williams Avenue, march along Terrace Avenue and conclude at Memorial Park at Passaic Avenue.

A brief Veterans ceremony will be held, followed by services at the Fireman's Memorial at The Circle.

A picnic at the VFW follows. Public welcome.

This annual event is co-



sponsored by the James B. Scarr Post 106 American Legion and the Veterans of Foreign Wars Post 4591. ###

Moonachie

A Memorial Day Service will be held at Borough Hall on Saturday, May 24th, followed by children's activities at the R. L. Craig School. ###

Wood-Ridge

The Wood-Ridge Fire Department will hold Memorial Services at Fire Headquarters, 7 p.m., on Wednesday, May 21st.

On Monday, May 26, a Mass at Assumption Church will be held at 8 a.m. and, at 10 a.m., a parade will start at CVS Pharmacy, ending at the W-R Senior Center for a memorial wreath presentation. ###

HHPD Memorial to be Dedicated

The Hasbrouck Heights Police Department will dedicate their Memorial on May 14 at 6:00 p.m. The memorial is located on the Boulevard in front of the Municipal Building parking lot. The public is invited to attend. ###

VFW Continues Poppy Program

VFW Post 4591 will continue its annual sale of Buddy Poppies this May.

Buddy Poppies are scheduled to be available during the month of May at **IHOP Restaurant (Route 17 S)**, Pathmark and Stop & Shop (*Hackensack*) from May 5th to 16th. Poppies are also available at the Post (*513 Veterans Place, Hasbrouck Heights*).

Any veteran who would like to help out with this poppy drive should call Program Chairman Nick Schiro at 201-288-9395 or the Post at 201-288-1112.

Every year in Hasbrouck Heights, during Memorial Day Services at Memorial Park, there is a quiet moment as veterans come forward and place their Buddy Poppy at the base of the Memorial Stone. ###

Postage Increases May 12th

Beginning May 12, 2008, new postal rates will take effect. Highlights include:

- A 1 oz. First-Class Mail letter will increase from 41¢ to 42¢ and a 2 oz. First-Class Mail letter will increase from 58¢ to 59¢.

- Forever stamps will also increase at the same time. But until then, those stamps can still be had for 41¢. The Postal Service has sold 5 billion Forever stamps since the launch last April and plans to have an additional 5 billion in stock to meet the expected demand before the May price change.

- A postcard will increase from 26¢ to 27¢.

- First-Class Mail Interna-

tional Letter (1 oz.) to Canada and Mexico increases from 69¢ to 72¢, and 1 oz. to other countries from 90¢ to 94¢.

- Express Mail is switching to a zone-based pricing system, resulting in customers paying less for nearby destinations.

- First-Class postage per ounce in 1968 was 6¢!

Postage rates went up last May, when a First-Class stamp jumped 2 cents. The USPS will adjust their mailing prices each May. By law, these prices can increase on average no more than the rate of inflation as measured by the Consumer Price Index.

For complete details and rates go to: www.usps.com

HH Lions Sponsors Fireworks Program July 2, 2008

The Lions Club annual fireworks has been tentatively scheduled for July 2, 2008 at Depken Field (*Route 17 & Franklin Avenue*). The rain date is July 5 and extended rain date is July 6th.

Only blankets and beach chairs will be allowed on the field. Water will be allowed, but no food. ###

Primary Elections -- June 3

Polls will be open from 6 a.m. to 8 p.m.

- Last day to register to vote is May 13 *Hasbrouck Heights, Lodi, Moonachie and Wood-Ridge Borough Clerks' offices will be open until 9 p.m.*
- Last day to apply by mail for an absentee ballot is May 27

The Energy Corner

Your Smartest Investment

With world-wide energy prices skyrocketing, the best investment you can make is upgrading your heating system this summer.

Heating systems with a 60% efficiency rating translate to 40% of your fuel bill wasted. New systems can have over a 90% efficiency rating. Upgrading pays for itself in a few years, and will continue to provide future savings.

If your furnace is over 15 years old, it probably has only a 65% rating. With today's technology, it may even pay to just replace a burner that's only 10 years old. **Get the facts.** Have a professional analyze your system. See what's best for you -- *repair, upgrade or replace.*

Call for a FREE analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation. Financing is available.

Call John Depken if you have any questions that you would like answered in this column



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Is a Home Equity Loan Right for You?

Home equity loans are big news these days, but are they right for you? First, before you can decide, you need to know the facts about home equity loans. Home equity loans come in two different forms: closed-end home equity loans and home equity lines of credit.

Closed-end home equity loans are very similar to your home mortgage: a specific amount of money is loaned to you and you're required to make scheduled monthly repayments of principal and interest. These loans are often thought of as traditional second mortgages. The date you must repay the loan is set when you borrow the money. Often, interest rates are fixed.

In contrast, a home equity line of credit is more like a credit card. Home equity lines of credit allow you to use as much (or as little) of the credit line as you like, up to an approved dollar amount. You can withdraw money when you want to use it. Typically, you have between five and 20 years to access this credit line. Once this period has ended, you must stop borrowing and repay the principal and interest.

Advantages of Home Equity Loans

- Low rates. Interest rates tend to be lower than credit card rates or consumer loans.
- Tax-deductible. The interest you pay is tax deductible up to \$100,000 or the equity value in your home, whichever is less. Consult a tax advisor for details.
- Flexible. The loan allows you to choose when to use the money. Plus, you may be able to decide when to repay the principal.

Disadvantages of Home Equity Loans

- Risk of losing home. If you can't repay or refinance the loan, then you may be forced to sell or lose your home. Your

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it.

Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: info@hasbrouck-heights.net or drop them off at: The Gazette, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

home is the collateral for the loan.

• Rising interest rates. With a variable interest rate, most home loan rates change when the economy changes. This means your monthly payments can rise and fall. Be sure you know what the cap is on the loan's interest rate.

• Fees. Lenders can charge a variety of fees including origination, application, and withdrawal fees. Be sure to ask about all possible fees.

Success with a Home Equity Loan

Compare loans. Home loans' characteristics vary depending on the financial institution lending the money. Interest rates, fees, repayment conditions, loan amount, and additional costs such as points can all vary.

Read all the fine print. Understand the loan conditions before you sign the contract. When can the credit line be

frozen? What is the interest rate cap? How often is the interest rate adjusted? Which index is used to calculate the rate? Can the lender demand full payment and how quickly must you pay back the loan?

Plan how you will use your loan. Don't use your loan for items that get used up such as clothing, entertainment, and minor repairs. You may find yourself deeper in debt than you planned.

Set up your own repayment schedule. When you borrow money from a home equity line of credit, you may have the option of making very small payments over a long time.

However, it's smart to pay more than the minimum required. Plan to repay your loan using the following guidelines: 18 months to repay a loan used to consolidate debt; three to four years to purchase a car; no more than seven years to pay for a home improvement. ###

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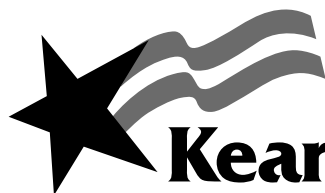


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St. John's Annual Plant Sale & Flea Market

Mark your calendars!! Spring is just around the corner and it is time to start planning our gardens.

This year, St. John's Plant Sale will be held on Saturday, May 3rd, from 10 a.m. to 3 p.m., on the lawn. As in previous years, all our plants are hand picked at the nursery by our experienced gardeners.

Flowering plants, hanging pots, and vegetable plants will be offered for sale. Pre-order forms are available by calling Gale at 201-288-0002 and leaving a message. All plants are reasonably priced and of the highest quality. ###

Full Flower Moon

The May Full Moon will appear on Tuesday, May 20, 2008, at 02:13. It is called the "Full Flower Moon."

According to The Farmer's Almanac, in most areas, flowers are abundant everywhere during this time. Thus, the name of this moon.

Other names include the "Full Corn Planting Moon" or the "Milk Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Kiwanis Presents Bicycle Safety for Children May 1st

John Viducich of Allendale Cycle will speak on the subject of bicycle safety for children at The Hasbrouck Heights Library Meeting Room, May 1st, 2008 at 7:00 p.m.

Topics include; how to buy a safe bike, bicycle maintenance, and the importance of helmet safety. He will go over correct clothing to wear, how to teach your child the rules of the road, and the do's and don'ts for safe riding.

Program sponsored by Hasbrouck Heights/Teterboro Kiwanis Club. ###

Kiwanis Organizes Autism Presentation

Hasbrouck Heights/Teterboro Kiwanis Club Program Chairperson Marie Viducich invited the co-chairs of the "Northern New Jersey Walk Now for Autism" to speak on April 3, 2008 in The HH Library. Wayne Bardowell and Michelle Lopes, along with committee members Patricia Bagley and Tania Di Lorenzo, presented an outstanding visual

and verbal presentation. To date, no one knows what causes Autism. All that is known is that it is a lifetime disability. Nationally, it affects 1 in 150 people. In New Jersey, it affects 1 in 94 people. Nationally, it affects 1 in 94 boys. In New Jersey, it affects 1 in 60 boys. For more information: www.autismspeaks.org Story by Peter Gallo Jr. ###

Hasbrouck Heights Chamber Meeting

The Hasbrouck Heights Chamber of Commerce has scheduled a general meeting on Wednesday, May 28, at 7 p.m., in The Free Public Library. The public is welcome to attend. ###

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The Big Save

The call came in at 10:57 on March 29, 2008 for an 11 year old girl having a seizure.

Upon arrival, the Hasbrouck Heights Police and Fire Departments found her

unresponsive on the floor, not breathing and no pulse.

CPR was initiated with artificial respirations. The AED (automated external defibrillator) was applied. Shock was

given once.

The patient regained a pulse and was intubated (*breathing tube*) by paramedics and transported to HUMC.

As of March 31, 2008, the patient was recovering at HUMC in the pediatric ICU. HHFD members who visited her said she was sitting in bed and talking to her parents.

HHFD members on this CPR call were: Fire Chief Michael Ratkowski, Michael Cribben, Joseph Armeli, Robert Munoz, Gregory Rubino, Joseph Fehl, David Gumbrecht and Robert Jones.

HHPD members on this call were: Officers Corey Lange and James Loos.

The Mayor and Council formally recognized their efforts by presenting them with certificates during their regular meeting on April 22, 2008.

During Loyalty Day Services on April 25th, the VFW Post 4591 also acknowledged their courageous deed. ###

WRPD Announces Initiative "Keep Kids Alive, Drive 25"

Wood-Ridge Chief of Police Joseph T. Rutigliano announced that the Borough of Wood-Ridge has adopted the national Campaign, "Keep Kids Alive, Drive 25."

Chief Rutigliano said, "We are asking that everybody make a difference in the quality of life of our small towns by slowing down and driving 25 on our local streets." He asked for support of their mission of zero deaths and zero injuries on our roadways.

The "Keep Kids Alive, Drive 25" is about a new mindset; one that results from education and engaging each and every driver, passenger, pedestrian, and bike-rider into the mission of creating safer roadways for the benefit of us all; one that believes that each and every one of us can make a positive difference when it comes to road safety.

"Keep Kids Alive, Drive 25" is a non-profit organization founded in 1998 and is a safety campaign targeting observance of the residential speed limit.

The campaign has been embraced by almost 1,000 communities in 47 states.

It is a friendly reminder to slow down in a fast-paced world as well as an invitation to take personal responsibility for our driving behavior.

Facts supporting this initiative include:

- Most speeders on your street live in the neighborhood.

- It is not unusual for speeds to be clocked in excess of 40 mph (and even 50 mph) in 25 mph zones.

- Speeding in residential neighborhoods represents the single greatest complaint issue to police departments and city council representatives through the US.

- 4,881 pedestrians died



stop signs at intersections and 7% did not slow down before the stop sign.

- At intersections with marked crosswalks, 25% of vehicles stopped in or past the crosswalks.

- When only child pedestrians were present, 32% of motorists violated stop signs.

- At intersections where pedestrians were crossing, 24% of drivers did not come to a complete stop.

- Each year, stop sign violations are associated with about 200 fatal crashes and 17,000 non-fatal injury crashes.

The Chief reminds area residents that 75% of motor vehicle crashes occur within 25 miles of home. In addition, 60% occur on roads with posted speed limits of 40 mph or less.

The Chief concluded, "No family wants to endure the pain, suffering and grief that results from an untimely death that could have been prevented if only the speed limit was followed, a stop sign or traffic signal was observed or a seat belt was buckled."

For more information go to: www.KeepKidsAliveDrive25.org ###

while walking in neighborhoods or crossing streets in 2005. Five hundred of these deaths were children under 14 year old.

- The death rate on residential streets is over three times that of highways - measured per miles driven.

- A pedestrian hit in a 30 mph zone is three times more likely to die than one hit in a 25 mph zone.

- If you hit a pedestrian -- at 20 mph, 5% will die; at 30 mph, 45% will die and at 40 mph, 85% will die.

In conjunction with speed, stop sign violation facts include:

- Of vehicles surveyed, 37% of motorists rolled through

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(l-r) Det. Sgt. Joseph Rinke, Captain John DeLorenzo and Det. Michael Colaneri Jr. processing two Euclid School 2nd Graders for Project Kid Care ID Program. The program is provided free by the Police Department for all Hasbrouck Heights Second Graders.

HHPD Fingerprints 2nd Graders

Since the 1970's, the Hasbrouck Heights Police Department has conducted the Project Kid Care ID Program for all Corpus Christi, Euclid and Lincoln School 2nd Graders, beginning in April and ending in June.

Each Kid Care Photo ID Kit includes a standardized head-and-shoulders ID photo, fingerprints, child's vital statistics, valuable emergency information, and the rules of safety. The kit also includes two wallet photo IDs.

These photo IDs are used for missing children.

Det. Sgt. Joseph Rinke emphasized, "Kits are kept by the family. The digital photo and fingerprints are purged after the session and are not saved on the system. If the ID is lost, the process must be repeated."

Captain John DeLorenzo said, "This digital system is cleaner than the inked fingerprints. Sometimes fingerprinting a fidgeting youngster was difficult. With this new digital ID program, the quality of each fingerprint is validated immediately."

DeLorenzo stated that if a Heights child did not participate in the Project Kid Care ID Program, the parents should

contact the Police Department. There is no cost.

The "Livescan" digital fingerprint system was acquired by the Hasbrouck Heights Police Department in 2007.

The main console is located in the Police Department. A portable kit allows the Department to go to schools to conduct the child safety ID

program.

Both the console and mobile unit cost \$25,000; \$20,000 came from confiscated drug funds and \$5,000 was donated by an anonymous Hasbrouck Heights resident.

See HHPD Gets "Livescan" Fingerprint System, *The Gazette*, April 2007, page 16. ###



Maguire Named Provisional Chief

During the March 27, 2008 Moonachie Mayor and Council meeting, Michael Maguire was sworn in as Moonachie Police Department Provisional Chief of Police, effective April 1, 2008.

The Bible was held by Michael's wife, Tara, while

the Oath of Office was given by Mayor Frederick Dressel, followed by Michael's mother, Angela, pinning on the Chief's Badge.

The position is provisional, while the Borough proceeds through the formal NJ State Civil Service selection process, which includes holding a Chief of Police test.

The final Chief of Police position will be formalized in 2009.

Maguire succeeds Police Chief Michael McGahn who retired after 30 years of service, effective March 31, 2008. ###



Moonachie Provisional Chief of Police Michael Maguire presenting their "retired badge" to Chief Michael McGahn (l) and Detective Michael Woods (r).

McGahn/Woods Honored with Retirement Dinner

Almost 300 members of the law enforcement community, friends and family honored retiring Moonachie Chief of Police Michael J. McGahn (30 years), and Detective Michael Woods (25 years), during a dinner on April 9, 2008, at The Graycliff.

Master of Ceremonies was Frank Migliorino, Esq. Invocation and Benediction were provided by Rev. Anthony J. Lionelli, Pastor, Our Lady of Mt. Carmel, Montclair, NJ.

State Senator and Wood-Ridge Mayor Paul Sarlo recognized each with a State Resolution.

Moonachie Mayor Frederick Dressel, Councilman Bruce Surak (*Chairman of the Police Committee*), and Borough Administrator Anthony Ciannanea, presented each retiree with plaques acknowledging their service to the community.

Teterboro Mayor Peter Watt recognized their efforts with a plaque.

On behalf of the Moonachie Police Department, Officer Christopher Inserra provided each with a plaque stating "In gratitude for your years of unwavering standard of excellence. We will long remember you with fondness."

Moonachie Chief of Police Michael Maguire gave each their "retired badge" encased in Plexiglas.

MPD Officer Victor Migliorino presented Detective Woods with an enormous 5-foot D. A. R. E. pencil. Woods held the first D.A.R.E class in Moonachie.

Plaques and acknowledgments were given to Chief McGahn by the Bergen County Chiefs' Association by Bogota Chief, Frank Gurnari and Bergen County Traffic Officer's Association by Vincent Derienzo.

On behalf of the Port Authority and AvPorts (Teterboro), John Panarello presented Chief

McGahn with a plaque and a model of a Citation aircraft.

Additional awards and recognition were given by several other members of the law enforcement community.

The audience enjoyed a slide show of the honorees created by First Aid and Rescue Squad Captain Frank Smith, with the assistance of the McGahn/Woods Families. The Squad also made presentations to both McGahn and Woods.

Detective Michael Woods and Chief Michael J. McGahn each spoke.

John Flynn of Moonlighting Photography Studios took family portraits of the McGahn and Woods Families.

It was noted that retired Moonachie Municipal Judge George Malhiot came from Virginia, just to attend this retirement dinner. ###



Police Chief Michael J. McGahn: 30 years of service.



Detective Michael Woods: 25 years of service.

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Lodi Fire Department Welcomes "Old Timers"

On Saturday afternoon, March 29, 2008, the Lodi Fire Department held an Old Timers Beefsteak Luncheon at the Kennedy Drive Firehouse.

Invited guests included Lodi firefighters who had once served the Department, but have retired or moved away.

Current Fire Chief Bob Cassiello said, "Members have an opportunity to see firefighters they haven't seen in years, reflect on the Department's rich history ... and see what's new today."

This year's Old Timers Beefsteak Luncheon honored Louis Franco, 81, and Frank M. Corso Jr., 82, who joined the volunteer department 60 years ago, in 1948.

They still remember the 1922 Ward LaFrance pumper they used to work. They used rubber coats with no liner, unlike today's flame-proof insulated turn-out gear. They were alerted by hand-cranked sirens, followed by air horns. Today, they use pager systems.

They said that while the equipment has changed, the main job is still fighting fires.

Lou and Frank looked at a newspaper clipping scrapbook and recalled some of the old infernos -- The Lodi Auction in 1956, 11 acre Kruger Bros. Paper Mill in 1975 (which is now the Municipal Complex) that

burned for 16 days and involved many area fire departments, the Napp Chemical explosion in 1995, which saw the recently replaced 1987 Simon-Duplex LTI 100' ladder pump water continuously for three days, and the American Legion fire in 2005.

The luncheon began with a Salute to the Flag, invocation by the Chaplain and welcoming remarks by Chief Cassiello. Following the luncheon of beefsteak, pasta, fruit and dessert, there was a photo exhibit presented by fire photographer and longtime Garfield firefighter, Rich Wolfson.

Lou and Frank are both still active in the Department today answering calls, directing traffic and giving colleagues guidance.

Lou and Frank received plaques recognizing their service to the Department during the Chief's Dinner held February 23, 2008 at The Venetian.

This Old Timers Beefsteak is a Department tradition held every four years. This year held special significance as the Lodi Fire Department is celebrating its 100th Anniversary.

The Beefsteak dinner was catered by **Giresi's Caterers Inc.** (www.giresi.com) ###

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The backstop was located over the corner markings representing home plate.

Microburst Strikes Out Ball Players

On Monday, March 24, at about 3:30 p.m., both Hasbrouck Heights Fire Department ambulances were dispatched to Hitchcock Field behind the Hasbrouck Heights High School.

The High School softball team was practicing on the field, when the wind apparently gusted, causing the portable backstop (nearest LaSalle and Oak Grove) to go airborne, traveling about 60 feet, scooping up the catcher, hitting the batter and ensnaring a coach.

Two players received cuts and bruises; the coach, a leg injury. None of the injuries appeared serious. They were taken to HUMC.

According to Dan Ventola, of The National Weather Sta-

tion, LLC, based at Teterboro Airport, "The winds for that day were variable, mainly from the northeast at 3 to 8 mph, with a local gust of only 14 mph at 4:56 p.m., just a few blocks from the High School. Teterboro Airport had a peak gust to 12 mph.

He stated, "It could have been an extremely localized and isolated dry microburst, harmless overall and more common than one may think."

"Events like this are not investigated, as they are not even detected they are so tiny; they go unnoticed."

HH Police on the scene included: Officers James Ciccarelli, Brian Donohue and Ian Robertson. ###



HHFD Visits Doctor's Office

On Monday, March 24, at about 8:30 a.m., the Hasbrouck Heights Fire Department was dispatched to the corner of Division Avenue and The Boulevard, for a motor vehicle accident.

First arriving units found a Honda that hit the back of a

doctor's office.

One person was transported to Hackensack University Medical Center with minor injuries.

There was damage to the wall, with some minor damage to the inside of the office. The electricity was shut off to the X-ray machine and the Building Department was notified. Photos by Rob Knobloch. ###

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“An Unforgettable Experience”

On Saturday, March 22, 2008, 18 members of the Hasbrouck Heights Fire Department participated in flashover training at the Bergen County Law & Public Safety Institute.

The program presented a dynamic lecture on flashover phenomenon, safety and survival and interior and exterior flashover signs.

After the lecture, firefighters had an unforgettable experience by actually entering a flashover chamber and witnessing the contents of a fire room flashover. This is the closest experience to an actual structure fire that any firefighter will ever receive. Although firefighters wear turn-out gear for protection, a flashover creates such extreme heat, that turn-out gear cannot adequately protect the firefighter.

Although firefighters are

positioned about three feet below the floor level in this flashover training chamber, they experience temperatures up over 1,000 degrees.

The exercise gave firefighters first-hand knowledge of the behavior of fire during flashover conditions and the signs to alert firefighters of a potential deadly flashover.

Flashovers occur when heat generated by a fire can no longer be absorbed by ceilings, walls and room contents. Heat begins to radiate back toward the room, raising the temperature of combustible gases, room contents, walls and flooring into auto-ignition temperature.

Prior to a flashover, “fingers of flame” can be seen snaking through the smoke near the ceiling. It is this smoke that will suddenly begin to burn.

From the outside, an observer will see smoke begin to swirl back into the structure as oxygen is sucked in to fuel the fire. The air in the middle of

the room is burning. At approximately 750 degrees, the entire room bursts into flames.

Flashover signals several major changes in a fire:

- It is the end of an effective search and rescue in a room and means the death of anyone trapped in the blazing room -- civilians or firefighters.

The firefighter has only two seconds (*or about five feet of movement*) to escape before being overcome.

- The end of using a portable extinguisher to extinguish the fire -- an attack hose-line is now required.

- The transition of a fire from the growth stage to the fully developed stage of combustion -- from contents to a structure fire.

- This also signals the beginning of the collapse danger.

Each year, more than 150 firefighters are killed, with probably 5 or 10 related to flashovers. *Photos by Brett Dzadik and Robert Munoz. ###*



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Vehicle Stabilization and "Jaws of Life" Training

Before any rescue attempts are made at a motor vehicle accident, first responders look to stabilize the vehicle.

The Hasbrouck Heights Fire Department Rescue Squad has recently acquired a rescue strut system, where one rescuer can stabilize a vehicle in less than two minutes.

On Sunday, March 30, 2008, the Department conducted a drill at the DPW to become familiar with this equipment. Upon arrival, a vehicle was staged on its side.

The hands-on exercise began with Rescue Squad Lt. Michael Greco providing a training overview and review of safety procedures.

The new strut system is a tension-buttress stabilization concept that can be used in singles, pairs or sets.

The all-steel construction creates a very sturdy and reliable platform for the stabilization process, allowing the

rescuer to easily fit them in a variety of situations.

Two different size struts, adjustable inner tubes and tethered locking pins combine with 3 different removable heads. Simpson ratchet and axle straps create the tension effect that solidifies the system to a rock-hard stabilized platform. An attached-removable picket permits the option of stabilizing in soft ground. Rhino Coating on the base bottom and picket head gives durability to wear areas. A steel pin can be hammered into the ground, if necessary.

NOTE: This device was first used by the HHFD on April 7, 2008 at 6:57 a.m., at a car accident with a rollover on the Terrace Avenue ramp to Rt. 17 North.

Once Department members became familiar with this stabilization process, they practiced cutting away the glass and chopping off the roof.

They "righted the vehicle"

and continued the drill by stabilizing the car, cutting posts, steering wheel, hood, dashboard, seats, etc.

They practiced a variety of techniques for taking off the doors. With the doors off, they spread the car's frame -- to extricate a victim whose legs are trapped under the dashboard.

Training emphasized the safety and treatment of victims during rescue operations.

Also discussed were the hazards of: un-deployed air bags, seat belts, hybrid electric cars, etc. Many of the safety features in today's vehicles, designed to protect the occupants during a crash, pose an extreme hazard to rescuers.

Senior Department members were able to share, with the newer members, many practical rescue techniques and tips that they had learned from their experiences.

Additionally, six members of the HHFD have recently completed a course entitled, "Fire-Rescue Vehicle Extrication."

This course, taught at the Bergen County EMS Training Center in Paramus, gives the rescuers lots of hands-on practice as well as classroom education about the latest dangers faced when operating at a vehicle crash.

Because of the proximity of Routes 80, 17 and 46, Hasbrouck Heights is the second busiest town in Bergen County for extrications.

The first "Jaws of Life" tools were donated to the HHFD by several service organizations about 30 years ago.

The replacement set was purchased by the Borough of Teterboro in 1993. ###

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Corpus Christi Pledges 2000+ Hours for Pope's 81st Birthday

Corpus Christi School, along with other Catholic Schools, took part in the National Catholic Educational Campaign to accumulate one million hours of service in the Pope's name.

The teachers in each grade level came up with a different service project as well as participating in 2 schoolwide projects for a total of 2,015 service hours.

Corpus Christi's school-wide celebration started on April 11th as Spirit Day. For the cost of \$1.00 the students were permitted to wear their own clothes to school as long as they dressed in the papal colors of red, gold and/or white. The monies will be sent to the Holy Childhood Association in the Pope's name. On the Pope's actual birthday, April 16th, the students celebrated with birthday cupcakes.

On May 2nd, the entire school will assemble on the Hasbrouck Heights Athletic Field for a walk to raise funds to benefit the victims of MS (736 hours). On May 29th, the National Junior Honor Society will lead the entire student body in a living Rosary to be offered for the Pope's intentions and World Peace.

Throughout the month of April and until May 31st, all grades will be involved.

PreK3 – The three-year olds will be making cards for the residents of Delaire Nursing Home. They will also be praying for the Pope and posting their prayers on a "Birthday Blessings" wall as well as planting flowers in his honor in front of their school building (62 hours).

PreK4 – The "Babies Helping Babies" project will have the 4-year olds and their parents collecting baby supplies for a Hackensack women's

shelter. The PreK4ers will also be tying birthday wishes and blessings in to helium birthday balloons to be released in the air for a trip to "heaven" (82 hours).

Kindergarten – The Kindergarteners will perform 81 good deeds. Each student will be asked to perform 3 deeds each with the teacher making up the difference. They donned papal miter hats that they made at their cupcake party.

First Grade – Students collected 81 cans of food per class for our local food pantry. The First Grade will walk their collection to the Borough Hall to see the food pantry. Each class will make 81 cards to be sent to the homebound throughout our school family (64 hours).

Second Grade – Children will collect school supplies and draw pictures to send to children in Pisco -- Peru earthquake victims. The supplies will be sent with the missionaries working with the children. The 2nd Graders will also draw and color pictures for "Color-a-Smile" program which forwards them to sick and lonely people (76 hours).

Third Grade – Children made placemats for a hospital rehabilitation facility as well as collected new T-shirts and socks for children in Peru (114 hours).

Fourth Grade – Students collected 81 cans of food to be combined with our parish's Brown Bag Sunday. They also made get well cards for the children in St. Jude's Hospital as well as saying a decade of the Rosary for the week of Pope Benedict's visit and offered prayers for his own intentions. (36 hours).

Fifth Grade – Students will spend the day at Care One at Wellington to visit with the

patients and work on a craft or play board games. They will have lunch with the patients, spend time talking with them, and keeping them company. The children will also plant flowering seedlings at the center for the patients to enjoy as they grow (110 hours).

Sixth Grade – From April 14th until May 14th, 6th Graders will take care of the school grounds by picking up any litter and keeping the grounds neat and clean. This will coincide with Earth Day and our school-wide effort to go "green."

Seventh Grade – Students will design prayer boxes for the 3rd Graders who will place their intentions in the boxes. The Seventh Grade will pray the Rosary for their intentions and the Pope's. They will also make placemats for the senior citizens. They will host a Teddy Bear raffle with proceeds to go to the Missions (98 hours).

Eighth Grade – They will prepare "Have a Nice Day" baskets for the homebound in our parish to be distributed by our Eucharistic Ministers who visit (150 hours).

Art class – They prepared a "Happy Birthday" banner with all the school children's



Choir members preparing before the concert. They also helped lead the audience in a rousing "Happy Birthday" to the Pope on his 81st birthday

handprints that was displayed during the "Walk for the Pope" (60 hours).

NJHS – Tea Party with the Felician Sisters (25 hours).

Corpus Christi Students are also very busy during May with many activities that are both traditional end-of-the-school year events and new traditions in the making.

A Mass on May 1st will take place for Ascension Thursday. The MS Walk will take place on May 2nd with a noon

dismissal. Everyone's favorite, the Scholastic Book Fair, will take place on May 6th and 7th.

One of the most touching and enduring traditions at Corpus Christi is the May Crowning. On May 12th, the 8th Grade, along with the 2nd Grade, in their Communion clothes, honor the Blessed Virgin Mary.

Students from Corpus Christi's new instrument instruction program will play on May 7th and May 21st.

After the Memorial weekend break, the graduating 8th Grade will have a Spanish Luncheon on the 29th, and the 8th Grade Dance on the 30th.

Also, throughout the month of May, class trips will take place. The 7th and 8th Grades will visit the Teterboro Airport Expo; on May 9th, the 6th Grade goes to Great Adventure; PreK4 visits Turtleback Zoo; the 8th Grade will go to The Museum of Jewish Heritage; 1st and 2nd Grades will attend a play at IHA and visit Turtleback Zoo and the 3rd Grade will travel to Green Meadows Lenape Village. ###

Story by Sonya Buckman. Photos by Michelle Murillo and Sonya Buckman. ###

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Here are a few photos of the Gold Award event



Ms. McCarthy Earns Gold Award

Gold Award Ceremony

On March 13, 2008, at 7 p.m., in the Hasbrouck Heights Senior Center, a Girl Scout Court of Honor was held for Aimee Valerie McCarthy.

The Moderator, Virginia L. Ng, introduced Ms. McCarthy. With bugler Rita Gaines sounding off, the Girl Scouts of Hasbrouck Heights Color Guard advanced to the front of the room for the "Pledge of Allegiance" and the "The Girl Scout Promise," then placed the flags in their respective stands.

Charles Licameli provided the welcome prayer.

Ms. Ng introduced the Troop Advisor of Ventures Troop 2000, Denise Gabbidon, who presented the Gold Award certificate from GSNNJ. Mrs. Ng then introduced Carol Komenda-Sprague, former CEO of the Girl Scout Council of Bergen County. Mrs. Sprague had Aimee give the re-affirmation oath and then presented Aimee with her Gold Award pin on a green ribbon, and gave each parent -- Dorothy and Patrick McCarthy -- a Gold Award lapel pin.

Presentations were made by: NJ Senator District 38 Bob Gordon, NJ Assemblywoman District 38 Connie Wagner, Councilwoman Esther Fletcher, representing Bergen County Freeholder Julie O'Brien, and Bergen County Clerk Kathleen Donovan.

Hasbrouck Heights Mayor Rose Marie Heck, along with several Council members, and Councilman Justin DiPisa (*liaison to the Mayor's Committee, Community Awareness Access for All*), recognized Aimee's achievements.

Additionally, Benjamin N. Cardozo Lodge (*Fair Lawn*) Jeff Zerwin, Order of the Evergreen, Betty Lemmon, Valley Home Care, Rose Marie Ranuro, Boy Scout Troop 17, Matthew Reis, Captain James B. Scarr Post 106 American Legion, Robert Burns, Kiwanis Club of Hasbrouck Heights /Teterboro, President Barbara Smith, Leisure Club of Hasbrouck Heights, President John Fitzin, Jr., SIDS of Hackensack Hospital, Angela Getto, Republican Club of Hasbrouck Heights, Pam Link, The Free Public Library of Hasbrouck Heights, (*and Friends*), Suzanne Kepsel/Mimi Hui, Corpus Christi Rosary Society, Karen McDowell,

Bergen County Undersheriff Sharon McDonald, HH Elks Lodge #1962, Lester Hodgson, Knights of Columbus, Joseph Blythe, Masonic Lodge, Harry M. Maisch Jr./Robert J. Salerno, Contemporary Club, Audrey Ascione.

Aimee's Remarks

At the conclusion of the program, Aimee thanked many of those who helped her along the way. Here is a summary of her speech:

- First and utmost, I want to thank God for helping me through all the challenges in my life.

- I would like to thank the wonderful people I have met in Scouting to include: Melissa and Carol Wilson, Donna Wipper, Helene Nagurka, Kathi Viola, Barbara Grady, Stacy Salkin, Ruby Schneckel, Courtney Bishop, Denise Gabbidon, Wendy Salkin, and Carol Sprague, to name a few.

- Mayor Rose Marie Heck, former Mayor Ronald Jones, Councilman Justin DiPisa, Police Chief Michael Colaneri, Borough Clerk Rose Marie Sees and Recreation Director Rob Brady, for their support as well as HH Free Public Library Director Mimi Hui, Mrs. Nickles and Catherine.

- Thanks to Teterboro Animal Shelter for allowing me to do the Silver Award Project.

- I thank Arthur Ball who taught me about Person First Language. My Gold Award Advisors – Wendy Salkin and MaryAnn Pisani, who came to some of my presentations.

- Most of all, I thank my parents, sharing my passion to do the mission, for loving me, tireless help, driving me everywhere and taking me to WAGGGS in Switzerland and England.

- My thanks go to my Godparents and everyone here tonight that supported me, cheered me on, and bought the famous Girl Scout Cookies!

- The last person that I want to thank is Virginia Ng. It was so great to begin with her as my leader, and, now tonight, she is the moderator for my Gold Award Ceremony.

Aimee concluded her remarks with the lyrics: Remember, "Make new friends but keep the old; one is silver, and the other's gold. A circle's round and has no end. That's how long, I want to be your Friend. ###"

Gold Award Project

Aimee has been a Girl Scout for the past 12 years, completing the Girl Scout Bronze Award, the Silver Award and in August 2007, the Gold Award.

The Gold Award is a special and elite award, earned by only 3 percent of Senior Girl Scouts across the country each year.

Her Gold Award Project was teaching people how to address people with disability.

She rewrote the "Person First" brochure to make it more personal and spoke to various groups. She brought wheelchairs and walking aids for groups to try.

She has been Vice President of the Executive Board of her troop, Ventures 2000, for 2 years. Last year, she sold 1,717 boxes of Girl Scout cookies.

Ms. McCarthy has received 12 Girl Scout Awards, 18 volunteering pins, 10 Studio 2 B pins, 41 interest project patches and five religious pins to include the Saint Timothy Award which was presented by Most Reverend John J. Myers, Archbishop of Newark on March 9th, 2008.

About Aimee

A surviving twin, adopted by the McCarthy Family, she states, "I was born with a few medical problems, and have a disability. Foremost, I am a PERSON FIRST."

She rode a horse from 2 years old until 2 years ago for therapy, took Karate for 5 years, and holds a high blue belt.

She started dance with ballet at 3 years old, and now does jazz and hip hop on her walker, plus she is the top seller of recital boosters for the past 5 years.

She just finished a CERT training course for people with disabilities (*Community Emergency Response Team*).

She plays soccer, and bowls with a disability team, belongs to the Teen Talk It Up—Library Book Club; volunteers at the Food Pantry, belongs to the Junior American Legion and is on the Mayor's Community Awareness Access for All Committee.

She learned what it takes to be a police officer at the HH Junior Police Academy.

She says, "Writing stories on the computer always interests me and writing comedy cracks me up." She enjoys music, shopping, and learning to cook with her Mom -- instead of only eating. She said, "Riding the double bike with my father is the best, but saving money for a Corvette is better." Twice a year she models for Nordstrom's fashion show.

Her career goals include: inspirational speaker, author and standup comic. ###

R. L. Craig School C



Curriculum Showcase

On Thursday, April 10, 2008, beginning at 6:30 p.m., Moonachie residents attended the Robert L. Craig School 8th Annual Curriculum Expo, Art Exhibit and Variety Showdown.

The halls were lined with exciting displays and exhibits showcasing the R. L. Craig School students' efforts during the school year. Teachers were at their class displays to talk with parents and residents.

The cafeteria held art exhibits produced by the students under the supervision of RLC's art teacher, Ms. Lee Ten Hoeve.

Starting at 7:30 p.m., guests enjoyed the Variety Showdown '08. Twenty-two students/groups from all classes sang, danced and played instruments under the management of Ms. Kathy Kinselle and Mr. Joe Brice.

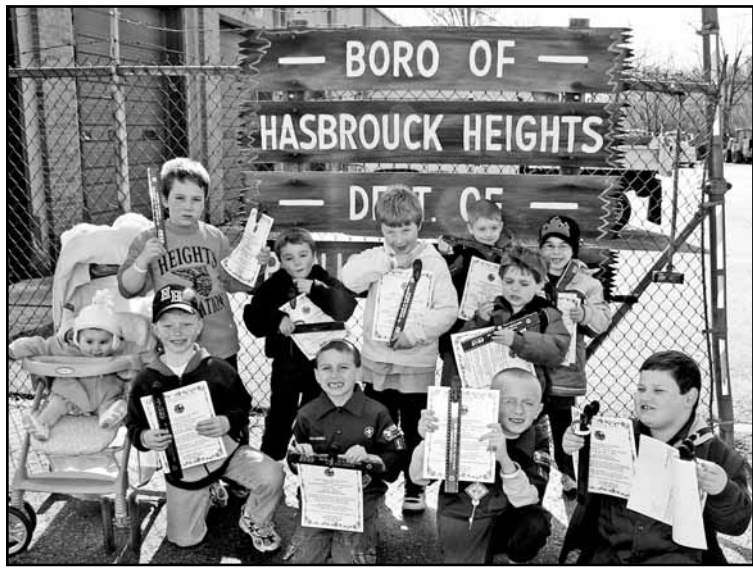
The showdown concluded with a "Dancing American Idol" performance under the direction of Ms. Lee Ten Hoeve.

Complimentary blood pressure checks were administered by RLC School Nurse, Donna Gallo.

This event was designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###



Scouts Learn About Recycling



On Saturday morning, April 5, 2008, Cub Scout Pack 17 Wolf Den toured the Hasbrouck Heights Recycling Depot.

The Scouts were working on their "Leave no Trace" Awareness Award, where they develop an appreciation for our natural environment and a knowledge of the interrelationships of nature. This helps bolster their respect and reverence toward the environment and nature.

The tour was led by DPW Superintendent William Spindler and assisted by long-time recycling advocate Mayor Rose Marie Heck and Councilman David Gonzalez. These Borough officials said, in 2007, recycling saved the town \$85,536 from materials not going into the solid waste stream at \$92 per ton. Additionally, the Borough recovered \$57,492 by sell-

ing these materials to recyclers. The total benefit for Hasbrouck Heights taxpayers in 2007 was \$143,028.

Mr. Spindler escorted the Scouts to the main recycling section. He explained each of the collection containers: newspapers, bottles & cans, cardboard, tires, metal, leaves & grass clippings, refrigerators & air conditioners, batteries and computers.

The Scouts brought items to recycle and placed them in the proper containers and observed the continuous flow of residents who were recycling during their tour.

The Scouts watched a truck picking up a recycling container and saw a demonstration of the Borough's "tree trimming" truck as well as seeing the maintenance garage, snow plows and street sweeper.

The tour concluded with each Scout receiving gifts, which included the Borough recycling calendar. ###



Scouts Collect Old Cell Phones

"Go Green with Pack 17" ... Pack 17 is collecting old cell phones for recycling until May 23, 2008, as a fund raiser.

Cell phones must be able to power up. You must delete your personal information before turning in the cell phone. Contact your cell phone provider for specific information.

Call Cindy at 201-288-7870 for pick-up. ###

Help Beautify The Boulevard

The public is invited to join the Hasbrouck Heights Garden Club with the basic planting work for their 2008 Boulevard in Bloom program starting at 9 a.m., Saturday, May 17th, at the HH DPW yard on Plant Road.

Once the pots have been planted, the DPW will then move the flower pots to their Boulevard locations.

This beautification program adds visual interest and aesthetics to The Boulevard streetscape. Donations are always welcome. Call 201-288-5464 for details. ###

Litter Free

On Saturday, May 17, 2008, from 8 a.m. to 10 a.m., all Heights adults and children are invited to volunteer in the Annual Heights "Litter Free" Event.

Volunteers will assemble at Miers Park (*The Boulevard and Pasadena Avenue*) to be provided with a "T" shirt, gloves and garbage bags. They will break into work groups and be assigned sections of town from Miers Park through the entire Business District to clean up litter and debris.

Great activity for schools, Scouts, community organizations and families.

This event is sponsored by Heights Clean Communities Alliance, in conjunction with New Jersey Clean Communities.

For details, call Bill Spindler at 201-288-1072. ###

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Happy 100th Mother's Day



Heights REBELS Kick Butts

On Wednesday, April 2, 2008, the Hasbrouck Heights High School REBEL Club placed 400 plates/markers on the front lawn of the High School, which represented the number of people who died due to smoking during the time they were in school that day.

The 25 member club joined other high schoolers throughout the state to promote the

(kickbuttsday.org)

The Club's advisors are Barbara Christianson and Kathy Stevenson. This is the Club's second year.

"Kick Butts Day" is a nationwide initiative run by the Campaign for Tobacco-Free Kids. Young people are encouraged to become activists against tobacco products.

NJ REBEL (*Reaching Ev-*

eryone By Exposing Lies) is a statewide youth-led anti-tobacco movement founded in 2000 -- whose message is New Jersey Teens are Not For Sale (www.njnotforsale.com).

NJ REBEL is dedicated to educating peers, middle and elementary school children, and other members of the community about the dangers of tobacco use. ###






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Happy 100th Mother's Day

AHOF Open Cockpit Day

On Saturday, April 12, 2008, The Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

Aircraft included Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Res-

cue Helicopter and a Lockheed 402-2 Bush Master. Guides were available to explain each aircraft.

Call 201-288-6344 for a copy of their new brochure, organize a group tour or visit their web site: www.njahof.org ###



10th Annual 5K Run/1Mile Walk Held April 13

The 10th Annual 5k Run and One Mile Walk, inspired by the memory of Hasbrouck Heights teachers John Rau, Cheryl Terlemezian, and Robert Fitzgerald, was held on April 13, 2008.

With a horn blast, the Raut-Fitzgerald Memorial Run start-

TEB 5K Run July 19th

The 11th Annual PSE&G Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 19th, at Jet Aviation (*Moonachie Avenue*).

The course is flat out, only 5 turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points. Over \$10,000 in random prizes and \$2,000 in prize money are awarded.

Early registration is advised. No one will be allowed entry to the airport and race staging area after 8:10 a.m. For more information go to: www.bergenunitedway.org ###

ed at 9:30 a.m. with 90 runners going down Paterson, left on Oak Grove, right on Ottawa, left on Austin Place, left on LaSalle, right on Oak Grove, left on Henry, left on Burton, left on Bell, left on Oak Grove and left on Paterson to the finish line.

The top men's finisher was Hasbrouck Heights High School senior Jimmy Ryan at 18:27.6. The top women's finisher was Liz Romano at 21:12.5.

The Terlemezian One Mile Family Walk followed at 10:30



a.m. with 25 walkers going down Paterson, left on Oak Grove, right on Ottawa, left on Austin Place, left on LaSalle, right on Oak Grove, right on Paterson to the finish line.

The event helps raise funds for high school seniors continuing their education after gradu-

ation. Over \$3,000 was raised this year. To date, the fund has dispersed over \$15,000 to local students.

The race is sanctioned by USA Track and Field. It is hosted by the Hasbrouck Heights School District and sponsored by Hasbrouck Heights Education Association and the local and state teachers association.

Amenities included: "T" shirt, timing system, awards, post-race refreshments, etc.

Volunteers helped direct traffic for the runners on the streets, handed out water, bananas and oranges, and registered participants for the run. Many other local businesses, helped sponsor the event. The HHFD Ambulance Squad, HH Police and HH DPW provided event support.

The Race Director was Barbara Christianson, Hasbrouck Heights High School Student Assistance Counselor. #

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"Batter's Up" Pancake Breakfast

The HH Little League held its 13th Annual Pancake Breakfast on Sunday, April 13th, from 8 a.m. to 1 p.m. at the VFW Hall on Veterans Place.

The menu included pancakes, sausage, sweet rolls,

crumb cake, bagels, juice, milk and coffee.

This event usually serves about 1,200 breakfasts.

The Chinese-style sports memorabilia auction followed from noon to 1 p.m.

Winners did not have to be

present at the time of the drawing to win.

Proceeds will be used toward concession stand expansion and new (*handicapped accessible*) bathroom facilities. ###



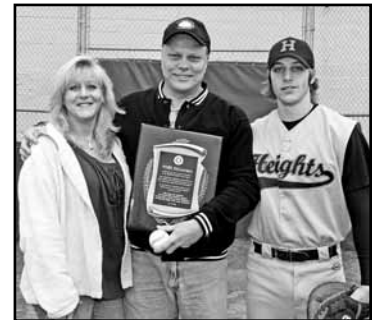
Mark Dulhagen Honored on HLL Opening Day

Spirits were high as the The Hasbrouck Heights Little League held their 55th Opening Day Ceremony on Saturday, April 12, 2008.

The event began as the Little Leaguers and their families marched from the club house along the swim club parking lot, across Oldfield Avenue, down onto the Major League Field and assembled along the perimeter of the infield.

Hasbrouck Heights Little League President Steven Pikowski officiated, and thanked the sponsors, managers/coaches, and others who help make the League a success.

The opening day program honored Mark Dulhagen who served the Hasbrouck Heights



Little League for 11 years in every capacity, the last five years as League President. Mr. Dulhagen received a plaque, said a few words and threw out the 2008 season opener pitch.

Van Hook and PBA Club teams then played the first game of the season on the Major League Field.

The Hasbrouck Heights Little League web site is: www.hhllittleleague.com ###

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The Hasbrouck Heights Little League would like to once again thank all of their sponsors who contributed to the success of the 13th Annual Pancake Breakfast. Your help made our event a profitable success.

Once again, a special thanks to Inserra Shop-Rite of Lodi for their generous donation along with Goldberg's, Mills Bakery, Dunkin Donuts - Route 17 and especially IHOP of Hasbrouck Heights.

In addition, we would like to thank all the folks and local merchants who participated in donating items to our Pancake Place-mat and Tricky Tray (*see list*).

Lastly, the VFW, along with special thanks to Bob Braitsch, for assisting the entire day.

See you next year!

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- Dr. Michael A. Perillo, DMD
- Dr. Thomas Vitale, DPM
- Drs. A & L. M. Bodenstein, DMD
- Garrity, Graham, Favetta & Finn
- Greater Community Bank
- Hasbrouck Heights Soccer Association
- Heights Car Wash Inc.
- Heights Flower Shoppe
- Hilton of Hasbrouck Heights
- Holiday Inn Hotel
- Iurato & Sons Co., Inc., Construction
- Joseph J. Rotolo, Attorney At Law

- Lori Franzoi Interior Decorators
- Lovey's Pizzeria
- Malfese Pools
- Mason Dental
- Medieval Times
- MJ's Styling Lounge
- Nets Basketball
- Newark Bears
- New Balance North Jersey
- New Jersey Devils
- New York Giants
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- Orthodontic Assoc. of HH, Dentist
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- Stewart Title Bergen Co. - Stewart
- Stewart Title Bergen Co., - Stahlmann
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- The Clover Pub
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- The Observer Newspaper
- Tuscany Touch
- Verbena
- White Castle

The Hasbrouck Heights Little League truly appreciates all your help.



www.hhllittleleague.com



First Time in 34 Years Aviator Invitational Relays Christened New Field

On Friday, April 11, 2008 at Gary Depken Athletic Field, the Hasbrouck Heights Jr./Sr. High School hosted the Aviator Invitational Relays. About 1,200 athletes participated.

This is the first major invitational championship meet to be held at Depken Field since 1974. (The event used to be called the Twin-Borough Relays.)

Since all meets are now held on artificial surfaces, the Hasbrouck Heights Track Team had to travel. Depken Field installed a new field in 2007 at a cost of \$1.2 million.

Because it was the first time on the new field, every event set the first Aviator Invitational Meet record (not the Depken Field record.)

Track events started at 4:30 p.m. and finished at 8:30 p.m. They included: 6,400 meter relay, 400 meter relay, intermediate hurdle relay, 800 meter relay, 3,200 meter relay, sprint medley, shuttle hurdle relay, distance medley relay and 1,600 meter relay.

Field events started at 4:30 p.m. and concluded at 9 p.m. They included: pole vault, high jump, shot-put, discus, javelin, triple jump and long jump.

Participating in the All North Jersey NJSIAA Group 1 & 2 meet were 19 boys' teams and 17 girls' teams from: Hasbrouck Heights, North Arlington, New Milford, Cresskill, Wallington, Pompton Lakes, Leonia, Lodi, Newton, Saddle River Day, Hawthorne, Lyndhurst, West Essex, Palisades Park, Wood-Ridge, Technology, Bogota, Mahwah and Emerson.

Overall team championship placements for our area were: HH girls - First, HH boys - 3rd; W-R girls --12th, W-R boys -- 4th and Lodi girls - 8th, Lodi boys -- 5th.

The Hasbrouck Heights Track and Field Team meets 18 times a year.

The event was headed by Rob Brady who has been the HHHS Head Track Coordinator for 13 years (and associated with the track program for 18

years).

HHHS Director of Athletics John Tessaro helped organize this meet with officials, team entries, etc.

The 2008 HHHS coaching staff includes: Maria Gaccione, Vinnie Marchese, Joe Piazza, Mike Ryan, Jeff Seidel, Frank Valente and John Valenti.

The concession stand was operated by Parents for Athletes. ###

Depken Field Track is Open to the Public

The new Depken Field track is open to Hasbrouck Heights residents, from 6 a.m. to 9 p.m., every day for walking/running.

Children must be accompanied by an adult. No pets, strollers or bicycles are allowed on the track. Gates are open at Ravine and Old Field Avenues. Rules are posted at entrance. ###



Wood-Ridge Goes Off-Broadway

Throughout our lifetimes many of us have seen high school plays or musicals. I, for one, would estimate that I have seen more than 70 productions performed by high school students. Some of the productions at the high school level were fair; others were good; and still others were outstanding.

This year's Wood-Ridge High School musical, "Beauty and the Beast" was a dazzling, entertaining extravaganza. The cast, the costumes, the setting, the singing, the dancing, the lighting, and the special effects all added to a great presentation. It was obvious that there was plenty of preparation and lots of rehearsals.

In Wood-Ridge, when they put on a high school musical, many people get involved. Aside from the director and the cast, there are the stage crew; the choreographers, the lighting and sound crew, the make-up crew, the set artist, the back wall designer and artists, the costume designers, the program designer, the sound technician, the musical accompaniment conductor and the ticket coordinator. All this is accomplished through the efforts of teachers, students, and parents.

The cast was blessed by the performances of Lizzie Rottini as Belle, Nicholas Kida as the Beast, Gerard Lanzerotti

as Gaston, Alex Boniello as Lumiere, Gabriella Urato as Mrs. Potts, Kristen White as Cogsworth, Danielle Cunha as Babette, Jeremy Buscema as Maurice, and Andrew De-nunzio as Lefou. There were so many others that stood out in the cast of about 55.

Director Roberta Blender and Musical Director, Ted Colarusso, should be applauded for a job well done.

Wood-Ridge High School has been performing Spring Musicals continuously for the last 20 years. Each year they get better. One would ask the question, "How can they top this year's production?" Story and photos by Angelo Urato. ###

NJ AHOF Honors Aviation Pioneers

Acting FAA Administrator Sturgell is Keynote Speaker

The New Jersey Aviation Hall of Fame (AHOF) will hold their 35th Annual Induction Dinner on May 21, 2008 at the Fiesta Ballroom in Wood-Ridge. The public is invited to attend. Cost is \$125. Please call 201-288-6344 for reservations.

The keynote speaker will be Acting FAA Administrator Robert A. Sturgell.

The AHOF 2008 Inductees into the Aviation Hall of Fame include:

• Dr. Ralph W. E. Cox Jr.:



Founder and longtime President of United States Overseas Airlines (U.S.O.A.), once Amer-

ica's second largest supplemental airline, based at Cape May. U.S.O.A. was the biggest NJ-based airline prior to Peoplexpress. Cox was also a Captain for American Export Airlines on flying boats during the 1940's and a Navy Ensign flying PBY's during the war.

• John Kenneth Forester Sr.:

Pilot, mechanic and business owner at Teterboro continuously since 1946. WWII Army Air Corps test pilot (including P-80 jet). Owner of Mallard Aviation at TEB, founder of Million Air (now Meridian). Won 2000 Wehran



Award.

• George Mennen: General aviation pioneer in the 1930's and one of the few owners of the famous Spartan Executive, perhaps the first purpose built executive aircraft (*his was the last of 34 built*). Part-owner of Chatham Aviation, a long-time FBO at Morristown Airport. Founder of NJ-based toiletries giant, Mennen Co.



• Lt. Colonel Stephen F. Riethof:

Master Flight Instructor, FAA, CFI of the Year Eastern Region, 2003, FAA Safety Counselor, Representative AOPA Air Support Network, 29 year USAF Veteran, former Executive Director, current Vice President of NJ AHOF, aviation educator.



Additionally, the AHOF will recognize AvPorts (TEB) with the Fred L. Wehran Award and Fritz Rethage with the Distinguished Service Award.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation.

Its goal is the preservation of the Garden State's 215 years of aviation and space heritage.

For more information please call 201-288-6344. ###

About the Keynote Speaker

Bobby Sturgell was named FAA Acting Administrator on September 14, 2007. He had been FAA's Deputy Adminis-

trator since 2003.

As Administrator, Sturgell regulates commercial and private aviation in the United States. He leads the 43,000 FAA employees who operate and advance the safety of the world's largest air traffic control system and most complex network of airports. He also oversees the agency's day-to-day operations, capital programs and modernization efforts.

Before joining FAA, Sturgell was the senior policy advisor at the National Transportation Safety Board (NTSB). He was the focal point for analysis and coordination of NTSB's



safety recommendations, policies, programs and safety initiatives.

Sturgell came to the federal sector after flying for United Airlines, where he was a flight operations supervisor and line pilot. He flew the B-757 and B-767 on domestic and international routes. Sturgell also practiced aviation law in Washington, D.C.

A former naval aviator, Sturgell was an instructor at Top Gun, the Navy's Fighter Weapons School. He has flown the F-14, F-18, F-16 and A-4. Sturgell is a graduate of the U.S. Naval Academy and the University of Virginia School of Law.

He retired from the Navy as a Commander. Sturgell, his wife, Lynn, and son reside in the Washington, D.C. area. ###

NJ Aviation Conference May 2

The New Jersey Aviation Conference, sponsored by the Mid-Atlantic Aviation Coalition -- New Jersey, will be held on Friday, May 2, 2008, from 8 a.m. to 3:10 p.m. at Newark Liberty International Airport in historic Building 1 (*the first airline terminal building in the world*).

Each year, prominent representatives from all areas of aviation meet to review important issues facing pilots, airport owners and others involved in NJ aviation.

This year's theme is "New Jersey's Airports: An Endangered Species?"

Jack Olcott will be the Keynote Speaker. Other speakers will discuss the newly-released State Airport System Plan, land use issues, and the Open Public Records Act.

The conference will include a safety seminar on

Mid-Air Collision Avoidance. Pilots should pick up a "Wings" form.

Registration is \$45 and includes the conference, continental breakfast, coffee break and lunch. For more information or to register, go to www.njaviation.com or call 1-973-377-8955. ###

Riethof Gets FAA Award for 2nd Time

The FAA Eastern Region recently recognized retired USAF Lt. Col. Stephen F. Riethof as the Certified Flight Instructor of the year -- for the second time.

He qualified three times as a master Flight Instructor and has been an FAA safety counselor.

Riethof has been an independent flight and ground instructor for many years. ###

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Meet Your Business Neighbors

The Hasbrouck Heights Chamber of Commerce invites all business owners from Hasbrouck Heights, Moonachie, Teterboro and Wood-Ridge

Informal Business Networking Breakfast

Tuesday, May 13, 2008 • 7:30 a.m. to 9:30 a.m.

Hasbrouck Heights Holiday Inn

Admission \$5 • Continental breakfast provided
No speakers • Bring business cards & your pitch
Networking event limited to 100 persons

Please RSVP by May 9th • Call Jason at 201-288-8844

Event sponsored in part by Otterstedt Insurance Agency and The Gazette Newspaper.



Pharmacist Corner

Do Drug Samples Really Lower Healthcare Costs?

A new study on drug samples has revealed some curious results: patients receiving samples end up paying more than those who do not.

You may ask how is that possible, but the answer is simple.

Samples are always brand drugs, and usually the newer ones, so after the samples run out, the patient goes to the pharmacy to have the prescription filled at a much higher co-pay than if a generic therapeutic equivalent was prescribed.

Personally, I have seen co-pays as high as \$100 for a brand drug and \$0 for a generic competitor.

Free samples aren't designed to help lower drug costs, but rather to sell newer and more expensive drugs.

The study goes on to state that 80% of drug samples are given to wealthy and insured patients, not to uninsured and poorer patients.

Furthermore, the patients are usually younger rather than older. The number is skewed a bit because most uninsured tend to see the doctor less often and, if they do, it is usually in a clinic or a hospital emergency room - where drug samples are usually not given out.

As an interesting side note, clinics or offices that do not al-

low samples or drug reps have dramatically lower average costs of therapy with equivalent or better patient outcomes.

There are some other issues that I have with drug samples being given out at doctor's offices:

1. Storage - should we completely trust that drug reps and doctor's offices keep up with the proper storage requirements for these drug samples?

I guarantee if I asked 100 reps if they have ever had drug samples in the trunk of their car for an extended period of time during the summer months, a large percentage would admit to doing so.

2. Prescribing tendency - samples may influence what drug a doctor may give out. I'll give you an example.

You go into the office with an infection that is usually treated with drug X, but the doctor only has samples of drug Y, which is not the best choice for your condition. In a few days you end up back at the doctor's office. So did you really save money or above all are you better?

3. Physicians as pharmacists - at least once a week I get a call from a patient asking, "The doctor gave me samples - how do I take them?" or "The doctor gave me samples but he didn't know if they interact with my other meds. Can you check?" or "The doctor gave

me samples but they're expired. Should I still take them?"

Physicians do not put labels on drug samples and they may not have as complete or enough knowledge on patient drug history as the pharmacy to check for potential drug interactions or contraindications.

There are two solutions I give people who complain about not getting samples from their doctor.

The first is recommending a generic therapeutic equivalent. For a large percentage of brand drugs, there is a competitor that has a generic equivalent that could save you a substantial amount of money when filling your prescription.

The second is a getting a voucher from the manufacturer either at the doctor's office or online. Many manufacturers are moving away from drug samples and towards vouchers or coupons which then allow the pharmacist to check for potential issues.

My pharmacy staff and I are available to help any customers looking for vouchers from manufacturers. The process is as easy as filling out a form online and then printing the coupon.

Sam Papasavas, RPh, is owner and Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs.com ###

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May 2008 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, May 5, 12, 19

10:00 a.m. Games, cards & coffee

Monday, May 26 - Memorial Day - Center Closed

Tuesday, May 6, 13, 20, 27

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, May 7, 21, 28

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, May 1, 8, 15, 22, 29

10:00 a.m. to 2:00 p.m.

Games, television, & social activities

2:00 p.m. Senior Yoga \$1.00

Friday, May 9, 23

10:00 a.m. Fun Bingo

Friday, May 2, 9, 23, 30 -- 1:00 p.m. Movies

Check Center Bulletin Board for listings

CLUB MEETING SCHEDULE

Wednesday, May 7

10:00 a.m. Leisure Club Executive Meeting

Wednesday, May 14

1:00 p.m. Leisure Club Regular Meeting

UPCOMING EVENTS

Senior Olympics: Wednesday, May 28

This year, the 19th Annual Tri-County Senior Olympics will take place in Sparta, NJ. The events are: frisbee toss, horseshoes, soccer kick, chicken toss, shooting basketballs, and hitting a baseball off a tee. All senior citizens from Hasbrouck Heights can participate and must sign up at the Senior Center. Bus departure will be announced a week before the event.

Spring into Summer Party:

Wednesday, June 11 from 12 noon to 4 p.m.

Doors open at 12 noon. Members will be treated to luncheon that includes sliced steak, chicken, ziti, salad, a vegetable, coffee and soda. Music provided by WOOFIE. Only paid members who have purchased a \$2 ticket in advance will be admitted to the social. No outside guests.

August Get Together

Wednesday, August 13 from 12 noon to 4 p.m.

Doors open at 12 noon. Members will be treated to hot dogs, salads, sherbet, dessert, coffee and soda. Music provided by WOOFIE. Only paid up members who have purchased a \$2 ticket in advance will be admitted to the social. No outside guests.

The Leisure Club welcomes all Hasbrouck Heights Senior Citizens, 60 years of age or older. Annual membership is \$12 per year.

Seniors Advised to Phone Police

Members of the Hasbrouck Heights Police Department were guests at the last Leisure Club Meeting. Police Chief Michael Colaneri, Captain Jack DeLorenzo and Detective Scott Adamo presented an informative program on "Scams" that seniors should be aware of.

Throughout the program they stressed that "If it sounds too good to be true, it is!" They pleaded with the seniors to phone the police if they have questions, suspicions, and/or doubts.

The HHPD stressed that "Scams" are methods where people try to deceive or defraud a person. They touched on computer scams, credit card scams, phone scams, and scams where individuals come to your front door for various reasons.

These scams require that the "gypsies" work as a team; one to distract the victim and the other to steal from the victim. They may use many excuses to gain entry into a person's house.

The HHPD emphasized that we should not invest before we investigate. Don't send money to anyone who claims that you have won a lottery, a prize, inheritance, etc.



If you must select someone to work in your house or on the roof etc., check with the local building permit office to be sure that the company is known to the community.

All the members of the Leisure Club present were impressed with the presentation and many added comments to what was relayed by the HHPD.

During the business portion of the meeting, President John Fitzin advised members to purchase their \$2.00 ticket to the "Spring into Summer Social" which will be held on Wednesday, June 11th.

He also stated that on Wednesday, August 13th, the

Annual Summer Get Together Party will take place. The tickets are also \$2.00 each.

Both parties are for paid up members only - no guests. No tickets will be sold at the door. Tickets for the summer party will be sold at the May meeting. At both parties, WOOFIE will provide the entertainment.

Deposits are now being collected for the Chesapeake Bay Adventure Trip planned for September. We need 40 people to run this trip. If interested, phone Patricia McCarthy at 201-288-2265. She will answer all questions, provide you with the itinerary and accept your deposit. *Story and photo by Peter Gallo Jr. ###*

AARP Informed of BC Senior Services

Bergen County Director of the Division of Senior Services, Lorraine Joewono, presented a concise and informative program to the members of AARP Central Bergen Chapter 418.

Director Joewono first gave a short history of the Division of Senior Services. She stated that, in 1965, President Lyndon B. Johnson signed a bill that created the Older Americans Act which provided funding for part-time employment opportunities for adults 55 or older with poor employment prospects.

This was called Operation Mainstream and was administered by the Department of Health Education and Welfare.

It was later transferred to the Department of Labor and renamed the Senior Community Service Employment Program.

Bergen County Division of Senior Services (DSS) was established in 1966 with a mission to serve as an advocate for

older adults. New Jersey was the first state to have such a division.

Bergen County has approximately 200,000 senior citizens. The DSS provides a variety of service to the Bergen County Seniors. Their phone 201-336-7400 is answered by a live person; you do not have to push one, then two, then four, etc. They are there to help assist, provide up-to-date accurate information and meet each senior's individual needs.

Director Joewono spoke about the "Home Delivered Meal Programs," the "Wellness Check Program," the "In-Home Caregiver Education & Support Program," the "Chore Service Program," and many others. Flyers and brochures were distributed with much information.

It was obvious to the AARP members that Director Joewono was very knowledgeable about the services provided by the county. It was also evident the Bergen County's DSS is a



strong advocate for its senior citizens.

Program Chairperson Marion Davidowicz expressed the feelings of all the members to Director Joewono for a well appreciated program.

She also announced that at the meeting scheduled for Friday, May 9th, the group would be entertained by Mr. David Kennedy, who will perform in a program entitled, "Mark Twain: Wit and Wisdom."

This program is offered through the Horizon Speakers Bureau of the New Jersey Council for the Humanities, state partner of the National Endowment for the Humanities. It will be presented at the Cultural Arts Building, 25 Broadway, Hackensack, at 1:00 p.m. *Story and photo by Peter Gallo Jr. ###*

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Reflections

Hope for the Easter Season and Beyond

Fr. Cassian A. Miles, OFM
Assumption R.C. Church, Wood-Ridge, NJ

Certainly, we are familiar with one of the most beloved passages in the Gospel of Luke, his account of the appearance of Jesus to two followers over a meal in the village of Emmaus. (Luke 24: 13-35)

The contemporary French artist Arcabas has meditated on this story and produced a series of panels, the fifth of which, "The Supper at Emmaus," serves as the centerpiece of the ensemble now in the Chapel of the Resurrection, Torre di Roveri, Italy.

The Stranger, with hands uplifted as if in blessing and eyes closed, is seated in the center at a low table. On it rests a tureen of water, a few plates, a basket of bread, while the three candles of the candelabra flicker with a low light. The guest at the right is pouring wine into a cup.

The "sad perplexity" of the guest at the left is described in comment by Patrick Laudet: "Shrouded in the gray pall of his disappointment, his chin resting in the palm of his hand, he seems distracted; seated here at table, yet elsewhere. Lost in thought, he is perhaps dwelling on those painful memories of Passover in Jerusalem which he'll never forget. His resignation may seem relaxed, but the bowed curve of his body speaks volumes about his weariness."

It is this weariness that I want to reflect on. I find myself getting in touch with those pilgrims to understand how they felt about the crucifixion of Jesus--and its effect on their lives. How they felt that first day of the week after the Sabbath when once again the city of Jerusalem was coming back to life.

Only one of the followers is identified, Cleopas. Who was this man? I'd like to presume that he was married with a wife whom we may call Miriam, a common Biblical name.

We find ourselves in their home, perhaps located off a winding, narrow street in Jerusalem. They are preparing to make a journey. They plan to visit the cousin of Cleopas and his family who live in the village of Emmaus, about two hours away.

But their hearts are very heavy and saddened this day. They have been deeply dis-

appointed once again. The prophet from Nazareth named Jesus had given them great hope over the past three years. Performing amazing miracles. Curing lepers. Driving out demons. Raising the dead.

Surely, this handsome young son of a carpenter was the long-awaited Messiah whom the Jewish people had been anxiously waiting for these many centuries. He would free Israel from the heavy-handed domination of the Romans. Peace would finally come to their beloved homeland.

But no. Now all the hopes and dreams of Cleopas and Miriam had been crushed only three days before on a hill called Calvary outside the city. They had watched from afar as this man named Jesus had hung in agony from a cross, crucified between two thieves. He had been taken down and his body carried to a nearby tomb. The Nazarean was dead.

That was the situation as Cleopas and his wife packed a few belongings, closed the door of their humble home and started on the seven-mile walk to visit their relatives in Emmaus.

Of course, it may not have happened exactly like that, but still we can appreciate the deep sorrow, their terrible disappointment that filled their heavy hearts that morning. Someone who had stirred their hopes for better days was now gone forever. No longer would this young prophet walk their streets, their countryside, their Temple. How deeply he would be missed.

So I would like to ask you, as a reader. Have you ever experienced such deep loss or crushing disappointment after the death of someone close to you?

I recall the first morning after the burial of my father, waking up and becoming aware that dad was no longer in our

home. I would never have another chance to chat with him in the kitchen, while he mixed the flour in a bowl for another pan of his tasty blueberry muffins. I would never watch him walk through the door after finishing his tour of duty as a policeman and hear his hearty laughter and greeting to my mother, and me, and my brother and sister. No more family conversations to share. No more cigar smoke in the living room while he read the evening newspaper.

Surely, you have experienced such emotional moments in your own lives. A friend you grew up with. Then a telephone call informing you that this person has suddenly died. It is so final. You realize there will be no more traveling together. No more holiday visits with warm laughter and tasty meals and sparkling wine.

Perhaps this person is one of your children. Perhaps this person is the spouse who shared your bed and your laughter together. But now these days are gone forever. It is so sad. Your heart is so heavy.

It seems to me that feelings like that must have weighed down the tender hearts of Cleopas and his dear Miriam as they started out on their walk to Emmaus.

But what they couldn't realize was that a Stranger would soon join their steps and ask if he could accompany them. A Stranger who didn't seem to realize the tragic events of these past few days that had crushed their hopes for better lives in their homeland.

When we take a perspective like this on this Gospel story, perhaps we can begin to appreciate better the tremendous experience Cleopas and his wife went through before they sat down with this Stranger in a village inn. No wonder their hearts were burning within them while they listened to him review all the verses in Scripture that had foretold what the Messiah would suffer.

And then. And then! Imagine their feelings, their unbelieving eyes as they watched this stranger break bread at the table and hand the savory pieces across to them.

Suddenly the Stranger was gone. Vanished into thin air! Cleopas and Miriam must have stared at one another with as-

Continued on page 25

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Monday - 7:30 p.m., N.A. Women's Meeting

Tuesday & Friday - 12 noon, N.A. Meeting



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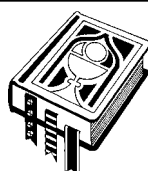
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Sunday

11:00 a.m. Worship Service



ST. MARGARET OF CORTONA (Little Ferry/Moonachie)

31 Chamberlain Ave., Little Ferry • Office: 201-641-2988

Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate

Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon

Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.

Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.

Rosary for Peace: First Saturdays after 9 a.m. Mass

Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH

143 First Street, Wood-Ridge • Rectory: 201-438-5555

Center: 201-933-6118 • School: 201-933-0239

Fr. Brian Cullinane, OFM, Pastor

Fr. Paul Sinnema, OFM

Fr. Thomas Kelly, OFM

Fr. Cassian Miles, OFM

Deacon Nicholas Valdez

Sunday Obligation Masses:

5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

Daily Masses: (Church)

Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 11:00 - 12:00 p.m.

Assumption Church/School Websites

Parish: www.assumption-parish.org

School: www.assumptionschoolwr.org



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Rev. Kimberly Chastain, Pastor

Sunday

9:30 a.m. Worship Service

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Rev. David Suh

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Monday - Friday 6:00 a.m. meeting

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Rev. Jacob David, Rector

1st Sunday - 9:30 a.m., Combined CSI & Healing Service

3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist

2nd & 4th Sunday - 11:00 a.m. Malayalam Service

Vestry Meeting: 2nd Sat. 10:00 a.m.



Assumption Church Honors Married Couples

At this time of the year, Assumption Church in Wood-Ridge honors its parishioners' special wedding anniversaries.

Couples who are celebrating their wedding anniversaries at five year intervals are invited to participate. They have a special Mass where they renew

their marriage vows.

This year, seven couples were honored. They were Maureen and Richard Salzmann, five years; Roxanne and Dan Bokoniewicz, twenty years; Anna Marie and John Buccini, twenty-five years; Kathy and Frank Materia, twenty-five years; Patricia and Al Tomasz-

wski, fifty-five years; Marion and John Weinrich, fifty-five years; and Nancy and Richard Feeny, sixty years.

Two parishioners, Letty Materia and Bree Meaney, have been the chairpersons for this event for the last twenty-five years. *Story by Peter Gallo Jr. ###*

Reflections

continued from page 24

tonished eyes. What was going on here? Who was this breaker of the bread? Could it really be true? Could that really have been Him?

No matter now that the return walk to Jerusalem was another two hours away. If they hurried, the time would fly by. They had to share this wonderful, marvelous news with the others. Jesus was alive again. He was alive. He truly was. And so were their hopes. So were their dreams. It was all too wonderful to be true. And yet it was.

And the Easter message for followers of the Stranger on the road to Emmaus is that it is too wonderful to be true. And yet it is. For believers, your beloved husband who is now gone, is not really gone. Because, for you, Jesus is Risen. Your beloved wife is still alive. Because, for you, Jesus is Risen. Your friend who shared those wonderful days - your sister, your brother, your child, they are not really gone. Because, for you, Jesus is Risen.

Yes, for believers, the Stranger is Risen, and because of that, there is the hope of rising with him. That is Easter faith. That is Easter hope. ###

Reformed Church Honors Members

The Consistory of First Reformed Church announced that three members of the Church would be honored at the First Annual Congregational Award Dinner on May 3rd. They are: Mrs. Elsie Paolini, Rose and Edward Buwalda, with a special youth award given to Gerald Londino.

Rev. Smith stated, "Each of these nominees are held in high esteem by the congregation and the leadership of First Reformed Church. There was no doubt that the inaugural ceremony should honor those who consistently devoted their time, talent and resources to the congregation and exemplify a Christian commitment."

Included will be a special performance entitled, "Can You Hear..." Words & Music by James Papoulis arranged with Francisco J. Nunez. Guest performers will be Stewart Ratzken on congas, and vocalists, Christina DePinto, Rannie Teodoro, and Victoria Natal. Miss Victoria Hernandez, Choir and Music Director, will conduct and accompany on the piano. ###

Hats Off To Mom! Wear Your Best, Craziest, Ugliest Hat

How long has it been since you wore a hat to Church? Remember those Easter bonnets you wore as a kid?

Well, ladies, now is the time to dust off those hats! Better yet, get creative because on Sunday, May 18th, it's Hats Off to Mom Day at First Reformed. The public is welcome.

All the women of the Church are encouraged to wear their most beautiful, outlandish, silly, serious hat to worship. After worship the men of the Church will be called upon to vote for the best and the silliest hat.

Prizes to be awarded. (*Don't worry ladies, Father's Day is coming and you won't believe what the guys will be asked to do!*) ###

Mother's Day: Give A Blanket

To honor Mother's Day each year, The Guild of Reformed Church Women collect money to give to Church World Service (CWS) to buy blankets.

For \$5.00 each, CWS buys strong dark colored 100% wool blankets which are given to people living in disastrous conditions anywhere in the world where need is greatest.

The blankets are used in many ingenious ways: A blanket can be used to sleep under, as a ground or floor cover, a partition in a tent or other areas, as a shawl or wrap for a baby or child, as a door for privacy or comfort from cold, as a small tent, as a carrier on a back or saddle. There are probably many other ways a desperate person can find to use a strong blanket.

The goal is to collect enough money for 100 blankets. Your donation in honor of, or in memory of, the women in your life will provide a blanket to help other families survive.

Send your contribution to: Guild of Reformed Church Women, Box 66, First Reformed Church, Hasbrouck Heights, NJ 07604. The deadline is Sunday, May 4th. ###

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Blessing of the Animals

Everyone can use a special Blessing, and your pet companion is no different.

The Friends of the County Animal Shelter will be hosting a Blessing of the Animals on Sunday, May 4, 2008 at the Bergen County Animal Shelter, 100 United Lane in Teterboro at 1 p.m. This year, the Blessing will be unique as it will be an Ecumenical Service.

Immediately after the Blessing, Captain Bill Sheehan, the Hackensack Riverkeeper, will give an informative talk. Captain Sheehan has been recognized for his work on numerous occasions by the media, government and the environmental community.

In 2002, the US Fish and Wildlife Service recognized him for his work on behalf of Meadowlands conservation, and he and the organization received a 2003 Environmental Excellence Award from the NJ Department of Environmental Protection.

In 2004, Captain Sheehan was given the River Networks National River Hero Award.

MARK YOUR CALENDAR because you do not want to explain to your pet companion why he/she missed out on a special blessing and was not present to hear Captain Sheehan the renowned Environmentalist.

Refreshments will be served.

For additional information call FOCAS at 201-943-4019, email info@focasnews.org or visit www.focasnews.org. ###

Be a fountain, not a drain.

Learning Center Honors Schulze

The 32nd Degree Masonic Learning Center for Dyslexic-Children will dedicate a room at the Center to posthumously honor John H. Schulze from 1 p.m. to 3 p.m., Saturday, May 3, 2008. The public is invited. Light refreshments will be served.

Mr. Schulze was the prime mover in converting the old Hasbrouck Heights Free Public Library on Division Avenue, into the Learning Center. He was the first Learning Center Chairman.

The Center was dedicated October 2, 2004. (*Dedication story: www.hasbrouck-heights.com/news04/masons.shtml*)

The Hasbrouck Heights Center currently tutors 34 dyslexic children and has a waiting list of about 35 children. They use the Orton-Gillingham method of teaching. The service is free.

For more information, call Gil Hunt at 201-288-4608. Or go to: www.childrenslearning-centers.org ###

Free Health Consultation May 22nd

The Hasbrouck Heights Health Department advises residents over 18 years old that free health consultations are scheduled to be held at the Municipal Complex, on May 22, 2008, from 10:00 a.m. until 1:00 p.m.

No appointment is necessary. Services include: health history evaluation, blood pressure measurements, height & weight measurements, individualized counseling and education, referral and follow-up and a confidential consultation with a Public Health Nurse.

For information, call Laura French at 201-288-1636. ###

Lodi Little League Pancake Breakfast

The Lodi Little League will host a pancake breakfast on Sunday, May 18th, from 8 a.m. to 12 noon, at the Lodi High School Cafeteria. Pancakes, eggs, sausage, hash browns, coffee and tea will be served. Cooking will be done by the Lodi Moose. Donation is \$5. Proceeds support the two Annual High School Scholarships awarded by the Little League each year. ###

Note Cards

The Friends of The Wood-Ridge Memorial Library offers note cards that depict the historic Library. Each pack is \$5 with five cards and envelopes and are available at the desk. ###

FOCAS Holds Flea Market

The FOCAS Flea Market is Saturday, May 17, from 10 a.m. to 4 p.m. and Sunday, May 18, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments are available.

Flea Market merchandise donations are accepted at the American Legion on Friday from 4 to 6 p.m. and Saturday (*all day*) of the Flea Market weekend. For more information call the FOCAS Help Line at 201-943-4019, or visit www.focas.us ###



Spring In Song With Desserts

Spring in Song with a Touch of New Orleans and Sweet Rewards Concert will be held Friday, May 16, starting at 8 p.m., in the United Methodist Church Sanctuary.

Featured pianist Mark Wright will explain how great American Love Songs have become the foundation tunes for many Jazz compositions.

Gourmet Desserts served with regular or flavored coffees and teas will follow.

Donation is \$10. Call Church office at 201-288-4636 or Elsie at 201-288-0324 for reservations.

Program is open to the public and sponsored by The United Methodist Women. ###

HH Garden Club Meets May 15th

The Hasbrouck Heights Garden Club will hold a monthly meeting on May 15th on the second floor of the Municipal Building at 320 Boulevard at 6:45 p.m., with refreshments donated by our members. The public is always welcome!

There will be a speaker for the evening.

The members will be planting the pots for the Boulevard in Bloom on May 17th at 9 a.m. down at the DPW. Once again we have gotten the support of the DPW to deliver and water the pots during the summer months.

The Garden Club members will also have a table at the Town Garage Sale on May 31st. For further information contact Judy 201-288-2615. ###

Pasta Buffet

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, will host a Pasta Buffet on Saturday, May 3, 2008, from 6:30 p.m. to 8:00 p.m. Dinner will be served in Marnell Hall in Saint Margaret of Cortona's Parish Center.

The menu includes stuffed shells, tortellini, penne, and rigatoni. Sauces for these will include Carbonara, Arabiatta, Marinara, Vodka, plus, meatballs will be available.

Cost is \$12 per meal, and includes pastas, sauces, cake, coffee and tea. Take-out orders are available.

For information call Ellie at 201-641-0883. ###

Girl Scouts & Library Mother's Day Program

Children in grades K-2 are invited to spend an afternoon enjoying a Mother's Day Story and Craft Time with the Girl Scouts at The Library on May 7, 2008 from 3:30 to 4:15 p.m. The Girl Scouts will be on hand to help run this event that features a Mother's Day story, craft, and snacks.

Space is limited, so please register early. Register by phone at 201-288-8911, in person, or on the web at <http://hasbrouckheights.bccls.org>. ###

Clutter Club Meets

The HH Clutter Club will meet May 22, 2008, from 7 to 8:30 p.m., at The Free Public Library. The May program is entitled, "Get Organized and 'Go Green' Doing It." Public is invited. Call 201-288-0488 for details. ###

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On Mother's Day, May 11, 2008, a special menu will be offered to celebrate the 100th Anniversary of Mother's Day. Please call for reservations.

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Book, Bake, and Table Top Sale May 31st

The Friends of The Free Public Library of Hasbrouck Heights will hold its Spring Book, Bake, and Table Top Sale on Saturday, May 31st, from 10:00 a.m. to 4:00 p.m., in The Library Plaza, 320 Boulevard. Rain date is June 1st.

Gently used books, DVD's, CDs and materials will be offered for sale. Delicious homemade baked goods will be available for purchase.

This event will also feature rented tables for crafters and other sellers. Call The Library for additional information at 201-288-0488. ###

Car Wash

The R.L. Craig School 8th Grade students will sponsor a car wash on May 3, 2008, from 10 a.m. to 2 p.m., at the Moonachie Borough Hall. Cost is \$5. Proceeds to benefit 8th Grade activities, including their trip to Washington, D.C. For more information, call 201-440-4383. ###

Town-wide Garage Sale May 31st

A Hasbrouck Heights town-wide garage sale is scheduled for May 31, 2008 -- from 9:00 a.m. to 4:00 p.m. -- with a rain date of June 1st.

There is a \$10 permit fee that will be donated to charity. Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers.

This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more info call the Boro Clerk at 201-288-0195. ###

Hand Held Cell Phone Use While Driving is Prohibited

Lions Golf Outing

The tournament is scheduled for June 6th at the New York Country Club, New Hempstead, NY, with a 9 a.m. shotgun start. Fee is \$150 and includes golf, cart, and awards. Lunch will be served immediately after golf. Lunch without golf is \$50.

Prizes include: Hole in one, closest to pin, longest drive, putting, team placement and door prizes.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

Journal ad sponsorships are available. For more info call Mr. Luongo at 201-393-8145. ###

Chorus Presents 77th Musical Festival and Dance

The Carlstadt Mixed Chorus will present its 77th Music Festival and Dance on Saturday, May 3, 2007, starting at 7:30 p.m., at the Turn Hall, 500 Broad Street, Carlstadt.

The chorus will present a varied program with excerpts from Broadway shows, operettas and songs accompanied by a chamber orchestra directed by Music Director Johanna Teubner-Prussack.

After the concert, the kitchen and bar will be open. Dance music until midnight will be provided by Bud Gramer and the Melodies for dancing in the ballroom.

Donation is \$18. For tickets and more information, call 201-652-0968 or 201-909-0808.

The Carlstadt Mixed Chorus holds rehearsals every Tuesday at 8:30 p.m. ###

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Care On The Corner Golf Outing June 4th

Care on the Corner will sponsor their 4th Annual Golf Outing at Bear Brook Golf Club in Newton, NJ on Wednesday, June 4, 2008.

BBQ lunch and registration is at noon, with a shotgun golf start at 1:00 p.m. and the dinner at 5:00 p.m. Prizes are for the closest to the pin, longest drive contest, score prizes and hole-in-one wins a car.

Cost is \$150 per golfer. Dinner is \$50 per person. To sign up, call Care on the Corner at 201-288-0002. ###

Holy Trinity Concert Schedule

Holy Trinity Lutheran Church's Spring Concert Series will conclude on Friday, May 16, beginning at 7:30 p.m., with a presentation by the Bergenfield High School Honors Ensemble under the direction of Malcolm Couden and the Honors Chamber Orchestra under the direction of Jack Kupp.

The program, entitled "Something for Everyone" will showcase Mozart to Bernstein, folk songs to Broadway and classical to light rock.

A donation of \$10.00 per person is suggested; proceeds will benefit the Church organ fund. Light refreshments will be served following the concert. Holy Trinity is located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights. For further information, please contact the Church office at 201-288-6889.

Book Discussion

The Wood-Ridge Memorial Library hosts a book discussion group every third Tuesday at 7:15 p.m. On Tuesday, May 20th, the book to be discussed is Lorna Landvik's "Angry Housewives Eating Bon-Bons" (2003), a novel about five wacky friends who found a book discussion group and experience many changes through three decades of their lives. ###

Farmers' Market Continues in '08

The Farmers' Market is scheduled to begin on June 17th and continue every Tuesday from Noon to 6:00 p.m. until late September, at the corner of The Boulevard and Washington Place.

This Farmers' Market is scheduled to host the same farmers/vendors as last year.

According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon during the 2008 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. ###

HH Chamber Banner Days

The Hasbrouck Heights Chamber of Commerce is planning a "Banner Days" sidewalk sale for the weekend of June 5, 6, and 7, 2008

About 25 businesses participate in this annual event.

Any business or professional seeking information should contact George at 201-288-2130. ###

HHFD Annual Inspection May 10

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7:00 p.m., on Saturday, May 10, 2008.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions.

The event is attended by local officials as well as Fire Chiefs from area towns. ###

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Lodi \$520,000
Sprawling Exp. Ranch, large lot in 2 fam. zone. LR w/fireplace, FDR, EIK, den, 2 BR & MBR w/1/2 bath. 2nd floor offers 4th BR, full bath & storage room. Part fin. bsmnt. with full bath & grade level access. Amenities incl. C/A, 2 car att. gar. & expansion potential. Tour at www.gatewaytohomes.com/2800763



Hasbrouck Heights \$425,000
This 3 BR Cape Cod features nice size LR, large FDR w/hardwood floors & sliding doors to back covered patio. Basement has finished room and laundry room. Amenities include central air, one car garage. Residential location near park. Tour at: www.gatewaytohomes.com/2806776



Hasbrouck Heights \$850,000
New Custom Built Victorian Colonial set on large lot. Features lemonade porch, EF, Formal LR, Formal DR, large kitchen w/breakfast area, FR w/fpl and 1/2 bath. Hardwood floors & tile on the 1st floor. 2nd floor: MBR suite w/full bath, 3 BRs & full bath. C/A. Full basement, 2 car detached garage. Tour at www.gatewaytohomes.com/2741563



Little Ferry \$419,900
Move-in condition 3 bedroom Cape Cod set in quiet cul-de-sac. Home offers nice kitchen w/oak cabinets, dining room, full basement with full bath, deck, large backyard and attached garage. Tour at: www.gatewaytohomes.com/2809756



Wood-Ridge \$399,900
Great Starter on quiet residential street. Features: FLR, FDR, EIK, 4 BR's & 1 full bath. Full unfinished basement w/high ceilings & 1/4 bath. 1 car attached garage. Priced to Sell!!! Tour at: www.gatewaytohomes.com/2814997



Hasbrouck Heights \$579,900
Updated 3 BR, 3 bath, Bi-Level featuring kit. w/cherry cabinets, Corian counters & newer appl., large family room w/fpl. & wet bar, fenced yard, newer roof, C/A, 2 zone heat, sec. system & intercom. Tour at: www.gatewaytohomes.com/2813081



Hasbrouck Heights \$695,000
Lovely, true CH Colonial home on beautiful tree-lined street w/5 BRs, 2.5 bths. Features large open porch, FLR w/decorative fpl. & FDR - both w/crown dental molding, large modern EIK w/beautiful cabinets & sitting room off kitchen. Finished basement, gas heat, C/A & private yard. Tour at www.gatewaytohomes.com/2813886



Lodi \$669,000
Young 2 Family on dead end street near Hilltop School! This gorgeous home features a stunning 6 room, 3 BR, bath, owner apartment with attic, finished basement w/fpl., bath and wet bar. C/A/C, granite counters, center island, garage, deck, pool and more. Spacious 2 BR rental unit. Separate utilities. This home is really priced to sell!!! Tour at: www.gatewaytohomes.com/2803162



Lodi \$487,000
4 BR, 2.5 bath Colonial completely renovated inside & out. Boasts hardwood & ceramic tile floors, granite counter tops, beautiful deck & park-like back yard. Amenities: 2 zone C/A, gas heat, paver driveway and patio, quiet area & more! Tour at: www.gatewaytohomes.com/2738417



Lodi \$549,900
Spacious Two Family with bright & airy rooms. Main apt. offers LR/DR combo, mod. EIK, den, 2 BRS & full bath. Lower level offers 1 BR side rental unit plus walk-out bonus basement apt. w/ full kit., bath, FR & BR great for ext. family. 2 car attached garage C/A, C/Vac, gas heat. Close to trans. Tour at www.gatewaytohomes.com/2811017



Hasbrouck Heights \$499,000
Custom brick Cape on large lot. LR w/fireplace, FDR, den, sun porch. Four BR, 2 baths, att. garage, finished base., in-ground pool. Tour at: www.gatewaytohomes.com/2804613



Wood-Ridge \$424,900
Beautiful 3 BR, 1.5 bath English Tudor in lovely area. LR w/fpl. & FDR w/gleaming hardwood floors. 3 season room w/tile floor overlooks park-like yard. MBR has vaulted ceiling & custom closets. Finished basement w/FR, 1/2 bth & laundry room. Tour at: www.gatewaytohomes.com/2813739



Maywood \$459,900
Wonderful move-in-ready 4 BR, 2 bath Colonial Cape. Charming details incl: EF, LR, FDR w/bay window. Kitchen w/pantry, h/w floors & natural mouldings. Very lg master BR w/sliders to private deck. Jetted tub & SS in 2nd fl bath. Fin. bsmnt, newer roof, & C/A. Tour at www.gatewaytohomes.com/2811743



Hasbrouck Heights \$549,900
Well maintained 3 bedroom, 1.5 bath home on dead end street. Features hardwood floors, updated bath, vinyl siding, finished basement, patio and central air. Plus, a large, flat 120 X 100 double lot. Tour at: www.gatewaytohomes.com/2805734



Lodi \$225,000
Great 2 BR, 2 bath starter home/condo alternative. Bright & sunny home offers a LR, DR, Kit., two nice sized bedrooms & office. Finished basement has double closets & full bath. Newer carpeting, h/w floors & maintenance-free siding. Tour at www.gatewaytohomes.com/2815193



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