

The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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VOL. 6, No. 5

May 2009

www.The-Gazette-Newspaper.com



Hippity Hop Hop

The Easter Bunny was seen hippity hopping around our area. See pages 15-17.

May 10th - Mother's Day
May 25th - Memorial Day Observed

*Schedule of Memorial Day Services
is located on page 26 • Fly your Flag*

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HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 30 and 31, 2009, from 9:00 a.m. to 4:00 p.m. A free map indicating all registered participants' addresses will be distributed to the shoppers.

Registration will be inside the Municipal Building May 7th, from 7 p.m. to 9 p.m., May 8th, from 3 p.m. to 5 p.m. and on Saturday, May 9th, from 10 a.m. to noon. Applications are available at the Borough Clerk's Office. Registration deadline is May 18th.

There is a \$10 permit fee. Participation in this sale does not count towards the "two garage sales" per year ordinance.

Space will be made available for apartment dwellers at the Central Avenue parking lot near the playground. Participants must bring their own table.

This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more info call the Borough Clerk at 201-288-0195. ###

Keep Wood-Ridge Beautiful

The "Keep Wood-Ridge Beautiful" committee will hold its 10th Annual Downtown clean-up day on Sunday, June 7, 2009 from 1 p.m. to 4 p.m. Volunteers will meet at the Wood-Ridge Senior Center at 12:30 p.m.

Last year, over 175 volunteers participated. You are welcome to help clean the shopping districts and raise awareness of the effects of litter in our community.

The Bergen County Board

Rabies Clinic May 4th

The Moonachie Board of Health will hold its annual free rabies clinic on May 4, 2009, from 7:30 p.m. to 8:30 p.m., at the Borough Hall. Dogs must have a valid 2009 license to receive the shot. Dog licenses will not be issued during this clinic.

Cats may also be brought in for a free rabies vaccination. All dogs and cats must be accompanied by an adult only. ###

of Health will provide cleaning utensils, gloves, brooms and bags. Hot dogs and light refreshments will be served after the clean-up.

To sign up, call 201-939-0202 (press 1) and leave your name and how many adult and children's shirts should be ordered. For more information call 201-531-0259. ###

Clothing Drive

The Junior Women's Club will host a clothing drive on May 2, 2009, from 10 a.m. to 3 p.m. Drop off all unwanted clothing, shoes, stuffed animals, and small toys at the municipal parking lot at The Boulevard and Central Avenue. Proceeds to benefit the Junior Women's Club Charities. ###

Farmers' Market Starts June 23rd

The Hasbrouck Heights 9th Annual Farmers' Market is scheduled to begin on Tuesday, June 23, 2009, from Noon to 6 p.m. at The Boulevard and Washington Place. ###

Outdoor Flea Market

The First Presbyterian Church of Moonachie, 221 Moonachie Road, will hold an outdoor flea market on May 9, 2009, from 9 a.m. to 4 p.m.

Call 201-874-6297 for more information. ###

Care On The Corner

333 Franklin Avenue, Hasbrouck Heights • 201-288-9460

5th Annual Golf Outing

BBQ Lunch @ Noon • Shotgun start @ 1 p.m. • Dinner @ 5 p.m.

Cost: \$150 per golfer • Dinner only: \$50 per person

Wednesday, June 3, 12 Noon

Bear Brook Golf Club in Newton, NJ

Prizes: closest to the pin, longest drive*

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Sports memorabilia auction

Door prizes • 50/50 raffle

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*Man & woman

Event Benefits Care On The Corner Programs

The Energy Corner

Your Smartest Investment

With world-wide energy prices skyrocketing, the best investment you can make is upgrading your heating system this summer.

Heating systems with a 60% efficiency rating translate to 40% of your fuel bill wasted. New systems can have over a 90% efficiency rating. Upgrading pays for itself in a few years, and will continue to provide future savings.

If your furnace is over 15 years old, it probably has only a 65% rating. With today's technology, it may even pay to just replace a burner that's only 10 years old. **Get the facts.** Have a professional analyze your system. See what's best for you -- *repair, upgrade or replace.*

Call for a **FREE** analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation.

Financing is available.

Call John Depken if you have any questions that you would like answered in this column



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First Annual Boulevard Street Fair May 17th

This free event is provided to the community through the generosity of:

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CareOne at Wellington
Otterstedt Insurance Agency
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Mason & Musella, Esqs.
Pepe Plumbing & Heating
ShopRite of Lodi
Stan's Sports Center
Stewart Title
Teterboro Airport
The Gazette Newspaper
The Observer

Additional Sponsors Anticipated

First "Annual Boulevard Street Fair" May 17th

Hasbrouck Heights will hold its First "Annual Boulevard Street Fair," along The Boulevard, from Kipp Avenue to Raymond Street, on Sunday, May 17, 2009, from 10 a.m. to 5 p.m., rain or shine.

The Mayor's Business Community Committee has been working with Cliffhanger Productions to bring a variety of vendors to The Boulevard along with fun for the whole

family. Included in the day's events will be many free attractions and fun-filled action to include:

- Concert tentatively featuring Anthony Liguori and Bill Turner and the Blue Smoke Band performing classic oldies rock & roll and Tribute to Elvis.

- Crafts, antiques, and collectibles vendors.

- Local bands will showcase their talents, plus there will be a DJ and giveaways.

- Ashley Hollister, Hasbrouck Heights resident appearing on the American Idol program.

- Rides and Amusements - Inflatables, Bungee Trampoline, Rock Climbing Wall, Trackless Train and lots more.

- Children's entertainment -- featuring choreographed costumed character revue starring the most popular TV/Film characters, who will be strolling the street fair, meeting and greeting and taking pictures with the kids.

- Walk-around entertainment - everything from clowns to stilt walkers to magicians and jugglers.

- Face painters, tattoo artists and balloon artists.

- Fun foods - popcorn, cotton candy, pucker powder.

- Specialty food vendors (sausage and peppers, barbecue, gyros, pizza, hamburgers, zeppoli, ice cream and more).

This free event is provided to the community through the generosity of these sponsors:

Platinum Sponsor: Costa Memorial Home, Gold Sponsors: BeJay Drugs, CareOne at Wellington Hall and Otterstedt Insurance, 101.9 RDP, Silver Sponsors: Boiling Springs Bank, Hekemian & Co., Inc. Hennessey Heights Funeral Home, TD Bank, and Valley National Bank and Bronze Sponsors: Anthony B. Bonura, DMD, Chandless, Weller & Kramer, Heights Flower Shoppe, Hilton Hasbrouck Heights, Holiday Inn Hasbrouck Heights, IHOP of Hasbrouck Heights, Lenox Corp., Mason & Musella, Pepe Plumbing & Heating, ShopRite of Lodi, Stan's Sports Center, Stewart Title, Teterboro Airport, The Gazette Newspaper and The Observer. ###

HH Lions Sponsors Fireworks Program July 2, 2009

The Lions Club 25th Annual Fireworks has been tentatively scheduled for July 2, 2009 at Depken Field (Route 17 & Franklin Avenue). The rain date is July 3 and extended rain date is July 10th.

Admission is \$5 for adults and \$3 for children. Under 5 free. Only blankets will be allowed on the field (no chairs.) Water will be allowed, but no food. ###



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The Mayor's Business
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and the Blue Smoke Band

Special Appearance by
Hasbrouck Heights' own
American Idol ASHLEY HOLLISTER

For further information and if you would like to receive a vendor application, please contact:
Cliffhanger Productions
Phone: 201-460-8335
Email: cliffhangernj@aol.com
www.cliffhangerproductions.com

How to Get More From Your Bank

Remember those free toasters and digital alarm clocks that banks used to advertise? Well, the freebies have changed and they're often much better.

Banks in search of "total relationships" with customers are offering free checking accounts with loan discounts, investment bonuses, dining deals, insurance incentives and other little financial sweeteners. The practice is often called "bundling," and shopping carefully for a good bundle could work to your advantage.

Because banks are offering discounts or freebies when you have multiple accounts, you can use any banking product you are considering, as leverage to snag something else you want from the bank -- say, a higher CD rate.

The more business you do with one bank, the more likely they are to sweeten the deal.

At Kearny Federal Savings, you can be a "Financial Star" and enjoy the benefits of StarBanking, a relationship

account. You'll receive free checking with interest, free internet banking with free bill pay, fee rebates up to \$10 per month on foreign ATM transactions, a "bumped-up" CD rate, reduced rates on new home equity loans and much more!

It's easy to qualify for StarBanking. All you need is a Kearny Federal Savings Star Checking account with direct deposit and a combined balance of \$20,000 or more in your savings and checking account. If you're over 55, you can be a SuperStar and receive the same benefits with a combined balance of just \$10,000.

Visit one of KFS's 26 convenient branches for complete details, or call toll free 1-800-273-3406. With Kearny Federal Savings StarBanking program, you'll get the most bang for your buck! ###

FOCAS Holds Flea Market

A FOCAS Flea Market is scheduled for Saturday, May 16, 2009, from 9 a.m. to 4 p.m. and Sunday, May 17, from 9 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Please donate your old cell phones and ink jet cartridges. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

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Job Seekers Seminar

The Free Public Library of Hasbrouck Heights will sponsor a seminar for anyone in the job market, regardless of employment status.

The State of New Jersey provides a wealth of services for all job seekers to develop the skills needed to succeed.

Mark Van Kampen, from the State of New Jersey's One-Stop Career Center, will discuss how job seekers may utilize the support organizations, which are located in the State's Hackensack facility.

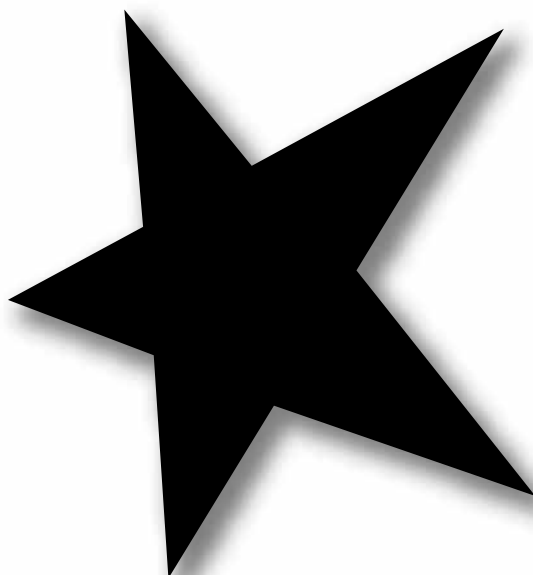
They offer workshops on how to successfully look for a job, how to conduct yourself at an interview, write a resume or learn about the local labor market.

Employment counselors can help explore career choices and occupations in the current job market.

The One-Stop Career Centers also offer one-on-one help with resume writing and interview skills.

This free seminar will be held in The Library's conference room at 320 Boulevard, from 7:00 p.m. to 8:30 p.m., on Thursday, May 14, 2009. Anyone in the work force, either looking for a job or needing to update his/her job hunting skills will find this beneficial.

Registration is required. To register, call 201-288-0488 or log on to http://hasbrouck-heights.bccls.org and go to our calendar. ###



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Gazette Photos Available

Did you see yourself or your child published in **The Gazette Newspaper**? The EXACT images used in **The Gazette Newspaper** are now available as black & white photographic prints and may be purchased at: <http://gazette-newspaper.smugmug.com/>

Heights Assists West Paterson FD



On Sunday morning, April 5, 2009, the Hasbrouck Heights Fire Department assisted the West Paterson Fire Department in a gasoline tanker fire drill.

HHFD was brought in to show a large volume foam truck in the Bergen-Passaic County area.

Former Chief Joe Taylor explained the capabilities of the Crash-Foam truck, demonstrated a large capacity foam operation and gave them hands-on training. *Photos by Tony Greco. ###*



Strawberry Festival

Sweeten your day the strawberry way.



Sweet Strawberry Pancakes

Sweet Strawberry Crepe

Strawberry Stuffed French Toast

Pick one of the above and your favorite combination:

Sampler (pictured)

Two eggs; hash browns, two strips of crispy bacon, two pieces of ham and two pork sausage links 8.49

Big

Two eggs; hash browns, two strips of crispy bacon and two pork sausage links 7.49

Regular

Two eggs; hash browns and two strips of crispy bacon or two pork sausage links 6.49

Choose from these selections:

Sweet Strawberry Crepe

A delicate egg batter crepe filled with sweet cream cheese and strawberries. Crowned with glazed strawberries, more cream cheese icing and creamy whipped topping.

Sweet Strawberry Pancakes

Two fluffy buttermilk pancakes crowned with glazed strawberries, cream cheese icing and creamy whipped topping.

Strawberry Stuffed French Toast (pictured sliced)

Warm cinnamon raisin French toast stuffed with strawberry cream cheese filling. Crowned with cool strawberries, powdered sugar and creamy whipped topping.



Valid every day. Coupons or other discounts not valid with this special. *Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Eggs and steaks can be cooked to order. SF-NYCKN-898 ©2009 IHOP

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Civil War Reenactor Meets with Scouts

On the evening of April 2, 2009, the Scouts of Troop Seventeen, who were preparing for a camping trip to the Gettysburg National Military Park in Pennsylvania, met with Civil War reenactor Edmund Carter III.

He made a presentation to the Scouts to explain the equipment and living conditions of a Civil War soldier.

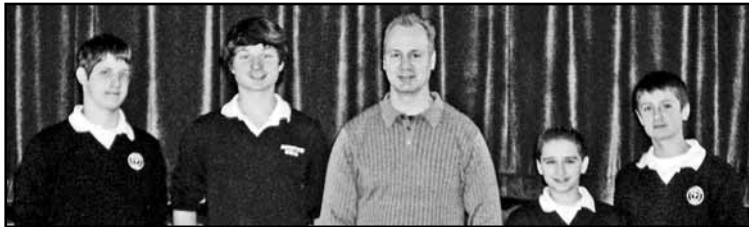
The Scouts were able to see and handle some of the Civil War era equipment.

Members of the troop asked many questions about the life of a soldier and were very impressed with Mr. Carter's knowledge of that subject. The presentation helped the Scouts to understand the importance of what transpired on the Gettysburg battlefield.

Mr. Carter has been a reenactor for twenty years and has the rank of First Lieutenant as a staff officer in the Army of the Potomac. He has appeared as a reenactor in the movies: "Glory," "Gods and Generals," "Gettysburg" and "Ironclads."

Mr. Carter enjoys making presentations to groups so that they may see the personal side of history in a way they do not get in school.

He also wants to honor his ancestor, Major Richard Olden Carter, who served during the Civil War under President Lincoln. *Story and photo by Jim Halloran. ###*



Former NJ Devils Hockey Player Visits Assumption School

The growth of youth sports over the last two decades reflects the popularity of professional sports in our society. Professional athletes, because of their status in the eyes of our youth, have the potential to exert a tremendous influence on their lives.

Bruce Driver, a former NJ Devils hockey player, took advantage of this potential to positively impact students when he visited Assumption School in Wood-Ridge.

Mr. Driver played with the Rangers for three years,

and the New Jersey Devils for twelve. He was a player with the Devils in 1995 when they won the Stanley Cup, and answered many questions from students regarding this great achievement.

He also spoke honestly and eloquently about his experiences as a professional athlete, and emphasized the importance of maintaining a balance between sports and academics.

Story and photo provided by Assumption School. ###



Daisy Troop 517, from Euclid and Corpus Christi Schools, toured the Hasbrouck Heights Fire Department on March 25, 2009 where they learned many fire safety tips. ###

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Sunday Afternoon: May 24 - 2:00 p.m. to 5:30 p.m.

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Register online at www.mcaseminar.com or call 201-257-8217

Registration ends May 18, 2009. Seating is limited.

No onsite/walk-in registration will be available at this location.

Speaker: Joshua K. McCoy, CP is founder and CEO of MC Associates. He is a Retirement Legal Administrator for a leading global human resource, outsourcing, and investment consulting firm in New York City. He has 12 years of financial services experience working with some of the world's largest banks, insurance, and brokerage firms, including Morgan Stanley and Smith Barney. He has held both his Series 7 (General Securities Rep) and Series 55 (EquityTrader/Limited Rep) licenses, and has traded agency securities on the NASDAQ equity trading desk.

*This seminar is provided for general information and education only. There is no investment advice or recommendation. No information provided should be construed as being the primary basis for an investment decision or as reflecting recommendations taking into account your individualized requirements, and we disclaim any warranty or liability for actions you may take as a result of attending this seminar. Please seek the advice of an independent financial advisor before making any investment decision.

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We offer a large "T" shaped pool at depths from 3' to 9' with diving boards, water slide and lap lanes -- plus a separate kiddie pool. The crystal clear pool is surrounded by a lush manicured lawn with lots of comfortable seating and shaded areas.

Our **facilities** include a playground/swings, volleyball/basketball court and a picnic area (*ideal for summer birthday parties*).

Pool **activities** include swim lessons, swim and dive teams, water sports, aquacise and 25 meter lap lanes.

Enjoyable **social events** during the swim season include: Hot Dog Sunday, Sundae Sunday, Movie Night, Carnival, Family Fun Nights, Adult Socials, plus much more.

Want to join the summer fun?

For an application form simply ---

Call: 201-288-4494 • **Email:** jdcasella@optonline.net

Write: Hasbrouck Heights Swim Club,
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* There are currently a limited number of memberships available. Must be a Hasbrouck Heights resident.



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Unprotected Innocence

Your child knows everything, and you know nothing.

And that's probably true -- about being online. They can chat, surf, text, IM, e-mail, blog, post their profile on Facebook or My Space, etc.

But, are they really aware of the perils, especially when they freely divulge personal and intimate information about themselves? Do they know how

to protect themselves?

You may not know a lot about computers, but you should learn how to protect and ensure a safe online experience for your child.

The Hasbrouck Heights Police Department and Board of Education hosted "Staying Safe in Cyberspace -- Internet Safety for Parents" on April 1, 2009, in the Hasbrouck Heights

High School Auditorium.

The program began with comments by Barbara Christanson, followed by Chief Michael Colaneri who introduced Detective John J. DeVoe, Bergen County Prosecutor's Office Computer Crimes Unit, the longest serving and most proactive unit in the tri-state area.

According to Detective DeVoe, "The Internet is a valuable educational tool for adults and children. Unfortunately, it also exposes our children to a variety of sexual predators (an estimated 50,000 who surf the net nationwide), identity thieves, and other deviant members of society.

There is no expectation of privacy on the Internet. You can never undo a stupid upload. When your child posts anything, it's like a tube of toothpaste, no one can ever put it back ...ever!"

He offered concrete Internet safety suggestions for parents to include:

Keep the computer in a common area of your home, not in your child's bedroom. Install watchdog and blocking software.

Establish online usage rules for your children to follow, such as, never give out identifying information about themselves, download pictures from an unknown source or arrange to meet someone they met online.

Parents should learn some computer lingo like "POS - parent over shoulder," or references to 420 - marijuana.

Have your child go through their cell phone, e-mail, etc., buddy list -- with the rule, if they can't clearly identify that person within 5 seconds, delete the name.

Everyone is responsible to act when there are references to "kill myself" or "kill group."

He discussed child pornography and how accidental exposure can inadvertently draw your child into it. If your child takes a naked photo of themselves and sends it out, it is a 2nd degree crime.

For more information go to: BCPO.net, CyberAngels.org, GetWise.org, isafe.org, ProtectKids.com and SafeKids.com. ###

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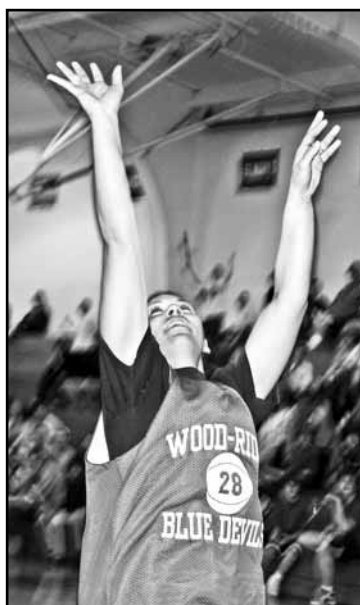
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Blue Devils Take On The Pros

The Second Annual Charity Basketball Game was held Friday, March 27th, 2009, at the WRHS Gymnasium where former professional athletes took on the Wood-Ridge Blue Devils. Over 300 attended the event hosted by the Wood-Ridge High School Interact Club.

The pre-game program began with the WRHS Corale leading in the Pledge of Allegiance, AlmaMater and Chorale Director Melissa Ayvas-Manolakakis sang "God Bless America."

Speakers included the CEO and founder of "Dreams For Kids," Lonnie Allgood, who organized the professional athletes (www.dreamsforkids.org). Referee was John Mosca, Gift of Life Chairman, Rotary District 7490.

The first half was played by three teams fielded by teachers, parents and W-R Alumni.

At halftime, refreshments were available, the NFL and Pros for Kids Store was opened, autograph session, give-aways, 50/50 and Tricky Tray Auction.

During the second half, the

pros competed against three teams from the Elementary School, Middle School and WRHS students. Final score: Wood-Ridge 102, Visitors 79.

Featured thrill for the evening was the \$10,000 half court shot (*no one won*).

For information about the WRHS Interact Club, contact Mrs. Gallipoli at myrna@se-napecapital.com.org ###

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District Champs Honored on HLL Opening Day

Spirits were high as the The Hasbrouck Heights Little League held their 56th Opening Day Ceremony on Saturday, April 4, 2009.

The event began as the Little Leaguers and their families marched from the club house, along the swim club parking lot, across Oldfield Avenue, down onto the Major League Field and assembled along the perimeter of the infield.

The Hasbrouck Heights Po-

lice Honor Guard presented the Colors during the National Anthem. Hasbrouck Heights Little League President Steve Palladino officiated, and thanked the sponsors, managers/coaches, and others who help make the League a success.

The 2008 12-year old District 5 Champs were recognized.

Gary Shenloogian threw out the first pitch to start the season. ###



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"Batter's Up"

The HH Little League held its 14th Annual Pancake Breakfast on Sunday, April 5, 2009, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu included pancakes, bacon, crumb cake, donuts, bagels, juice, milk and coffee. This event usually

serves about 1,500 breakfasts.

The Tricky Tray sports memorabilia auction followed from noon to 1 p.m. Winners did not have to be present at the time of the drawing to win.

Proceeds will be used towards building new ADA restrooms. ###

These Sponsors Hit A "Home Run" With Us!

The Hasbrouck Heights Little League would like to once again thank all of their sponsors who contributed to the success of the 14th Annual Pancake Breakfast. Your help made our event a profitable success.

Once again, a special thanks to Inserra Shop-Rite of Lodi for their generous donation along with Goldberg's, Mills Bakery, Dunkin Donuts - Route 17 and especially IHOP of Hasbrouck Heights. In addition, we would like to thank all the folks and local merchants who participated in donating items to our Pancake Placemat and Sports Auction Tricky Tray (see list). Lastly, the VFW, along with special thanks to Bob Braitsch, for assisting during the entire event.

Thank you and see you next year!

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The Hasbrouck Heights Little League truly appreciates all your help.



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Imaginations Took Flight

Children of all ages took the controls of various aircraft and enjoyed the opportunity to fly airliners, helicopter rescue missions and combat... if only pretend.

On Saturday, March 28, 2009, The Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors.

Aircraft included Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides were available to explain each aircraft.

Call 201-288-6344 for a brochure, to organize a group tour or visit their web site: www.njahof.org ###



"Lincoln's Got Talent"

The Lincoln School PTA held its first Talent Show... "Lincoln's Got Talent" on March 20, 2009 in the High School Auditorium. The featured acts were comedy, piano playing, dancing, singing and jump roping; a job well done by the PTA volunteers and

the student volunteers from the High School and Middle School. It was a very entertaining evening. There were 19 acts and 44 participants. Talent show committee members were: Jen Cina, Eddie Cruz, Susie Cruz, Nancy Dubicki, Dana Fontana, Sue Gaff-

ney, Val Giancaspro, Kim Guido, Maureen Garden, Eileen Cettinger, Candace O'Malley, Marilyn Ortiz, Darlene Partyka, Evelyn Rinaldi, Haydee Vera, Antonette Vignola and Melissa Wexler. *Story and photos provided by Vinnia Schwartz. ###*

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1st Graders Join 130th Anniversary

The First Grade students of St. Joseph School, East Rutherford, proudly stand in front of their April bulletin board that they created as part of the 130th year celebration.

They had to find information and events that happened in the decade 1980-1989. Dif-

ferent events were found, and the children had to find the pictures and write a brief description.

They are very proud every time they walk past it and always look for the ones that they did. *Photo and story provided by St. Joseph School. ###*



Otto the Auto Visits Assumption School

Students of Mrs. Rodriguez and Miss Cuneo from Assumption School in Wood-Ridge recently received a visit from Otto the Auto. Otto the Auto

and his friends teach students important traffic principles including pedestrian safety, school bus safety, proper street crossing, and the importance of

“buckling up.” Photo provided by Assumption School.

St. John's Annual Plant Sale & Flea Market

Mark your calendars! Spring is just around the corner and it is time to start planning our gardens.

This year, St. John's plant sale will be held on Saturday, May 2, 2009, from 10 a.m. to 3 p.m., on the lawn. As in previous years, all our plants are hand picked at the nursery by our experienced gardeners.

Flowering plants, hanging pots, and vegetable plants will be offered for sale. All plants are reasonably priced and of the highest quality. ###

THINK GREEN

Full Flower Moon

The May Full Moon will appear on Saturday, May 9, 2009, at 04:03. It is called the “Full Flower Moon.”

According to The Farmer's Almanac, in most areas, flowers are abundant everywhere during this time. Thus, the name of this moon.

Other names include the “Full Corn Planting Moon” or the “Milk Moon.”

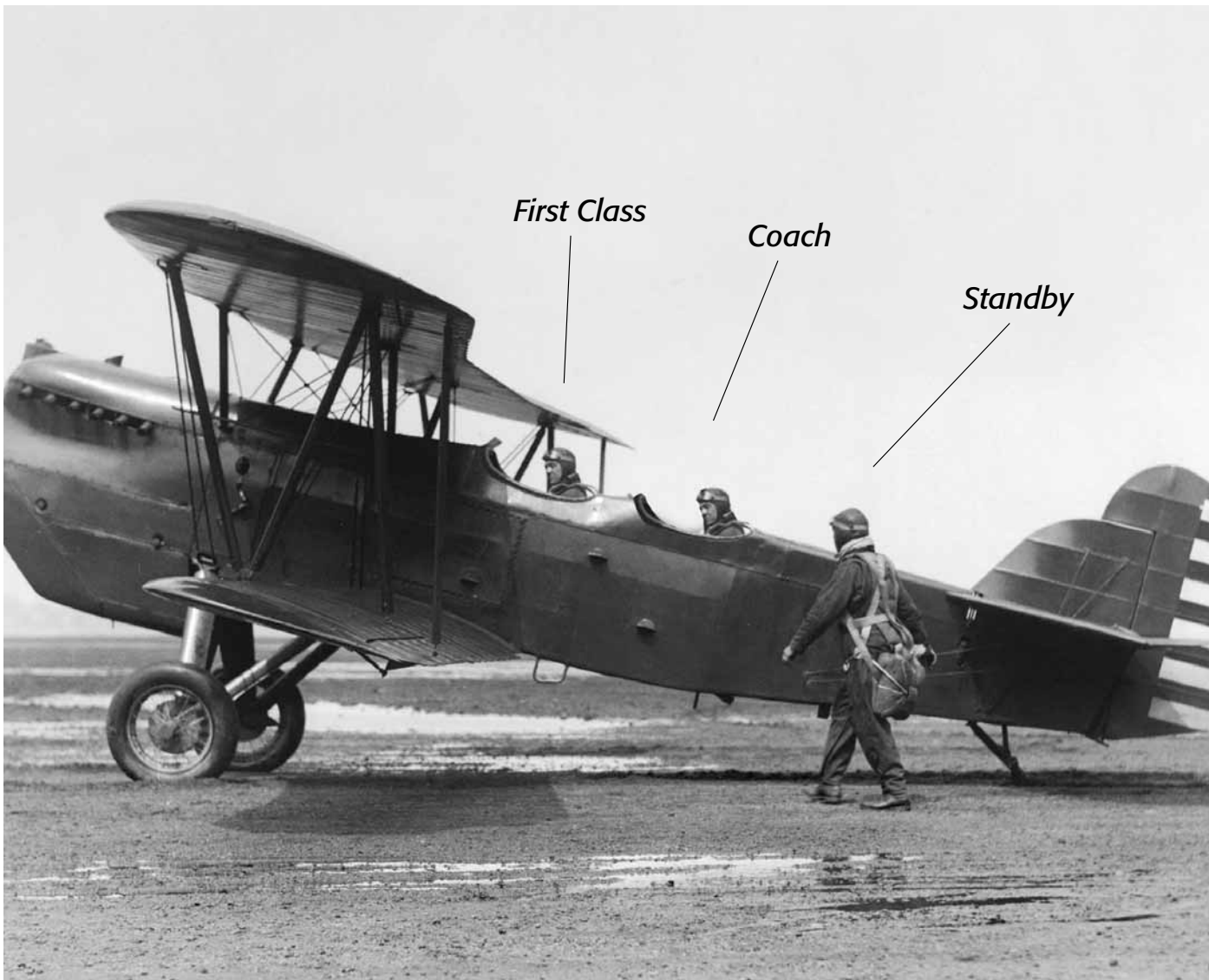
The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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A little rain did not stop Corpus Christi School's 2nd Annual MS Walk held on Friday, April 3rd. Instead of the school grounds, every grade was assigned an inside section of the school to walk. A pep rally with the Cougar Cheerleaders in the gym before the actual walk put a bounce in everyone's step. The generosity of the sponsors solicited by the students truly made the day a success. A total of \$8,500 was raised for this worthy cause.

Corpus Christi School May Highlights

Busy, busy, busy! That is the perfect description for Corpus Christi School students, parents and faculty for the month of May. As the end of the school year quickly approaches, the beginning of the end-of-year activities gear up.

The Third Period Progress reports will be released to parents on May 1, 2009. A First Friday Mass will also be held that day with a 12:00 dismissal. The last Pizza Night for the Middle School will take place that evening.

Co-ed Uniform will be visiting school on the 7th to take measurements and initial orders.

First Communion for the Second Grade will take place during the Masses the beginning of May. On May 11th, one

of most touching ceremonies of the year occurs when the upcoming graduating 8th Grade class pair with the Second Grade in their Communion finery and participate in May with the Crowning of the Blessed Virgin Mary in the Corpus Christi Chapel. All parents, students and parishioners are invited to attend.

A Home School meeting is scheduled for May 13th at 7:30. An Ascension Thursday Mass will take place on the 21st at 9:00.

On May 6th the Fourth Grade will visit Trenton and the Fifth Grade will be at the Teterboro Aviation Museum. On the 15th, the Sixth Grade will get on the bus for the Great Adventure Patrol Trip. PreK4 will spend an enjoyable day at

Turtleback Zoo on the 19th. On May 29th, the Second Grade will visit Van Saun Park and the First Grade will get a tour of Hackensack University Medical Center. The Third Grade will visit Lenape Village Green Meadows on June 3rd. As is tradition at Corpus Christi the Eighth Grade will spend the day at Hershey Park with funds they have raised as a class.

On May 28th, the Eighth Grade will participate in the Spanish Luncheon and on the 29th their much anticipated Graduates' Dance will bring out the new dresses and suits.

For more information on class availability for the 2009/2010 semester, call 201-288-0614 or email at corpuschristischool2@verizon.net *Story and photos provided by Sonya Buckman. ###*



Corpus Christi D.A.R.E.

On March 18, 2009, Corpus Christi Fifth Graders held a D.A.R.E. Culmination Program. The Master of Ceremonies were Felicia Cascone and Jonathan Mascis.

The program began with the Pledge of Allegiance, and "America the Beautiful" with the HHPD Honor Guard.

Fr. Lewis V. Papera said the opening prayer, Principal Michelle Murillo welcomed Mayor Rose Marie Heck and Chief of Police Michael J. Col-

neri. The Corpus Christi 5th Graders stated "Eight Ways to Say NO." The essay winners were Daniella Presti and Ahmed Khilji.

Certificates were awarded, followed by the "Pledge to Be Drug Free," with closing remarks by Lt. Shawn Mullins.

The 5th Grade teachers are Mary Ellen Scanlon and Tina Edwards and the Music Director is Mrs. Geraldine Mendoza. Refreshments followed. *Photo by HHPD. ###*

RLC School Field Day May 22nd

The Robert L. Craig School will have Field Day on May 22, 2009. The event begins at 9:15 a.m. with a Flag Ceremony at the front entrance oval. The theme is, "Where Learning Takes Flight." The rain date is June 12, 2009.

All-beef hot dogs will be served for lunch. *(Please provide your child with a bag lunch if he/she is unable to eat hot dogs.)*

During this event, RLC is participating in the American Heart Association's "Jump Rope For Heart."

Children in Grades Pre-K through 8 are welcome to participate. Monies from sponsors are to be collected and returned to Mrs. Sullivan by Friday, May 15, 2009. Please, no door to door solicitations. Make checks payable to: The American Heart Association. ###



Heights REBELS Kick Butts

On March 25, 2009, the Hasbrouck Heights High School REBEL Club placed signed student pledges on the front window of the High School, which called attention to "the 400 people who will die today from tobacco related illness."

The 25 member club joined other high schoolers throughout the state to promote the 14th Annual "Kick Butts Day." (kickbuttsday.org)

The Club's advisors are Barbara Christianson and Kathy Stevenson. This is the Club's third year.

"Kick Butts Day" is a na-

tionwide initiative run by the Campaign for Tobacco-Free Kids. Young people are encouraged to become activists against tobacco products.

NJ REBEL (*Reaching Everyone By Exposing Lies*) is a statewide youth-led anti-tobacco movement founded in 2000 -- whose message is New Jersey Teens are Not For Sale (www.njnotforsale.com).

NJ REBEL is dedicated to educating peers, middle and elementary school children, and other members of the community about the dangers of tobacco use. ###

Mother's Day May 10, 2009

Mimosa Punch after 12 Moon

From the Bakery

Fresh Assorted Doughnuts & Danish, Rolls & Bagels Served with Assorted Preserves, Butter and Cream Cheese

Breakfast Buffet

Fluffy Scrambled Eggs • Crispy Bacon & Sausage
Homemade French Toast served with warm Maple Syrup
Home Fries with Peppers and Onions

Omelets (made to order)

Served with your choice of Assorted Cheeses, Diced Ham, Peppers, Onions, Bacon & Mushrooms

Cold Seafood Display

Cold Shrimp served over a Bed of Crushed Ice
Accompanied by Lemon Slices & Spicy Cocktail Sauce

Salad Bar

Antipasto Platter, Pasta Salad, Mixed Garden Salad, Caesar Salad, Mozzarella & Tomatoes, Smoked Salmon Platter served with Chopped Eggs, Onions & Capers

Carving Station

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Prime Rib with Au Jus Sauce

Hot Entrees

Chicken Francaise • Oriental Cashew Pork Tenderloin
Stuffed Manicotti • Baked Salmon with Dijon Mouseline
Seafood Fra Diavolo • Roma Potatoes • Penne A La Vodka
Seasonal Italian Vegetable Medley

Kids Corner

Chicken Fingers • French Fried Potatoes • Macaroni & Cheese

Viennese Table

Chocolate Fondue Station • Seasonal Fruit Salad
Assorted Cakes & Miniature Italian Pastries
Freshly Baked Cookies & Brownies
Belgian Waffles & Bananas Foster (to order -- served with Ice Cream, Assorted Toppings, Whipped Cream)
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The Junior Women's Club of Hasbrouck Heights held its annual “Brunch with the Bunny” on Saturday, April 4, 2009, from 11 a.m. to 1 p.m., in the Senior Center at the Municipal Building.

This tiny tot event was geared towards the age of 7 and under. Every child had a moment with the Easter Bunny, an instant photo memory and a goody bag. The event included a light brunch buffet.

Johnny Magic entertained with a half hour show, inviting several children to assist him as junior magicians.

All proceeds help fund local charities and scholarships. They also accepted donations of new pajamas and slippers for Foster and Adoptive Family Services.

The Junior Women's Club has been sponsoring “Brunch with the Bunny” for over 10 years, and before that they held “Bagels with the Bunny.”

Johnny Magic's web-site is www.meninmagic.com ###

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... and Children Enjoyed the Area Easter Egg Hunts

Hasbrouck Heights

The Annual Easter Egg Hunt started at 10:00 a.m., Saturday, April 4, 2009, at Depken Field.

The event was open to all Heights pre-schoolers (age 4-5) through Third Graders. Children brought their baskets with great anticipation.

The football field was divided into three sections for each age group.

They lined up and eagerly awaited the "go whistle" by Chief of Police Michael Colaneri, then ran onto the field to collect as many eggs as they could. Many of the plastic eggs had prize coupons that were redeemed for prizes.

The Easter Bunny visited for photos and to hand out candy.

This annual event was sponsored by the Mayor's Celebration Committee.

Little Ferry

The Little Ferry Egg Hunt, was held on March 28, 2009, in the Borough Hall lobby for resident PreK through 8th Grade children.

The Easter Bunny sat on a huge chair in a decorated area and met with the children, gave candy and a prize ticket.

The children put their ticket in a small basket in front of prizes from plush animals, toy baskets to bicycles. Tickets were drawn in a tricky tray style auction. *Photos by Marie Gallo.*

Moonachie

The Moonachie Annual Egg Hunt was held Saturday, April

4, 2009, at Robert L. Craig School Gym for K through 3rd Graders.

Children anxiously waited in the lobby for the doors to open, then ran for the eggs that were placed everywhere on the gym floor. Eggs were redeemed for plush ducklings with candy.

Children guessed the number of jelly beans in the jar (1,575), with the winner winning plush rabbits.

Peep-shaped cookies and juice refreshments were served and the Easter Bunny was there.

The Easter Egg Hunt has been in existence for 45 years, starting in the Joseph Street Park and moved to the Robert L. Craig School field (*weather permitting*) and gym. It has been held in the gym for the last few years. The event was sponsored by the Borough of Moonachie.

Wood-Ridge

The Wood-Ridge Memorial Library held an Easter Egg Hunt in the Children's section on Wednesday, April 8th.

Over 20 children, age 5 to 10, searched the bookshelves for eggs filled with treats. Every child received a prize. Cupcake snacks and a special Easter Storytime followed.

...

The Knights of Columbus St. Anthony Council 11585 held their Annual Easter Egg Hunt on Saturday, April 11, 2009, in Assumption School for Pre-K through 3rd Grade. Refreshments followed. ###



. The Easter Bunny Visited





Cheers!

The Wood-Ridge High School cheerleaders finished off their incredible season this year with Americheer's International Competition held at the Milk House in Walt Disney World, Florida.

After two rounds of competition, the team waited anxiously for the awards ceremony.

The cheerleaders, coaches and many spectators who made the trip to Florida in support of the team were elated to hear the results.

Wood-Ridge High School received first place in the Large Show Cheer Division, the High Point Award which is awarded to the team with the highest

combined score for both days of competition, the Wow Choreography Award, for best overall routine as well as being named Grand Champions for outscoring the other 58 High School routines in their session.

The girls also were very proud to have outscored 111 teams throughout the other sessions as well.

The season could not have concluded on a better note for this team. They worked extremely hard all year together and formed a bond which allowed them to excel to an unprecedented level at Wood-Ridge High School.

This was the first undefeated season for the High School cheerleaders and their coaches and families could not be more proud. *Story and photo provided by Carmen Lapa. ###*



Wood-Ridge has always been a football/cheering town. Our High School team has been an award winning all music large team for many years. Our Senior Team (8th Grade and under) has also enjoyed an incredible record in the small division for dance/cheer. Wood-Ridge/Moonachie has always been proud of its sports and this year is no different. In 2008, Wood-Ridge/Moonachie Blue Devils were pleased to announce an addition to its family, a third competition cheering squad...the Pee Wee Team (4th Grade and under)! Our Senior Team also transformed from a "small" team to a "large" team

by virtue of a larger squad.

All three squads had an amazing year. On March 7, 2009, all three teams competed together for the last time (*at the same competition*).

The Blue Devils took The Elizabeth Dunn Sports Center in Elizabeth by storm! All three divisions came in First Place.

Quite a feat! Both the Senior Team and the High School Team went on to states and nationals following this competition and had a spectacular finish to an incredible season.

Congratulations to the cheerleaders, coaches and families on a wonderful season. *Story and photo provided by Susan Porro. ###*

Postal Increase May 11, 2009

On May 11, 2009, the price for a 1-ounce First-Class Mail stamp will increase from 42¢ to 44¢. Prices for other mailing services — Standard Mail, Periodicals, Package Services (*including Parcel Post*), and Extra Services — will also change.

The average increase by class of mail is at or below the rate of inflation as measured by the Consumer Price Index.

Customers can use their Forever Stamps — to mail 1-ounce letters after the price change, without the need for additional postage. Forever Stamps are available through Post Offices, commercial retail outlets, such as grocery stores, and online. ###

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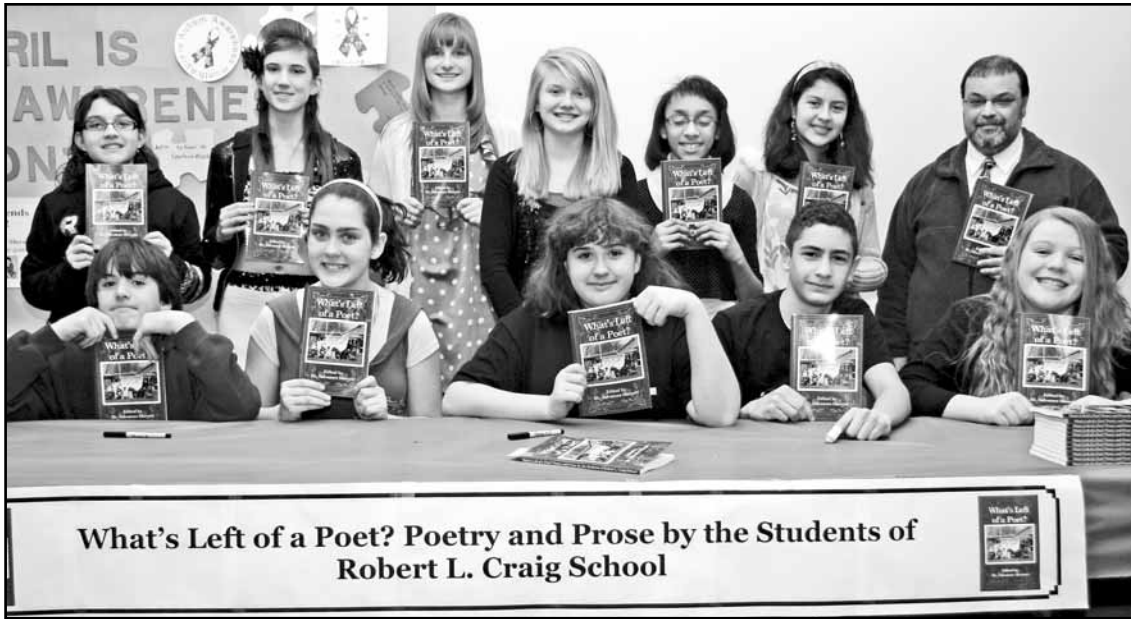
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RLC Curriculum Expo and Talent Show 2009



"What's Left of A Poet?" A collection of poetry and prose was written by 14 Robert L. Craig School students, and edited by Mr. Salvatore Mercuri. The book was published, and launched at a book signing by the authors in the School Library during the Curriculum Expo. Copies of the 128 page, soft cover book are available by calling 201-641-5833.

The Robert L. Craig School Curriculum Expo Art Exhibit was held on Wednesday, April 8, 2009, from 6:30 p.m. to 7:30 p.m.

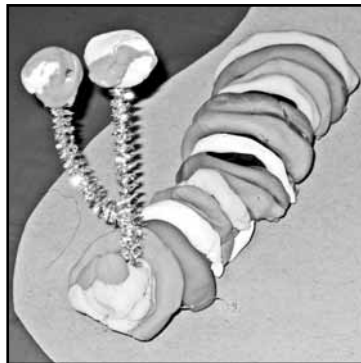
The Curriculum Expo showcased projects by Pre-K through 8th Grade in all subject areas as well as art exhibits throughout the school and cafeteria.

At 7:30 p.m., guests enjoyed the Variety Showdown

2009 in the gymnasium, which showcase the students' singing, dancing and instrumental abilities.

Complimentary blood pressure checks were administered by RLC School Nurse, Donna Gallo.

This event builds pride and sparks enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###



Butterfly Guy Lands in Heights



On April 16, 2009, the Hasbrouck Heights Garden Club hosted Rick Mikula, the "Butterfly Guy," at The Hasbrouck Heights Free Public Library.

For over 30 years, he has been enchanting audiences with the beauty and diversity of butterflies.

As North America's "butterfly evangelist," he said, "Butterflies are in danger. The more asphalt we lay, the fewer butterflies we will see. The more wildflowers we replace with hybrids and ornamentals, the fewer caterpillars we will find. The more insecticides we spray, the fewer the wings that will fill the sky. Nine out of ten butterflies do not reach adulthood. If the eggs aren't crushed or the caterpillars eaten, the adults will probably die of thirst or drown in pesticides. Despite urbanization, you can help right in your own backyard by creating a butterfly garden."

Rick distributed handouts on how to create your own butterfly garden, listing trees, shrubs and perennials that attract butterflies through the season. There are 720 species in the U. S. -- 150 in New Jersey. Mikula stated the most butterflies live only two weeks. Monarchs can live somewhat longer. He debunked myths -- butterflies are tough little creatures.

He demonstrated the butterfly anatomy by donning wings, antennae, eyes, proboscis, etc.

Rick showed slides and talked about male and female butterflies and moths, showed specimens, to include the smallest blue butterfly from Texas.

The general development phases are caterpillar, chrysalis, where inside, the metamorphosis takes place into the

butterfly.

He explained the mounted specimens (*only collected after the butterflies died naturally*).

He discussed their favorite scents -- ladies, Calvin Klein perfume and, men, fresh manure and vanilla, and colors that attract butterflies.

Rick displayed a hanging butterfly cage with live butterflies.

Mikula started his career in Ornithology at Cornell and changed his specialty when a butterfly landed on him.

He raises butterflies in "Hole in Hand Farm," Hazleton, PA. They can be released at weddings, parties and even funerals. He supplies them for movies, in Las Vegas, and even for Dolly Parton in "Dollywood."

Rick is an award winning author, lecturer, photographer, rain forest guide and habitat consultant. He has appeared on many television shows and has been featured in many publications. He has written several books to include "The Family Butterfly Book," filled with butterfly projects from creating a butterfly garden and farm, raising butterflies to butterfly care.

His "Spread Your Wings and Fly" seminars have trained hundreds of people world-wide to become professional butterfly producers.

He spoke about his affiliation with the Rutgers/Jamesburg Prison inmates raising butterflies in a greenhouse.

He also teaches a semi-annual landscaping workshop at Rutgers University, and trains park naturalists in the art of presenting "unforgettable" programs throughout North America and Canada. He is the co-founder of the www.ButterflyWebsite.com ###



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Spring Little Ferry Library Schedule

Children's Programs:

- Story Hour for 3-5 year olds, Tuesdays at 1:30 p.m.
- Mommy and Me, Birth to age 2, Wednesdays at 11:00 a.m.
- Kids Bingo, May 7, May 21 at 3:30 p.m.
- Spring Craft, Grades K - 3, May 14 at 3:30 p.m.
- Origami - Grades 2 and up, May 20 at 3:45 p.m.

Adult Programs

- Friday afternoon movie at The Library; showtime is 2 p.m. Enjoy viewing the latest DVD releases. Refreshments courtesy of Friends of the Library.
- Book Lovers' Club meets the third Thursday of the month at 6:30 p.m. May's selection will be "The Geography of Bliss" by NPR reporter Eric Weiner. Pick up a copy at the Circulation Desk.
- Knit-Crochet Class. Learn new stitches, meet new friends, every Wednesday evening at 6 p.m.
- Music Concert at Little Ferry Borough Hall. The "Remember When" duo, pianist Larry Weiss and clarinetist Joe Licaro, play tunes from the Thirties and Forties ... Gershwin, Cole Porter, the golden age, Sunday, May 17 at 2:00 p.m.

For further information and to register for children's programs, call The Little Ferry Library at 201-641-3721. ###



Ervolino at His Best

Bill Ervolino, The Record's award winning columnist, author and humorist, entertained at the Friends of Wood-Ridge Memorial Library 15th Annual Dessert Party on April 20,

2009. The capacity audience enjoyed every minute they spent with him.

Bill has the ability to blend his own unique humor into his daily experience with family, friends and life. By doing this he covers topics which his audience could easily relate to.

Bill played off the audience; he interacted with them; he joked with them; he had them "rolling in the aisles." There was no doubt that everyone who attended was entertained.

Of course, the assorted desserts that were served were delicious and plentiful. The evening was well planned and well worth the price of admission. *Story and photos by Peter Gallo Jr. ###*

Book Sale

On Saturday, May 9, 2009, from 10 a.m. to 2 p.m., The Friends are holding a Book Sale at the Wood-Ridge Senior Center at the corner of Hackensack Street and Highland Avenue, adjacent to The Library. The selection is large and varied; the quality is superb; and the prices are always low at the Friends' Book Sale. ###



Fight at the Library

How do they make those stage fights look so real?

Over 20 teenagers took a peek behind the scenes of live theatre in a fun and intriguing hands-on workshop at The Free Public Library of Hasbrouck Heights, on Tuesday, March 31, 2009.

The program was led by Skyline Theatre Company Managing Artistic Director Sam Scalomoni, who has been in stage combat since 1989.

Sam explained that unlike movie-takes, stage combat can be performed 10 times a week and must appear "dramatic" in front of hundreds of people.

Sam stated that stage combat is dancing with your partner and keeping your partner safe -- of course, safety is a major

focus of the class. It begins by maintaining eye contact at all times. The teenagers began with a partnering exercise.

Although it's the aggressor who appears to control the scene, it is really the recipient who controls the action and makes it work.

They learned how to fall down (*squat and sit*), and to fall back and roll.

He demonstrated how the slap, punch, kick and choking maneuvers worked on stage.

Sam then put several of these techniques together into a very realistic fight scene.

He concluded the program by explaining stage sword fighting, giving everyone the thrill of the hands-on experience. ###

Book, Bake, and Table Top Sale May 30-31

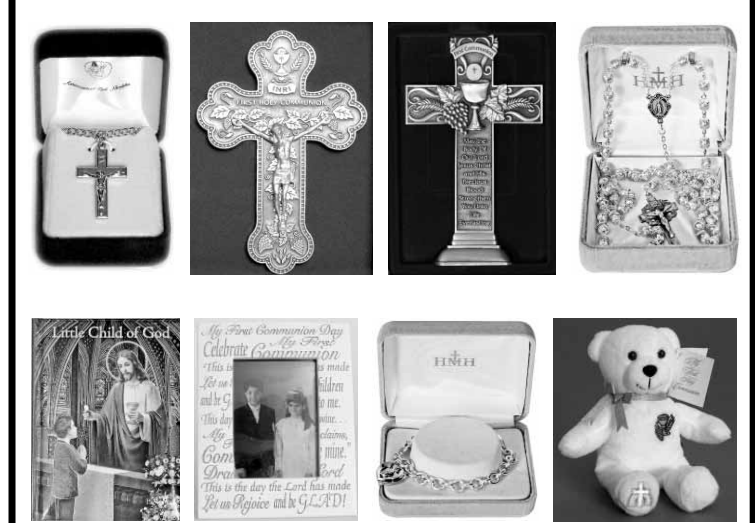
The Friends of the Free Public Library of Hasbrouck Heights will hold its Spring Book, Bake, and Table Top Sale on May 30, 9 a.m. to 4 p.m. and May 31, from Noon to 4:00 p.m.

Delicious homemade baked goods will be available for purchase as well as gently used books, videos, CDs will be offered for sale. Donations of books in good condition are now being accepted.

This event will also feature rented tables for crafters and other sellers. Call The Library for information at 201-288-0488. ###

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Stash The Trash

The Little Ferry/Moonachie Rotary initiated a "Stash the Trash" clean-up day on Saturday, April 18, 2009.

With the involvement and support of Little Ferry and Moonachie Borough officials,

over 100 volunteers to include Girl Scouts, Cub Scouts, Moonachie Athletic Association, Moonachie Rescue and First Aid Squad, Little Ferry First Aid Squad, Moonachie D.A.R.E., Dongson Church (*Little Ferry*), Mid-Bergen Rotary, Teterboro Airport em-

ployees, plus many volunteers participated.

Assisting in the effort were the Little Ferry Police and DPW and the Moonachie Police and DPW.

Collaborating in the effort were The Little Ferry Clean Communities Program,

Moonachie Clean Communities Program and the Bergen County Clean Communities Program who supplied bags, gloves, pick-up sticks and "T" Shirts.

Following the clean-up in both communities, there was a BBQ, games and fun at the Moonachie Civic Center. Night Life Entertainment donated DJ services. ###



Rebuilding Together

On Saturday, April 18, 2009, area residents rolled up their sleeves and took part in the 21st Annual National Rebuilding Day.

About 25 workers assisted an 88-year old disabled Hasbrouck Heights man by repairing/replacing windows, gutters, exterior light, bannister, door lock and painting the hallway and rooms, etc. There was no cost to the recipient.

Volunteer workers were members of The Mid-Bergen Rotary Club, Holy Trinity Church, Hasbrouck Heights High School students, Sponsor: Boiling Springs Savings Bank employees, etc.

Electrical Union Local #164, Plumbing Union Local #14, Roofing Union Local #10 and locally, L. Battaglia and Sons Construction Company supported this event.

Councilwoman Sonya Buckman led this local initiative and stated that the Borough waived building permit fees for this project.

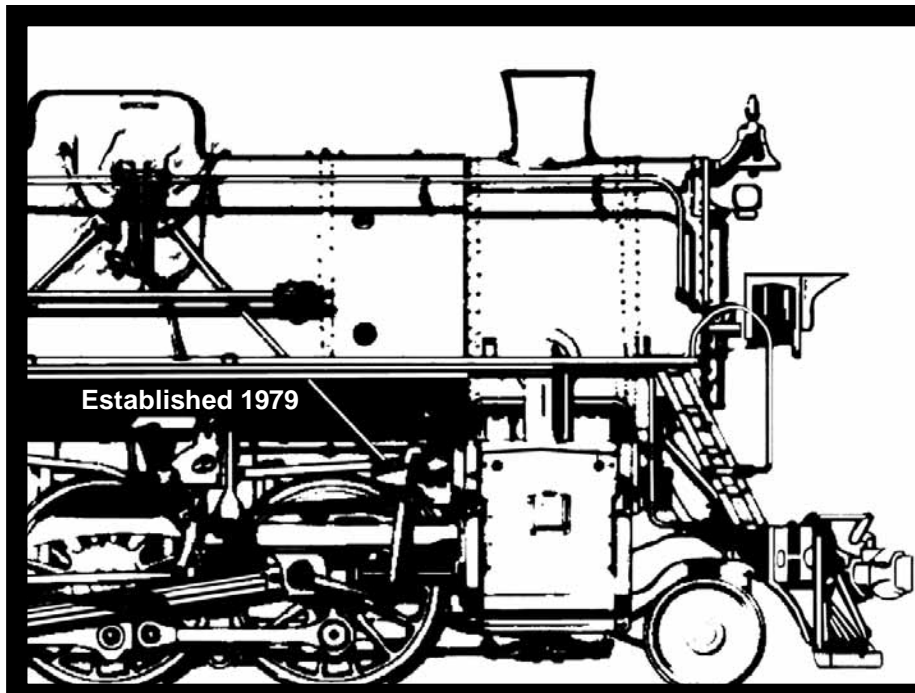
An estimated 4,000 homes were rehabilitated during this event, to include about 10 in Bergen County.

For more information go to: www.rebuildingtogether-bergen.org ###



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NJ AHOF Honors Aviation Pioneers

36th Annual Dinner Set for May 19th -- Public is Invited

The New Jersey Aviation Hall of Fame announced the 2009 Inductees into The Aviation Hall of Fame. The new inductees will receive their bronze plaques at the 36th Annual Induction Dinner on May 19, 2009, at The Fiesta Ballroom, in Wood-Ridge.

The public is invited to attend and meet New Jersey's aviation pioneers. Dinner tickets are \$100 each. There will be a cash bar. For tickets or more information, please call 201-288-6344.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation. Its goal is the preservation of the Garden State's 215 years of aviation and space heritage.



Mark E. Kelly

Mark E. Kelly grew up in West Orange, New Jersey and had his start in aviation as a newly minted Naval Aviator in December 1987.

During his time as an A-6E Intruder pilot operating from the USS Midway, he flew 39 combat missions in Operation Desert Storm.

In June 1994, he graduated from U.S. Naval Test Pilot School and went on to fly A-6E, EA-6B and F-18 aircraft.

He was decorated over 16

times during his military flying career. Captain Kelly later became an instructor pilot and it was during this time that he was selected for the astronaut program.

He has logged over 5,000 flight hours in more than 50 different aircraft and has over 375 carrier landings.

With NASA since 1996, Captain Kelly is a veteran of three space flights. He was Pilot on STS-108 and STS-121 and commanded Space Shuttle Discovery during STS-124. He has logged a total of 38 days in space. Kelly is a candidate for flights aboard the replacement for the shuttle, the new Orion spacecraft.

Along with his brother Scott, Kelly is one of only two blood relatives in the Astronaut Corps. He is also one of only two identical twin brothers in the space program.



Scott J. Kelly

Scott J. Kelly was raised in West Orange. He earned his wings as a Naval Aviator in July 1989 initially at NAS Beeville, Texas.

Not long thereafter he became an F-14 Tomcat pilot and flew off the USS Dwight D. Eisenhower on deployments in the North Atlantic, Mediterranean Sea, Red Sea and the Persian Gulf.

In 1993, Captain Kelly was selected for U.S. Naval Test

Pilot School and was assigned to the Strike Aircraft Test Squadron, Naval Air Warfare Center.

He has logged over 4,000 flight hours in more than 30 different aircraft and has over 250 carrier landings.

Recruited by NASA in 1996, Captain Kelly has spent over 497 hours in space on two Space Shuttle missions, STS-103 and STS 118, the second as commander. He also served as NASA's Director of Operations in Star City, Russia. Kelly is presently in training to become commander of International Space Station (ISS) Expedition-26 with a planned launch late in 2010. He is a candidate to fly aboard the new Orion spacecraft.

Along with his brother Mark, Kelly is one of only two blood relatives in the Astronaut Corps. He is also one of only two identical twin brothers in the space program.



Major General Edward P. McNeff

Born in Camden, New Jersey and raised in Mt. Ephraim, General McNeff is an air combat veteran of World War II, Korea and Vietnam. He served in the United States Air Force for 33 years.

General McNeff was living in Runnemede when he enlisted in the U.S. Army Air Corps. He flew 101 missions against Germany, flying P-47 Thunderbolts

and P-51 Mustangs escorting bombers of the 8th Air Force. During this time he shot down three enemy aircraft.

In Kore, General McNeff flew F-86 Sabres and in Vietnam the F-100 Super Sabre. While serving in Southeast Asia, he flew a total of 205 combat missions.

After his Vietnam tour of duty, General McNeff was initially commander of the 835th Air Division and then Vice Commander of the USAF Tactical Warfare Center. Later he served as Vice Commander of both the 12th and 5th Air Forces, based in Texas and Japan, respectively.

In April of 1973, he was promoted to the rank of Major General.

Among his 10 major decorations and commendations are the Distinguished Flying Cross with 2 oak leaf clusters, Air Medal with 19 oak leaf clusters and the Republic of Vietnam Gallantry Cross with gold star.



Lieutenant General Raymond E. Johns Jr.

Hailing from Washington Township, New Jersey, General Johns was 14 when he began taking flying lessons during the early seventies. When he was 17 he received his pilot's license the same week he received his license to drive.

By 1977 he was a graduate of the United States Air Force Academy and soon thereafter achieved his goal of becoming a military test pilot.

His distinguished career in the USAF has included flying a variety of aircraft (not least of which was the VC-25A better known as Air Force One, which he flight-tested prior to delivery to the Presidential Flight), commanding the 4953rd Test Squadron, 60th Operations Group and 62nd Airlift Wing and directing air mobility forces during the Bosnia conflict.

In 1991 he became a White House Fellow at the Office of National Service and National Security Council. General Johns is currently serving as Deputy Chief of Staff for Strategic Plans and Programs at the Pentagon in Washington, D.C.

He was promoted to the rank of Lieutenant General in October of 2006. ###

Former Governor Byrne to be Honored

It was in May of 1979 that Governor Brendan T. Byrne signed a bill into law recognizing the Aviation Hall of Fame as the official aviation hall of fame of New Jersey. It was the first State aviation hall of fame in the nation.

On this, the 30th anniversary of that historic event, the AHOF trustees will present the former Governor with a commemorative plaque at the May 19th Annual Induction Dinner. The two-term Governor served in the Air Force in World War II as a bombardier in Europe. ###

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W-R PBA Held Annual Beefsteak Comedy Show

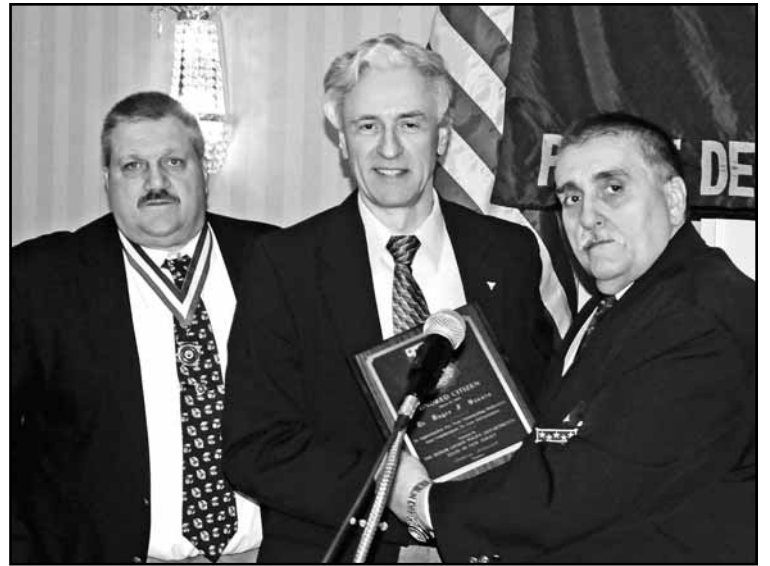
Over 300 attended the Wood-Ridge PBA Local 313 Annual Beefsteak/Comedy Show on Saturday, April 4, 2009, held at the Assumption School Gymnasium.

Following dinner, Honorary Silver Cards were presented to David Primiano, Joseph Solda and Christopher Eilert, in recognition of their continuing support.

Featured entertainment was comedian John Pizzi and his friend "Uncle Smiley, the grumpy old miser and bitter than broccoli rabe," who delivered a non-politically correct ventriloquist act.

Followed by God's Favorite Comedian, "My name is Melvin George II. I am not cool. I live in a penthouse apartment that is located on the street level. The rest of the building is underground!"

Proceeds go towards the good and welfare of the community. Organizers were Jeff Geisler and Joseph E. Biamonte Jr. Dinner was catered by The Brownstone. ###



Szanto Honored by Legion

Hasbrouck Heights resident, Dr. Roger Szanto, was honored March 25, 2009 by the New Jersey Police Honor Legion at a dinner meeting held at the Empire Club in Little Ferry.

He was honored as The New Jersey Police Honor Legion local Citizen of the Year.

Executive board member and Bergen County Sheriff's Officer Timothy A. Sullivan and Honor Legion President and Little Ferry Police Officer Anthony Mattessich as well as Honor Legion Treasurer and Woodbridge police officer Kim Latkovich presented the award.

The dinner was attended by 350 local police officers and honored guests. Dr. Szanto operates a family dentistry practice in Hasbrouck Heights.

Dr. Szanto is community minded and has helped local law enforcement, as well as their families during emergencies. *Photo provided by NJ Police Honor Legion. ###*

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Real Estate Insight

By Mary Ellen Courtney



Real Estate on the Rebound?

While the market is not yet at pre-2006 levels, there are a number of factors that may signal a dramatic improvement over the next 12 months.

• **Pent-Up Demand:** For nearly 3 years, buyers and sellers have been telling us that they are waiting for the "bottom." With the federal bailout in motion, a tick up in the stock market, people still marrying, having kids, retiring, and relocating for their jobs...the stage is set for a substantial increase in buying & selling.

• **The Credit Crunch Eases:** The bailout, along with new guidelines for FHA, Freddie Mac and Fannie Mae, will result in more available money. As credit eases, buying and selling becomes easier.

• **Inventory and Days-on-the-Market Decline:** Each month we compare the number of new listings to the number of homes sold. When more homes have sold than have come on the market, we know the trend has changed. In our local Hasbrouck Heights - Wood-Ridge market, we are seeing this gap

shrinking. Also, the average number of days it takes a house to sell is coming down.

• **Demographics:** In 2008, the number of Gen Y's (born 1977-1994) surpassed the number of Baby Boomers. Gen Y wants to own real estate.

In contrast to Gen X (1965 - 1976) who are delaying marriage and children, the typical Gen Y mom has 2.7 kids. Gen Y is now hitting their early 30's, a time when they are most likely to buy their first home.

Add to this Baby Boomers buying their second and/or retirement homes coupled with a decrease in new homes being built and we see a situation where increase in demand and limited inventory will result in higher prices.

We are extremely optimistic. Historically low interest rates, large inventories and motivated sellers have created win-win conditions for first-time home buyers and homeowners looking to move up. The time is now!

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###



Fitness Tips

By Joann Glussich

What's Lifestyle Got to Do With It?

It happens to everyone. That moment when you realize that it's time to do something about your weight.

Your first thought is to go on a "diet" but as quickly as that enters your mind the ghosts of a hundred diets past return...along with all the frustration. Then you wonder, why bother? The weight will come back, as it always has.

The answer is not to go on another diet. The answer is to change your lifestyle.

Your Lifestyle Obstacles.

Most people resist changing their lifestyle for two reasons.

1. Change is scary. Your life is in a constant state of change. You might as well channel it. It's time to make the change in your life purposeful and positive.

2. Lifestyle misconception. Improving your lifestyle does not mean swearing off chocolate, living in the gym,

eating wheat germ for lunch. You can still enjoy a nice plate of pasta. The key is moderation.

Embrace these simple, small changes that will add up to big improvements in your lifestyle.

What You Eat. Let's face it, most of the foods you eat aren't the healthiest.

The solution to cleaning up your daily diet is NOT to go back on a "diet." Instead, I want you to make permanent healthy changes to your eating habits.

Here are some practical examples: Choose salad over chips or fries. Don't add butter to your food. Eat fresh produce with every meal. Purchase fat free dairy products. Limit desserts to one or two per week. Cut out mindless snacking. Drink water, not soda.

I don't expect you to eat a perfect diet every day of the week. You should, however, make MORE healthy choices every day than unhealthy ones.

What You Do. Exercise is

a huge component to a healthy lifestyle. Your new healthy lifestyle means exercising on most days of the week. This may seem tough, but I have the perfect solution - my training programs were created for busy people just like you.

I understand how hard it is to find the motivation to stay consistent and to push yourself. Make exercise a no-brainer. Here are simple ways to move more: Watch less TV. Stretch stiff muscles every day. Play at the park with the kids. Go for a jog. Do some pushups every morning

While none of the above are meant as substitutes for a solid exercise routine, they are great ways to become more active and to improve your lifestyle.

Your lifestyle is the balance of all the choices that you make regarding your body. Swing the balance in your favor.

So, the next time you're in front of the mirror you won't worry about your weight. You'll relish it.

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

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Memorial Day 2009 Services

The public is encouraged to participate in these patriotic events.

Hasbrouck Heights

The Annual Memorial Day Parade is scheduled to start at 10:00 a.m., on May 25th, at Williams Avenue, march along Terrace Avenue and conclude at Memorial Park at Passaic Avenue.

A brief Veterans ceremony will be held. This is the 90th Anniversary of Memorial Park and Monument. (See May 2006 The Gazette Newspaper, pages 18 & 19 for the history of this monument and memorial stone). A replica of the original program will be distributed.

Services at the Fireman's Memorial at The Circle will follow.

This annual event is co-sponsored by the James B. Scarr Post 106 American Legion and the Veterans of Foreign Wars Post 4591.

The VFW will hold their 2nd Annual Picnic following the Memorial Day Parade at the Post -- from noon to 4 p.m., rain or shine. Free admission.

There will be food, drinks, amusements, entertainment and a 50-50.

Little Ferry

On Saturday, May 23, 2009, at 11 a.m., a ceremony will be held at Washington and Memorial Schools. Refreshments at the VFW will follow.

Moonachie Community Memorial Service to Honor Veterans May 17

On May 17, 2009, at 7 p.m., the First Presbyterian Church of Moonachie will host a service of memory and celebration in honor of Veterans and emergency workers, especially those who have given their lives in service to the country and the community.

This service was originally hosted by the VFW and the American Legion, but as their membership aged, the First Presbyterian offered to continue the tradition so that the services would continue.

This year, members of the Carlstadt VFW and American Legion will be invited as well as the posts from Little Ferry and the Veterans from Moonachie and the surrounding areas.

Everyone is invited to come over and take some time to remember the Veterans who have died, to honor those who are living, and to praise God for all they have done.

A special offering will be received for the Moonachie Scholarship Fund. Story by Pastor Kimberly Chastain. ###

Moonachie

On Saturday, May 23, 2009, services will be held at the municipal building at 10:30 a.m. A parade to the R.L. Craig School follows where there will be amusements, food, etc., from 11 a.m. to 2:30 p.m.

Wood-Ridge

The Fire Department will hold their Memorial services on May 20, 2009, at 7 p.m., at Fire Headquarters.

On May 25th, an 8 a.m. Mass will be said at Assumption Church. At 10 a.m., a pre-parade ceremony will be held at the VFW Monument. A parade will start at CVS at 11 a.m. and march to the Senior Center for a wreath presentation. ###

USS Ling

A Memorial Day Service will be held at the New Jersey Naval Museum, located at the USS Ling, on Sunday, May 24, 2009 starting at 13:00 hours.

Appearing courtesy of the U.S. Navy will be "The Top Brass Quintet."

Tours of the USS Ling and refreshments will follow. ###

Pancake Breakfasts Support Lodi American Legion

Rochelle Park's American Legion Post 170 will sponsor pancake breakfasts on Sunday May 3, 2009 and Sunday, June 7, 2009 to help out their fellow veterans at the Lodi American Legion Post 136, whose Post home was destroyed by fire.

The breakfasts will be held at Post 170's home, 33 West Passaic Street, Rochelle Park, from 8:00 a.m. to 11:00 a.m. and will feature juice, eggs, pancakes, sausage, and coffee or tea. A donation of \$3.00 is requested. ###

VFW Continues Poppy Program

VFW Post 4591 will continue its annual sale of Buddy Poppies this May. Buddy Poppies are scheduled to be available during the month of May at **IHOP Restaurant (Route 17 S)**, Pathmark (*Hackensack*). Poppies are also available at the Post (*513 Veterans Place, Hasbrouck Heights*).

Any Veteran who would like to help out with this poppy drive should call Program Chairman Nick Schiro at 201-288-9395 or the Post at 201-288-1112.

Every year in Hasbrouck Heights during Memorial Day Services at Memorial Park, there is a quiet moment as Veterans come forward and place their Buddy Poppy at the base of the Memorial Stone. ###

90th Anniversary of Memorial Park

Hasbrouck Heights will commemorate the 90th Anniversary of the installation of the Memorial Stone at Memorial Park during Memorial Day Ceremonies on May 25, 2009.

This Memorial was one of the first in the State of New Jersey to recognize the Veterans who served during World War I.

The Mayor and Council will present a Proclamation. The history of the Stone will be presented by American Legion Commander Michael Cahill. **The Gazette Newspaper** will hand out replicas of the original program dedication. The Borough will distribute commemorative bookmarks.

The community is invited to join in this historical occasion. ###

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May 2009 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, May 4, 11, 18

10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, May 5, 12, 19, 26

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, May 6, 20, 27

2:00 p.m. Senior Paced Aerobics \$1.00

Wednesday, May 20, 27

10:00 a.m. Wii Bowling League

Thursday, May 7, 14, 21, 28

10:00 a.m. to 1:00 p.m. Games, cards & coffee

2:00 p.m. Senior Yoga \$1.00

Friday, May 1, 8, 15, 22, 29

10:00 a.m. Games, cards & coffee

Friday, May 1, 8, 22

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

CLUB MEETING SCHEDULE

Wednesday, May 6

10:00 a.m. Leisure Club Executive Meeting

Wednesday, May 13

1 p.m. Leisure Club Meeting

Entertainment: Bill Ervolino - humorist

UPCOMING EVENTS

Spring into Summer Social

June 10, 2009 at 12 p.m.

Tickets are \$5 for paid up members and will be sold at the May meeting. No tickets will be sold at the door. No outside guests.

Annual Summer Get Together

August 12, 2009 at 12 p.m.

Tickets are \$2 for paid up members and will be sold at the May meeting. No tickets will be sold at the door. No outside guests.

Finger Lakes Trip

September 13-16, 2009

A four day, three night trip is being planned to the Finger Lakes in New York. Cost is \$789 for single, \$639 for doubles and \$589 for triple occupancy. Interested members should turn in a \$100 deposit. For more information contact Pat at 201-288-1674 or Grace at 201-288-1614.

Leisure Club members are reminded that their annual membership dues of \$12 are due and should be paid by check.

Local AARP Members Learn More About Nutrition Facts Labels

Mrs. Joan Campanelli, R.D. presented a program on nutrition for the members of the Central Bergen Chapter #418, AARP on Friday, April 10, 2009. She is the Nutrition Unit Supervisor at the County of Bergen, Department of Human Services, Division of Senior Services.

Mrs. Campanelli emphasized that a healthy diet can contribute to a longer life. It is therefore important that you become more informed on reading and understanding the labels printed on food products you purchase. People look at food labels for different reasons; whatever the reason, many consumers would like to know how to use this information more effectively and easily.

The information on the nutrition label contains product-specific information (serving size, calories, and nutrient information. The bottom part contains a footnote with Daily Values (DVs) for 2,000 and 2,500 calorie diets.

This footnote provides recommended dietary information for important nutrients, including fats, sodium and fiber.

In a nutshell, the first place to start when you look at the Nutrition Facts Label is the serving size and the number of



servings in the package.

The size of the serving on the food package influences the number of calories and all the nutrient amounts listed on the top part of the label.

The nutrition facts are presented for one serving; therefore if a package contains three servings and you eat the entire package you are consuming three times the nutrition facts listed.

For example, if the calories for one serving are 250 then the total for three servings would be 750. This would follow through with the other information on the label.

Mrs. Campanelli went into great detail on saturated fat, trans fat, polyunsaturated fat, monounsaturated fat, cholesterol, sodium, dietary fiber, sugars and protein. She spent much time answering questions

from the members.

The program for the next meeting of the Chapter will be "Flavian." He is a mind reader who will dazzle the group with the ability to tell you what's on your mind. The meeting is scheduled for Friday, May 8, 2009, at 12:30 p.m., at the M & M Building located at 116 Holt Street in Hackensack, NJ.

During the business portion of the meeting, President Marie Gallo reminded the members of the Tricky Tray Spring Luncheon which will be held at The Fiesta on Friday, June 12th at 12:00 p.m. The cost is \$37.00 per person.

She also discussed the Picnic in Woodland Park, located in Hasbrouck Heights, scheduled for Friday, September 11th at noon. The cost is \$10 per member and \$12 for non-members.

Marie spoke about the arrangements for the The Fiesta luncheon/comedy, "Retirement Stinks," scheduled for Tuesday, October 27th at 11:00 a.m. The cost is \$40 per person.

For information about becoming a member of this Chapter or participating in any of the activities mentioned, please contact Marie 201-288-0276. *Story and photo by Peter Gallo Jr. ###*

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to 12 noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072. *###*



**Copy for the
June 2009 Issue
is due May 10th.**

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The Gazette Newspaper
are available on-line at:
The-Gazette-Newspaper.com
RSS Feed Available

Leisure Club Entertained by Gifted Professional

At the March 2009 meeting of the Leisure Club, a representative from Trenton addressed the group on the topic of property relief programs available to seniors.

At the April meeting, Joanne Wendolowski, R.N., Public Health Supervisor representing the Health Awareness Regional Program at Hackensack University Medical Center, addressed the group about the services available to the Hasbrouck Heights Seniors through their Health Department.

Following the speaker, Francine Zelnik's Party Show presented a program. She distributed hats, hand shakers and other props to liven up her audience.

She encouraged the group to get involved and was able to get a few to dance. She entertained the group with a few jokes and also sang along to many songs that were familiar to the seniors. She has an excellent voice and her performance was well paced.

Francine began playing the piano at age three; then pro-



gressed to other instruments. By age 12, she was performing with junior orchestras in her region and recorded 3 albums. She entered college on a full tuition vocal scholarship, and has sung professionally first in folk music and later in opera; appearing in many operatic productions.

At all its meetings, the Leisure Club attempts to provide a variety of entertainment to please its members. *Story and photo by Peter Gallo Jr. ###*

**May Birthstone
Emerald**

Primary Elections -- June 2 Polls will be open from 6 a.m. to 8 p.m.

- Last day to register to vote is May 12, 2009.
Hasbrouck Heights, Lodi, and Wood-Ridge Borough Clerks' Offices will be open until 9 p.m.
Little Ferry and Moonachie Borough Clerks' Office will be open until 8 p.m.
- Last day to apply by mail for an absentee ballot must be received by May 26 at the Bergen County Clerk's Office.
- Last day to apply in-person for an absentee ballot at the Bergen County Clerk's Office is June 1 from 9 a.m. to 3 p.m.



Reflections

Imperfect Moms with Perfect Hearts

By Iraida Ruiz de Porras, Pastor
First United Methodist Church

The story of Solomon's Wisdom found in I Kings 3:16-28 has become the universal example of what it means to be an exemplary mother—one who is willing to sacrifice all for her children and has their well-being and best interest at heart without thinking about herself.

But somehow we expect mothers to be perfect, to have all the answers, and to provide for our every need, even when we have grown and have families of our own, because this is what they are supposed to do, so we think.

Yes, mothers. They seem to be so imperfect at times. Even in Biblical times, Eve, Sarah, Hagar, Bathsheba, Hannah, Rebekah, Mary, and Elisabeth among many others, were far from being perfect; just like our moms today.

Moms are loving, wise, but they are also strict and overprotective, demanding but encouraging. Mothers are rarely up-to-date technologically speaking. They try to be "hip" and "cool" with their "old school ways." Oh, and they always talk about how vegetables are healthy!

But did you know that the next best thing to God's heart is a mother's heart?

Have you taken the time to notice that throughout the Bible a mother's love is a reflection of God's love for you and for me? How a mom never puts herself before her children or her needs before theirs?

Have you realized that in these tough economic times a mother can juggle everything to the point where she manages to put food on the table regardless of the amount of money or food there is available?

Even the simplest meal, a sandwich, seems like a gourmet dish when accompanied by a great big smile and a warm hug or a pat on the back from mother. Mother's cooking—impossible to match!

How proud, understand-

ing, and supportive is she of her children even when her children think they have made complete and utter fools of themselves or have made a complete mess of their lives?

And what about how sometimes there just seems to be a solution or an answer to every question and, what's even more amazing is, it even makes sense?

And how a simple smile assures that everything will be alright because tomorrow is another day?

For the sons and daughters whose mom is already enjoying eternal life with God, you have the best of memories to share with your children on Mother's Day.

Remember that you are a reflection of who your mom was in life here on earth. Tell the stories of how Mom loved you and how she made you very upset, but today you realize that it was out of love and because she always had your best inter-

est at heart.

For the moms who have had to sacrifice motherhood for the well-being of a child in order to find and provide them with a better future and a safer home, our admiration. You chose life over death for them. A mother's heart is never selfish.

For those who still have Mom today, how about giving her a break from the kitchen once in a while?

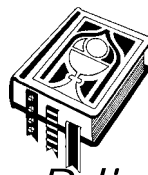
Contact a babysitter (or if Dad can do it, better yet! Save \$\$\$) for a day or two and send her off to a spa, to the movies, enroll her in yoga or dance classes, or treat her to a weekend vacation.

Economic times are tough, you say? Well, calculate how much time and money she is actually saving the household budget by taking care of the children, or the grandchildren, when she could be enjoying some time for herself or her empty nest with her spouse or her friends. "But she wants to!" you may argue.

You know moms would never refuse to take care of their children or their grandchildren, but that's because they are imperfect moms with perfect hearts!

Happy Mother's Day! ###

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Rev. Bill Hegedus, Pastor

Sunday

8:00 a.m. Prayer Partners Meet

8:30 a.m. Early Worship Service (Traditional)

9:30 Discipleship Hour for all ages

11:00 a.m. Morning Worship Service (Contemporary)

Evening Service as announced



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Boulevard & Kipp, HH •

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Rev. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes

Rev. Jurek Zaslonia

Rev. Msgr. Martin O'Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

School: www.corpuschristischool.net



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THE DIVINE (EPISCOPAL)

Terrace & Jefferson, HH • 288-0002

Rev. Joseph Pickard, Vicar

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www.saintjohnthedivine.com

www.careonthecorner.org

Sunday - 10:00 a.m. Adult Education and Bible Study

11:00 a.m. Holy Eucharist Rite II - Church School

Monday - 7:30 p.m., N.A. Women's Meeting

Tuesday & Friday - 12 noon, N.A. Meeting



FIRST REFORMED CHURCH

Burton & Washington Place, HH

Church Office: 201-288-1122

Rev. Dianna L. Smith, Pastor

www.churches.rca.org/firstrefhh/

Sunday

9:00 a.m. Sunday School

10:00 a.m. Worship Service

Fellowship Hour follows Worship Service. Child care provided



FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773

Church and Nursery School Office: 288-4636

Pastor Iraida Ruiz de Porras

Sunday

10:00 a.m. - Worship Service

Thursday - 7:30 p.m. - Bible Study



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92 Burton Avenue, HH • 288-6889

The Reverend George W. Yoder, Pastor

http://users.churchserve.com/nj/htlc/index.html

Saturday

5:00 p.m. Communion Contemporary Setting

Sunday

9:45 a.m. Sunday Church School/Adult forum

11:00 a.m. Holy Communion

Tuesday: 7:30 p.m. Bible Study



THE COMMUNITY

UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622

Rev. Edward J. Glasser, Assoc. Minister

Sunday - 10:00 a.m. Morning Worship

Communion-- first Sunday of the month



Church Schedules: Lodi

FAITH REFORMED CHURCH
95 Washington Street, Lodi • 973-778-4529

IMMACULATE CONCEPTION CONVENT
143 South Main Street, Lodi
Mass: Sunday 9 a.m. • **Daily** (M-F) 7:00 a.m. • **Sat.** 8 a.m.

ST. FRANCIS De SALES
125 Union Street, Lodi • 973-779-4330

ST. JOSEPH R.C. CHURCH
40 Spring Street, Lodi • Rectory: 973-779-0643
Rev. Michael Marotta, C.R.M., Pastor
Rev. Americo Salvi, C.R.M., Parochial Vicar
Rev. Jason S. Gaganap, C.R.M., Parochial Vicar
Rev. Anastacio "Nony" Villaluz, C.R.M., In Residence
Rev. Mr. Steve Marchese, Deacon
Sunday Obligation Masses:
6 p.m. Saturday
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE
221 Moonachie Road
Church Office: 201-641-4919
Rev. Kimberly Chastain, Pastor
Sunday
9:30 a.m. Children's Sunday School
11:00 a.m. Worship Service



ST. MARGARET OF CORTONA (Little Ferry/Moonachie)
31 Chamberlain Ave., Little Ferry • Office: 201-641-2988
Rev. Arthur Frank Humphrey, Pastor
Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate
Sunday Obligation Masses:
Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon
Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.
Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.
Rosary for Peace: First Saturdays after 9 a.m. Mass
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH
143 First Street, Wood-Ridge • Rectory: 201-438-5555
Center: 201-933-6118 • School: 201-933-0239
Fr. Brian Cullinane, OFM, Pastor
Fr. Paul Sinnema, OFM
Fr. Thomas Kelly, OFM
Fr. Cassian Miles, OFM
Deacon Nicholas Valdez
Sunday Obligation Masses:
5:30 p.m. Saturday
8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 11:00 - 12:00 p.m.
Assumption Church/School Websites
Parish: www.assumption-parish.org
School: www.assumptionschoolwr.org



FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE
190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966
Rev. Kimberly Chastain, Pastor
Sunday
9:30 a.m. Worship Service
MYUNG SUNG CHURCH OF NJ (KOREAN)
Rev. David Suh
Sunday 12:00 • **Thursday** 8:30 p.m. meeting
Monday - Friday 6:00 a.m. meeting
201-681-0773



ST. PAUL'S EPISCOPAL CHURCH/RESURRECTION
Center & Humboldt Streets,
W-R • 201-438-8333
Rev. Jacob David, Rector
1st Sunday - 9:30 a.m., Combined CSI & Healing Service
3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist
2nd & 4th Sunday - 11:00 a.m. Malayalam Service
Vestry Meeting: 2nd Sat. 10:00 a.m.



AIDS Memorial Quilt Display June 5-7

Jerry Aulenbach died of AIDS in 1991. Before he died, his sister, Jane, promised that she would make a panel for the national AIDS quilt in his memory.

But between her lack of confidence in crafts, caring for her elderly parents, and the pain of his loss, the years were flying by.

Finally, in 2006, Jane and her mother visited the United Presbyterian Church of Lyndhurst. There, she found a community of people who understood about grief and loss, and who wanted to help her remember Jerry, and the project was begun.

The AIDS quilt was founded in 1987, to remember the epidemic claiming lives by the thousands in this country.

Created by the survivors of those who have died, it comprises over 40,000 panels at this time, memorializing people with HIV/AIDS worldwide, and is used primarily as a tool not only to remember, but also to help in HIV prevention and education.

Over 20 years after its first display, the Quilt receives less publicity than it did in early years, but continues to be a powerful tool of remembrance and hope.

On June 7, 2009, almost 19 years after he died, Jerry's sister will finally see the Quilt panel dedicated to his memory, in a special worship service at United Presbyterian.

As a part of the special celebration that weekend, the

Church will be hosting a display of New Jersey AIDS quilt panels on June 5-7, and will have a dinner and cabaret evening featuring a performance of Jerry's favorite show tunes on Saturday, June 6.

Everyone is welcome to view the quilt and to join us in the events of education, memory, and worship on that weekend.

For more information about the display or the events of the weekend, call the Larger Parish office at 201-438-8966. *Story by Pastor Kimberly Chastain.* ###

Hats Off To Mom! Wear Your Best, Craziest, Ugliest Hat

How long has it been since you wore a hat to Church? Remember those Easter bonnets you wore as a kid?

Well, ladies, now is the time to dust off those hats! Better yet, get creative because on Sunday, May 10, 2009, it's Hats Off to Mom Day at First Reformed. The public is welcome.

All the women of the Church are encouraged to wear their most beautiful, outlandish, silly, serious hat to worship. After worship the men of the Church will be called upon to vote for the best and the silliest hat.

Prizes to be awarded. *(Don't worry ladies, Father's Day is coming and you won't believe what the guys will be asked to do!)* ###

Corpus Christi Church Rosary Society News

The General Meeting of the Rosary Society is Thursday, May 7, 2009, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

On the agenda for the evening is the induction of new members (at Mass) and the report of the Nominating Committee for next year's officers.

Members are asked to mark their calendars for upcoming activities. Saturday, May 23 is the date of our annual visit to Bergen Regional Medical Center for recitation of the Rosary and refreshments with residents. Volunteers will meet in the Kipp Avenue parking lot at 9:15 a.m. to carpool to the hospital.

Thursday, June 11 is our final meeting before summer break. On the agenda will be our annual Baby Shower for the benefit of Birthright, Installation of Officers for 2009-2010

and Strawberry Festival.

We wish to remind our members and the Corpus Christi parish community of our continuing collection of toiletries for the homeless in Hackensack. Please drop your donations in the designated box in the vestibule of the Chapel.

We encourage the women of the parish to join the Rosary Society in prayer and service. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various projects.

Simply come to a General Meeting or call Membership Chairperson Dee Sullivan at 201-288-7415 for further information about our programs. *Story provided by Carol Viceconte.* ###

Mother's Day: Give A Blanket

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in our annual Blanket of Honor Sunday project. These \$5.00 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 3, 2009, for inclusion in our Mother's Day bulletin, May 10th. The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made. These blankets are used in a multitude of ways, not just for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Please mail your check (\$5.00 per blanket) and send to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Please include the name(s) of the women you wish to honor or remember.

The Guild women appreciate your assistance, as do the recipients, whether locally, nationally or world-wide. ###

Felician Sister Mary Lois Zelechowska

Funeral services for Sister Mary Lois Zelechowska were held at the Felician Sisters' Infirmary Chapel, Our Lady of Lourdes Hall, in Lodi, on March 11, 2009. Following the Mass of Christian Burial, Sister was laid to rest in the Felician Sisters' Cemetery in Lodi. Sister Mary Lois died on Sunday, March 8, 2009 in Lodi. She was 90 years old and had been a Felician Sister for 68 years. Sister Mary Lois earned a B.S. Degree in Elementary Education from Seton Hall University. ###

Felician Sister Mary Alan Barszczewski

Funeral services for Sister Mary Alan Barszczewski were held at the Felician Sisters' Provincial Chapel on April 14, 2009. Following the Mass of Christian Burial, Sister was laid to rest in the Felician Sisters' Cemetery in Lodi. Sister Mary Alan died on April 7, 2009 in Jersey City. She was 62 years old and had been a Felician Sister for 44 years. Sister Mary Alan earned a B.A. Degree in History from LaSalle College, Philadelphia, Pennsylvania as well as an M.A. in History from Villanova University in Villanova, Pennsylvania. ###



Fr. Cassian with the Assumption Music Ministry

Good-bye Fr. Cassian

On February 25, 1961, at the age of 31, Father Cassian Miles was ordained a Franciscan Priest.

Because of his years of experience in journalism prior to entering the priesthood, Fr. Cassian was assigned Director of Communication for the Franciscan Friars of Holy Name Providence in Manhattan and also team priest in the Worldwide Marriage Encounter Program.

He used his skills, experience and knowledge to assure all that he was the right person for the job he was delegated. His talent in both writing and editing is still being called on today.

In 2005, after serving forty-four years as a Franciscan priest, Father Cassian Miles retired. However, in all the years he served in the priesthood, he never had the opportunity to work as a parish priest. He yearned for this opportunity to work at the parish level. He asked if he could be a priest in "residence" at the Our Lady of the Assumption Church in Wood-Ridge.

In September of 2005 his dreams came true and he took up "residence" in Wood-Ridge. From the day he became a member of the Wood-Ridge community to this day, he has become an important part of the Assumption parish. He is tall in stature, but not overpowering.

In 2008, on the way to the rectory, Father Cassian fell, broke his hip and gashed his head. After being released from the hospital he was sent to the Holy Name Friary for therapy and to recuperate.

However, his stay at the hospital created another problem with his foot, which to this day is still giving him problems. Finally, Father Cassian was assigned there permanently.

For the short time that he spent in Wood-Ridge, he had become involved with most of the activities of the parish as well as the school. He wanted to get to know the parishioners. He enjoyed working with people, sharing ideas, and encouraging youngsters. He was able to connect everyday experiences in his sermons at his Masses.

Father Cassian is a humble priest, a good listener, a soft

spoken person, a priest who understands, and whose advice you respect. For these reasons and many more the Friars and parishioners at the Assumption Church joined together to call him back for one day so that they could thank him for his service and honor him at a luncheon.

The luncheon was held Sunday, April 19, 2009, at the Fr. Patrick Morris Hall following the last Mass of the day. Every seat was occupied. Both young and older parishioners acknowledged his service and the effect he had on them.

Father Cassian did get his wish; he had the opportunity to see what parish service was all about and found out that he liked it. *Story and photo by Peter Gallo Jr. ###*

Kiwanis Support Student Loan Fund

Mrs. Fran Visco, representing the Hasbrouck Heights Student Loan Fund and William A. Schweizer, Branch Manager of the local Valley National Bank, were guests at the April 16, 2009 meeting of the Hasbrouck Heights/Teterboro Kiwanis Club.

The evening meeting took place at Fisher's Luncheonette. This was the first time the Kiwanis met at Fisher's for a dinner meeting. They were impressed with the service and meal choices and enjoyed their meal.

Mrs. Visco reviewed the history of the Student Loan Fund and stated that students now can obtain a \$1,000 loan for each semester they attend college.

The fund survives on the repayment of the loans and donations from individuals and organizations in Hasbrouck Heights. Kiwanis President Dr. Burnett Eglow presented a \$200 check as the club's donation to the fund.

Mrs. Visco, in acknowledging the donation, praised the Kiwanis Club for their many years of donating to the Student Loan Fund.

Mr. Schweizer, the new manager of the Valley National Bank, discussed his experience in banking and also reviewed the services that his bank can provide. *Story by Peter Gallo Jr. ###*

Heights/Teterboro Kiwanis Program Emphasizes Autism Awareness

On April 2, 2009 the world celebrated the second anniversary of World Autism Awareness Day (WAAD). The United Nations General Assembly adopted this resolution in December 2007. The purpose of this day is to bring the world's attention to autism, a pervasive disorder that affects tens of millions.

Statistics reveal that one in 150 individuals is diagnosed with autism making it more common than pediatric cancer, diabetes, and AIDS combined. In New Jersey, one in 60 boys is diagnosed with autism. It occurs in all racial, ethnic, and social groups and is four times more likely to strike boys than girls. Autism impairs a person's ability to communicate and relate to others. Symptoms can range from very mild to quite severe.

It was for these reasons that the Hasbrouck Heights/Teterboro Kiwanis Club presented a program on "Understanding Autism" for all residents of our community. The program was held in The Library's Conference room and was attended by more than 30 adults.

Bergen County resident, Wayne Bardowell, and special needs attorney, Alisa Jacobson, presented information both by film and discussion covering: What is autism? What are some common signs of autism? How is autism diagnosed? How is autism treated? What research is being done? What are the local school districts doing or not doing to help educate these children?

They stressed that although there is no single treatment protocol for all children with autism, most individuals respond best to highly structured behavioral programs. Applied Behavior Analysis (ABA) is one of the recommended treatment methods for autism spectrum disorders.

Mr. Bardowell is a commit-

ted campaigner for the rights of individuals with autism. His son has been diagnosed with autism. Mr. Bardowell has dedicated his life for this cause. He has studied it, researched it and is knowledgeable about problems parents have to face with school districts when seeking

the education that will meet the needs of these children.

The parent participation at this program was exceptional. Their sharing of concerns and suggestions indicated that autism should be a concern in Hasbrouck Heights. *Story and photo by Peter Gallo Jr. ###*

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Prom Dress Drive

The 2008-2009 Junior Commission, which is part of the Bergen County Commission on the Status of Women, is sponsoring a Prom Dress Drive through Friday, May 15. The Commission is accepting donations of new or clean/gently worn formal attire and accessories that will be distributed to Bergen County girls in need.

The Bergen County Commission on the Status of Women will give our young ladies, who normally cannot afford a dress, shoes, and other accessories, the prom of their dreams.

For more information and drop-off locations, please contact Brenda Jones at 201-646-2756 or via e-mail brejon@bergen.org ###

HHHS Class of 1994

The Hasbrouck Heights Jr./Sr. High School Class of 1994 is planning a 15th year reunion for December 26, 2009. For information, or if anyone knows the whereabouts of classmates, please email all inquiries, addresses and phone numbers to hh94reunion@yahoo.com ###

HHFD Annual Inspection May 9

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7:00 p.m., on Saturday, May 9, 2009.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions.

The event is attended by local officials as well as Fire Chiefs from area towns. ###

Moonachie Seniors Schedule Trip to "The Staten" May 21

The Moonachie Senior Citizens has scheduled a trip to "The Staten" for a "USO Stars and Stripes" show on Thursday, May 21, 2009. Bus departure is 10:15 a.m. from the Senior Center.

Menu includes salad, London Broil, Turkey, Sole Oregonati, Dessert, Coffee, Tea and Decaf.

Cost is \$45 per person with gratuity included. Call Bud at 201-641-4334 for more information and reservations. ###

Lodi Little League Pancake Breakfast

The Lodi Little League will host a pancake breakfast on Sunday, May 17, 2009, from 8 a.m. to 12 noon, at the Lodi High School Cafeteria.

Pancakes, eggs, sausage, hash browns, coffee, tea and juice will be served. Cooking will be done by the Lodi Moose Lodge No. 1971. A mini-Tricky Tray will also be included.

Donation is \$5.00 and will be used to support the two Annual High School Scholarships awarded by the Little League each year. Questions can be directed to 201-591-1137. ###

Indoor Flea Market May 16th

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, NJ will host an Indoor Flea Market on May 16, 2009, from 9 a.m. to 4 p.m. Vendors can request a contract by calling Ellie at 201-641-0883.

Tables are 8 ft by 30 inches at \$25. Tables and chairs supplied. Breakfast and lunch will be available. ###

Chamber of Commerce to Meet May 5th

The Hasbrouck Heights Chamber of Commerce will meet May 5, 2009 at 7 p.m. in The Library. Starting in June, meetings will be held the third Tuesday of every month in The Library at 7 p.m. ###

Chamber/Garden Club Boulevard Beautification

Beautiful flowering planters have adorned The Boulevard for the past three years.

Green thumb volunteers are welcome to help with the initial planting. The work will be done by the Garden Club at the DPW yard starting at 9 a.m. on May 16, 2009.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location after the May 17th Street Fair, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flower pot planting to be placed along The Boulevard during 2009.

Contributions cover the cost of replanting the 60 pots with fresh flowers and planting material. Cost per pot is about \$40. Please send your contribution of any amount to: the HH Chamber of Commerce, PO Box 1, Hasbrouck Heights, NJ.

Please mark in memo: Boulevard Planting.

Recognition of sponsors is located in the Municipal Complex.

For more info call Ann at 201-294-2220 or Ray at 201-288-5464. ###

HH Garden Club Meets May 21st

Karen Kinnane will be the speaker for the Garden Club on May 21, 2009. Her specialty is Daylilies. She has been growing both daylilies and hostas since 1975 at The Old Dutch Slingerland farmhouse in Pompton Plains. She will be bringing daylily clumps and show how to divide the plants and where to place them in the garden.

The meeting will be held on the second floor of the Borough Hall located at 320 Boulevard, in The Library Community Room. Refreshments will be served at 6:45 p.m., followed by the meeting. All are welcome! For further information contact Judy at 201-288-2615. ###

Annual Heights Litter Free Event May 2nd

The Heights Clean Communities Alliance invites residents, families and organizations to join in a clean-up.

On Saturday, May 2, 2009, from 8 a.m. to 10 a.m., volunteers will meet at Miers Park (The Boulevard and Pasadena Avenue). They will be provided with a "T" shirt, gloves, garbage bags and organized into work groups to clean up areas of the Boulevard.

According to DPW Superintendent Bill Spindler, "We can all have a hand in helping to keep Hasbrouck Heights clean." To register, call 201-288-1072. ###

HH Chamber Banner Days

The Chamber of Commerce is planning a "Banner Days" sidewalk sale for the weekend of June 7, 8, and 9, 2009. About 25 businesses participate in this annual event. Any business or professional seeking information should contact George at 201-288-2130. ###

Lions Golf Outing

The Hasbrouck Heights Lions Club is sponsoring their 43rd Annual Golf Outing to be held at NY Country Club on Friday, May 29, 2009. For more information, contact Joe at 201-393-8145. ###

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Hasbrouck Heights \$415,000
Lovely vintage 4 BR, 2 bath Colonial features entry foyer, sunny LR, FDR w/sliders to deck and new EIK. Full basement, 2 car garage, convenient location. Many updates make this an excellent value. Tour at: www.gatewaytohomes.com/2914790



Wood-Ridge \$459,900
Spacious Sugar Maple Split features EF, open LR & DR w/cathedral ceiling & hwd. floors, large MEIK, 2 twin BRs & large MBR, FR w/sliders to patio, full basement and walk-up attic for storage, attached Garage. Tour at: www.gatewaytohomes.com/2910997



Wood-Ridge \$495,000
Beautifully updated 5 BR, 3 bath Colonial offers LR w/fireplace, FDR and newer kitchen, large MBR w/2 walk-in closets & cathedral ceiling, bath w/jetted tub. Hardwood floors, finished basement, C/A, garage. Tour at: www.gatewaytohomes.com/2912478



Hasbrouck Heights \$515,000
Immaculate 3 BR, 1.5 bath Center Hall Colonial on 75' front lot. Offers large LR w/gas fireplace, FDR, newer kitchen w/maple cab. & SSTL appl., enclosed 3 season porch, C/A, attached garage. Tour at: www.gatewaytohomes.com/2909170



Wood-Ridge \$399,000
Beautifully maintained 3 BR Colonial located on quiet street in desirable area. LR, FDR w/sliders to deck, modern eat-in-kitchen w/sky-light, finished basement, garage, low taxes & convenient location. Tour at: www.gatewaytohomes.com/2905675



Moonachie \$479,000
Custom built expanded and updated Cape on large level fenced corner lot. Offers 5 BR, 2 baths, wide plank hardwood floors, large living room, FDR, eat-in-kitchen, spacious MBR, modern baths. Tour at: www.gatewaytohomes.com/2850950



Lodi \$369,000
Charming 3 BR, 2.5 bath Tudor style Colonial features LR w/fpl & hardwood floors, large 3 yr. old updated EIK w/maple cabinets & tile floor. FR /ent. to deck, fin. bsmnt w/2nd FR laundry area & half bath. Large 130' deep yard. Tour at: www.gatewaytohomes.com/2833239



Little Ferry \$475,000
Spacious 48' bi-level, offering 4 BRs and 2.5 baths, great street, oversized pie-shaped lot, 10 yr. old kitchen, FR w/sliders to yard, hardwood floors, central air, newer furnace & alarm system. 2 car attached garage. Tour at: www.gatewaytohomes.com/2911543



Hasbrouck Heights \$349,900
Nice starter Ranch on dead end street with sunny LR, DR, kitchen, 2 BRs and full bath. Finished basement w/FR and 1/2 bath. Features hardwood floors, central air, attached garage, large shed. Tour at: www.gatewaytohomes.com/2908168



Wood-Ridge \$419,000
Spacious fully Expanded Cape offering a separate living level for extended family. Main level; LR, kitchen w/dinette, 2 BR, bath & screened porch. Upper level w/LR, EIK, BR & bath. Fin. bsmnt. w/fpl. Tour at: www.gatewaytohomes.com/2907605



Hasbrouck Heights \$489,000
Custom Colonial being renovated. Pick colors! Large LR w/fpl., DR, mod. kitchen w/stone counters, 2 BRs, bath & master suite w/tub & shower, full basement, C/A, hardwood floors, deck, garage & conv. location. Must See! Tour at: www.gatewaytohomes.com/2911110



Hasbrouck Heights \$499,000
Location! Location! Location! 200' deep property w/view of Manhattan skyline. Open LR w/stone fireplace & vaulted ceiling. Totally remodeled - New kitchen & baths. Pick colors! C/A, attached garage, rear deck, hwd. floors. Tour at: www.gatewaytohomes.com/2909945



Wood-Ridge \$509,000
Perfect for the extended family. Offers main living level w/3 BR & 2 baths, LR, FDR & EIK. Lower level apartment w/family room, bedroom, kitchen & bath. 2 car garage, C/A. Convenient location. Tour at: www.gatewaytohomes.com/2904365



Lodi \$465,000
Classic Tudor style 2-family home in super cul-de-sac location, move in condition and renovated w/many newer amenities. Offers 5 BR, 3 baths. Main apartment w/LR/fpl. & DR. Separate utilities, full basement & garage. Tour at: www.gatewaytohomes.com/2854320



Garfield \$649,000
New 2 Family located on a quiet street offers 5 BRs, 3 baths, kitchens w/ beautiful cabinets, granite & tile, stainless steel appls., hwd. floors, FDR & master bath on main level. Side ent. for 1st floor apt, full basement, C/A, intercom. Tour at: www.gatewaytohomes.com/2852564



Washington Township \$549,000
Beautiful home for extended family offers 2 living levels w/3 BRs, formal LR, formal DR, & MEIK each floor. Parklike property, 2 tiered decking, heated inground pool, fin. basement w/FR, 2 car garage. Tour at: www.gatewaytohomes.com/2901947

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