

The Gazette

For Hasbrouck Heights and Teterboro Area

Published Monthly. Issued the first week of the month.
343 Boulevard, Hasbrouck Heights, NJ 07604

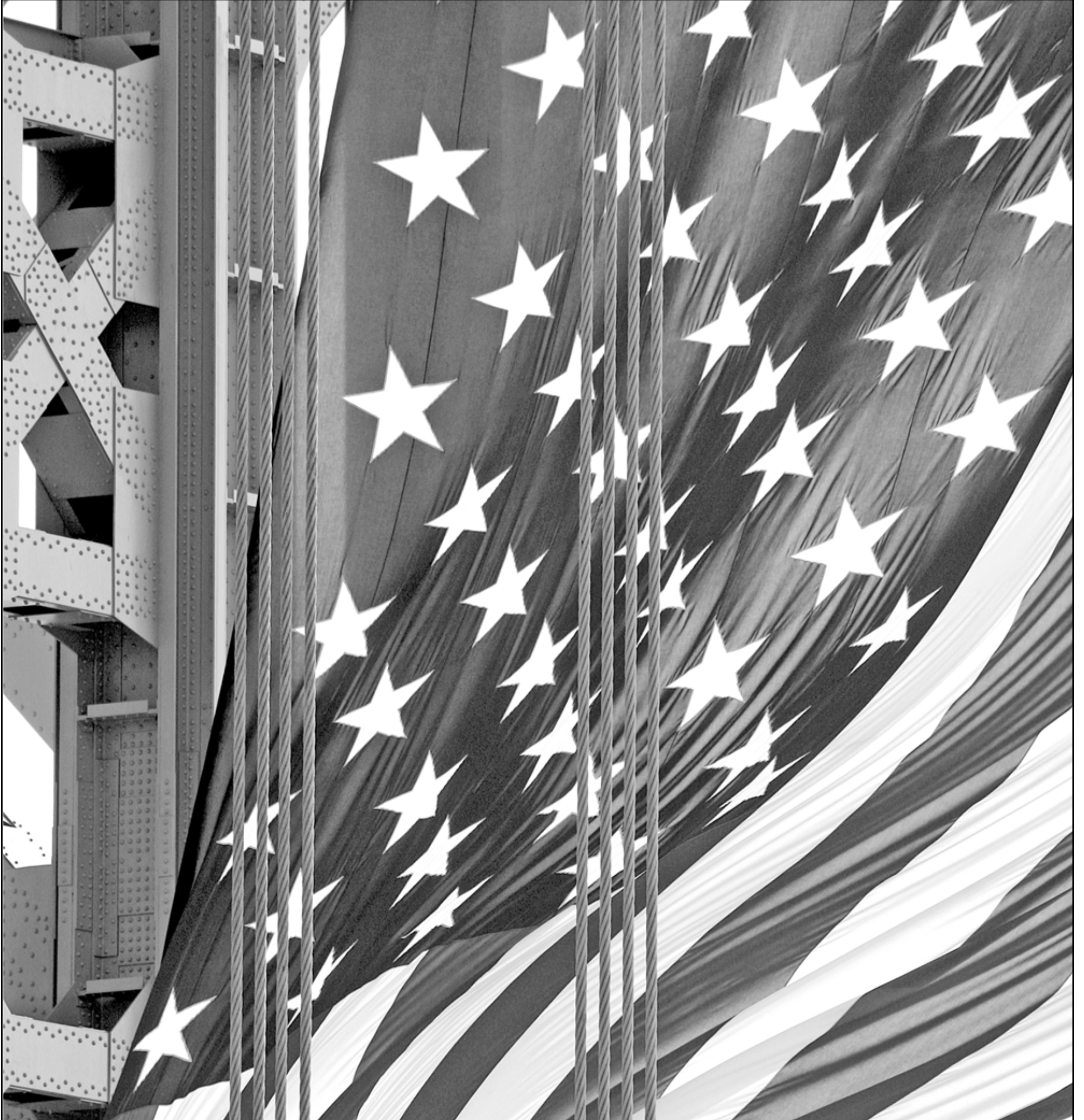
Serving the communities of
Hasbrouck Heights and Teterboro Area

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VOL. 3, No. 10

October 2006

Mailed FREE to everyone in Hasbrouck Heights



Remembering

Story and photos on pages 22 and 23

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Columbus Day Pasta Dinner

Don't cook Sunday night, October 8th. Come and have supper with us!

The Knights of Columbus will hold their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5:00 p.m. to 7:00 p.m.

Donation: \$5.00 for adults and \$3.00 for children under 12 years old.

This dinner features a generous helping of pasta, with plenty of seconds, freshly made sauce, meatballs, soda, cake and coffee.

The Knights hold these events to get parishioners and families together.

All proceeds go to support Knights of Columbus youth, Right to Life and Catholic charities. Call 201-288-6685 for tickets. ###

The Boro Clerk's office will be open late on October 11th for registration for the November 7th election

Rotary Holds Beefsteak & Auction

The Mid-Bergen Rotary Club will hold their Annual Beefsteak Dinner/Auction on Friday, November 17, 2006 at the Excelsior, Route 46 East, Saddle Brook. The doors open at 7:00 p.m.

Enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$37.50 per person. This is their 2006-2007 Annual Fall Fund Raiser for the Gift of Life and other community projects. Details at www.mid-bergenrotary.org/EventsFuture.asp ###

Tricky Tray

Care on the Corner, an outreach ministry of St. John the Divine, will be holding its Third Annual Tricky Tray on October 12th at the Fiesta.

The cost is \$45.00 which includes dinner, Jazz music for your listening pleasure, dancing, and fashions by Affordable Elegance by Carolyn. Call Gale at 201-288-9460 for tickets. ###

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Keller-Depken wants to assure our customers that we have contracted enough supply to meet the demands needed for the 2006-2007 heating season.

Call John Depken if you have any questions that you would like answered in this column



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(l-r) Jennifer Rothman and Thelma Fedele of the Center for Food Action with Bill O'Shea.

Food Drive Benefits CFA

Bill O'Shea's Florist, at 231 Boulevard, conducted a food drive in conjunction with Good Neighbor Day on September 6th.

This food drive benefited the Center For Food Action (CFA), the non-profit food center that has served our area's needy since 1976.

About 125 bags of food plus cash donations were received. According to Thelma Fedele, "These welcome donations come at the end of the summer when our shelves are empty and the need is great."

During this food drive, Bill

O'Shea's Florist conducted a Good Neighbor Day event where thousands of roses were given away absolutely free to anyone who visited the shop.

All visitors picking up the roses were asked to keep one for themselves and to give the other 11 roses away to 11 different people and in so doing, help create a friendlier, more caring and compassionate community. Good Neighbor Day is designated for people to meet their neighbors. A rose is the perfect expression of friendship and love. See photos on pages 14 and 15. ###

Corpus Christi Community Theatre Presents "Oliver!" Production

This October, Corpus Christi Community Theatre (CCCT) presents six performances of one of the world's best-loved musicals, "Oliver!"

Holding true to the cruel realities of 19th-century London depicted in the original Dickens novel, this production follows young Oliver through his demanding life in the workhouse and on the streets.

It is the story of how good triumphs over the evils of men (and women). It shows how an extended hand can save a drowning soul and does it all with melody and music.

In addition to fabulous renditions of the well-known songs, "Food, Glorious Food," "Consider Yourself," and "I'd Do Anything," there are other highlights including a set that doesn't call undue attention to itself, a cast that once again masters timing, and live musical accompaniment.

Stealing the hearts of every audience, Oliver, the lovable



Rehearsals for "Oliver!" provide a sneak peek at audience favorites, Kathy Wallace (l.) and Rich Ruymen (r.), both of Hasbrouck Heights, in the roles of Widow Corney and Mr. Bumble; as well as CCCT newcomer, Stephen Bunin (c.), of Fair Lawn, starring as Oliver.

orphan, is taken in by a band of street urchins led by the decent villain, Fagin, and his loyal apprentice, The Artful Dodger. While being educated in the fine art of pick-pocketing, Oliver finds himself something of great value ... a home and a family of his own.

Each performance is carefully planned as is every detail throughout. The actors' performances are all supported with professional attention to details from the costumes to the music, to the set, lighting, sound effects and props. This theatre troupe draws the audience into the story and gives a full and rewarding experience of live theatre on a stage that appears to be unlimited in space.

Under the meticulous eye of director, Bob Shindle, CCCT has graced this stage with eleven prior performances. "I dedicate about four months to planning and executing each show," says Shindle. "The design, the concept, and the look of each show is so different. "Oliver!" presents the

challenge of balancing the dark aspects of Dickens' novel with the musical aspects of the show. While it has familiar Broadway music, it is also a touching story that I do not want to lose in the staging."

Lionel Bart's musical adaptation of the Charles Dickens novel, "Oliver Twist" debuted on stage in 1960. The show was nominated for several Tony awards for its Broadway run, including "Best Author of a Musical" and "Best Musical," and won "Best Composer/Lyricist" for Bart. The 1968 film version won several Oscars, most notably, "Best Picture."

Performances will be held at Corpus Christi Auditorium, Boulevard & Kipp Avenue.

Six performances are scheduled: Fridays, October 20 and 27, at 8 p.m.; Saturdays, October 21 and 28, at 8 p.m.; and Sundays, October 22 and 29, at 3 p.m. Tickets: \$12, adults; \$8, children; discounts for groups of 10 or more. All seats reserved. Call 201-435-6040. ###

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For complete details on how **Kearny Federal Savings Bank** can assist your financial needs, contact your local branch or visit us online at www.kearnyfederalsavings.com ###

Dog Show

FOCAS (Friends of the County Animal Shelter) will hold its annual dog show on Sunday, October 1st at the Shelter, 100 United Lane, Teterboro, NJ. Registration begins at 12:00 p.m. with judging beginning at 1:00 p.m.

All dogs held on a leash are welcome. The fee is \$5 for the first dog and \$3 for each additional dog. Bring a chair for your seating comfort. Proceeds benefit homeless animals.

Beautiful ribbons are awarded to all participants.

For additional information call FOCAS at 201-943-4019. Held rain or shine. ###



25,000 Enjoyed Annual St. Joseph Festival

The 92nd Annual St. Joseph Festival in Lodi was held Labor Day Weekend, September 1st, 3rd and 4th. Due to Ernesto, the event was not held September 2nd -- the first time in the history of this event that a date was ever canceled.

There were Italian food specialties, rides and games for area residents to enjoy. A Super 50-50 was held, with the winner receiving over \$10,000.

Approximately 25,000 attended. This annual program benefits the St. Joseph Church operating fund. ###



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Welcome Back Teachers

On September 5, 2006, the teachers and staff of the Hasbrouck Heights Board of Education attended a "welcome back" continental breakfast in the Hasbrouck Heights High School cafeteria.

A presentation followed in the Alfred Kiefer Auditorium, led by School Superintendent Joseph C. Luongo.

Following opening com-

ments by Board of Education Trustee Josephine Ciocia, there were introductions of the new teachers and staff.

There was a standing ovation for high school physics teacher Robert Stine who recently returned from a tour in Iraq.

Announcements were made by Business Administrator Joseph Bellino, High School Prin-

cipal Peter G. O'Hare, Middle School Principal Edward Bolcar, Euclid School Principal Linda Simmons and Lincoln School Principal Steven Forte.

After this general assembly, various committee meetings and orientations, there was preparation for the beginning of the new school year which began the following day, Wednesday, September 6th.

Mr. Luongo expressed optimism starting the new school year, since last year's State test scores were the best they have ever been -- thanks to the teamwork of administrators, teachers and students. He said that he was very proud of the staff. ###



Joseph C. Luongo, Superintendent of Schools

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Registration for Basic Computer Literacy Class

On Monday, October 2, 2006, students can register for the fall session of Basic Computer Literacy Classes at the Care Center (333 Franklin Avenue) of St. John the Divine Episcopal Church, 229 Terrace Avenue (the corner of Jefferson and Terrace Avenues). Registration is the first night of class. Space is limited to six students on a first come, first serve basis.

The first session begins on Monday night, October 2nd at 6:45 at the Care Center and deals with Hardware Concepts. The second class on October 9th deals with Software Con-

cepts, the third class on October 16th deals with mousing skills, and the fourth class on October 23rd deals with keyboarding. Suggested donation \$10.00.

For more information about the Basic Computer Literacy Class, call the church office at 201-288-9460 x 5 or 201-288-0002. A registration form must be completed for each student. ###

Marching Band Competition

The Hasbrouck Heights Music Parents Association is hosting the 17th Annual USSBA Band Competition on October 21, 2006 from 6:00 p.m. until midnight.

This event, featuring a collaboration of marching bands from different schools, will take place on Depken Athletic Field.

Everyone is welcome. Tickets will be sold at the gate that evening. ###

Copy for the November Issue is due October 10th.

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IHOP Celebrates 25 years in Hasbrouck Heights

By Justin Watrel

In today's competitive restaurant market there are many choices for the family dollar.

The food service industry has exploded with new sit-down establishments that offer friendly service, reasonable prices and huge portion sizes.

What makes a restaurant successful outside of its location in a well-trafficked area is consistently good food and friendly, personable service.

These are just some of the reasons for the success of the **IHOP Restaurant** on Route 17, celebrating 25 years in Hasbrouck Heights.

The **IHOP Corporation** traces its roots back to the opening of the first **International House of Pancakes** restaurant in 1958 in Toluca Lake, California, a suburb of Los Angeles.

The American eating public quickly took to the concept of a restaurant based on one of America's favorite foods, pancakes.

Within four years the number of units had increased to nearly fifty, with many of the restaurants being operated as franchises.

In 1961, the company became publicly traded under the name: **International House of Pancakes**.

In the 1980's there was a name change to **IHOP**, reflecting a change in direction for the company. Now it was open for breakfast, lunch and dinner.

By the end of the decade, the company would go truly international as it opened its first franchise in Japan. In 1991, **IHOP** had an initial public offering on the NASDAQ Stock Exchange.

The company has made the *Forbes Magazine* 200 Best Small Companies list in 1992, 1998, 1999 and 2002. In November 2001, the company opened its 1,000th location in Layton, Utah.



(l-r) Charles Costa, Emmanuel Chavez, Norman S. Granger, Joe Costa, John Mleziva

The Hasbrouck Heights location was opened by current owners Joe and Charles Costa.

The brothers are originally from Belleville and currently, Charles lives in River Edge and Joe lives in Paramus with his wife, Mary and their two children, Christopher and Scott.

Joe had originally been in the coin-operated dry cleaning business in Paterson, New Jersey. "Someone had suggested we eat at an **IHOP** to see what the restaurant was like," Joe explained. "We really enjoyed it and thought it might be something we would want to invest in. I worked for my aunt's luncheonette in Red Bank years earlier so I was familiar with the restaurant business."

Joe found the space in Hasbrouck Heights and thought it might make a good location for a restaurant.

"We opened the Hasbrouck Heights branch on October 1st, 1981, the day of my wedding anniversary. My wife and I didn't get to celebrate much that day. The restaurant was really busy."

Joe's two sons worked in the restaurant when they were younger and his brother-in-law, John Mleziva, now a manager, has worked in the restaurant for the last 35 years, making it a real family establishment.

Joe oversees an extremely busy location with a full and part-time staff of 68, that keeps growing every year.

"Part of the success of the business has to do with the close relationship we have with our guests. We have former employees who worked here years ago who now have their sons and daughters and even grandchildren working for us today," said Charles.

"About 20% of the customers are on a first name basis with the staff. If the regulars do not show up for a couple of days, we begin to worry about them. Some of our staff have been here for over 20 years and have their share of regulars," Joe explained.

"We have a lot of local people and repeat customers and we enjoy our relationship with them." Joe went on to say that the close proximity to Giants Stadium has helped business. Game days are very busy.

"Weekends, especially Saturdays, when there are sporting events and Sunday breakfast when a lot of families come out to eat, have a real affect on the business. The menu has a lot to do with repeat business as well.

"We carry a lot more than pancakes, even though that is what we are known for," Joe said. "We

have a lot of popular national programs like the "Rooty Tooty Fresh 'N Fruity" campaign, which is two eggs, two pieces of bacon, two sausages and two buttermilk pancakes with a fruit topping and whipped cream. All of that for \$6.99 is a good deal for a family on a budget." Joe explained that omelet and pancake platters are also available.

"And in the evenings, we offer home-style dinners like meat loaf, roasted chicken and several other dinners from shrimp, T-Bone steak, Veal Parmesan to our Saturday night special of roast prime rib of beef.

In addition, we run lunch and dinner specials every day of the week."

The restaurant also has a low calorie menu upon request, a wonderful selection of children's items for breakfast and lunch as well as a Senior Specials menu. "This way our senior customers don't have to depend on a special discount. We have a large selection of items that are at a special price and portion size to cater to their appetites.

We feel that the overall success of the business is our food, service and location but not in any specific order," Joe continued.

"We enjoy serving our customers and seeing them every day. It is nice when you can build a relationship with people like that. Our business depends on a lot of factors. Since we do half of our business in the mornings, we try to meet the customers' needs and hope that they come back with their families at a later time in the week.

In 1986, we did not have enough waiting room area, so

we put an atrium on the front and enlarged it. We also added 28 seats in the dining area.

In 1991, we added onto the south side with a new glass atrium and another 64 seats," Joe stated.

"Everybody wants to know about the train we continuously run above the tables. The train was put up as a Christmas decoration about 10 years ago.

Around February of the New Year, the **IHOP** regional manager asked when we were going to take it down.

The following month I attended an **IHOP** convention and, in front of approximately 500 attendees, the president opened his remarks by saying 'Joe, I just love those trains.' I then received approval from the highest sources to leave the train running."

He continued, "We are also part of the community and contribute to many organizations such as the Hasbrouck Heights Little League, Hasbrouck Heights/Teterboro Kiwanis Club Pancake Breakfasts, Hasbrouck Heights Police Department D.A.R.E. Program, Lodi Boys & Girls Club, Ice Cream Sundaes for kids reading 10 books at the Hasbrouck Heights Library, provide breakfast for the annual MDA Telethon volunteers at the VFW, etc."

Joe said that Jets, Nets, Giants and other sports figures regularly eat here. Famous personalities such as Bill Cosby, Liza Minnelli and Steve Martin have visited.

A segment of *The Sopranos* was filmed at this location.

Joe concluded, "We hope to continue to serve everyone in the community the best way possible and hope to be here another twenty-five years."

###



Corpus Christi School's Old and New Traditions Liven up October

by Sonya Buckman

The students of Corpus Christi have settled into their new routines and look forward to the activities that the cool weather of fall will bring. One of the favorite extra curricular activities that the students enjoy are the clubs. Dance for Grades K-1, Arts and Crafts for Grades 1-3, Student Council for Grades 4-8 and Yearbook for the 8th Grade and just a few of the programs that are offered. One of the most popular clubs at Corpus Christi School is the Jr. and Sr. Choir for Grades 3-8. This group of talented children performs not only in their own concerts but also for special Masses and other events such as Catholic Schools Week and graduation.

The Halloween parade for PreK - Grade 2 will be held on October 31st.

As tradition dictates at Corpus Christi School, the Third Grade students prepare their costumes and speeches for the All Saints procession on November 1st. Each child picks a Saint, does the research about the Saint, and prepares a costume and a few sentences for the procession.

In October, Corpus Christi School continues with Spirit Day. Originally started in 2001 as "Red, White and Blue Day," it allows the children to wear "street clothes" for a \$1.00 donation. The money raised is then donated to local, national and international charities.

School Age Programs

The Free Public Library located at 320 Boulevard offers:

Book Lovers' Storytime for K - 1st Graders the second Friday of every month from October until May from 3:30 p.m. to 4:30 p.m. First session begins Friday, October 13th.

Crafts Night for Grades 4 to 6 will be held the 2nd Monday of every month from November until May from 7:00 p.m. to 8:00 p.m. The first session begins October 16th.

Please register in person or call 201-288-8911. ###

Scouts "Try It Patch"

Xcel Tae Kwon Do Center in Hasbrouck Heights will be offering a free "Try It Patch" group class for any local Girl or Boy Scouts and affiliates. If interested in a martial arts class for your troop, contact Chrissy at 201-288-8033. ###

Since its inception, this simple program has now been able to distribute over \$11,000 to needy organizations. On October 11th, the theme will be pink and denim for Breast Cancer Awareness.

Corpus Christi School teachers will also be continuing their instruction of "Power-grade," the report card module of "Powerschool," their new school software and will be attending one-on-one classes.

Preview Day, an early Open House, will be held this year on Thursday, November 2nd from 9 -11 a.m. and from 1-2:30 p.m. This popular event allows parents to walk through the buildings, ask questions and see this vibrant, growing school in action. From PreK3 to Grade 8, Corpus Christi's challenging academic program uses both traditional and contemporary teaching tools in a nurturing and spiritual environment.

For more information, please call the school office at 201-288-0614. ###

Preschool Storytimes

The Free Public Library of Hasbrouck Heights will hold storytimes during the fall. Please call 201-288-8911 to register:

Tiny Tots ages birth to 2-1/2: Tuesday, October 3rd or Thursday, October 5th from 10:30 a.m. to 11:15 a.m. Caregivers must accompany child during activity.

Mom & Me ages 2-1/2 to 3- 1/2: Wednesday, October 4th or Friday, October 6th from 10:30 a.m. to 11:15 a.m. Caregivers must accompany child during the activity.

Building Blocks ages 3- 1/2 to 5: Monday, October 2nd or Thursday, October 5th. Caregivers must remain in the building. ###

Rec Center Open

The Hasbrouck Heights Rec Center is open for 6th through 9th Graders on Friday and Saturday evenings from 7:00 p.m. to 10:00 p.m.

Adult volunteers are sought -- call Donna Wipper at 201-288-4401 for details. The center is located in the basement of the Municipal Complex, 320 Boulevard. ###

The Crafts-To-Share Club will meet October 3rd, from 6:30 to 8:30 p.m. at the Library and feature the art of tie-dye. Bring items to tie-dye. ###

Kiwanis "Project Lifesaver"

The first regular meeting, after returning from the District Convention, was held at "A Fresh Affair," formerly The Brownstone. The dinner was excellent and the menu has a great selection of entrees.

The Kiwanis Club guest speaker was Sergeant John C. Calabrese from the Office of the Sheriff. Sgt. Calabrese is assigned to the Community Outreach services. He discussed "Project Lifesaver."

This program is a rescue service that trains, equips, and deploys members of the Sheriff's Office to assist local police agencies in locating individuals with Alzheimer's disease, or Autism.

Participants in the Project Lifesaver program wear a one-ounce battery-operated radio wrist transmitter that emits a silent tracking signal every second, 24-hours-a-day. The signal can be traced on the ground or in the air from several miles.

Each wristband has a unique frequency, so that the Project Lifesaver team can positively locate and identify a person who has wandered away from home using a specially designed radio receiver.

Because the emphasis of Kiwanis is "Serving the Children of the World," they will be working with the Hasbrouck Heights Public School Special

Services Team to identify those young students who are classified as having Autism.

It is the goal of the Kiwanis Club to purchase this wrist transmitter (\$283.05) and provide it to the families of these youngsters.

The only cost to the family would be the monthly maintenance fee of approximately \$13.00. The Kiwanis Club will attempt to assist as many families as funds will support. ###

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2006 Fall Schedule

	Monday	Tuesday	Wednesday	Thursday
2:30		Tues. Combo 3-5 yrs. Tap/HipHop		
3:00				
3:30	Ballet 3-5 yrs. 3:45 - 4:30	Beginner HipHop 9-14 yrs	Wed. Combo 3-5 yrs Tap/Jazz/HipHop	
4:00				
4:30	Ballet 6-9 yrs	Junior Company Competition Team (studio discretion)	Just Tap	Inter Combo III 13-17 yrs Tap 4:00 Jazz 5:00 Hip/Hop 6:00 (can be split)
5:00				
5:30	Ballet III Lyrical 10-17 yrs		Wed. Combo III 6-9 yrs Tap/Jazz/ HipHop	
6:00		Ballroom for Wedding/Anniversary		Swing
6:30				
7:00	SALSAEROBICS		Latin Rumba/ Ballroom Waltz	SALSAEROBICS
7:30			Adult Tap	
8:00	Adult Ballet for Ballroom	Tango 8:15 - 9:15	Latin Samba/ Ballroom QuickStep	Teen Dance
8:30				Club Salsa
9:00		Bolero Showcase 9:15 - 10:15		Adult HipHop
9:30				Latin Rhythm
				FRIDAY 4:00 - 5:00 Jr. American Style Ballroom

Entertainment also available for corporate functions, shows, DJ, MC, weddings, any parties, fund raisers, etc.

October 2006 Senior Calendar

SENIOR ACTIVITIES

- Monday, October 2, 9, 16, 23, 30**
10:00 a.m. Games, cards & coffee
- Tuesday, October 3, 10, 17, 24, 31**
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Senior Yoga \$1.00
- Wednesday, October 4, 18, 25**
2:00 p.m. Senior Paced Aerobics \$1.00
- Thursday, October 5, 12, 19, 26**
2:00 p.m. Senior Yoga \$1.00
- Thursday, October 12**
Club trip to The Staaten in Staten Island
- Thursday, October 26**
10:00 a.m. to 1:00 p.m.
Health Consultation Program
- Friday, October 13**
11:00 a.m. to 3:00 p.m. 4th Annual Health Fair
- Friday, October 6, 20, 27**
10:00 a.m. Fun Bingo
1:00 p.m. Movie Day
- Nancy Drew --The Hidden Staircase
Bonita Granville/Frankie Thomas
 - The Hardy Boys: Secret of Jade Kwan Yin
Shaun Cassidy/Parker Stevens
Sid Caesar Hour, Part 2.....All on Oct. 6
 - Charlie Chan in Paris -- Warner Oland
Garland/Goulet/Silvers Concert .. Oct. 20

CLUB MEETING SCHEDULE

- Wednesday, October 4**
10:00 a.m. Leisure Club Executive Meeting
- Wednesday, October 11**
1:00 p.m. Leisure Club General Meeting
Program: Peter Peterson - Reverse Mortgages
- Friday, October 27**
Noon to 4:00 p.m. Haunted Halloween Party
Costumes optional. Open to all Heights seniors who sign up at the Senior Center.

The Leisure Club welcomes all Senior Citizens who live in Hasbrouck Heights and are 60 years or older. Annual membership is \$12 per year.



Seniors during the September meeting.



An Old Fashioned “Get Together Party”

On August 23rd, The Leisure Club kicked off its new season with a “Get Together Party.” More than one hundred senior citizens attended the affair.

The checkered tablecloths reflected the spirit of an old fashioned picnic.

Hot dogs, salads, cookies, sherbet, soda and coffee were the food of the day. The cooks for the day were Charlie Gaal and Joe Barnao.

The music was provided by Wolfie, who knows just the right music to play to get everyone in the dancing mood.

There were also free raffles and lots of extra hot dogs and salads for anyone to take home.

The Leisure Club Executive Board planned the affair. They plan all the activities for the club.

The members of the board are President John Fitzin, Vice President Peter Gallo, Secretary Ann Fuhro, Treasurer Dorothy Fitzin, Joseph Barnao, Charles Gaal, Michael Cahill, and Edward Sosnowski.

The Leisure Club is open to all senior citizens of Hasbrouck Heights ages 60 or older.

The Senior Center is a place seniors come to participate in fun activities, social outings and enjoyable entertainment.

Club members meet, get together, network, socialize, and have fun with friends old and new.

The activities are interesting, healthful and an easy and affordable way to meet new people and have fun. Fun bingo, movie days, trips and parties are some of the scheduled activities.

Refreshments are always served at our monthly meetings and also during many of the weekly activities.

Don't be like the bear in winter and hibernate. Join the Leisure Club. Make new friends, but keep the old. One is silver and the other gold.

Story and photo by Peter Gallo Jr. ###

Leisure Club Resumes Activities

More than one hundred seniors attended the September meeting of the Leisure Club. President John Fitzin welcomed all and outlined the activities planned for the year.

Alice Shenloogian reviewed the final arrangements for the Vermont Trip.

Estelle Sattler stated that the trip to The Staaten was sold out. She also stated that after many years of planning our day trips, she must step down. She appealed to the members for someone to step forward and assume her post.

Theresa Hunt discussed the Annual Holiday Party scheduled for December 5th at the Cotillion in Garfield. She already started collecting the \$37 cost from some of the members who were present at the meeting.

A program was presented by representatives from the Bergen County Department of Public Safety. Mr. Bernie Fontana and Mr. Vernon Hester from the County discussed the “Savvers Discount Program,” a free program where hundreds of establishments in our county give substantial discounts to card holders. The discount cards were distributed to all who wanted one.

Seniors were also entertained by the music and song of Don Anthony who has always been a favorite entertainer at the Leisure Club. He plays and sings songs that are familiar to all and he encourages audience participation.

The refreshments were purchased from Regina Bakery. They were the delicious extra large apple turnovers. As usual, everyone enjoyed them.

The next meeting of the Leisure Club is Wednesday, October 11th at 1:00 p.m. A program will be presented by Mr. Peter Peterson, whose topic will be “Reverse Mortgages.” *Story and photo by Peter Gallo Jr. ###*

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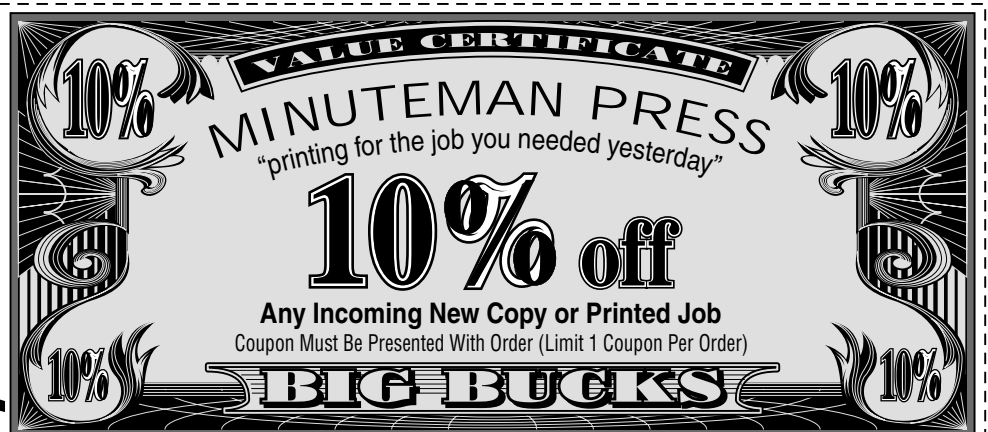
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How about a little word association? When I say "balance," what do you think of? A tight-rope walker? A seal with a ball on his nose? Your checking account?

Actually, balance is an important element in home design. You want your rooms to feel "weighted" right - in terms of furniture placement, lighting, color, even energy.

Let me give you an extreme example of a room off-balance. If all your seating were lined up on one wall, it would stop your guests in their tracks. It would look like a waiting room. You'd never do that, but you get the point.

Both traffic and conversation needs to flow freely and easily. The room should be easy on the eyes - not things bunched up over there, and empty spaces over there. Sometimes we inadvertently put things where they're most convenient, not where they look their best.

Here's a good way to see if your room could be better balanced. Everyone has a favorite chair or place in the family gathering space. It's Mom's chair, Dad's chair. The kids have their own end of the couch or piece of the floor.

Just for fun, spend 1-2 minutes in everyone else's place. Look at it from a new perspective. Critically. When we always look at something the same way, our eyes tend to gloss over things.

Now you can see: Does the bookcase need thinning out? Would switching those two lamps make a big difference? Is that side table too short for the chair it's next to? It's re-

ally that simple. And a lot of finding the right balance is just good common sense.

Now if only balancing your checkbook could be that easy.

Amy Emilita is a lifelong resident of Hasbrouck Heights. She owns her own design company, **Emilita Interiors**, and is a part of the Window Fashion Certified Professionals Program. www.emilitainteriors.com Questions? amy@emilitainteriors.com ###

Assumption School Golf Outing

The Assumption School Advisory Board and the Knights of Columbus St. Anthony Council # 11585 are co-hosting their inaugural golf outing on Friday, October 13, 2006.

The event will be held at the Meadows Golf Club in Lincoln Park. Burgers and dogs from 11:15 to 12:15 p.m. Tee off is at 12:30 p.m.

Trophies for net and gross. Prizes for closest to the pin and longest drive. Stroke play, team ball with lowest team score prizes.

Cocktail hour with open bar, prime rib dinner with beer, wine and soda at the Wood-Ridge Inn. Cost is \$140. Cocktail hour and dinner only, \$50.

Tee sponsorships available. For more information call Ed Garrett at 201-641-2803.

Major sponsorship provided by **Kearny Federal Savings**. ###

The Garden Club meets the 3rd Thursday of the month at 7:00 p.m. in the Library. Public is welcome.

Second Annual Wine Tasting Dinner Dec. 10

St. John's Second Annual Wine Tasting Dinner will return to The Ivy Inn on Terrace Avenue on Sunday, December 10th at 5:00 p.m.

Chef Jack Zaorski will pair up wines brought to us by wine importer Erik Solwedel with his excellent cuisine to create a superior dining experience.

Tickets will be available on a first come, first served basis. Seating is limited, so purchase your tickets soon.

For ticket information and purchase call Carl Haeefe at 973-778-5034 or Gale at 201-288-0002. ###

CC Tricky Tray

Corpus Christi Home and School Association will hold its annual Tricky Tray on December 1, 2006 in the Corpus Christi School Cafeteria.

Donations graciously accepted. Items may be dropped off at Corpus Christi School.

Call Kathy at 201-393-7873 for more information. ###

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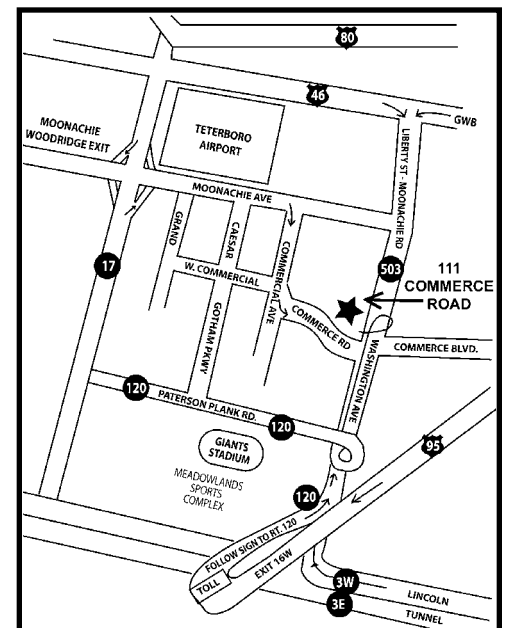
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Doug's Team

Bob and Mary Corrison of Hasbrouck Heights will once again be joining other teams to walk in the annual nationwide "Light the Night" walk for the Leukemia & Lymphoma Society.

"Doug's Team," named in memory of their son, consists of family and friends.

All are welcome to join "Doug's Team" which will be walking in Brookdale Park, Bloomfield/Montclair on Saturday, October 7th.

Registration and activities begin at 5:30 p.m. The walk starts at 7:00 p.m.

Donations, payable to The Leukemia & Lymphoma Society, should be sent to: The Corrisons, 123 Bell Ave., Hasbrouck Heights, 07604.

This year there will be a Doug's Team II, walking in Wilmington, NC. This team is being organized by Douglas's sister, Christine, who resides there with her husband Rocco and their baby daughter Sophia Isabelle.

For more information call 201-288-6886. ###

Masonic Lodge 5K Walk Oct. 14

The 32nd Masonic Learning Center for Children located at 301 Division Avenue, will sponsor its 3rd Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children, on Saturday, October 14 at 10:00 a.m. at Depken Field (*Franklin & Route 17*). Event will be held rain or shine.

Registration is due by October 1 and is \$15 Adults/\$5 children under 12. Walkers receive "T" shirt. Refreshments will be provided.

Proceeds will go directly to the cost of training tutors and tutoring children.

The HHHS Key Club will assist during this event.

The Masonic Learning Centers for Children have taken the lead nationally in tutoring children with dyslexia at no cost. The learning centers are open to all children regardless of economic status, race or religion, or Masonic affiliation. There are 43 centers in 14 states.

Sponsorships are available. Event chairs are Judy Beasley and John R. Schulze. Call 973-694-8976 for more info. ###

Boro Offers Flu/Pneumonia Vaccine

The Hasbrouck Heights Health Department, in conjunction with the Bergen County Department of Health Services, will be offering adult influenza and pneumococcal vaccine injections to residents over 65 years of age.

Distribution will be at scheduled times on Monday, November 27, 2006.

Pre-registration is required and will begin at 10:00 a.m. on Wednesday, November 15th in the Senior Center of the Municipal Complex.

Those who pre-register must submit proof of residency and their Medicare Card (Part B.) Clients who are covered by a Managed Care Plan (HMO) are requested to see their own physician.

For more information call Laura French at 201-288-1636. ###

Health Fair Expo IV Oct. 13th

The 4th Annual Health Fair Expo is scheduled for Friday, October 13 from 10 a.m. to 3 p.m. in the Senior Center at the Municipal Complex. The Expo will include speakers and demonstrations on such topics as: muscle therapy, chiropractic, anxiety, depression, diabetes, high blood pressure, optometry, senior care, disabilities, sleep & wake disorders, etc.

There will be plenty of prizes, give-a-ways, samples, literature and more.

A delicious complimentary lunch will be provided by Wellington Health Care.

The Expo is sponsored by the Hasbrouck Heights Board of Health and area companies, professionals and organizations. For more information call 201-288-1636. ###



"Suzie's Ques"

Practical Tips for a Healthier You

Boo! Hope I didn't scare you!! Yes, it is the fall, and the ghosts and goblins will be appearing in our neighborhood!

I hope you find time to meander along the Boulevard and check out the display of spectacular school artwork in the windows along downtown Hasbrouck Heights.

In fact, plan to make that a part of your exercise plan! Start along the Boulevard near LaSalle (*or wherever your heart desires*) and continue towards The Circle leading towards Wood-Ridge. As you pump your arms, take a peek at the window displays that we find annually around this time of year. It certainly is a "treat" to say the least!

Speaking of "treats" I know that this month can be a "tricky" time to watch that refined sugar intake. Seems like the commercialism around Halloween begins earlier and earlier each year. I find myself gazing at candy corn and mini-chocolates as early as the summer! So here are a few tips on getting by during this season of trick or treating.

First off, remember that it's ok to indulge in a treat now and then. However, if you're following a healthy eating program, you may find the sweet treats too much for your body to handle.

So if you must, try to have one mini-Snickers or bite-size package of candy. For me, if I have just one, I'll be off to the sugar-races!

I've learned that eating sweets can trigger eating more sweets. So it is best to pass them by and opt for a healthy alternative.

Not only is this a great goal for you, but the children will see you eating healthier, thus they eat healthier. We are the most visible role models for our children. It is up to us as parents to model good behaviors, set limits and plan nutritious meals.

However, I do love Halloween. So, enjoy the season and check below for some great tips on handling those "tricky" questions about what to do with

all that candy!!!

*Here are some hints to help handle Halloween Treats:

1. Take a good look in that goodie bag. Toss anything that looks like it has been opened or tampered with. Better be safe than sorry!

2. Let the kids divide up the contents. I let my kids put a couple of treats in small sandwich bags so that I am able to control portions given out.

3. We have to let kids enjoy treats; however, we should be mindful that candy should not come in the way of eating healthy meals.

4. Perhaps the kids may wish to trade in their candy for some money? This is a great way to lighten the load of candy they will eat.

5. Once again, be a role model and take the time to discuss sweets in moderation.

6. Encourage kids to stop before they feel ill. Set healthy limits on sweets.

7. Remember, Halloween comes once a year. If eating and exercise habits are consistent, one day of indulgence should not hinder your progress!

*(www.kidshealth.org)

Well, happy and healthy trick or treating to all. See you next month!

Got a question? Email me SuzanneKinzler@yahoo.com

Hasbrouck Heights resident Suzanne Kinzler is a Health/Physical Ed Certified Educator and author of, "A Multicultural Approach to Physical Education," 2002 Human Kinetics Publishing Co. ###

Garden Club Thanks Supporters

The Hasbrouck Heights Garden Club thanks the community for their enthusiastic support of the "Boulevard in Bloom" project where sponsored planters beautified The Boulevard.

Gateway Realtors, Otterstedt Insurance Agency

and Heights Flower Shoppe seeded the 2006 program with 36 flower pots.

For more information on participating in the "Boulevard in Bloom" project in 2007, call Ann at 201-288-3956, Elisabeth at 201-288-4318 or Maria at 201-288-3111. ###

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Free Health Consultation

The Hasbrouck Heights Health Department advises residents over 18 years old that free health consultations are scheduled to be held at the Municipal Complex Senior Center on October 26, 2006 from 10:00 a.m. until 1:00 p.m. No appointment is necessary.

For information call Laura French at 201-288-1636. ###

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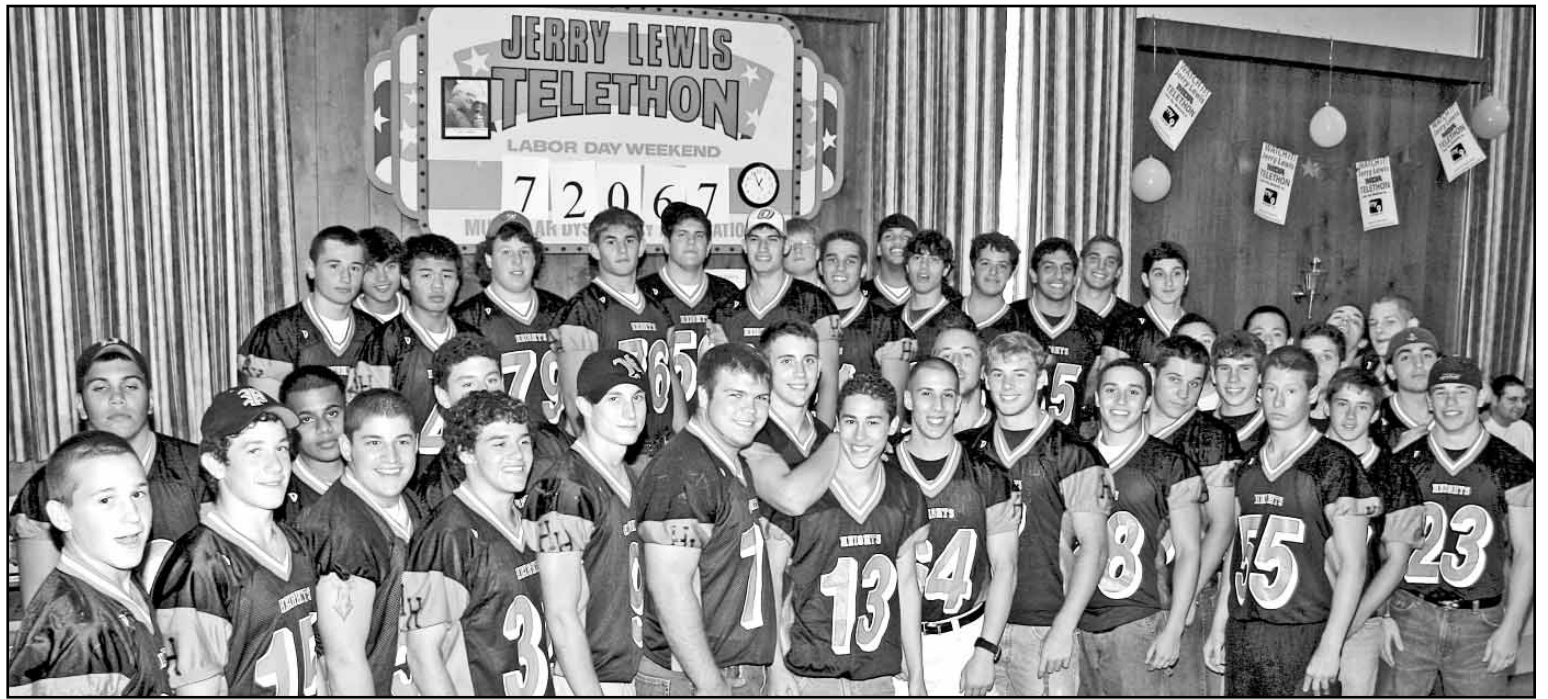
MDA Labor Day Telethon Volunteers @ VFW Post

The 41st Muscular Dystrophy Telethon began Sunday, September 3, 2006 at 9 p.m. and ran through Monday, September 4th until 6 p.m.

Over 300 volunteers helped answer 100 phones, stuffing and mailing letters.

This regional pledge center, located at VFW Post 4591, has served Northern NJ, Manhattan and Staten Island for 36 years, taking in \$240,000 in pledges.

At noon on September 4th, the MDA Telethon televised a special tribute to Ralph Ciavaglia for his decades of dedicated service at this pledge center. ###



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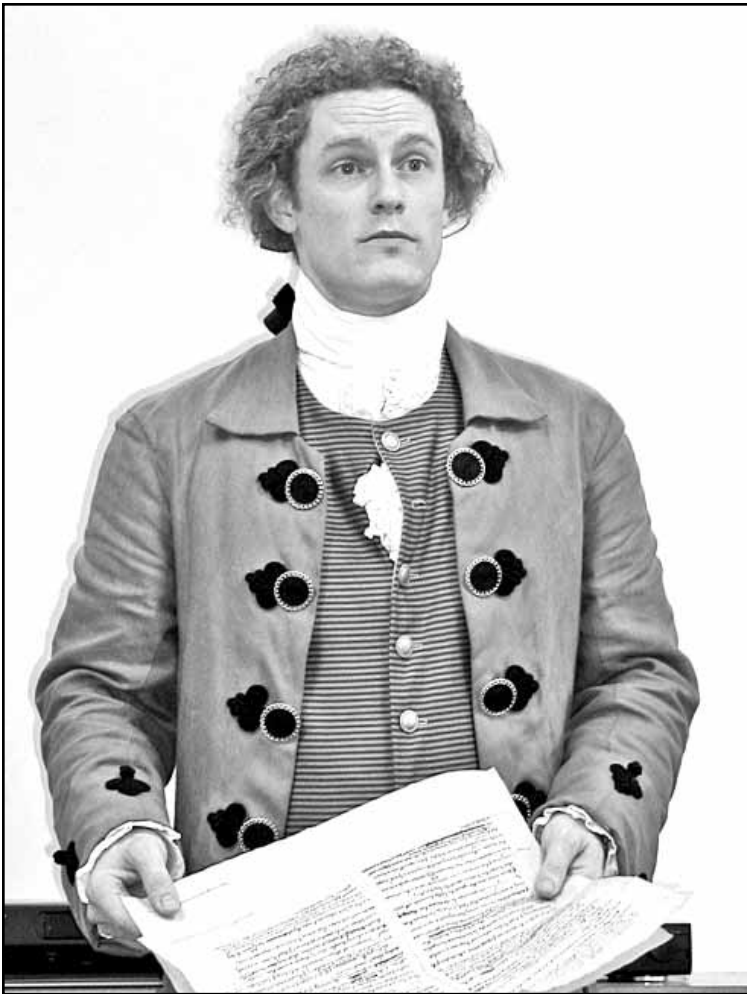
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Jefferson Speaks

A capacity group of interested citizens, young and old, filled the Hasbrouck Heights Library's meeting room to celebrate Constitution Day.

There they met the author of the Declaration of Independence, Thomas Jefferson.

Thomas Jefferson, a 33 year old congressman from Virginia, was skillfully portrayed by Steve Edenbo.

Mr. Edenbo's clothes and speech were symbolic of the era he represented.

It was not Mr. Edenbo addressing the group but Thomas Jefferson.

Congressman Jefferson discussed the need for the declaration; the long hours spent on writing it and revising it; the interaction with the many delegates that were there with him in Philadelphia; and his life

at Monticello.

He even answered many questions from those in the audience about events still to come during his 83 years of life.

At times, listening to Mr. Edenbo one would really believe that it was Thomas Jefferson addressing them.

Mr. Edenbo has appeared nationally in this role. His uncanny resemblance to the red-headed Virginian and his wealth of knowledge gave life to Thomas Jefferson.

The program was a joint effort of the Board of Trustees and the Friends of the Library. Mr. Edenbo is part of "The American Historical Theater" which is singularly dedicated to the fine art of historical interpretation. *Story and photo by Peter Gallo Jr. ### ###*



A tree fell at Burton and Raymond, breaking the power line and creating a spectacular light show. A tree also fell on LaSalle Avenue (across from the high school), snapping the telephone pole and causing a power outage that lasted the holiday weekend. Other reports of various trees and large branches falling, blocking streets, breaking power, telephone and cable lines included locations at: Wood, Springfield, Lawrence, Hamilton, Cleveland, Columbus, Henry, etc.

Ernesto Visits Heights

By Meteorologist
Dan Ventola

Strong winds plowed into Hasbrouck Heights and the Teterboro area on Saturday, September 2.

The storm began as some light rain showers on Friday afternoon with light winds. As the "remains" of tropical system Ernesto moved northward along the east coast, our winds and rainfall increased here.

Winds were from the east and northeast at 10-25 mph on Friday night, then increased markedly during the day on Saturday to 15 to 35 mph.

There were occasional wind gusts to 40 to 45 mph in our area on Saturday. Officially, at Teterboro Airport, the highest wind gust was 41 mph at 4:58 p.m.

However, there were frequent wind gusts in Hasbrouck Heights and the Teterboro area from 10:00 a.m. to about 7:00 p.m. in the 30 to 40 mph range.

I personally registered a gust to 38 mph in Hasbrouck Heights, but I am sure there

were some stronger gusts in town, judging by the tree damage. By 8:00 p.m.-11:00 p.m., Saturday night, the winds decreased.

One of the main ingredients that made for our widespread tree damage (*numerous branches and many trees downed*) was the fact that we did have very wet ground conditions from previous rainfall over the past few weeks.

It all began on August 24 when a tropical depression formed 150 miles southwest of Martinique in the Caribbean Sea.

This storm then moved through Cuba into southern Florida as a relatively weak system. The storm regained some strength upon emerging back into the Atlantic, east of Georgia. Ernesto then moved into North Carolina then northward to Maryland where it stalled on Friday night into Saturday.

At that point, we here in Hasbrouck Heights/Teterboro area had the strong winds. The problem was, we had a strong

"pressure gradient"... that is a strong area of high pressure over New England combining with the approaching remains of Ernesto. That is what caused our high winds.

At least one thing is clear, my company's advance notice warned local DPW's (*including Hasbrouck Heights DPW and School District*) and other organizations of the potential storm a full 6 days before it happened!

Hasbrouck Heights resident Dan Ventola is President of The National Weather Station, Weather Consulting, Forecasting & Analysis, 1-877-447-6699, "Serving Clients with Expert Weather Services Since 1985," www.nationalweatherstation.com ###



Up-rooted tree snapped pole on LaSalle Avenue



The un-official LaSalle Avenue rain gauge measured almost 2.5" of rain.

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The Heights Area was all smiles



Smiles on Good Neighbor Day





Teterboro Airport Gets Two New ARFF Vehicles

The Port Authority has installed two new aircraft rescue and firefighting (ARFF) vehicles for Teterboro Airport.

These two Rapid Intervention Vehicles were delivered to Newark in mid-December 2005 where they were readied for service at Teterboro Airport.

In addition to tuning radios and installing Port Authority marking and ID's, the equipment was operationally tested and debugged to ensure safe and efficient operation upon activation at Teterboro Airport. Both vehicles were permanently assigned to Teterboro Airport in late January 2006.

Both trucks are Oshkosh model BL15. Each has the capacity to hold 1500 gallons of water, plus 180 gallons of liquid foam. In addition, both vehicles carry dry chemical: one with 1,000 pounds, while the "snuzzle" equipped vehicle carries 500 pounds.

The snuzzle is an extendable boom apparatus with a piercing tip that can penetrate the skin of a fuselage and fill a jet cabin with fire suppression foam.

The "snuzzle" model was on stand by at the airport's 5K run in July, and on display for public viewing at the August Wings & Wheels Expo.

The Port Authority Police assumed ARFF (aircraft rescue and firefighting) responsibilities for Teterboro Airport on December 1, 2005.

Port Authority Police perform ARFF at JFK, LGA and Newark.

The Port Authority police are fully trained firefighters who receive semi-annual refresher training and annual re-certification.



The "snuzzle" unit

In order to ensure that staff assigned to Teterboro, or police from other Port Authority Airports could operate the equipment as well as to ensure standardized training and testing protocols, the Port Authority decided to replace the airport's previous ARFF trucks with the same equipment already deployed at all its other airports.

Prior to delivery of the new trucks, loaner trucks from Newark and Kennedy airports were put into service on December 1, so that the police assigned to Teterboro would be able to operate the equipment, without additional training, from the instant they assumed responsibility.

Once the Port Authority decided to replace the previous truck, the Port Authority offered to donate the truck to Hasbrouck Heights, rather than auction the retired 1996 Walters. The truck was unofficially provided to Heights in January 2006 so that the Department could begin its own modifications in order to ready it for the annual HHFD inspection in May.

Hasbrouck Heights is the primary fire-responder to Teterboro Airport in aircraft related incidents, and the donation is in recognition of that.

About one-third of the Hasbrouck Heights Fire Department has received orientation training.

The truck is a 1996 Walters Model BDGL1500. It has the capacity to hold 1,500 gallons of water, plus 180 gallons of liquid foam, and another 450 pounds of dry chemical.

This unit was formally presented to Hasbrouck Heights during the Annual Fire Department Inspection on May 20, 2006 by Susan Baer, General Manager of New Jersey Airports for the Port Authority.

Hasbrouck Heights residents were able to view the unit during the Inspection and the Memorial Day Parade.

The truck was used as a support vehicle during the Ernesto Labor Day storm.

This unit is located in the firehouse at 248 Hamilton Avenue, taking the position vacated by Old Engine 1 which was donated to the Pascagoula, MS Fire Department in September 2005. ###

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TEB Bike Run Nets SOS \$5,500

A check for \$5,500 from the proceeds of the 2006 Teterboro Airport Charity Motorcycle Run held July 9, 2006 was presented to Shelter Our Sisters (Hackensack) during the Wings & Wheels Expo on August 20th. (l-r), Nick D'Amico, Signature Flight Support; Jim O'Neill, First Aviation; Caren Turner, President of Shelter Our Sisters; Bob Doak, First Aviation Services and Patricia Sroke, Motorcycle Run public relations. ###

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Hasbrouck Heights/Teterboro Kiwanians Attend Conventions

Members of the Kiwanis Club of Hasbrouck Heights/Teterboro attended the International Convention in Montreal, Canada and the New Jersey District Convention in Whippany, New Jersey.

Secretary Colleen Jarvis and Past President James Jarvis were the delegates at the 91st

Annual International Convention held from June 28th to July 2nd. There they elected the new president of Kiwanis International, Nelson Tucker, from California and the other officers and trustees who will serve the organization for the 2006-2007 fiscal years.

The 89th Annual New Jersey District Convention was held from August 25 to 27 at the Hanover Marriott Hotel in Whippany, NJ.

The local Kiwanis organization was represented by President Barbara Smith, Secretary Colleen Jarvis, Treasurers Marie and Peter Gallo, Past President James Jarvis and Ann Heck. There they attended workshops, meetings, and the House of Delegates, as well as luncheon and dinner programs. Photo provided by Kiwanis Club ###

Kiwanis Announces Good Neighbor Awards

The Kiwanis Club of Hasbrouck Heights/Teterboro is proud to recognize the efforts of a few citizens from our community.

They have been selected by their neighbors as "Good Neighbors;" neighbors who do not seek rewards but only the pleasure of helping others; neighbors whose help has varied from providing physical assistance to giving comfort or advice in time of need.

The Kiwanis Good Neighbor Awards were presented to Emma Herr, Rev. Dr. Katherine Ellison, Nancy and John Pirilli and the Bolognese Family (Chris, Paul, Kim and Vicky). The award recipients were chosen by their friends or neighbors for their efforts throughout the year or past years.

Emma Herr has lived in Hasbrouck Heights most of her life. She has both directly and indirectly given neighborly help to scores of people. She is a founding member of REACH and has served as committee member, Captain, driver and inside worker. Emma has been active in her church. She has chaired the Ecumenical World Day of Prayer and has arranged many programs which have been open to the public for their enjoyment and educa-



(l-r) Emma Herr, John Pirilli, Nancy Pirilli and Rev. Dr. Katherine Ellison

tion. Emma is well known in our community for her service to all.

Rev. Dr. Katherine Ellison is always available to help when you want an honest but well thought-out opinion or some good advice about something. She checks on your house when you are on vacation and takes care of your dog when you are away. Rev. Ellison understands the problems of living alone and taking care of a house and living on a fixed budget. She does not hesitate to invite you to her home, knowing you are alone. Rev. Ellison gives generously of herself to help other people.

Nancy and John Pirilli volunteered to help with the ESL adult evening program at a local church. When asked to coordinate the program, they did for several years. Nancy and John assisted their neighbor when she was recuperating from surgery. They willingly took care of her needs. They

did the driving and even took her out to dinner. Nancy volunteered to help their neighbor go through her household and attic clutter for one solid week. John picked up the trash and took it to the dump. Even though they did not live on the same block, they willingly came to her assistance.

The Bolognese Family (Chris, Paul, Kim and Vicky) expressed their thoughtfulness in times of despair. A few days before Thanksgiving and after the death of their neighbor's husband, they delivered a homemade pumpkin pie to her house. They understood the difficulty in living alone and wanted to show that they were there to help when needed. The pumpkin pies and other assortment of home baked cookies are regularly delivered before Christmas. They and their parents have always demonstrated a willingness to talk about problems and give support when needed.

The Kiwanis Club recognizes that in our community there are many, many "Good Neighbors;" citizens who give support, assistance and comfort. This year's winners are just a few who represent the many "Good Neighbors" in Hasbrouck Heights. ###

NJ Property Tax Debate

The public can follow and comment on the unprecedented special legislative session that will work throughout the fall with the goal of enacting property tax reforms by the end of this year.

The website is: www.njleg.state.nj.us/PropertyTaxSession/specialsessionpt.asp

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Happy Halloween

“Halloween In The Park”

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Thursday, October 19, 2006 (*Rain date October 23*).

Last year over 600 participated in this event.

Halloween in the Park will begin at 5:45 p.m. and conclude at 9:30 p.m. Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station tableaux will be less scary.

After the horrific experience, they can escape at the

Munchkin Mash

The Junior Women's Club of Hasbrouck Heights invites all to attend our fundraiser, Munchkin Mash, on Sunday, October 29, 2006. This tiny tot dance party is geared towards the age of 7 and under. Cost of the tickets is \$ 5 and includes a D.J. and light refreshments. The Munchkin Mash will be held at the municipal building from 1pm to 3pm. All children must be accompanied by a paying adult. For tickets please call Nancy 201-393-4184 or Bonnie 201-288-0831. Come in costume, and we hope to see you there! ###

Safety Tips

The Hasbrouck Heights Fire and Police Departments pass along these safety suggestions for a safe Halloween.

- Parents should plan a route for their child to use while trick-or-treating and set an early return time for them.

- An adult should always accompany children under 12 years of age.

- When crossing the street, look both ways. Do not cross in between cars. Always use the sidewalk.

- Do not use open flame candles in jack-o-lanterns. Battery lights are much safer and do not pose a fire hazard.

- Avoid any open flame while wearing a costume.

- To welcome trick-or-treaters, switch on your porch lights or any exterior lights.

- **REMEMBER** – A flame-retardant costume does not mean that it is fire proof. Always keep your costume away from any type of open flame or other heat sources. ###

Roosevelt Avenue end of the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. A card reader will delight participants and music will be provided by Fun Time Entertainment.

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is sponsored by the Hasbrouck Heights Department of Recreation. Tickets are \$5. Children under 10 must be accompanied by an adult. Tickets were available during Town Day.

For more information call 201-288-4143. ###

Hasbrouck Heights Seniors' Haunted Halloween Party

On Friday, October 27, from noon to 4:00 p.m., Heights seniors will have a frightful good time at their Annual Hasbrouck Heights Senior Citizen Haunted Halloween Party at the Senior Center.

There will be music, dancing, lunch and refreshments. Costumes are optional, but last year many did get into the spirit and dressed festively.

The event is open to all town seniors who sign up in the Senior Center. Call 201-288-4143 for more information.

This program is being sponsored by **Century 21 Eudan Realty**. ###

13th Annual Boulevard Window Painting Contest

Area residents can stroll The Boulevard during late October where local businesses, in conjunction with the three grammar school PTA's, will sponsor the 13th Annual Halloween Window Painting Contest.

Over 300 3rd, 4th and 5th Grade students will paint a Halloween theme illustration on a space provided by Boulevard businesses.

Graphics will be judged upon originality and artistic expression.

Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All participants receive ribbons.

Event is sponsored by: Hasbrouck Heights Chamber of Commerce in cooperation

with the 2006 Home School Association (*Corpus Christi*), and Lincoln and Euclid PTA's. ###

Ragamuffin Parade

On Saturday, October 28 at 1 p.m., the Annual Hasbrouck Heights Ragamuffin Parade will depart from the Public Safety Building on Hamilton Avenue and march along The Boulevard to the Municipal Complex at Central Avenue for a “boo-ti-ful good time.”

Puppeteers will entertain the children. Juice and cookies will be served. Event sponsored by Mayor's Celebration Committee. ###



Library Displays Part of Fitzin Collection

During September 2006, the Hasbrouck Heights Free Public Library put on display selected items from The Fitzin Collection. Items included The Shadow, The Green Hornet, Nancy Drew and the Hardy Boys, Charlie's Angels, The Avengers, Wonder Woman, Charlie Chan and the Wizard of Oz.

According to the Fitzins, “Some of the items were collected for two reasons; not only did we like the item, but we also had the privilege of knowing the writers, and in some cases the artists. We have, in some cases, as few as thirty pieces, and in other cases, over a hundred in our collection.” John and Dot started collecting in the mid-fifties. John added, “We play these TV shows and movies in the Senior Center on Friday afternoons.”

Note: In October, the Library will display some of the history of Hasbrouck Heights. ###

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Bible Baptist Church

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TRUNK OR TREAT

Sunday, October 29th
5:00 - 7:00 PM

This FREE event provides a safe, fun alternative to traditional trick-or-treating. Come see a variety of decorated car trunks filled with goodies for children up to Sixth Grade.

*** Due to the nature of this event, NO masks, blood, guts, gore, or evil costumes will be permitted.

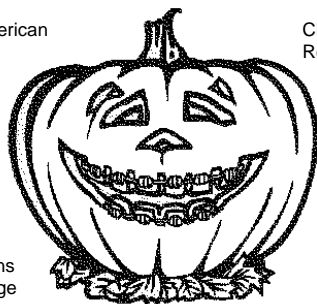
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History of The First United Methodist Church

On June 11, 2006, the Hasbrouck Heights First United Methodist Church rededicated its Sanctuary at 57 Burton Avenue, first dedicated on May 26, 1907. We present a continuing series of their rich history.

Part Five Growing Spiritually and Socially

During this time the need for a larger parsonage was considered. The present parsonage at 310 Division Avenue, was selected as the most suitable of several homes considered. It was purchased, and the pastor and his family moved in about 1920.

Rev. M. Young Bovard was pastor from April to October 1922, Rev. H.W. Rosengrant taking over until April 1923, when Rev. Milton E. Grant came and remained until 1925.

He was followed by Rev. Howard R. Breisch, who was succeeded by Rev. A.J. Turner in 1929, and Rev. Gustave A. Stark from 1931 to 1933.

In 1922 Thomas Hopkinson, Sunday School teacher and former Superintendent, organized the Young Men's

Bible Class of about 18 teenagers including the Burr brothers, Frank Jr., and Elbert, sons of Frank Wright Burr, a former Mayor of Hasbrouck Heights and his wife, Grace, who became one of the organizers of The Women's Society of Christian Service.

The Ladies Aid Society was formed in 1878 under the leadership of Mrs. R. Berdan.

A group of the younger women of the Church, in a desire to help the finances and work of the Church, formed the Fortnightly Guild in 1926.

Headed by Mrs. Frank D. Erwin, this group of about fifty young women held two meetings a month, one in the afternoon and the other in the evening in various homes.

They put on frequent money-making events. Silver Teas, Strawberry Festivals, and Easter Flower Sales became annual events.

Broadway plays were produced along with many special events. A Tom Thumb Wedding netted over \$200 on September 28, 1928; another was held on May 21, 1937.

The Women's Missionary Society was organized in 1908 with Mrs. William Hall

as President.

The Society raised money for foreign missionary work and gave out literature advocating support of this field of Christian endeavor.

In keeping with an order from the General Conference in 1948, Mrs. Grace Burr and Mrs. Ada Callender organized the Woman's Society for Christian Service, to be known as the W.S.C.S.

In 1972 its name was changed to the United Methodist Women. The W.S.C.S. was a united association of the various women's groups in the Church. Mrs. Callender was the first president of the W.S.C.S.

In May 1940, a group of young people from ages 18 to 24 formed the Diversity Club with Mrs. Frank Burr, Sr. as their counselor. This group replaced the Epworth League. Diversity staged plays and other fund raising events for the church.

A Youth Fellowship for high school age boys and girls was started in 1944 with Audrey Bickhardt as leader; in 1953 it became the Methodist Youth Fellowship, now known as the United Methodist Youth.

One Junior Intermediate Fellowship for 7th and 8th Graders started in 1943 as the Intermediate Young Peoples Group.

In 1937 a Men's Club was started under the direction of Howard Hafler.

The men's Bowling League was started on Sept. 5, 1946; the first annual Bowling Dinner was held in April 1947.

A group of about 100 men was formed under the leadership of LeRoy Wright in 1952, to assist the pastor in his keep-

ing in touch with the Church families.

They were called "Shepherds" and their function was to remind Church members of special services, such as Roll Call Sunday, Communion Breakfasts, and Family Nights.

Later, William C. Olafson took charge of the "Shepherds" for a couple of years, after which their work was taken over by the Spiritual Department headed by Ernest MacDonald.

The Church has participated as sponsors in the Boy and Girl Scout movements. Interest in the original local Troop diminished during World War I, and was revived in October 1945 by Leonard A. Smith, Chairman, with Alvin Butterfield, Scoutmaster.

Scout Troop No. 68 continued under the leadership of Turner Blaine, Norman Walter, and Raymond Wright, Sr., until unavailability of men to supervise the Troop. The scouts were transferred to the Reformed Church Troop in 1971.

A Cub Pack was formed in 1946 under Troop Committee Chairman, Turner C. Blaine and had been carried on by Warren Hyer, Nick Grosso, and the above mentioned men, until it died from lack of interest.

A Girl Scout Troop was organized in the early 1920's with Mrs. Myrtle Rickard as Captain and with Catherine Clement and Dorothea Merkel as 1st and 2nd Lieutenants.

There were about sixty members in the Troop. They held many events including planting a magnolia tree in Memorial Park in April 1926.

A Brownie Scout Troop for

younger girls was also formed. The Brownies still meet under the sponsorship of the Methodist Church. The Girl Scout Troop moved to the Lutheran Church.

In March 1936, a group of about 40 young people formed an organization, open to all, to promote the educational, spiritual, and social activities of the Church. It was named METRA from Methodist Episcopal Triangle Association.

The first project of METRA was to pay for the material used to make new Senior Choir robes.

They had several projects every year; in 1938, two plays plus the purchase of two dozen folding steel chairs; in 1944, gifts for everyone in the Service from the Church, over 120 souls all of whom, we believe, returned home safely.

Fourteen truck loads of brownstone, about \$1,000 worth, were dug out of the foundation of the Kipp House in Rutherford by METRA and trucked to the rear of the Church.

They were to be used later in building the new parish building, thanks to 29 men from METRA. Among other projects of note were, in 1955, the purchase and reconditioning of a Multilith printing press.

With the Educational Building completed, a Vacation Church School was started on June 23, 1952, lasting until July 3rd. There were 81 children enrolled with 17 teachers and helpers.

The Nursery School started in 1972 at the suggestion of Pastor J.D. Watt, and Virginia Wallace. The school is thriving. It is open to children of all faiths.

To be continued ...

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Sources

Reprinted in part, with permission, from the "One Hundredth Anniversary" program titled "The Story of Methodism In Hasbrouck Heights" by William J. Davenport, Church Historian, 1975 and the "Twenty-Fifth Anniversary of the Dedication of the First M. E. Church of Hasbrouck Heights, NJ" (1907-1932). Additionally, several contemporary church members and other sources contributed to this series.

REACH helps residents by transporting them to medical services when no other means of transportation is available. Anyone can help by calling Marie at 201-288-2207 or Emma at 201-288-0385. ###



Jean Robert Realty Joins Century 21

Century 21 Eudan Realty proudly announces the acquisition and merger of Jean Robert Realty of Wood-Ridge.

Established in September 1976, Jean Robert Realty has been a leader in real estate sales in the southern Bergen County area for almost 30 years.

"We realize being a part of the Century 21 system would be a great benefit to our clients as well as our agents," said Robert Zevzavadjian, co-owner of Jean Robert. "The powerful marketing materials and strategies of Century 21 Eudan strongly influenced our decision to join forces, allowing us to serve our clients more efficiently."

Century 21 Eudan-Jean Robert Realty will continue to maintain their location at 189 Hackensack Street in Wood-Ridge which has been home to Jean Robert Realty since 1981.

"Our goal is to expand our presence throughout Bergen County; in February we opened a second location in the Township of Washington and now with the Jean Robert merger, we feel we're well on our way" said David Fanale, owner of Century 21 Eudan Realty. ###

AAFHA Presents "Spotlight on Veterans"

The Army Air Forces Historical Association will present "Spotlight on Veterans" on Saturday, November 11, Veterans Day, from 9 a.m. to 5 p.m. at the Oradell VFW building.

Each and every day, the nation is losing, on average, a thousand World War II vets due to age.

This special program puts the spotlight directly on those aging heroes who did their part to secure world freedom, regardless of the part they played.

Featured speakers include navigators and bombardiers as well as the undaunted ground crew members who refueled, rearmed and patched those aircraft in all types of weather.

The event includes an interactive, living history display of World War II flying gear and a working Norden Bombsight.

The program is free of charge and refreshments will be served. For further information, please call Wayne Placek at 201-262-3763. ###

Wrestling

The Hasbrouck Heights Recreation Department's Wrestling program will accept registrations on Thursday, October 5 at the Recreation Office at 320 Boulevard, from 7:30 p.m. to 9:00 p.m.

This program is open to boys from 1st to 8th Grades.

Practice starts in December. For more information call 201-288-4143. ###

Men's Flag Football

Men's Flag Football will start mid-September. You can join as a team or as an individual and be placed on a team.

Play will be at Depken Athletic Field (practice area) on Sunday mornings from 9:00 a.m. to 1:00 p.m.

Last year the league fielded eight teams.

Call Recreation Department at 201-288-4143 for more information. ###

Co-ed Volleyball

The Hasbrouck Heights Recreation Department sponsors adult volleyball every Wednesday evening from 7 p.m. to 9 p.m. beginning September 20th in the High School's new gym. This activity is open to all Hasbrouck Heights men and women 18 years or older.

For more information call 201-288-4143. ###

Pancake Breakfast to Benefit Lodi AL October 1st

Rochelle Park's American Legion Post 170 (33 West Passaic Street), will sponsor a pancake breakfast, Sunday, October 1st from 9:00 a.m. to 11:30 p.m.

Breakfast features juice, eggs, pancakes, sausage, coffee or tea. Cost is \$3.

Proceeds to benefit the rebuilding of the Lodi American Legion Post 136 which was devastated by fire in December 2005.

Fire insurance on the building covered less than half the estimated cost to replace the Post home.

Donations may be sent to: The American Legion Post 136 Rebuilding Fund, PO Box 36, Lodi, NJ 07644-0036. ###



Fire Prevention Week is October 8-14

The Hasbrouck Heights Fire Prevention Bureau announced that Fire Prevention Week is October 8 through 14, 2006.

The Hasbrouck Heights Fire Department is joining forces with the nonprofit National Fire Protection Association (NFPA) to remind local residents to "Prevent Cooking Fires: Watch What You Heat."

During this year's fire safety campaign, firefighters and safety advocates will be spreading the word about the dangers of cooking fires -- most of which result from unattended

Adult Basketball

The Hasbrouck Heights Recreation Department sponsors adult basketball every Monday evening from 7 p.m. to 9 p.m. beginning September 18th in the High School's new gym.

This activity is open to all Hasbrouck Heights men and women 18 years or older.

For more information call 201-288-4143. ###

Boys & Girls Basketball

This program is open to boys and girls from 1st to 8th Grade. The league starts in December.

Registration is at the Recreation Office on October 17th and 24th from 7:00 p.m. to 9:00 p.m.

Call 201-288-4143 for more details. ###

cooking -- and teaching local residents how to prevent cooking fires from starting in the first place.

According to the latest NFPA research, cooking is the leading cause of home fires. One out of three home fires begins in the kitchen—more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

"Often when we're called to a fire that started in the kitchen, the residents tell us that they only left the kitchen for a few minutes," said Fire Official Arthur Jackson. "Sadly, that's all it takes for a dangerous fire to start. We hope that Fire Prevention Week will help us reach folks in the community before they've suffered a damaging lesson."

Among the safety tips that firefighters and safety advocates will be emphasizing:

- Stay in the kitchen when you are frying, grilling, broiling, or boiling food.
- If you must leave the room, even for a short period of time, turn off the stove.
- When you are simmering, baking, or roasting food, check it regularly, stay in the home,

and use a timer to remind you.

• If you have young children, use the stove's back burners whenever possible. Keep children and pets away from the stove.

• When you cook, wear clothing with tight-fitting sleeves.

• Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stovetop.

• Clean up food and grease from burners and stovetops.

Fire Prevention Week is actively supported by fire departments across the country.

This is the 85th year that fire departments have observed Fire Prevention Week, making it the longest running public health and safety observance on record.

Hasbrouck Heights fire officials also urge residents to ensure that smoke alarms are installed on every level of their home and kept working with monthly testing and annual battery replacement.

All smoke alarms should be replaced after 10 years. Each member of the household needs to know the fire escape plan and practice it twice a year. ###

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Wednesday through Sunday

HHFD Jr. Firefighting Program

By Justin Watrel

The new school year has begun. The Hasbrouck Heights Fire Department is again recruiting young men and women, ages 16 to 18 years old to join its Junior Firefighting Program.

Coordinator and Fire Department Secretary, Tom Rubino, said, "We're looking for people who want to serve the community. If you have an interest in becoming a firefighter or an EMT, you should come visit the firehouse."

Your family, school and grades come first (*all of which you must maintain while you're in the program.*)

We want young people who show an interest and excitement in the fire service; people who want to make a commitment to the Department. It's a good chance to see what it's all about and to see if you like it."

"The Department will train you and show you the 'ropes,'" Chief Joe Taylor Jr. said. "We are looking for new recruits to help where they can."

What we want the Juniors to know is what volunteer fire-

fighting is all about. To know about the commitment and the basic knowledge of the duties of firefighting. We want you to be sure that it's for you."

"Some of the responsibilities include: attending meetings, care of the equipment, truck cleaning, house cleaning, connecting to the fire hydrants, supporting the firefighters at the scene and helping put the equipment back."

There are a lot of expectations but you will be amazed by what you can learn and accomplish," Chief Taylor said as he described the job.

"What new members learn is self-respect," Tom Rubino added. "You know that you are part of something bigger than yourself. You know you will be making a contribution that not only benefits the Department but the citizens of Hasbrouck Heights and the surrounding towns as well."

Two of our current Juniors talked about the benefits of joining the program. Joseph DeSiervo and Patrick Licata joined the Junior program a few months ago.

Both are from Lodi but joined our department because Lodi does not have a Junior program.

Both wanted to be in the fire service since they were younger. "It seemed like something cool to do," Joe DeSiervo said. "Not everyone can say they are firefighters. I plan on continuing to volunteer in the future, and also would like to join the Hackensack Fire Department."

"There's so much to learn," Pat Licata added. "On top of the responsibilities that we have,



Hasbrouck Heights Junior Firefighters Pat Licata and Joe De Siervo

we also have to maintain our grades to stay in the program.

What I like best about Hasbrouck Heights is that you are involved with the ambulance and the fire department. In most towns it is separate; here you learn both." Joe said, "We get a lot of experience here. We get to meet different people and work with different tools."

Firefighter Michael Cribben of Wood-Ridge, finished the Junior program after turning 18. Recently he finished Firefighter I and in November becomes a full-fledged member of the Department.

He's spent over two years on our squad and in November when off probation, will be spending time with the Wood-Ridge squad, where his father, Firefighter Bob Cribben, is a member.

"My dad has been a firefighter for over twenty years; I have been around the fire service since I was a child. I

have always liked the thrill of the calls and the excitement of the work that is involved.

I joined Hasbrouck Heights because at the time, Wood-Ridge did not have a Junior program. I have learned a lot working with the HHFD.

You learn the way another department works. In Wood-Ridge it's all one company and in Heights there are five different companies and firefighters help with the ambulance runs."

"You can ask questions while assisting the other firefighters and the work is very hands on. The curfew changed things. I can make more calls at various hours as opposed to stopping at a certain time.

The training and experience as a Junior really helped understand what to do." When asked his future plans, it also included being a full time firefighter.

"I would recommend the

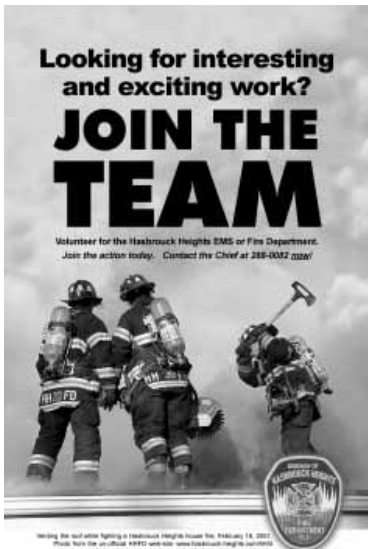
program to anyone who wants to have a different perspective of how things happen. It's good to try something different and get experience from it. I would recommend it to anyone wanting to get involved with the community.

When we show people what we do, they become more interested. The best thing to do is to stop up on a drill night and see what it is all about. Then you will understand what it is we do."

If you are interested, in the Junior Firefighting program, you can discuss the program with the members of the Hasbrouck Heights Fire Department. Firefighters plan to visit local schools in the near future.

The Junior Program is open to men and women of the Hasbrouck Heights community ages 16-18.

For more information call 201-288-0082. ###



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Firehouse 101

Justin Watrel of Hasbrouck Heights has recently published his first book of a trilogy, set in New York City.

"Firehouse 101" is one of the first novels to explore the emotional aftermath of the 9-11 tragedy through the lives of ordinary citizens. The story is about a displaced New Yorker who moves back East after 9-11. In his time back, he faces a city challenged and changed after the attacks.

He befriends a firefighter who survived the attacks and discovers how the events of 9-11 have affected not just the city, but the firefighting community as well. This book may be ordered online at: www.iuniverse.com or calling 1-800-288-4677. ###

In Remembrance of September 11th

Hasbrouck Heights held Memorial Services commemorating the 5th Anniversary of September 11th, 7:00 p.m. at the Firemen's Memorial Park at The Circle. The theme was, "Honoring Heights Responders."

The program was led by Council President Thomas E. Meli and began with the Corpus Christi Choir singing "America The Beautiful."

Meli led the assembly in the Pledge of Allegiance.

The invocation, remembering great courage, service and sacrifice, was given by Rev. Dianna Smith, Pastor, First Reformed Church.

Mayor Ronald R. Jones read a litany recalling the people and events affected by 9/11; the gathering refrained, "We Remember Great Courage."

Rev. Dr. Karyn Wiseman, Pastor, First United Methodist Church and former chaplain of the Kansas City Police and Fire Department, provided the meditation.

She spoke about the danger to our first responders and about their risking their lives for their community and responding to their fellow responders of 9/11 who were in need.

She said, "This evening is an opportunity for us as a community to say thank you, and to remember those who answered the call and responded to Ground Zero with the hope of rescuing someone."

She read a poem, "Heroes Among Us." She reminded us that we must remember it was more than 9/11, it's that they respond every single day of every year.

The choir led the gathering in the "Star Spangled Banner."

Guest speakers, Fire Chief Joseph Taylor Jr., and Firefighter Thomas Rubino (both responded to Ground Zero) spoke on behalf of the members of the Hasbrouck Heights Fire Department, Police Department and EMS personnel who responded, thanking everyone for remembering; emphasizing that they are not really heroes, although they appreciate the title.

Rubino said, "We love what we do. And it is what we do. And on that day, all of those responders did what they do best. They responded!"

It has often been said that firefighters run into buildings while everyone runs out -- and on that day many of those who were not firefighters, ran into those buildings, and gave their lives without a second thought.

I watched civilians, police and firefighters dig with their



bare hands hour after hour.

It's what we do. Were merely the guy next door and the guy who runs the shop.

A phoenix arose from the dust and rubble in New York City. That phoenix has made the United States of America stronger; it has made every one of these first responders develop a stronger commitment to continue to do what we do best -- It is to respond.

From the bottom of our hearts we say, thank you. Never, ever forget September 11 and that this is still the United States of America."

Mr. Meli read the names of those from Hasbrouck Heights who responded.

The choir led the everyone in singing "Amazing Grace."

Rev. Dr. Michael Avila provided the Benediction.

Dr. Avila was part of the Clergy based at St. Paul's Chapel who ministered to the responders, some who worked one, two and three shifts in a row, if only to try and find someone. He concluded with a prayer and blessing.

Robert Miller, who was killed in the attack was remembered. Paul Carris, who survived the attack, was recognized for his heroism.

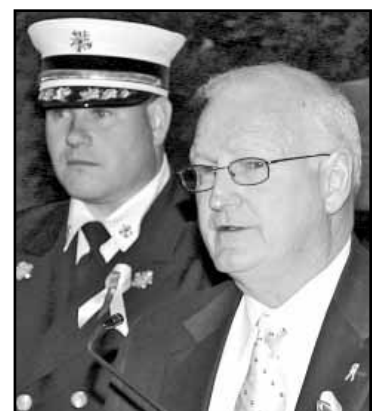
The program concluded with Conchita Parker and the Corpus Christi Choir singing "God Bless America." ###



Councilman Thomas E. Meli



Rev. Dianna Smith



Mayor Ronald R. Jones



Rev. Dr. Karyn Wiseman



Rev. Dr. Michael Avila



Conchita Parker



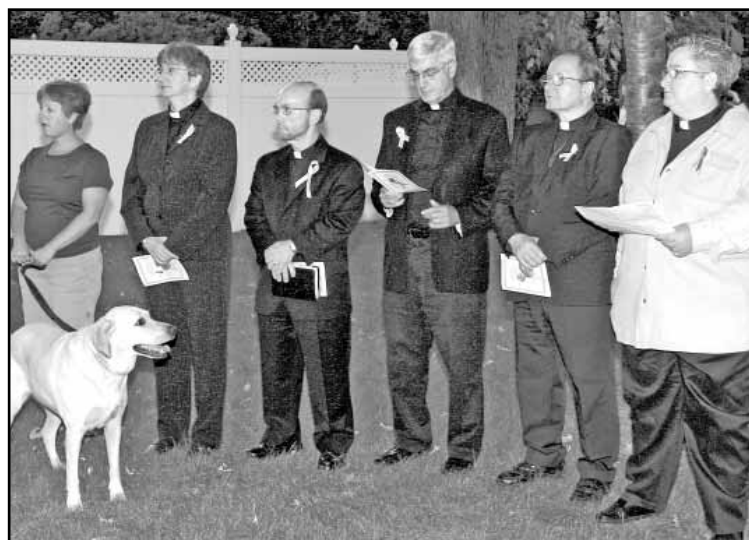
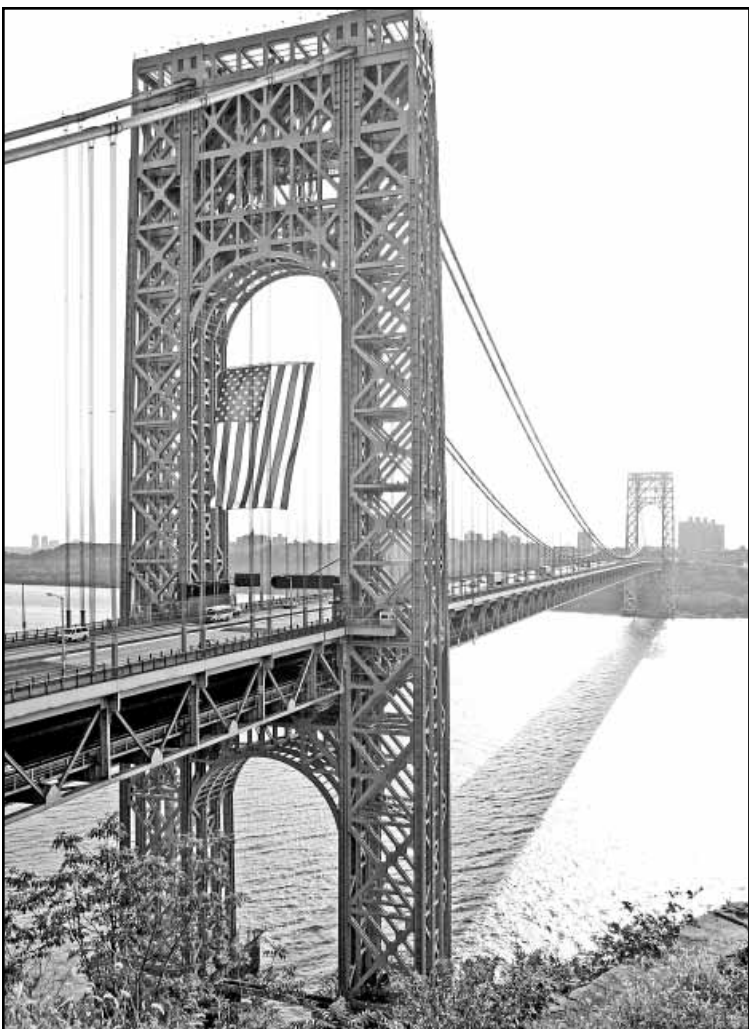
(l-r) Fire Chief Joseph Taylor Jr., First Assistant Chief Angelo Roccamo, Second Assistant Chief Michael Ratkowski, Firefighter Thomas Rubino, Ex-Chief Christian Semenez.



Corpus Christi Choir



Scout Honor Guard



Hasbrouck Heights Clergy



The Moonachie First Aid and Rescue Squad preparing for the September 11th Memorial Services held 6:30 p.m. at the Moonachie Boro Hall. On 9/11, this squad assisted with the evacuation and decon of Manhattan evacuees at Liberty State Park in Jersey City. In addition, they put in a 14 hour tour at the WTC site within the following week of the disaster. The squad has about 40 members and hasn't missed a call in 4-1/2 years. ###

The following Hasbrouck Heights residents responded to September 11, 2001:

Hasbrouck Heights Fire Department: Joseph Taylor Jr., Robert Knobloch, James Haloran, Edmund Carter III, Deborah Karlsson, Jason Schell, Gregory Rubino, Thomas Rubino, Richard Giarratana, Patrick Hayes, Angelo Roccamo, Ronald Botelho, Timothy Moots, Gail Cardaci Michael Christensen, Alfred Cirelli, Robert Pietz, Peter Kolodziej and Michael Thomasey.

Hasbrouck Heights Police: Charles Lesho and Joseph Rinke.

North Hudson Regional Fire & Rescue: John Halpin, Edward Diaz, Mitch Gerrity, Richard DeSimone, Kevin Cowan and Kevin Todd.

Jersey City FD: Joseph Giancaspro and Greg Lallo.

Hoboken Fire Department: John O'Brien

NJ State Police: Daniel Vecchio Jr.

Port Authority: Susan P. Zapoluch and Kevin Levelli.

US Coast Guard: Michael Ejgird, Anthony Bernice and Nicholas A. Bernice.

NY City District Council of Carpenters: James Ehrie.

PA Honors 9/11 Victims

The world's largest free-flying American flag flew at the George Washington Bridge as a tribute to the victims of September 11, 2001.

The original flag was removed in 2000 for the recently completed bridge painting project, but was displayed for one week following the attacks on 9/11. The new flag was the first to fly at the bridge since September 2001.

The 450-pound flag was located under the upper arch of the New Jersey tower. The flag is 90 feet x 60 feet and

drapes vertically, flying freely. The flag's strips are approximately five feet wide and the stars measure about four feet in diameter.

The Port Authority also conducted an Interfaith Remembrance Service at St. Peter's Church, Barclay and Church Streets in Lower Manhattan at 2:00 p.m. on Monday, September 11th. The service honored the 84 Port Authority employees who were killed on September 11, 2001 in the terrorist attacks on the World Trade Center. ###



*Hasbrouck Heights
Council of Churches*

**Purposeful
Sauntering**

*By Rev. Dianna L. Smith, Pastor
First Reformed Church*

I have noticed that a large number of Hasbrouck Heights folks walk every day.

In years past I was a runner, many times running five miles a day. The constant sound of my feet hitting the pavement became an entrance to my inner self. Many times I ran much further than I had anticipated as I engaged in a running meditation.

When I lived in the Catskill Mountains running gave way to walking. Walking in the Catskills takes a slower pace than that which I see daily from my front porch.

Actually to call my daily excursions in and around Prattsville, NY, walking is a stretch! I believe a better description would be purposefully sauntering.

It is amazing how many sounds, smells and sights come to your eyes when you walk purposefully, without cell phone and/or CD earphone attached.

I have found that even in our town a purposeful saunter reveals quite a wonderful experience.

I keep a notebook of impressions from my walks. The following are just a few.

"A child's laughter drifts over from a yard or two away. In the rush that is today perhaps that laughter may be the antidote to a bad day.

A neighbor's house has recently planted autumn colored mums. Could a moment to recognize the passing of one phase of life and the entrance to another be suggested?

While walking, an elderly couple walks by as your eyes meet theirs, a short greeting exchanged the essence of lifetime commitment is revealed to your heart."

To engage in purposeful walking is to engage in the spiritual life, for it is above all a matter of keeping awake, keeping aware of inspiration all around us.

But you argue, what about my heart health? What about my calorie burn? How will I explain a saunter to the weigh-in woman at the health club?

Can it be that to fail to spend time in what the theologian Thomas Merton calls "interior solitude" can cause just as much damage to the body,

soul and spirit as the lack of a good exercise program?

Indeed I believe it can, for it is only when we take the time to experience God, not only in our places of worship but in our world, in our relationships, that we can become a person who can fully embrace love.

I end with this advice from Merton, "Let us embrace reality and thus find ourselves immersed in the life-giving will and wisdom of God which surrounds us everywhere." ###

Turkey Dinner

Bring your friends and enjoy a delicious home made dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 14 from 5:30 p.m. to 7:00 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$12.00 for adults and \$5 for children under 10.

For reservations call Pat at 201-288-0534 or Stella at 201-288-0378. Take-outs are available upon request.

The First Reformed Church is located at Washington and Burton and is handicap accessible. ###

CROP WALK

The entire community is invited to attend this year's CROP WALK on Sunday, October 29th, beginning at 2:00 p.m. at Corpus Christi Church and concluding at the First Reformed Church (Washington & Burton).

The 2.4 mile route will be along Burton & Oak Grove. Refreshments will be served.

CROP WALK will raise funds to change the world in real and measurable ways; digging wells to bring clean water to villages; providing seeds, tools and simple irrigation techniques, helping families and communities rebuild from disasters like tsunami, the earthquake in Pakistan, and the Gulf Coast hurricanes.

CROP WALK funds will benefit the overall work and ministry of Church World Service- working in some 80 countries to help those in need help themselves through refugee assistance, self-help development programs, advocacy and disaster relief. And, it's important to note that 25 percent of what we raise will help local agencies in their important work here in Hasbrouck Heights.

Come CROP WALK with us! Together -with your family, group or congregation - we can walk to change the world, one step at a time.

For more information call Joe at 201-462-0220 or Pastor Smith at 201-288-1122. Email: support@hccropwalk.com

To make an online donation: www.hccropwalk.com ###

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7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),
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Monday - 7:30 p.m., N.A. Women's Meeting
Tuesday & Friday - 12 noon, N.A. Meeting

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Rev. Dr. Karyn L. Wiseman, Pastor
Paul A. Callender, Pastor Emeritus



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Tuesday - 10:00 a.m. - Bible Study
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The Reverend George W. Yoder, Pastor
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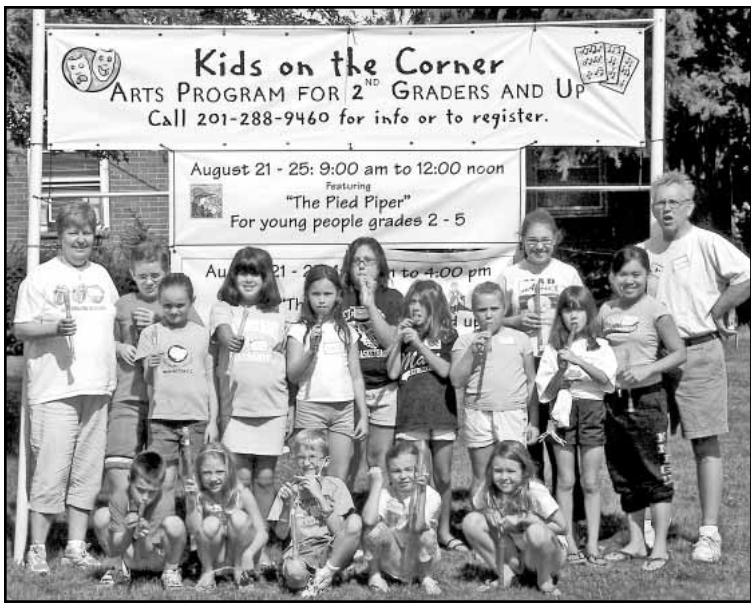
Saturday
5:00 p.m. Communion Contemporary Setting
Sunday
9:45 a.m. Sunday Church School/Adult forum
11:00 a.m. Holy Communion
Tuesday: 7:30 p.m. Bible Study

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Sunday - 10:00 a.m. Morning Worship
Communion-- first Sunday of the month



Care on the Corner Presented Two Workshops

By Cathie Studwell

Care on the Corner, an outreach ministry of St. John the Divine in Hasbrouck Heights, offered two Kids on the Corner children's cultural arts workshops this summer.

The morning workshop, for children ages 2nd-5th Grade, was based upon the book, "The Pied Piper of Hamelin," by Robert Browning.

New to the Kids on the Corner program this summer was the teaching of music. The children learned to play recorders which were part of the Pied Piper story and play that was performed to a full house on the last day of the workshop.

The workshops, taught by Lisa Staszak, a St. John's parishioner and a local artist, Dianna Mammone, also offered opportunities to study set design, costume making, and elementary acting techniques.

The second workshop for older children, ages 6th Grade and up, was based upon the book, "The Little Prince," by Antoine De Saint-Exupery.

The older children had the opportunity to discuss the

meaning of the book and how it can relate to their lives as well as the history of the time in which the book was written. The children in this group explored aspects of character development and how to relate these experiences to their performances at the end of the workshop week along with designing the sets and props for the performance.

The children in both sessions were given copies of the book that they worked with during the week to add to their personal libraries.

The success of the Kids on the Corner program comes from the vision and direction of the teachers, and the volunteers from St. John's who work along with the parents and caregivers of the children to help host the week's activities.

The next Kids on the Corner session will be offered in the fall once a week after school. Information will be made available in the weeks ahead. If you would like to learn more about this program or any of the programs that Care on the Corner offers, please call 201-288-9460. ###

Rosary Society News

The Rosary Society has launched a new and exciting year of spiritual, educational and service programs.

The Society is centered on devotion to the Blessed Mother, and the members work behind the scenes in prayer and service to the parish.

Rosarians are required to recite a decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to join in prayer services for deceased members, and to participate whenever possible in various service projects.

Here are some important dates to note for the coming months: Sunday, October 1st – Communion Breakfast at the Fiesta following 9 a.m. Mass. Guest Speaker is Sister Judith Mertz. For ticket information contact the breakfast chairperson at 201-288-0086. The donation is \$16 and non-members are cordially invited.

On Thursday, October 5th there will be a General Meeting in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass. New members will be inducted, and the Guest Speaker is Janice Young, MSW, LCSW, on the subject of "Taking Care of Your Health Care."

On Thursday, November 9th there will be a General Meeting with Guest Speaker Rev. Raymond Holmes on the subject of Our Blessed Mother.

On Wednesday, December 6 there will be the Annual Holiday Party at Greycliff in

Vocal Recital October 13th

A vocal recital featuring Sonia Pérez, soprano, and Omaldo Pérez, piano, will be held Friday, October 13, 7:30 p.m. at the Holy Lutheran Church.

The artists will perform works by Rachmaninoff, Ravel, Poulenc, Legrand and Barber. Suggested donation is \$10.

The next concert in the series will be held October 27th featuring Broadway favorites.

These programs are open to the public. For more information please call 201-288-6889. ###

Moonachie.

Sign-up sheets will be distributed at the October meeting for our regular outreach programs (hosting the fall Anointing Mass, plans for Hospitality Sunday, several community outreach programs including the preparation of children's Christmas Stockings).

Looking ahead to the new year, plans for 2007 include a Fish'N Chips dinner on March 2nd and a Scholarship Luncheon on April 13th.

We invite anyone interested in joining the Rosary Society to call our membership chairperson at 201-288-0086 or simply come to a meeting. We encourage all our members to come to the regular meetings and bring a friend!

If anyone is in need of transportation, please call Karen McDowell at 201-288-5738. ###

Tell All Souls About My Mercy

An outstanding, spirit-filled Catholic production is coming to Hasbrouck Heights, Monday, October 16th at 7:30 p.m. at Corpus Christi Chapel.

Presented by Mother of Mercy Messengers, Dave and Joan Maroney, "Tell All Souls About My Mercy" combines sacred images, subtle lighting, the spoken word, and beautiful, stirring instrumental pieces of great composers to accentuate heartfelt renderings of passages from the Diary of St. Faustina Kowalska.

The goal of "Tell All Souls About My Mercy" is for souls to gain a better understanding of God's Divine Mercy and love for them and the need to reflect this love and mercy towards others.

Instead of cursing the darkness and despairing over the condition of the world, we bless

Monte Carlo Casino Night

Corpus Christi is planning a Monte Carlo Casino Night for Friday, October 6, 2006.

They are seeking sponsors for the roulette and dice tables, money wheels, etc.

Call Ann at 201-288-4376 for more information. ###

Care on the Corner Community Choir

Anyone who is interested in having fun while singing is welcome to join the Care on the Corner Community Choir as they present their third annual concert entitled Broadway on the Corner.

No prior choir experience is required. Rehearsals are from 7-9 p.m. on Sunday, October 1, Monday October 9, Sunday October 15, 22, and 29. The final rehearsal will be Sunday, November 5.

This year's concert will again support the Center for Food Action in Hackensack by requesting that donations of canned goods be brought to the performance.

Come sing with us or be a part of our audience on November 11. For further information, contact Cathie Studwell at 973-772-6042 or Lou Fifer at 201-727-9354. ###

Blessing of The Animals

the world with God's mercy, thus allowing Him to heal it.

Seen live by more than 70,000 people in more than 500 parishes coast to coast with the overwhelming response of being a deeply spiritual and moving program, "Tell All Souls About My Mercy" is a powerful way to share the message of mercy with our community.

A children's program will be presented at Corpus Christi Chapel, Tuesday, October 17th at 10 a.m.

Be sure to attend and take your part in blessing the world with Mercy. For more information call 201-288-4844. ###



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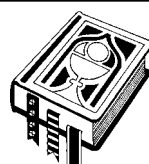
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www.hasbrouck-heights.net has more information about The Boulevard • Events • Issues • Safety • Improvements • Parking • Webcam ...

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Free Concert October 12th

A free concert featuring "Boote," with music from the 50's through the 90's, will start at 7:00 p.m. at the Senior Center in the Municipal Complex, 320 Boulevard. Refreshments will be available.

This concert was originally scheduled for August 24th at Woodland Park, but was canceled due to rain.

This concert was organized by the Recreation Department for Hasbrouck Heights residents and is sponsored by **Otterstedt Insurance Agency. ###**

Trunk or Treat

Bible Baptist Church invites the community to its 3rd Annual "Trunk or Treat" on Sunday, October 29th.

From 5:00 p.m. to 7:00 p.m. the church will close its parking lot for this free, fun event which provides a safe, fun alternative to trick-or-treating.

Children up to the 6th Grade will have the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with lots of goodies and special treats.

Due to the nature of this event NO masks, blood, guts, gore or evil costumes will be permitted.

For more information please call 201-288-4139 x17.

The **Bible Baptist Church** is located at 31 Passaic Avenue, Hasbrouck Heights. ###

Library Book & Bake Sale

The Hasbrouck Heights Free Public Library has scheduled their Book and Bake Sale on October 21, 2006. Details to follow. ###

4th Quarter Taxes are due Nov. 1st

Tax Collector Conchita C. Parker announced that taxes will be received Saturday morning, October 28, from 9 a.m. to noon for the 4th quarter taxes which are due November 1st at the Tax office located at the Municipal Complex, 320 Boulevard.

This arrangement follows the custom established many years ago in the borough for the convenience of the taxpayers in meeting the quarterly payment due. For additional information call 201-288-1152. ###

2006 Leaf Collection

The DPW will continue the service of curb-side leaf collection.

Leaves may be raked into the street beginning October 16th and continue until December 4th.

Leaves may be raked to the curb -- but not within 10 feet of storm drains.

The DPW requests that the leaves be raked off the top of the curb and fully into the street.

It is advised that providing a drainage space between the leaf pile and the curb will allow a better flow of rain water to storm drains.

Leaves may also be bagged in paper sacks or in upright containers. Leaves in plastic bags are not acceptable.

Leaves are accepted at the DPW recycling depot at any time in paper sacks or upright containers. ###

Gateway Beefsteak Nets \$1,975

Gateway Realtors GMAC Real Estate held a beefsteak fundraiser for the Avon Foundation Breast Cancer Crusade on September 14, 2006.

This successful event raised \$1,975 in new donations for its campaign. Combined with previous fundraising efforts, **Gateway** has collected a total of \$4,800 towards this year's Cancer Crusade.

Since 1992, the Avon Foundation Breast Cancer Crusade has returned over \$250 million dollars for the cause.

That money is distributed to five critical areas: medical research, clinical care, support services, education and early detection programs. **Gateway Realtors GMAC** is proud to play an active role in this worthy program.

Joining thousands of others, Mary Ellen Courtney and Ursula Fuchs of **Gateway Realtors** will participate in the Avon Breast Cancer Walk, NYC, a marathon-and-a-half (39.2 miles), on October 6th & 7th. Call 201-288-0004 for details. ###

Autumn Leaves Dinner Dance

The VFW Post 4591 is hosting an Autumn Leaves Dinner Dance on Saturday, October 21 from 7:00 p.m. to 11:30 p.m. at the VFW Post, 513 Veterans Place. The public is invited.

Cost is \$25 per person and includes open bar from 7:30 p.m. to 11:30 p.m., and pot roast dinner. Dancing music by Jimmy Ray. Reservations and checks must be received by October 16. Call the Post at 201-288-1112 for details. ###

**Road Courtesy
is Contagious**

AC Bus Trip

The Contemporary Club of Hasbrouck Heights is sponsoring an Atlantic City Bus Trip to the Trump Plaza Casino on Thursday, November 16, 2006.

Cost is \$30.00 per person and includes light refreshments, \$25 in coin and \$5 food voucher.

Bus leaves from the Hasbrouck Heights Swim Club parking lot at 9:30 a.m.

For more information contact Marge Heeren at 201-288-8933. ###

FOCAS October Flea Market

FOCAS (*Friends of the Bergen County Animal Shelter*) will hold a Flea Market on Saturday, October 14th from 10:00 a.m. to 4:00 p.m. and Sunday, October 15th from 10:00 a.m. to 3 p.m. at the American Legion, 100 Liberty Street, Little Ferry.

Flea Market offers: furniture, household items, jewelry, games, toys, pet supplies, linens, small appliances and Mrs. B's Specialty Table.

An assortment of refreshments including a variety of delicious home-baked treats will be available.

Flea Market merchandise donations are accepted and may be dropped off at the American Legion on Friday, October 13th from 4:00 p.m. to 7:00 p.m. and all day Saturday. Clothing, luggage, exercise equipment or books are not accepted.

All proceeds go to benefit the special needs of the animals.

For additional information call FOCAS at 201-943-4019, email info@focasnews.org or visit www.focasnews.org. ###

Care on The Corner Launches Community Education Project

The Executive Director and the Board of Directors of Care on the Corner announced new community programs and workshops. Currently scheduled events include:

- Knitting/Crocheting: 7:30 p.m., Oct. 5 & Dec. 7
- Line Dancing: 7:30 p.m., Thursday evenings starting Oct. 26
- Understanding Your Credit Workshop: 7:30 p.m., November 16

- Art for the Enrichment of Our Everyday Lives: 7:30 p.m., Oct. 26, Nov. 30, Feb. 22, March 29

All workshops require registration to plan for materials and space requirements. Call 201-288-9460 for additional information and to register. ###

Fish & Chips

The First United Methodist Church (*Burton & Division Avenues, Hasbrouck Heights*) will hold a Fish & Chips dinner on Wednesday, October 18, 2006 from 5:30 p.m. to 7:00 p.m.

Cooked by Tastefully British, the menu includes appetizer, Fish & Chips, coleslaw, homemade desserts, coffee and tea.

Donation is: adults \$12.00 and children \$6.00. Prepaid take out available.

Tickets must be purchased by October 15th -- no tickets will be available at the door.

For tickets please call the Church Office, 201-288-4636. ###

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Lovely 3 BR, 1.5 bath Colonial w/Victorian flair. 1st flr lg FLR w/Fpl, FDR, den, kit w/brkfst bar. Finished attic & bsmnt w/FR, .5 bath, Lndry, patio, abv grnd pool w/deck, garage. Tour: www.gatewaytohomes.com/2634712



Wood-Ridge \$520,000
Beautiful 3 BR, 1.5 bath Raised Ranch. Cul-de-sac location in lovely neighborhood. 2 new kitchens. Hardwood & ceramic floors. Tour: www.gatewaytohomes.com/2615657



Wood-Ridge \$489,000
Custom Built, 3 BR Split-Level. Lg. kitchen, LR, DR, lg. family room. MBR suite, part. fin. basement w/ bar. CAC & hardwood floors. Tour: www.gatewaytohomes.com/2610796



Hasbrouck Heights \$528,000
Immaculate Ranch, FL, FDR, large eat-in-kitchen, FR, 3 BR, 2 baths, finished basement, CAC, sprinklers, over-sized yard. Tour: www.gatewaytohomes.com/2620360



Wood-Ridge \$479,000
Updated 3 BR, 1.5 bath Ranch! LR/DR, kit. w/granite, baths w/marble, I/G pool, garage, parking for 4/5 cars. Close NYC bus. Tour: www.gatewaytohomes.com/2615534



Hasbrouck Heights \$539,000
Beautiful 4 BR, 2 full baths, Bi-level home, in-ground pool, security system, C/A sensor lighting, updated electrical. Tour: www.gatewaytohomes.com/2630222



Wood-Ridge \$495,000
Beautiful 4 BR, 2.5 bth Exp. Cape. FLR, kit w/dining area, FR w/sliders to 16x20' deck. C/A, sec. sys., hw floors, patio, abv grnd pool, fenced yard. Tour at www.gatewaytohomes.com/2635479



Hasbrouck Heights \$617,000
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Hasbrouck Heights \$469,900
Charming 4 BR Colonial. Lge LR w/fpl, FDR, EIK, open porch, 2 car garage, part fin. basement, deep 136 ft lot. Tour: www.gatewaytohomes.com/2614534



Wood-Ridge \$489,000
Lovely 3 BR Tudor Col. EF, FLR, FDR, mod. EIK opens to large FR w/sliders to deck, fenced yard, and hardwood floors. Tour: www.gatewaytohomes.com/2619728



Wood-Ridge \$545,000
Immaculate 3 BR, 1.5 bath Split-level. FLR, FDR, kit. Grade level FR, Sunroom, .5 BA. Fin. Bsmnt w/2nd kit. C/A, 6 mo. old roof, oversized lot. Tour www.gatewaytohomes.com/2634202



Hasbrouck Heights \$699,000
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Lodi \$479,900/949,900
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Wood-Ridge \$449,900
Charming 3 BR, 1.5 BA Colonial. 1st flr FLR, FDR w/door to deck, kitchen and 1/2 bath. FR, Ldry rm & wrkshp in bsmnt. Hw flrs, C/A, 2 car garage, large lot, convenient location. Tour: www.gatewaytohomes.com/2632525



Lodi \$449,000
Traditional Colonial, 3 BR, 2 baths, EIK, large LR/fpl, FDR, 3 season porch, C/A, finished basement w/2nd kit, bath & o/e.. HOW! Tour: www.gatewaytohomes.com/2626400



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