

# The Gazette

Newspaper for Hasbrouck Heights • Lodi • Moonachie • Teterboro • Wood-Ridge

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October 2008

[www.The-Gazette-Newspaper.com](http://www.The-Gazette-Newspaper.com)



## History Takes Flight

The B-17 Yankee Lady flying over the Intrepid Sea, Air & Space Museum during the Wings & Wheels Expo. On this historic weekend, the C-54 Spirit of Freedom observed the 60th Anniversary of the Berlin Airlift with a commemorative flight. A *Wings & Wheels* souvenir insert is included in this issue.

News • Information • Features  
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## Wine and Other Delights

A "Wine and Other Delights" event is scheduled for October 30, 2008, from 6 p.m. to 9 p.m., at The **Hasbrouck Heights Hilton Sky Ballroom**. Extensive menu. Cost is \$75 per person.

The Hasbrouck Heights Friends of The Public Library in partnership with The Hasbrouck Heights Chamber of Commerce is sponsoring this event. For tickets call 201-288-0484. Please RSVP by October 21st. ###

## 6th Health Fair Expo Slated for Oct. 18th

The 6th Annual Health Fair Expo is scheduled for Saturday, October 18, from 11 a.m. to 2 p.m., in the Hasbrouck Heights Senior Center at the Municipal Complex.

The Expo includes information, testing and demonstrations on: chiropractic therapies, prostate cancer, blood pressure, autism, acupuncture, living wills, disability awareness, exercise & nutrition, dentistry, bone density, physical therapy, alcohol & drug resources, etc.

There will be plenty of prizes, give-aways, samples, literature and more. Refreshments will be served. ###

## 5K Walk at Depken Field Oct. 4th

The 32<sup>nd</sup> Masonic Learning Center for Children, located at 301 Division Avenue, will sponsor its 5th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children, on Saturday, October 4th at Depken Field (*Franklin & Route 17*).

The course is 5K (3.1 miles). Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Donations are accepted.

Event will be held rain or shine. Registration starts at 9 a.m. Walk starts at 10 a.m. Refreshments will be available.

Proceeds will go directly to the cost of training tutors and tutoring children.

Make checks payable to

CLC Dyslexia Walk and send them to Ms. Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Avenue, Hasbrouck Heights, NJ 07604. For more information go to: [www.dyslexiawalk.org](http://www.dyslexiawalk.org) ###

## Moonachie Scouts Announce New Leaders

Moonachie Girl and Boy Scouts are kicking off their scouting year with new leaders in Cub Scout Pack 2.

Valdo Panzera Jr. will lead Den One Webelos, Nicole Mc Clue, Den Two Tiger Leader, with Bonnie and David Finch, and Terri Dippel, Den 3 Wolves and Bears.

If you are interested in joining the Moonachie scouting program, call Joanne at 201-296-0341. ###

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## Essex Street Bridge Now Open

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With world-wide energy prices skyrocketing, the best investment you can make is upgrading your heating system this autumn.

Heating systems with a 60% efficiency rating translate to 40% of your fuel bill wasted. New systems can have over a 90% efficiency rating. Upgrading pays for itself in a few years, and will continue to provide future savings.

If your furnace is over 15 years old, it probably has only a 65% rating. With today's technology, it may even pay to just replace a burner that's only 10 years old. **Get the facts.** Have a professional analyze your system. See what's best for you -- *repair, upgrade or replace.*

Call for a **FREE** analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation.

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Call John Depken if you have any questions that you would like answered in this column



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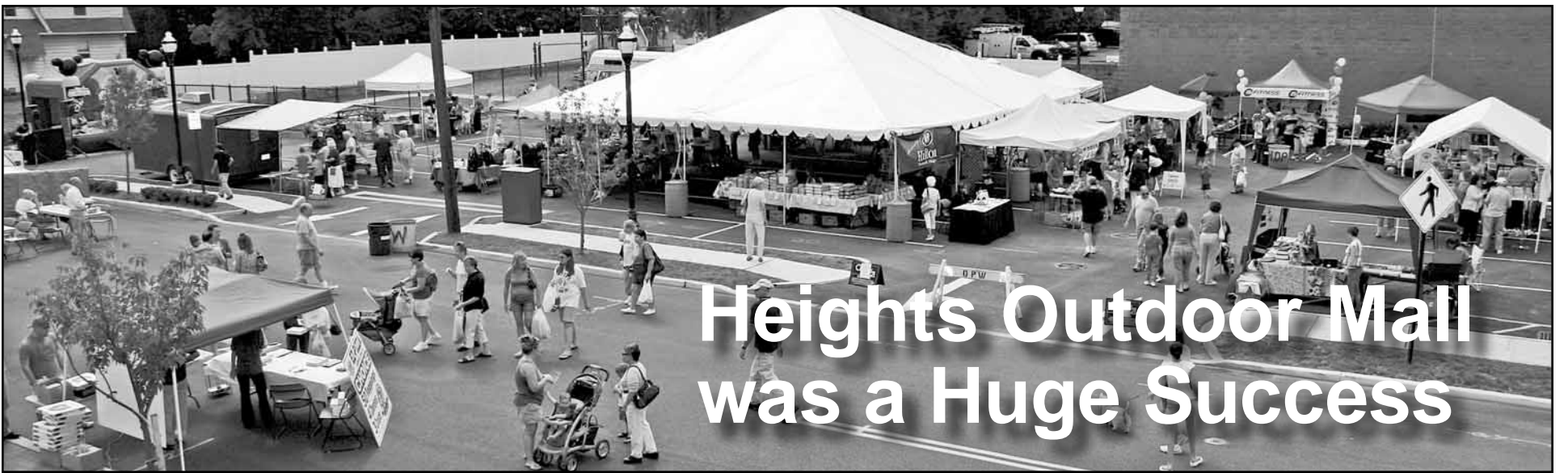
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An estimated 2,500 attended the First Outdoor Mall held Saturday, September 13, from 10 a.m. to 4 p.m., at the Central Avenue parking lot. It was sponsored by the Hasbrouck Heights Chamber of Commerce and the Mayor's Business Community Committee.

Area residents had the opportunity to check out about

40 vendors, food stations, displays, amusements, etc.

The business community ran a free bus along The Boulevard.

There were free prize drawings donated by **The Hilton**

**Hotel and IHOP of Hasbrouck Heights.**

Based upon the community's enthusiastic response, it was decided to hold another Outdoor Mall on October 25th. See ad below. ###



**Bring Your Family & Friends**

# Hasbrouck Heights Outdoor Mall

Saturday, October 25 • 10 a.m. to 4 p.m.  
Town Parking Lot at Boulevard & Central  
(Rain or Shine)

**Holiday Shopping Items**  
**Shop A Variety of Vendors**  
**Boulevard Businesses**  
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This event is sponsored by the Mayor's Business Community Committee, and assisted by Hasbrouck Heights Chamber of Commerce.

**Save Gas • Save Money**

**FREE BUS will stop along The Boulevard**

The Hasbrouck Heights Municipal Bus will be used. The business community, in cooperation with the Mayor's Business Community Committee, is paying for the cost of the bus operation during this period -- at no cost to the taxpayer.

**Autumn Splendor Abounds**

## Halloween Decorating Center

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So hurry into the nearest KFS branch, open your 2009 Kearny Federal Savings Holiday Club and receive a beautiful date book FREE. It features holders for your calculator, pen, and credit cards...the perfect way to stay organized and never miss an appointment.

Kearny Federal Savings' Holiday Club starts October 6th, so make a date to stop in the office nearest you! Call 1-800-273-3406 or visit [www.kearnyfederalsavings.com](http://www.kearnyfederalsavings.com), for more information. ###

**Hand Held Cell Phone Use While Driving is Prohibited**

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## Casino Night October 8th

The Robert L. Craig PTO will hold their 1st Annual Casino Night on October 8, 2008, at The Graycliff in Moonachie, starting at 6:30 p.m.

Tickets are \$50 and include \$25 in chips and buffet dinner. There will be fabulous prizes and a 50/50 raffle. For more information call Rhonda at 201-641-0829 or Bonnie at 201-807-0289. Proceeds benefit the Class of 2009. ###

## Indoor Fall Flea Market Nov. 22

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 22, 2008. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

## Hunter's Moon

The October full moon appears on Tuesday, October 14, 2008, at 20:04. It is called the "Full Hunter's Moon."

According to "The Farmer's Almanac," with the leaves falling and the deer fattened, it is time to hunt. Since the fields have been reaped, hunters can easily see fox and animals which have come out to glean.

Other names for this moon include "Full Travel Moon," and "Full Dying Grass Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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The original 1917 pump house still stands on the site.

**Teterboro Pump Station Dedicated**

On September 12, 2008, the John H. Strunck Memorial Pump Station, located at Vincent Place, Teterboro NJ, was dedicated.

In 1906, Mr. Walter C. Teter built drainage ditches. As the area developed, the need for a pump station to pump storm water from the lower riser ditch to the upper ditch on the west side became apparent. The pumping station handles the storm water for Teterboro and portions of the greater surrounding drainage area. This region is low-lying and flows to downstream tide gates along Berry's Creek West Riser Ditch, which serve to help isolate this area from tidal flooding. Due to the low-lying grades and tidal barrier, the only way for water to leave Teterboro is to pump it out.

Mr. Strunck, the Pump Master from 1917 to 1963, operated the original 1917 pump house, and the additional 1927 and 1952 pump houses that were built to handle the developing Borough.

This project was complex on many levels.

Because of the maintenance costs and taxed capabilities, the Borough wanted to upgrade the pump stations, but did not have the funds.

Additionally, the 2 1/2 acre site contained three pump

stations, Teterboro DPW yard, and three airport hangars, (originally owned by The Port Authority and deeded to Teterboro in the 1960s). In 1996, the property was deemed a blighted condition by the Meadowlands Commission, which allowed redevelopment.

In 1995, the Port Authority did a preliminary storm water study to assess the Airport needs, followed by a comprehensive study in 2001. This study determined that both the on-airport drainage system and the Borough's pump station were inadequate to handle a five-year storm which is the FAA's design standard for airports. The Port Authority planned to upgrade their on-airport drainage system. As part of the upgrades, the Port Authority considered installing a new pump station on airport property. However, the Borough and the Port Authority eventually decided to combine their problems and resources. All storm water would continue to be pumped through the Borough pump stations.

But, as they were antiquated and could not adequately and reliably handle the storm water, it was agreed to build a new pump station. By reallocating funds the Port Authority was going to use for their pump station, they provided 6.3 million dollars to the Borough to

fund the new project.

After the necessary studies, design, regulatory approvals, permits and engineering, to include the NJ Meadowlands Commission, NJDEP, etc., construction began. Contaminated areas were capped to prevent contact with historic fill material.

The Port Authority ended their airport drainage upgrade with a 66-inch storm drain exiting the airport at Industrial Avenue. An existing 48-inch storm sewer collects drainage from areas along Industrial extending towards Rt. 46. Both connected at Industrial Avenue and Vincent Place to a new 96-inch storm drain that flows to the wet-well of the new pump station.

To support the facility, 88 steel "H" piles were driven into the underlying clay soil (some down to 200'), while weight-compensating fill was used to offset the weight of the large diameter reinforced concrete pipe storm sewer.

The new facility became operational in February 2007. It is a 175 cubic feet per second storm water pump station utilizing six 6-foot diameter Archimedes screw pumps, which pull from the lower riser ditch wet-well (open channel), lifting the water 10 feet to the upper ditch which flows by gravity towards Berry's Creek. ###



# Rock The House!

We're an American Band! We march! We spin! We ROCK!

The Hasbrouck Heights High School Marching Band prepared for this year's show during Band Camp at the High School field, August 25th through 29th.

The 58 members, consisting of the band and color guard, took this week to learn marching band basics, the music and the moves making up the routines for this year's show. The marching band consists of Hasbrouck Heights students in Grades 7 through 12.

This year's selections, chosen by the students and Director, Joe Ascolese, draw from classic rock to modern jazz.

The selections are: "We're An American Band" by Grand Funk Railroad, "Tuesday Afternoon" by the Moody Blues, "Dr. Feelgood" by Mötley Crüe, and "Oye Como Va" by Santana.

This year's Drum Major, Connor Cafferty, notes that this year shows to be an exciting season. "The first year band people show great promise. This has been the most productive band camp yet," he states. Leading as Captain of the Color Guard is Jaquelin Valente.

The marching band performs at all home and away football games and town parades. They also compete in US Scholastic Band Association Band Competitions.

Last year, Hasbrouck Heights High School Marching Band wowed the crowd when they performed in Giants Stadium at the State Championship football game. Their second exciting performance occurred marching down Main Street in the Magic Kingdom at Walt Disney World.

The band's first performance was September 19th at the first football game of the season. Their first competition is October 4th in Montville.

The band also plans to host

a US Scholastic Band Competition at Depken Field featuring 12 marching bands from the tri-state area on October 25, starting at 6 p.m.

The Hasbrouck Heights High School Marching Band invites you rock out with them at the show! *Story by Corina Drozdowski ###*



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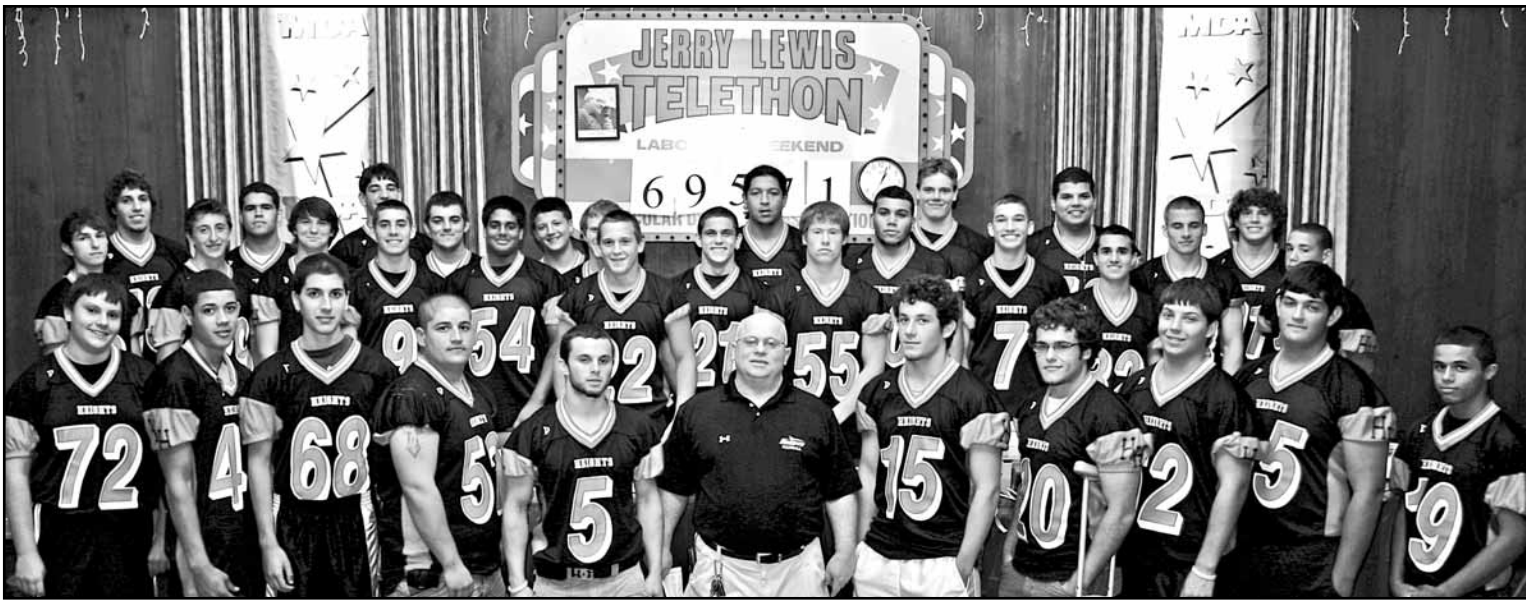
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# MDA Labor Day Telethon Volunteers @ VFW Post



The 43rd Muscular Dystrophy Telethon began Sunday, August 31, 2008, at 9 p.m. and ran through Monday, September 1st, until 6 p.m.

Volunteers answered 100 phones, stuffed and mailed letters ... there was a job for everyone!

Refreshments were donated by local businesses and served by the VFW. About 300 volunteers participated, to include the Hasbrouck Heights High School Football Team, the Hasbrouck Heights Fire Department, etc.

The event has been held at the VFW Post 4591 since 1972. In 1966, the first year, it was held in Newark and, from 1967 to 1971, at the Wood-Ridge VFW.

The regional pledge center, located at VFW Post 4591, has served Northern NJ, Manhattan and Staten Island for 37 years. For more information call the Ciavaglia Family at 201-288-2867. ###



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## Real Estate Insight

By Mary Ellen Courtney



### First Time Home Buyer Benefits

The much anticipated Housing and Economic Recovery Act of 2008 was signed into law this summer and includes a great benefit for first-time home buyers. Buyers who purchase a home between April 9, 2008 and July 1, 2009, will be able to claim a tax credit of up to \$7,500. The amount of the credit is tied to the price of the home. It amounts to 10% of the purchase price. Taxpayers are considered first-time buyers if they have not owned a

primary residence in the past three years.

The credit amount is gradually reduced starting at an individual income level of \$75,000 up to \$95,000, or for a joint income level starting at \$150,000 up to \$170,000. Individuals with annual incomes above these top levels are not eligible for the credit.

Along with low interest rates and lots of inventory, the credit gives many potential buyers yet another reason to get into the market.

The clock is ticking...this is a temporary program. Just one more reason why it is a great time to buy a home!

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. [www.Gateway-ToHomes.com](http://www.Gateway-ToHomes.com) ###

## Columbus Day Pasta Dinner October 12th

Don't cook Sunday night, October 12th. Come and have supper with us! The Knights of Columbus will hold their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5:00 p.m. to 7:00 p.m.

Donation: \$5.00 for adults and \$3.00 for children under 12 years old.

This dinner features a generous helping of pasta, freshly made sauce, meatballs, soda, cake and coffee.

The Knights hold these events to get parishioners and families together.

All proceeds go to support Knights of Columbus youth, Right to Life and Catholic charities. Call 201-522-1516 for tickets. ###

**Seat Belts Save Lives**

## Masquerade Party Oct. 25

The VFW Ladies Auxiliary will hold their Annual Masquerade Party (costume optional) Dinner Dance, October 25, 2008, from 7:00 p.m. until 11:30 p.m.

Menu is fruit cup, pasta, salad, baked Virginia Ham, sweet potatoes, string beans, and dessert, plus a four hour open bar. Music will be provided by "Joe Caroselli." Cost is \$30 per person.

Reservations are requested by October 15th. For reservations or more information, call Mike at 201-288-3654, Astrid at 201-288-5612 or the Post at 201-288-1112.

Dinner dances sponsored by the Post are always open to the the public. ###

## Pancake Breakfasts Benefit Lodi American Legion

Rochelle Park's American Legion Post 170 will sponsor a pancake breakfast on the first Sunday of each month to help out their fellow Veterans at the Lodi American Legion Post 136, whose Post home was leveled by a devastating fire. Fire insurance covered less than half of the estimated cost to replace the Post home.

Breakfasts are scheduled for November 2 and December 7 at Post 170's home, 33 West Passaic Street, Rochelle Park, between 8:00 a.m. and 11:00 a.m. and will feature juice, eggs, pancakes, sausage, and coffee or tea. A donation of \$3.00 is requested.

Post 136 plans to break ground for its new Post home as soon as the necessary permits are approved by the Borough of Lodi and the N.J. Department of Environmental Protection.

Send tax-deductible donations to: The American Legion Post 136 Rebuilding Fund, PO Box 36, Lodi, NJ 07644. ###

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## September 11th Remembered

Bells tolled. Radio broadcasts paused. Some cars drove with their lights on. On the 7th Anniversary of September 11th, we remembered and went on with our lives.

Our local communities held remembrance services.

Hasbrouck Heights held a brief service at 7:00 p.m. at the Firemen's Memorial at The Circle.

Lodi held a service at 7p.m. at the Old Timer's Little League Field on Church Street.

Wood-Ridge held a service at 7:00 p.m. at Veterans Park.

In Moonachie, the children at RLC School conducted a flag ceremony at 9:15 a.m. in front of the school "for the event to become less of sorrow and more a tribute to the unshakable spirit of our nation."

Moonachie residents held a service at 6:30 p.m. at the Memorial located at Borough Hall in remembrance of the victims of 9-11 and in support of our troops around the world. ###



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Charlie and Maria Bond of Hasbrouck Heights participated in the August 23, 2008, 300 mile, Iron and Steel NYC-Shanksville Run. Over 1,000 motorcyclists participated in escorting a 2 ton, 14 foot steel beam, "The Cross" salvaged from the World Trade Center. They did this in memory of Mr. Robert Miller of Hasbrouck Heights, who was killed in the attack. Photo by Maria Bond. ###



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# Rescue 903 Gets Christened with Blessing, Bubbles and Foam

Rescue 903, a 2008 KME Predator Fire Rescue and Communication Rescue Truck, arrived at the Wood-Ridge Fire Department on Friday, May 23, 2008 and went into service Saturday, May 24th, at 4 p.m.

With Tropical Storm "Hanna" looming, Rescue 903, was "Blessed" on Saturday, September 6th, from noon to 6 p.m., at the Firehouse, 85 Humboldt Street, Wood-Ridge.

The event began with Assumption Church Deacon and Department Chaplain, Nick Valdez officiating a spiritual blessing, followed by Chief Tony Gentile christening 903 with a bottle of bubbly.

Fire Departments from Carlstadt, East Rutherford, Hasbrouck Heights, Lodi, Moonachie, Wallington, etc., participated by hosing down 903, followed by "friendly water fights."

A wetdown is a long standing tradition in the fire service when a new piece of fire apparatus is purchased. Many towns throughout New Jersey attended this function and christened it with streams of water (*fog spray only*), to wish and pray for the safe use for all who ride it.

There were water activities, refreshments, 50-50 raffle plus live music by "Outland."

"T" shirts and mugs to commemorate the day were available (*"T" shirts are still available. Just stop by the Fire House any Sunday morning.*)

The event was attended by over 250 Wood-Ridge area residents. Mutual Aid 2nd Alarm Fire Departments covered Wood-Ridge for all calls during the festivities.

See related story in **The Gazette**, July 2008, page 7. Selected photos by Tim Sullivan ###



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## Moonachie EMS/Rescue Squad Holds Mum/Garage Sale Oct. 11

The Moonachie First Aid & Rescue Squad will be holding its 4th Annual Mum Sale on Saturday, October 11, 2008, from 8 a.m. to 4 p.m., at 121 Moonachie Road, Moonachie, NJ.

Beautiful 8" mums in assorted colors will be on sale

### WFRD Inspection

The Wood-Ridge Fire Department will hold their annual inspection, 5:30 p.m., on Saturday, October 4, 2008.

The Department will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

### MFD Beefsteak/Costume Party

The Moonachie Fire Department will hold a Beefsteak/Costume Party at Fire Headquarters, Saturday, November 1, 2008 from 7 p.m. to 12 a.m.

Menu includes salad, beefsteak dinner, dessert, soda, adult beverages, door prizes and DJ for dancing.

There will be a 50/50, gift basket raffles and cash prizes for best costume (optional).

Tickets are a \$40 donation to the MFD. For more information and tickets call 201-641-2097. ###



Copy for the  
 November 2008 Issue  
 is due October 10th.

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for \$8 each. Advanced orders accepted.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available. Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094 the week before for a pick-up.

All proceeds go directly to the Squad for operating expenses and to refurbish and

outfit the recently acquired Rescue 3 (see *The Gazette*, September 2008, page 8). Donations to the Squad are always appreciated. ###

The Moonachie EMS/Rescue Squad announced their 1st Annual Beefsteak will be held February 21, 2009 to be held at the Moonachie Fire Department Headquarters.

Proceeds to benefit the refurbishing and outfitting of Rescue 3. Cost is \$40. Call 201-641-9094. ###

## MFD Advises Area Residents to "Prevent Home Fires"

A pot holder too close to a lit burner or a space heater left on overnight could be all it takes to start a home fire. In fact, cooking and heating are among the leading causes of home fires in the United States, according to the nonprofit National Fire Protection Association (NFPA).

That's why the Moonachie Fire Department is teaming up with NFPA from October 5-11 to urge area residents to "Prevent Home Fires."

This year's campaign focuses on preventing all the leading causes of home fires – cooking, heating and electrical equipment, and smoking materials.

Additionally, fire safety educators will be teaching local residents how to plan and practice escape from a home in case a fire occurs.

According to the latest research from NFPA, more than 2,500 people died in home fires in the United States in 2006, and 12,500 were injured. Fire departments responded to 396,000 home fires, which accounted for 80% of civilian deaths and 76% of injuries that year.

"While the number of home fires is daunting, the good news is that many are easily preventable when residents take simple steps to increase their safety from fire," said Moonachie Fire Chief William Hunt Jr. "Whether it's smoking outside the home, keeping space heaters at least three feet away

from anything that can burn, or staying in the kitchen when you are using the stovetop, there are easy things you can do to keep your home and family safe from fire."

Do you know how to keep your home safe from fire hazards? Reviewing the following information and taking action can help you "Prevent Home Fires" during Fire Prevention Week and year-round.

- **Cooking:** Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period time, turn off the stove.

- **Heating:** Keep all things that can burn, such as paper, bedding or furniture, at least 3 feet away from heating equipment.

- **Electrical:** Replace cracked and damaged electrical cords; use extension cords for temporary wiring only. Consider having additional circuits or receptacles added by a qualified electrician.

- **Smoking:** If you smoke, smoke outside; wherever you smoke, use deep, sturdy ashtrays.

Fire Prevention Week is actively supported by fire departments across the country. For 85 years fire departments have observed Fire Prevention Week, making it the longest running public health and safety observance on record.

For more information visit [www.firepreventionweek.org](http://www.firepreventionweek.org) ###

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### KNOWLEDGE IS POWER

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## Piano Trio

The Free Public Library of Hasbrouck Heights presents The Bord Piano Trio on Sunday, October 26, 2008, at 2:30 p.m., in the Senior Center at 320 Boulevard.

Billed as "One piano, six hands," the trio is a unique group of three pianists playing simultaneously on the same piano. Their concert program includes the music of Bach, Rossini, Schubert, Bizet, Grieg, Gershwin, Prokofiev, and many others. To register for this free program, call 201-288-0488. ###

## Free Seminar on Nutrition and Fad Diets

The Free Public Library of Hasbrouck Heights will sponsor a seminar, "Nuts and Bolts of Nutrition and Fad Diets." Registered Dietitian, Susan Kraus, MS, will be the featured speaker. This free seminar will be held in The Library's conference room at 320 Boulevard from 7:00 p.m. to 8:30 p.m. on Tuesday, October 21, 2008. Call 201-288-0488 to register. ###

## Information About DWI

"New Jersey's drunk driving laws are among the toughest in the nation," said Pam Fischer, Director of the Division of Highway Traffic Safety.

Attorney Frank T. Luciano Esq. provides this information regarding DWI.

- Carbonated mixers, including sparkling wines and draft beer, tend to accelerate the absorption rate of alcohol.

- You will be impaired if you are a 150 lb. male and consume four 12 oz. bottles of beer or four 4 oz. glasses of wine in two hours.

- You can be convicted of DWI if you are not "drunk." The law prohibits you from driving if it would be "improper" for you to drive.

- The fact that you are driving while intoxicated on private

## Flea Market

Friends of the County Animal Shelter (FOCAS) will hold a flea market on Saturday, October 25th and Sunday, October 26th, from 10 a.m. to 3 p.m. at the American Legion Hall, 100 Liberty Street in Little Ferry.

The market features unique gifts, household items, jewelry, collectibles, electronics, linens, toys, pet supplies, cds/videos, refreshments and baked goods. Merchandise donations are accepted. For more information call 201-943-4019. ###

## Book, Bake, and Table Top Sale Nov. 1 & 2

The Friends of the Free Public Library of Hasbrouck Heights will hold its Fall Book, Bake, and Table Top Sale on Saturday, Nov. 1 from 9 a.m. to 4 p.m and Sunday, Nov. 2, 12 noon to 4 p.m.

Gently used books, videos, CDs and books-on-tape as well as delicious homemade baked goods, as well as crafter tables will be available. Book donations accepted. Call 201-288-0488 for details. ###



## CC School Students Get into Rhythm of School Year

With the cool days of fall now requiring that school sweater, Corpus Christi School students are finally feeling the rhythm of a busy school year.

The October calendar starts out with a First Friday Mass and an early dismissal on the 3rd. On Friday the 10th a Deanery in-service meeting is scheduled. The Columbus Day holiday on the 13th produces a four day weekend for students.

School pictures will be taken on Wednesday, October 15th.

The first Progress Reports of the year will be sent home on

## Moonachie Forms 100th Anniversary Committee

The Borough's 100th Anniversary is fast approaching. Anyone interested in preparing for this event, send an e-mail to lciannamea@moonachie.us. List your name, address, and phone number.

Also, if anyone has any information that they would like to share with the Borough, such as photos, newspaper articles, and any past Borough events, contact Lisa Ciannamea at Moonachie Borough Hall 201-641-1813. ###



October 17th. On that same day a Family Bingo will take place. This fun evening is open to all Corpus Christi School families. Snacks and child-oriented prizes will be provided.

The October Home School meeting is scheduled on Wednesday, the 22nd at 7:30. As always, parents are encouraged to attend these meetings and use this opportunity to make suggestions and ask questions.

The month ends with a Halloween Parade for PreK through Grade 2.

Story by Sonya Buckman. Photos provided by Corpus Christi School. ###

## Blessing of The Animals

St. John The Divine (Terrace & Jefferson, Hasbrouck Heights), will hold a Blessing of the Animals on Sunday, October 5th at the 10 a.m. service. Please join us as we celebrate our animals and the love and companionship they bring to us! ###

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If you or a family member have been arrested for a DWI or a drug related offense, there is a good likelihood that you will be convicted, and if you are, you may be subjected to a term of imprisonment, a significant license loss, a large fine and other consequences that can seriously affect the stability of your lives. The experience can be so mind-numbing that your first reaction is to succumb to the government's accusations.

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Learn your rights and how to identify the major issues in cases of this nature. This type of information will allow you to overcome the fear and anxiety that may blind your thoughts and your decisions. Remember, knowledge is strength.

Call 973-471-0004 or visit:  
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**Meet Your Business Neighbors**

The Hasbrouck Heights Chamber of Commerce invites all business owners from Hasbrouck Heights, Moonachie, Teterboro and Wood-Ridge

**Informal Business Networking Breakfast**

Thursday, October 16, 2008 • 7:30 a.m. to 9:30 a.m.  
 Hasbrouck Heights Holiday Inn Regency Room

Admission \$5 • Continental breakfast provided  
 No speakers • Bring business cards & your pitch  
 Networking event limited to 100 persons  
 Please RSVP by October 13th • Call Jason at 201-288-8844

# Wings & Wheels

NJ Aviation Hall of Fame and Museum Wings & Wheels Expo 2008 *Commemorative Issue*



## History Makes History

*Wings and Wheels Expo Marks 60th Anniversary of Berlin Airlift*

(ONBOARD THE SPIRIT OF FREEDOM) --- We climbed the ladder into the year 1948. Inside was a museum dedicated to telling the story of the Allies' effort to save the citizens of Berlin, Germany.

On June 24, 1948, the Soviet blockade of Western Berlin began.

One of the greatest humanitarian efforts in aviation history began on June 26th, when the U.S. and her Allies took to the skies, flying in provisions for West Berlin's 2 million residents.

During the Berlin Airlift, a plane landed every three minutes supplying food, fuel, raw materials, etc. and took about 20 minutes to unload by hand. Deliveries grew from 500-700 tons a day to 12,940 tons by April 1949. At midnight on May 12, 1949, the test of wills ended and the Soviets reopened

the land and water routes into Berlin, ending the 322-day blockade.

The co-pilot for this historic flight was Lt. Gail S. Halvorsen (now retired Colonel).

Although delivery of staples was the backbone of the Airlift, it was pilot Lt. Halvorsen who captured the world's imagination. He encountered a group of children near the Berlin Airport and gave them some gum. He and other pilots continued dropping candy wrapped in handkerchief parachutes during the Airlift.

The crew did their final flight check, the engines roared, eight invited German and American journalists took their seats, and the Douglas C-54E/R5-D took off into history. The brief flight went down the Hudson, passed Ellis Island, The Statue of Liberty to Sandy Hook, before returning. ###

Prior to this commemorative flight, the German Consul hosted a ceremony on the ramp honoring the Veterans who participated in the Berlin Airlift.

Speakers included Dr. Horst Freitag Hera, German Consul General, Dr. Heinrich Neumann, German Press Consul and General Consul, Gail Halvorsen, the original "candyman" and Helga Johnson, Berlin child recalling the impact of the parachuted candy.

It was an emotional moment when the speakers walked over to the Berlin Airlift Veterans, and shook each hand.

The ceremony concluded with a color guard from the Teterboro Composite Squadron, NJ Wing, Civil Air Patrol, and Iwo Jima (LHS-7) Division of the U.S. Naval Sea Cadet Corps, marching to the podium and presenting a memorial wreath. ###



## Cold War Warrior

Far from sight of land, skimming over rough seas whose depth and darkness hide a possibly hostile submarine, 10 men concentrate on instrument panels, scopes and detection devices as their P-3 Orion flies an ASW (anti-submarine warfare) search pattern.

Replacing the aging P-2 Neptune, the P-3C entered the inventory in July 1962. The P-3's reputation as the ultimate

submarine finder was earned through more than 45 years of service, from the Cuban Missile Crisis to round-the-clock, low-profile patrols throughout the Cold War. The last Navy P-3 came off the production line at the Lockheed plant in April 1990.

The current force of 12 active and seven reserve squadrons supports the theater and fleet commanders' require-

ments for 40 P-3C's continuously forward-deployed.

The P-3C can either operate alone or support many different customers including the carrier battlegroup and amphibious readiness group. The aircraft can carry a variety of weapons internally and on wing pylons, such as the Harpoon anti-surface missile, the MK-50 torpedo and the MK-60 mine.

It is powered by four Allison T56-A-14 turboprop engines, swinging 13-1/2 foot paddle-blade propellers. For sea-level ASW work, two engines may be shut down to achieve increased time on station. Range is 3 hours on station at 1,500 feet; 1,346 nautical miles. Cruise speed is 377 mph.



Crew members from Patrol and Reconnaissance Wing Five, "The Tridents" of Patrol Squadron 26 based from Brunswick Naval Air Station, Maine touched down at Teterboro Airport on Friday, September 19 to participate in the Wings & Wheels Expo.

Recently returned from Iraq, this active duty squadron is participating in the global war on terrorism.

This Squadron lost two

P-3s in Vietnam. Considered the safest Squadron in the U. S Military, they hold the record with 415,000 mishap free flight hours, dating back to 1978.

NAS Brunswick is the base closest to the European theater and NATO commands. It is DoD's primary military airfield in the northeast region and located near great circle routes for both shipping and air lanes. [www.cnic.navy.mil/Brunswick](http://www.cnic.navy.mil/Brunswick) ###



# History Comes Alive at



About 5,000 attended the **Aviation Hall of Fame and Museum Wings & Wheels Expo 2008** held at Teterboro Airport on September 20th & 21st.

The Yankee Air Museum ([www.yankeeairmuseum.org](http://www.yankeeairmuseum.org)), based in Michigan, flew into Teterboro with the B-17 Yankee Lady.

The featured exhibit was the Yankee Lady, a World War II B-17 Flying Fortress bomber. For a fee of \$425, the B-17 offered unforgettable rides to ten "crew members" at a time.

A C-54E Skymaster ([www.spiritoffreedom.org](http://www.spiritoffreedom.org)) based in Farmingdale, NJ, contained an onboard display dedicated to the Berlin Airlift. (*See the first page of this souvenir insert.*)

The ramp also displayed many other aircraft.

The Army Air Forces Historical Association provided an extensive educational display which was dedicated to preserving the history of the

United States Army Air Forces during World War II.

The Port Authority of NY & NJ displayed their Police helicopter, crash/foam truck and runway maintenance equipment.

Additional exhibits and vendors included: various aircraft, exotic, antique, custom cars, motorcycles and military vehicles, Port Authority, U.S. Army, U.S. Air Force, U.S. Marines, T. Q. Midgets (*Pine Brook Reunion*), Big Wheel Races, etc. Various organizations provided displays to include Civil Air Patrol, U.S. Naval Sea Cadet Corps, Paramus Flying Club, NJ Naval Museum (USS Ling), plus a variety of aviation and military memorabilia vendors, etc.

The Hasbrouck Heights Fire Department EMS was available for any emergency. The Aviation Hall of Fame was open during this event.

*Special thanks to Meridian for their assistance. ###*



# Wings & Wheels Expo





## Yankee Lady Living History

ONBOARD THE YANKEE LADY --- We climb a short ladder through a small hatch and into the belly of an American fighting machine built for a war long ago.

Three crew members and 10 passengers buckled into the B-17's jump seats. The quiet of the open airfield breaks with a cough, sputter and whine as engine #3 kicks up and nine cylinders of the Wright 1200 hp turbocharged radials hum. The sequence continues for engines 4, 2, and 1. With no soundproofing, it's loud!

There is a two minute pause as the engine oil warms up and the pilot does his check list, then we taxi the ramp to the edge of the runway. Just before entering, the pilot runs the engines up to 2,100 rpm to test the magnetos, then rolls onto the runway and begins.

At 100 mph and 2,500 feet, the Yankee Lady gently lifts off.

Once airborne, we are allowed to explore the aircraft to include the nose/bombardier compartment, cockpit, top turret, bomb bay, radio room and the rear compartment.

Our smooth flight is over Giants Stadium; a couple of turns and we are traveling down the center of the Hudson River, 150 knots (175 mph) at 2,500 feet. Passing Ellis Island, the Statue of Liberty and Verazano Narrows Bridge, we gently turn down the Jersey shore line to Sandy Hook. We returned the same route back to Teterboro Airport.

Rides aboard this flying museum were available to the

public for \$425. Over 100 people took rides during the Wings & Wheels Expo 2008.

The Yankee Lady was built in 1945 and was put into storage. After the war, it was used by the U.S. Coast Guard for air-sea rescue and iceberg patrols. In 1959, Fairchild Aerial Survey Company used it for airborne survey work. In 1966, Aircraft Specialties, Inc. used it as a tanker to fight forest fires.

It was purchased for \$250,000 in June 1986 by the not-for-profit Yankee Air Museum in Michigan (which hosts a collection of historic aircraft). It took nine years to restore this B-17 Flying Fortress to its original condition. Its first post-restoration flight took place July 13, 1995.

The Yankee Lady nose art is representative of B-17s assigned to the 8th Air Force, 381st Bomb Squadron.

The Yankee Lady has been in several movies to include "Tora, Tora, Tora."

Over 12,000 B-17s were built, 5,000 were destroyed in combat, and only 11 are flying status.

The B-17 is best remembered for its dangerous daylight-bombing missions over Germany. Defensive armament consisted of twelve .50 caliber machine guns. A normal mission bomb load was 5,000 pounds. A typical combat crew was 10.

Today's operating costs are approximately \$1,800 per hour with fuel consumption of 200 gallons per hour. For more info go to: [www.yankeeairmuseum.org](http://www.yankeeairmuseum.org) ###

## Ugly Angels Were Beautiful

Legendary war hero USMC Capt. (Ret.) Ben Cascio stood alongside a real, operational Sikorsky H-34 and shared his stories.

It begins in 1967 when Mr. Cascio was one of the pilots of the "Ugly Angels" that rescued countless lives during the Vietnam War.

The H-34 was extremely durable; thus, even when it sustained considerable damage, it often was still able to rescue soldiers.

The combination of many successful missions, and un-gainly appearance, quickly earned the aircraft the affectionate nickname the "Ugly Angels."

Originally designed in 1952 as an anti-submarine warfare platform for the U.S. Navy, almost two-thousand H-34s have served on every



continent with the armed forces of twenty-five countries.

YN-19 aircraft BU NO 150570 was built by Sikorsky Aircraft Division in Stratford, Connecticut and delivered to the Marine Corps, Oct. 28, 1963. It served in Vietnam from 1963 to June 1969. During her time in Vietnam she served with many squadrons as they rotated in and out of Vietnam.

From saving flood victims, recovering astronauts, fighting fires, and carrying presidents,

military H-34s have met every challenge handed them.

With continuing post-military service, the number of countries which the H-34 has called home has swelled to nearly fifty.

Revitalized with turbine engines, it has yet to fade from sight. Whether lifting construction material or supporting police departments, the DC3 of the helicopters will still be flying on its fiftieth anniversary.

YN-19 has been restored as a flying memorial to the pilots and crew who were lost in the Vietnam War.

The restoration took 20,000 man-hours over five years to complete, by the same Marines who flew together 40 years ago. It is owned and operated by Marine Helicopter Squadron 361 Veterans Association, Cutchogue, NY. [www.34restoration.org](http://www.34restoration.org) ###



Landing at Teterboro from the Air Heritage Museum, Beaver Falls, PA, the Grumman OV-1D Mohawk that served in every theater of U.S. Army Operations, was a special "hit" with Vietnam Vets.

This aircraft was designed in response to a 1954 requirement from the U.S. Army for a dedicated battlefield surveil-

## Mohawk Recons TEB

lance and intelligence gathering aircraft, to support troops in forward combat areas. First flight was April 14, 1961 with U.S. Army service beginning in 1961.

The crew (pilot and systems operator) is protected in a highly armored cockpit with flak plates on side and bottom and bullet-proof windscreens. The armor was needed due to its slow air speed. The Mohawk's primary role of reconnaissance was thought to be obsolete, but it served successfully in the Vietnam War.

The hard points under the wings carried sensor pods and infrared (IR) cameras of various types. During Vietnam, the Army allowed some light ordnance (i.e., target marking rockets and gun pods) on aircraft used as Forward Air Controllers (FAC). The glass panel on the nose is the window for the high-speed pulse camera or an infrared camera.

Retired in 1996, out of 380 aircraft built, only six are still actively flying in the U.S. [www.airheritage.org](http://www.airheritage.org) ###

## Unique Aircraft Ramp Up TEB

Some of the unique aircraft on display at Wings & Wheels Expo 2008 included the PA Police Helicopter, O-2 Forward Air Controller, Ercoupe, as well as the following:



### T-6A Texan II

Designed to train students in basic flying skills common to U.S. Air Force and Navy pilots, the T-6A Texan II is a single-engine, stepped-tandem two-seat primary trainer.

Pilots enter the T-6A cockpit through a side-opening, one-piece canopy that has demonstrated resistance to bird strikes at speeds up to 270 knots. The aircraft is fully aerobatic and features a pressurized cockpit with an anti-G system, ejection seat and an advanced avionics package with sunlight-readable liquid crystal displays. This T-6A is based at Columbus Air Force Base ([www.columbus.af.mil](http://www.columbus.af.mil)). ###



### Stearman

This Stearman was built in 1943. It is painted yellow with a red stripe, replicating a Navy Trainer. It is based in Belmar, NJ, and owned by Mike Flaker.

The model began production in 1938. These sturdy biplanes covered the ramps of military bases and filled the skies over the central and western States during the war.

From 1940 to 1945, almost every Army and Navy student pilot earned his wings in a "Kaydet," or more commonly referred to as the "Stearman."

More than 8,600 primary trainers were produced through 1943. Post war, these maneuverable biplanes were sold surplus for a few hundred dollars and snapped up by agriculture pilots who placed crop dusting tanks in the front cockpit and spray bars on the wing. ###



### Spartan Executive

Recognizing the connection between aviation and business, George Mennen was a corporate aviation pioneer who took business aviation to a new level using his aircraft to promote his products.

Of the 34 Spartan Executives made, only a dozen remain, and George Mennen owned and flew this one -- serial number 34, "Mrs. Mennen."

The Spartan Aircraft Company was formed in 1928. J. Paul Getty took ownership of the Spartan Aircraft Company in 1935, and yielded an aircraft that was far ahead of its time -- in performance, in appearance, and in luxury. Its design was geared to the opulent tastes of the captains of industry. This Spartan Executive is owned and operated by his grandson, William Mennen. ([www.spartanexecutive.com](http://www.spartanexecutive.com)) ###





# 130 Years Young, and Just Getting Started

On September 7th, a ribbon cutting ceremony was held to commemorate, bless and rededicate the St. Joseph School for the opening of its 130th year.

The program began with an address by Principal Frances Alberta, followed by Mayor of Carlstadt, William Jay Roseman, and Mayor of East Rutherford, James Cassella, with each Mayor presenting a Proclamation.

Joining them was Fr. Robert Sandoz, OFM, Pastor, St. Joseph Church, who then cut the ceremonial ribbon.

After a few remarks, Fr. Sandoz asked those gathered to join him in a communal blessing.

An afternoon picnic behind the school followed the ceremony.

During Ms. Alberta's remarks, she stated:

"Fr. Gerard Funke had a dream 130 years ago and started the ministry of education with 3 classrooms in the basement of the Church.

This was the beginning of our history leading us to be the oldest Catholic elementary school in Bergen County.

A year later, 5 Benedictine Sisters of Elizabeth came to teach here.

Then, in 1916 Fr. Stark built the brick school across the street from the Church.

In 1967, this new school building was dedicated. The educational leadership of the school has gone from the Benedictine, Dominican, Allegheny Franciscan, and St. Joseph of Peace Sisters to now my lay administration.

It was the good example of those who taught me and went before me that led me to be here. Parents have always been, and will always be, a foundation of this ministry.

St. Joseph Mothers' Club began with 13 strong women who had a purpose and dream: to assist in any way possible, from hot lunches to minstrel shows.

Our Home School Association today, an arm of the



Mothers' Club, raises necessary funds for the budget and provides programs for the children.

Our connection to the community is evident in the presence of the leadership of East Rutherford and Carlstadt here today. We are integral to the life of the community and offer alternative educational choices to parents.

I am pleased to see priests and sisters who have served here, representation from the school's office of the Archdiocese and so many graduates to celebrate with us.

Our mission is strength-



ened by the support of the staff of this faith community. We work as one united with the same purpose in mind. I thank the Franciscan Friars for their continued support.

All of us together, with the dedication of our faculty, will make 130 years just the beginning and strengthen and guide the growth of St. Joseph School." ###

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Blueberry Cinnamon-Apple Strawberry

Black Cherry

One delicate crepe filled with fruit compote and rich, sweetened cream cheese.

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And pick one Fruit Crepe:

**Black Cherry**  
Filled with black cherry compote and sweet cream cheese. Drizzled with cream cheese icing and whipped topping.

**Blueberry**  
Filled with blueberry compote and sweet cream cheese. Drizzled with cream cheese icing and whipped topping.

**Cinnamon-Apple**  
Filled with cinnamon-apple compote and sweet cream cheese. Topped with cinnamon sugar, walnuts and whipped topping.

**Strawberry**  
Filled with plump, juicy strawberries and sweet cream cheese. Drizzled with cream cheese icing and whipped topping.

Valid every day. Coupons or other discounts not valid with this special.  
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# Ragamuffin 15th Annual Boulevard Window Painting Contest

## Hasbrouck Heights

On Saturday, October 25, at 1 p.m., the Annual Hasbrouck Heights Ragamuffin Parade will depart from the Public Safety Building on Hamilton Avenue and march along The Boulevard to the Municipal Complex at Central Avenue for a "boo-ti-ful good time."

DJ Enrico will entertain the children with games, music and other fun things. Juice and cookies will be served. Event sponsored by Mayor's Celebration Committee. ###

## Lodi

A Halloween Costume Contest will be held 3:30 p.m., Friday, October 31st, at Memorial Park Field. Various prizes will be awarded to Pre-K - Kindergarten Division and 1st - 5th Grade Division.

In case of rain, the event will be held at the Lodi Boys & Girls Club. For more information call the Recreation Department at 973-365-4005 x-425. ###

## Moonachie

On Saturday, October 25, at 11 a.m., the Moonachie Ragamuffin Parade will be held, rain or shine, at the Robert L. Craig School. Refreshments will be served. Trick or Treat godie bags will be provided by the Moonachie Municipal Alliance. Parents and residents are invited to dress in their spookiest and most beautiful costumes. ###

## Wood-Ridge

On Saturday, October 25, at 9:30 a.m., the Moonachie Ragamuffin Parade will line up at The Boulevard and Sussex Road with the parade starting at 10 a.m. and proceeding to the Doyle School Gym. (In case of rain, go directly to the Doyle School.) Tickets are necessary and were available at the Civic Center. ###

## Ghost, Monster and Horror Stories

For your listening pleasure, Wood-Ridge Radio (1580 AM) will be playing the old-time broadcasts of various ghost, monster and horror stories for Halloween, Friday, October 31, 2008, from 3:00 p.m. to 10:00 p.m.

They are also planning to rebroadcast old-time radio shows for Thanksgiving and Christmas Day at the same time slot.

Due to their Curtiss-Wright location, Wood-Ridge Radio can be heard in parts of Carlstadt, Hasbrouck Heights, Lodi, Wallington and Wood-Ridge. For more information go to: [www.woodridgeradio.com](http://www.woodridgeradio.com) ###

Area residents can stroll The Boulevard during late October 2008 where local businesses, in conjunction with the three grammar school PTA's, will sponsor the 15th Annual Halloween Window Painting Contest.

Over 300 3rd, 4th and 5th Grade students will paint a Halloween theme illustration on a

space provided by Boulevard businesses.

Graphics will be judged upon originality and artistic expression.

Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All participants receive ribbons.

Event is sponsored by: Hasbrouck Heights Chamber of Commerce in cooperation with the 2008 Home School Association (Corpus Christi), and Lincoln and Euclid PTA's. ###

## Trunk or Treat

Bible Baptist Church invites the community to its 5th Annual "Trunk or Treat" on Sunday, October 26th.

From 5:00 p.m. to 6:30 p.m., the Church will close its parking lot for this free, fun event which provides a safe, fun alternative to trick-or-treating.

Children up to the 6th Grade will have the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with lots of goodies and special treats.

Due to the nature of this event NO masks, blood, guts, gore or evil costumes will be permitted.

For more information please call 201-288-4139 x17. The Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###

## Munchkin Mash October 18th

The Junior Women's Club of Hasbrouck Heights invites all to attend the 4th Annual Munchkin Mash, on Sunday, October 19, 2008. This tiny tot dance party is geared towards the age of 7 and under.

Cost of the tickets is \$5 and includes a D.J. and light refreshments. The Munchkin Mash will be held at the Munchkin Building from 1 p.m. to 3 p.m.

All children must be accompanied by a paying adult. For tickets, call Dee at 201-953-3750. Join the fun and come in costume! All proceeds help fund local charities and scholarships. ###

## Halloween In The Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Thursday, October 16, 2008 (rain date October 21).

Last year, over 600 participated in this event.

Halloween in the Park will begin at 5:45 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station tableaux will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. A card

reader will delight participants and music will be provided by "Fun Time Entertainment."

Organizations are invited to "set-up" and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is sponsored by the Hasbrouck Heights Recreation Department. Tickets are \$5. Children under 10 must be accompanied by an adult. Tickets were available during Town Day.

For more information call 201-288-4143. ###

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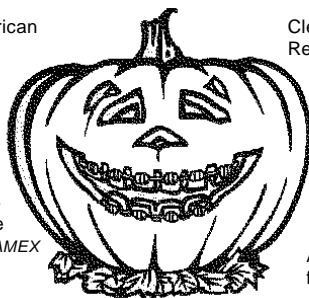
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**The 5<sup>th</sup> Annual**  
**Trunk or Treat**

**Sunday, October 26, 2008**  
**5:00 p.m. to 6:30 p.m.**

This **FREE** event provides a safe, fun-filled, **ONE STOP**, alternative to trick-or-treating. Come see a variety of decorated car trunks filled with goodies for children up to Sixth Grade.

**\*\*\* DUE TO THE NATURE OF THIS EVENT, NO MASKS, BLOOD, GUTS, GORE, OR EVIL COSTUMES WILL BE PERMITTED.**

For more information call 201 288-4139 X17  
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[www.biblebaptist.net](http://www.biblebaptist.net)

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## Local Boys Learn the ABCs of Politics

Last June, six boys from our local high school spent a week at Rider College at the expense of the Capt. James B. Scarr Post 106 American Legion. The boys selected have all completed their junior year in High School.

This was no vacation; it was an opportunity for them to be a part of a summer leadership and citizenship program. The program is sponsored by the American Legion with the belief that there is no better way to assure the survival of our republic than to train our young people in the ideals and objectives of American government.

The Boys State program is one that does not emphasize classroom lectures or textbook learning, but rather participation and personal experiences in a model state, complete with its governing bodies and elected officials.

The boys who attended

were elected or appointed to various posts. They are Kevin Ketcho: Director of Public Works, Travis Malave: Councilman, Neil Marchese: Chief of Police, Michael Messeri: County Surrogate, Garrett Van Curen: City Administrator, and Jeremy Wojciechowski:

County Adjuster.

Seven hundred ninety-four boys from throughout the state attend Boys State. They were selected by their teachers and administrators.

The liaison at the Hasbrouck Heights High School was guidance counselor Katherine Stevenson. The liaison for the local American Legion was Joseph De Palma. Joe has been working with the High School for the past nine years. He has now turned over his chores to Legionnaire Peter J. Gallo Jr.  
*Story by Peter Gallo Jr. ###*

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## Soccer Swarm

On Saturday, September 13, the Hasbrouck Heights Soccer Association held its annual Soccer Swarm at Woodland Park from 9 a.m. to 2 p.m. for all children registered in Division 6 and Division 7 programs.

Generally, these groups include players from Kindergarten through Second Grade. Each team plays 2 games.

Besides lots of soccer, there was plenty of food, rides, music and activities available. ###

## HALLOWEEN DECORATIONS

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## Pharmacist Corner

### Shingles Vaccine

I wanted to focus this month's article on the new recommendations for the shingles vaccine. An estimated 43 million adults over the age of 60 are at risk for developing herpes zoster. The CDC Advisory Committee now recommends one dose of the vaccine for all adults greater than 60 who have no contraindications.

Herpes zoster, also known as shingles, is the reactivation of the varicella zoster virus, which causes chicken pox. After an initial infection with chicken pox, usually as a child, the infection becomes dormant. The risk factors for developing shingles include:

- History of chicken pox
- Increasing age
- Use of immunosuppressants (such as corticosteroids like prednisone)
- Tumors
- HIV infection
- Radiation
- Trauma
- Surgery

The condition is usually characterized by a one sided, painful rash. Initial symptoms involve tingling, itching, burning, or numbness, which begin 4 to 5 days before the onset of the rash. The blisters normally heal over 2 to 4 weeks. A complication of shingles is called postherpetic neuralgia, which is diagnosed after the skin lesions have healed but the pain persists for longer than 30 days. The pain is described as a dull ache or a sharp burning or shooting pain with numbness.

Patients with herpes zoster are treated with oral antiviral agents such as Zovirax, Valtrex, or Famvir. In some cases, corticosteroids and analgesics may be used for additional pain control. The treatment of postherpetic neuralgia involves more intensive therapy, which can include stronger analgesics, antidepressants, anticonvulsants, capsaicin, and topical anesthetics.

To prevent shingles, the zoster vaccine (Zostavax) was developed for those 60 years of age or older. Please remember that the vaccine can not be used

to treat the virus once the infection begins. The vaccine helps by boosting a patient's immunity to the varicella zoster virus. An important note about the vaccine involves its storage and preparation. The vaccine must be kept frozen and should be administered within 30 minutes once removed from the freezer in order to minimize loss of potency.

The vaccine decreases the chance of infection by about 50% and the development of postherpetic neuralgia by about 65% -- these are very significant results. Before receiving the vaccine your provider should ask some potential screening questions:

- Are you sick today?
- Do you have any allergies to medications or any vaccine?
- Have you ever had a serious reaction after receiving a vaccine?
- Do you have cancer, leukemia, AIDS, or other immune problems?
- Do you take cortisone, prednisone, other steroids, or anticancer drugs?
- Have you had X-ray treatments?

Due to increased demand for the vaccine, the supply right now is limited. BeJay is at the top of the list for the next shipment of the vaccine. The previous order in July was depleted in less than three weeks. Please contact me at the pharmacy to reserve a vial when the next shipment arrives or if you have any other questions.

*Sam Papasavas, RPh, is owner and Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs.com ###*

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## Fitness Tips

By Joann Glussich

Here are the top 5 myths about weight loss:

**Myth #1:** You can spot reduce fat from specific areas of your body. This myth is as old as the hills, yet it persists.

It's safe to assume that you'll lose fat "last place on, first place off." So, if you put on weight first in your thighs and then on your waist, expect it to come off your waist first and then your thighs.

**Myth #2:** You have to count calories for weight loss. There are so many fad diets out there that paint the picture that weight loss is a complicated process. All of these popular diets conflict over which foods you should or shouldn't eat.

The truth is that you don't have to make weight loss such a science. Simply eat healthy fresh foods that haven't been processed, and eat smaller amounts than you're eating today. No brain science there, just results.

**Myth #3:** You will bulk up with resistance training. Women tell me that they won't do resistance training because they don't want to bulk up. Each time I have to hide my smile.

The process of bulking your muscles takes a lot of hard work. You have to consume high amounts of protein and consistently tax your muscles to fatigue. And you have to have the male hormone testosterone coursing through your body. In short, there is no way to accidentally bulk up.

**Myth #4:** You can get a six pack from crunches. Just focusing on crunches will not make your midsection chiseled. Ab crunches are great, but don't rely on them to get into great shape.

A trim midsection will only come as a result of proper nutrition, effective cardio and consistent resistance training

**Myth #5:** Cardio is the

most important exercise for fat loss. Most people think of cardiovascular activities when they think of working out.

The benefits of resistance training now trump straight cardiovascular training. Resistance training strengthens your heart while toning muscles and increasing bone density. The benefits of resistance training, especially in fat loss, are astounding.

Cardio workouts are not completely a thing of the past; they should fit into your overall plan for health and wellness. ###

*Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###*

### Wood-Ridge Friends Sell Note Cards

The Friends of Wood-Ridge Memorial Library are offering newly designed note cards with an updated picture of The Library. Each pack is only \$5 with five cards and envelopes to a pack. They are available at the Front Desk. ###

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# October 2008 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

## SENIOR ACTIVITIES

**Monday, October 6, 13, 20, 27**

10:00 a.m. to 1:00 p.m. Games, cards & coffee

**Tuesday, October 7, 14, 21, 28**

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

**Wednesday, October 1, 15, 22, 29**

2:00 p.m. Senior Paced Aerobics \$1.00

**Wednesday, October 15, 22, 29**

10:00 a.m. wii Bowling League

**Thursday, October 2, 9, 16, 23, 30**

10:00 a.m. to 1:00 p.m. Games, cards & coffee

2:00 p.m. Senior Yoga \$1.00

**Friday, October 3, 17, 24, 31**

10:00 a.m. Games, cards & coffee

**Friday, October 3, 17**

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

## CLUB MEETING SCHEDULE

**Wednesday, October 1**

10:00 a.m. Leisure Club Executive Meeting

**Wednesday, October 8**

1 p.m. Leisure Club Meeting. Pat Davals will speak about Long Term Medical Insurance

## UPCOMING EVENTS

**Charlie Brown's Steakhouse Dinner/Show**

**Thursday, December 4**

Along with dinner, take part in Murder Mystery. Provide your own transportation to Carlstadt. Details at October meeting.

**Annual Leisure Club Holiday Party**

**Wednesday, December 10, Noon to 4 p.m.**

Landmark Catering Route 17 South

Tickets: \$37 each. Available at October meeting

**Hunterdon Hills Playhouse Luncheon/Show**

**April 15, 2009**

Comedy show: "Over the River and Through the Woods." Cost \$70 each, includes dinner, show transportation. Details at October meeting.

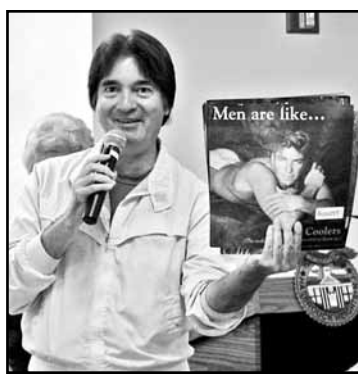
The Leisure Club welcomes all Hasbrouck Heights Senior Citizens, 60 years of age or older. Annual membership is \$12 per year.

## HH Leisure Club Treated to Mental Magic

At the last meeting of the Leisure Club, the members were treated to an ultimate entertainment experience. Mentalist, Flavian, put on a show, or was it a demonstration, of his ability to read minds. His performance relied on his involvement with his audience.

Members of the Leisure Club were asked to think of a phone number, a birthday, pet's first name, etc. Flavian dazzled the members with his ability to get every question right.

Flavian, whose complete name is Flavian Petruccio, hails from Caldwell, NJ. He has appeared at Caesar's Palace in Las Vegas, Caroline's Comedy Club in New York City and Uncle Floyd's TV Show, to name a few. He also has his own TV show, "Mind Play," in New Jersey.



The highlights of his performance were when he asked a member to select a word from a book, put it in her mind and he was able to correctly name it; and when he asked a member to select the photo of a calendar man who she would like to go out on a date with and also pick a card identifying who would chaperone them. He correctly identified the calendar man and the chaperone, Pee Wee Herman.

During the meeting, the members were reminded that the Annual Holiday Party was scheduled for Wednesday, December 10th, at the Landmark in East Rutherford.

They were also informed that a Dinner/Murder Mystery Show at Charlie Brown's Steakhouse in Carlstadt was planned for December 4th; and that a trip to the Hunterdon Hills Playhouse for a luncheon/show was also being planned. The event would take place on April 15, 2009 and the play is the comedy "Over the River and Through the Woods." Story by Peter Gallo Jr. ###

Thursday REACH service will be discontinued until further notice.

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## Attorney Briefs Local AARP Chapter

The speaker at the Central Bergen Chapter 418 of AARP's first meeting after the summer break was Attorney Michael Manna. He presented an excellent explanation on the many concerns seniors have protecting their assets. He covered many topics such as wills, living wills, trusts, power of attorney, medical power of attorney, guardianships, conservatorship, trusts, fraud, and probate.

Counselor Manna discussed how laws protect seniors and how many laws support the government. He gave examples from his personal experience where seniors have been vic-

timized. He also answered many questions that were of concern to the members.

Program Chairperson Marion Davidowitz congratulated Attorney Manna for the way he addressed each topic and made them easy and interesting to follow. She also informed the membership that at the October 10th meeting, Ms. Linda Cross, a representative of the Bergen County Department of Human Resources, Division of Senior Services, will discuss the recent changes to Medicare Part D. On November 14th, the group will be entertained by actor, singer, musician, tap dancer and story teller Richard Stillman.

Discount coupons to **Hasbrouck Heights IHOP** were distributed. Members were encouraged to support the chapter's scholarship fund and make a monetary donation at the November meeting for the Tomorrow's Children Fund.

President Marie Gallo thanked all the members that attended and acknowledged the guests that were there. She announced that the Annual Holiday Party was scheduled for December 12th at the M & M Building. Those who wish to attend can bring their checks for \$15 to the October or November meetings. Story by Peter Gallo Jr. ###

## Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it.

Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: info@hasbrouck-heights.net or drop them off at: The Gazette, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

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## Lodi Feast

The 94th Annual St. Joseph Festival opened Friday, August 29, at 6 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food." The feast continued Saturday, Sunday and Monday, from 2 p.m. to 10:30 p.m.

On August 30th, 31st and September 1st, starting at 9 a.m., the St. Joseph Society split into three groups accompanied by the Tony Neglia Band. Each group went out with a "stendaro" (*banner*) of Saint Joseph and held Processions starting at various points in Lodi, covering a majority of the streets in Lodi and surrounding towns such as Garfield and Hasbrouck Heights.

Each door bell at every house was rung and the band would play favorite songs such as "Mamma," "Oh Marie," "Santa Lucia," etc. The festival then opened at 2 p.m.

On Labor Day, at 3 p.m., members of The Society removed the St. Joseph statue from the Church and secured it on ornate hand carved base constructed in 1915.

From 1915 to 1937, the statue was supported by long poles and carried on the shoulders by the Society. Since 1937, the base and statue sit on a float surrounded with flowers, blue ribbons to hold donations, and children in First Communion dress. The float is pulled by the Society. Float handling positions have been passed down generations.

With Patron Saint banners (*some from area Churches*), the festival band, K of C St. Michael's Council 2861, Clergy, the St. Joseph statue float, followed by hundreds of faithful praying out loud in Italian, the Solemn Procession, moved throughout Lodi. Some make this devotion barefoot. Traditionally, during the Procession, two homes at Arnot and at Charles, set out refreshments. The processions concluded with a Benediction in the Church.

Organizers stated that approximately 50,000 attended this family oriented festival and there were no incidents.

This Festival has been a parish affair. The food court, games and raffles are organized and operated by the parishioners, with all of the profits donated to the Church. These booths have been family operated for generations. There are a few outside vendors and the amusements are contracted. This year, a new kiddie area was added.

Last year's Super 50-50 winner received over \$10,000. This annual program benefits the St. Joseph Church operating fund. For more info: [www.saintjosephsociety.org](http://www.saintjosephsociety.org) ###



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# Reflections

## Heaven: Just Geography

Pastor Iraida Ruiz de Porras  
First United Methodist Church

I remember when my daughter and I came to New Jersey from Puerto Rico to visit my brother during summer vacation. My daughter was three years old.

When we returned home, my mom asked my daughter how she had enjoyed visiting in New Jersey. She replied ecstatically, "Uncle Danny lives in Heaven with God!"

Of course! Heaven is just geography. As far as my daughter knew, we got on a plane and went straight to Heaven. She had no idea we landed someplace else. But she did know that she had a lot of fun in Heaven with her uncle.

The problem with placing God in Heaven is that we often think God is far, far, far away and very seldom accessible to us.

It is very difficult to relate with God from such a distance, so we think, God has too many things on the plate; there is no way God can be thinking about me. This is why when we pray we don't get quick responses. There are too many clouds in the way and they interfere with our communication.

Such misconception! If we only knew how close God can be. If we only knew that we determine how close God can get. We determine what prevails—good or evil—this is called free will. This is so because closeness to God is a spiritual relation that we choose or deny, accept or reject.

I have a slogan that some consider controversial—"God is a relational Being—Get intimate with God!"

Intimate? Sounds everything but spiritual. But, then again, what is it to be intimate?

According to the dictionary, it is to associate in close personal relations; it is characterized by or involving warm friendship or a personally close or familiar association or feeling; it is very private; closely personal: one's intimate affairs; it arises from close personal connection or familiar experience; it is engaged in or characterized by sexual relations; inmost; deep within. Yes, that just about sums it up.

God was pretty much tired of chaos and decided to make things look good. As a matter of fact, it looked soooooo good that God decided to share

with someone the beauty of creation.

We all know the story of Adam and Eve and how disobedience got in the way (Genesis 1, 3). Disobedience certainly was the cause of the break up in our relationship with God.

Nevertheless, God clothed and took care of Adam and Eve even after the exile from the Garden of Eden; and still takes care of us today in the midst of the chaos caused every day by the consequences of our disobedience, self-pride, self-determination, and self-reliance and dependency.

And free will is also a product of Creation with which God has given us the opportunity to get close to the One, the great I AM.

This is why Jesus lived amongst us; to re-establish that relationship by example. Jesus' obedience, faithfulness to God, and constant intimacy with God prepared the setting for the ultimate victory over death: spiritual death and physical death (I Corinthians 15:50-55).

This is why we are so certain that dying is about living. Our spiritual death entails surrendering of one's self to God, the renouncing of one's ideas, views, and thoughts and the rendering of one's self to the Holy Spirit to proclaim the truth to a community in accordance to God's will and voice.

And, when we encounter physical death, we reap the benefits and blessings of having lived a rewarding relationship with God that helps us move on to a new geographical location—Heaven! ###

## Fish & Chips Dinner Oct. 15

The First United Methodist Church, Burton & Division Avenues, Hasbrouck Heights, NJ, will be holding its annual Fish & Chips Dinner on October 15, 2008.

Dinner will be served from 5:30 p.m. to 7:00 p.m. and prepared by Tastefully British, well known for their light, crisp batter dipped fish and delicious chips. Accompanying the fish will be cole slaw, followed by delicious homemade desserts, for which the Methodist Church has become famous, coffee and tea.

Tickets are still only \$13.00 for adults and \$8.00 for children. Prepaid takeout orders are also available. Get your tickets early. Call Vanessa at the Church Office 201-288-4636. ###

# Go to Church more often. Church Schedules Hasbrouck Heights

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### Sunday

8:00 a.m. Prayer Partners Meet

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Evening Service as announced



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5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

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### Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

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Tuesday & Friday - 12 noon, N.A. Meeting



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### Sunday

9:00 a.m. Sunday School

10:00 a.m. Worship Service

Fellowship Hour follows Worship Service. Child care provided



## FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773

Church and Nursery School Office: 288-4636

Pastor Iraida Ruiz de Porras

### Sunday

10:00 a.m. - Worship Service

Thursday - 7:30 p.m. - Bible Study



## THE CROSS KOREAN UMC

57 Burton Avenue • 393-7890

## HOLY TRINITY LUTHERAN CHURCH

92 Burton Avenue, HH • 288-6889

The Reverend George W. Yoder, Pastor

http://users.churchserve.com/nj/htlc/index.html

### Saturday

5:00 p.m. Communion Contemporary Setting

### Sunday

9:45 a.m. Sunday Church School/Adult forum

11:00 a.m. Holy Communion

Tuesday: 7:30 p.m. Bible Study



## THE COMMUNITY

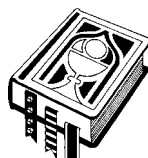
### UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622

Rev. Edward J. Glasser, Assoc. Minister

**Sunday** - 10:00 a.m. Morning Worship

Communion-- first Sunday of the month



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**Church Schedules: Lodi**

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Rev. Michael Marotta, C.R.M., Pastor

Rev. Americo Salvi, C.R.M., Parochial Vicar

Rev. Jason S. Gaganap, C.R.M., Parochial Vicar

Rev. Anastacio "Nony" Villaluz, C.R.M., In Residence

Rev. Mr. Steve Marchese, Deacon

**Sunday Obligation Masses:**

6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.

**Daily Masses:** 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.

**Reconciliation (Confession):** Sat. 4:30 - 6:00 p.m.

**Friday Adoration of Blessed Sacrament:** 11 a.m. to Noon

**Church Schedules: Moonachie**

**FIRST PRESBYTERIAN CHURCH OF MOONACHIE**

221 Moonachie Road

Church Office: 201-641-4919

Rev. Kimberly Chastain, Pastor

**Sunday**

11:00 a.m. Worship Service



**ST. MARGARET OF CORTONA (Little Ferry/Moonachie)**

31 Chamberlain Ave., Little Ferry • Office: 201-641-2988

Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate

**Sunday Obligation Masses:**

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon

**Daily Masses:** Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.

Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.

Rosary for Peace: First Saturdays after 9 a.m. Mass

**Reconciliation (Confession):** Mon. 6:15 - 6:45 p.m.

**Church Schedules: Wood-Ridge**

**ASSUMPTION R.C. CHURCH**

143 First Street, Wood-Ridge • Rectory: 201-438-5555

Center: 201-933-6118 • School: 201-933-0239

Fr. Brian Cullinane, OFM, Pastor

Fr. Paul Sinnema, OFM

Fr. Thomas Kelly, OFM

Fr. Cassian Miles, OFM

Deacon Nicholas Valdez

**Sunday Obligation Masses:**

5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

**Daily Masses:** (Church)

Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

**Reconciliation (Confession):** Sat. 11:00 - 12:00 p.m.

**Assumption Church/School Websites**

Parish: [www.assumption-parish.org](http://www.assumption-parish.org)

School: [www.assumptionschoolwr.org](http://www.assumptionschoolwr.org)



**FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE**

190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966

Rev. Kimberly Chastain, Pastor

**Sunday**

9:30 a.m. Worship Service

**MYUNG SUNG CHURCH OF NJ (KOREAN)**

Rev. David Suh

**Sunday 12:00 • Thursday 8:30 p.m. meeting**

**Monday - Friday 6:00 a.m. meeting**

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Rev. Jacob David, Rector

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**3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist**

**2nd & 4th Sunday - 11:00 a.m. Malayalam Service**

Vestry Meeting: 2nd Sat. 10:00 a.m.



Holy Trinity Lutheran Church, Hasbrouck Heights, celebrated Rally Sunday on September 7 with a Hawaiian Luau/Block Party with members, friends and neighbors gathering under the tent set up in front of the Church. Fun, food and fellowship were the order of the day and "Big Jeff" entertained kids of all ages with songs and musical games.

**Rosary Society Hosts Communion Breakfast**

The Rosary Society of Corpus Christi Church in Hasbrouck Heights is hosting a Communion Breakfast on Sunday, October 5, at The Fiesta following nine o'clock Mass in the Chapel.

The Guest Speaker is the Reverend Monsignor Raymond J. Kupke, a gifted homilist and Pastor of Holy Family Church in Florham Park. Monsignor is a Professor at Seton Hall University and Archivist of the Diocese of Paterson, and he is currently active in an eclectic and unusual Catholic adult education program called Growing in Faith and Theology (GIFT).

This program reflects a renewed focus by the Church on adult faith formation and strives to make top notch courses and faculty accessible to local parishioners.

The donation for the Communion Breakfast is \$16. Tickets were available at the September meeting. We invite all women of the parish to join us

for what promises to be a very special experience. Please call Chairperson Dee Sullivan at 201-288-7415 to reserve your place.

The fall General Meetings of the Rosary Society are October 9 (induction of new members) and November 6 (*preparation of Christmas Stockings for local children - bring new and unwrapped gifts*).

We encourage the women of the parish to join the Rosary Society in prayer and service. What better way to demonstrate devotion to the Blessed Mother than to become a Rosarian. Members are required to say one decade of the Rosary daily, to attend monthly meetings (first Thursday after the first Sunday of the month), to pray the Rosary for deceased members and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte. ###*

**Turkey Dinner**

Bring your friends and enjoy a delicious home made dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 18, from 5:30 p.m. to 7:00 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$12.00 for adults and \$5 for children under 10.

For reservations call Estella at 201-288-0378. Take-outs are available upon request.

The First Reformed Church is located at Washington and Burton and is handicap accessible. *###*

**Quips and Quilts**

Care on the Corner's first quilting project, "Building a T-Shirt 'Throw' (*straight-edge, machine quilting*)" will be on Thursday nights from 7:30 p.m. to 9:30 p.m., on October 2nd and 23rd, November 13th and December 4th at Care Center.

The project will be led by Cathy Knobloch and Joe Pickard.

The materials will be T-shirt fabric for front and back, with the inside fabric for batting. The tools used will be sewing machine, scissors, cutting tool, cutting board, iron, and Fusible Pellon (*for stiffening*) T-shirts.

If this is your initial attempt at quilting, or if you are an experienced quilter, come and join in the fellowship and friendship, as we learn from each other, making memories to treasure.

For information and registration, call the Care Center at 201-288-9460. *###*

**Weekend of Prayerful Reflection**

Christus Rex Catholic Men's Silent Retreat is scheduled for the weekend of October 17-19 at the Jesuit Loyola Retreat House in Morristown, NJ. Here is an excellent opportunity for self-examination and spiritual contemplation within the framework of prayer. This weekend's theme will be Spiritual Exercises/Spiritual Insights.

Free will offering. Retreat house details at: [www.loyola.org](http://www.loyola.org). Call 201-288-8656 for more information. *You owe it to yourself to attend at least one silent retreat in your lifetime.*

**Bingo is Back!**

Bingo will be offered every Wednesday and Saturday evening in The Father Patrick Morris Hall, Assumption Parish in Wood-Ridge. The "early bird game" for both nights will be at 7:20 p.m.

The kitchen will offer snacks and all sorts of food on both Wednesday and Saturday nights.

If there are any questions, please contact the Parish Office at 201-438-5555. *###*

**Failure is success, if we learn from it.**

**The Hasbrouck Heights CROP Hunger Walk** will be held in November



## Kiwanis Presents Good Neighbor Awards

At a reception held at the Senior Center, the Kiwanis Club of Hasbrouck Heights/Teterboro recognized the efforts of nine citizens from our community.

“Good Neighbors;” do not seek rewards but only the pleasure of helping others; neighbors whose help has varied from making phone calls to helping to stock the county food pantry.

“The Kiwanis Good Neighbor Awards” were presented to Bill O’Shea, Cecilia (Toni) Penna, Ethel Ball, Louise Davenport, Marie Grimes, Emma Herr, Elsie Sternbach, Susanne Kepsel and Peter Gallo Jr. The award recipients were nominated by their friends or neighbors for their efforts throughout the year or past years.

Bill O’Shea is a familiar name to all the citizens of our community. Through his florist he has not only donated gifts, flowers and balloons to local organizations for their fund raisers, but also has collected money and food donations for the Center for Food Action’s warehouses. The food is distributed to the poor in our county. The Buy-A-Ribbon Program during the Christmas Season raises the money for the Center for Food Action. Good Neighbor Day food donations help increase the CFA food supply.

Cecilia (Toni) Penna extends herself not only to her neighbors but also to her Church. She is a friend who is available when you need her; understanding of your problems; not judgmental, critical or unconcerned; and encouraging. She prepares meals for you when you’re ill, phones you when you are down; and visits you when you need support. Toni serves as an altar server at all funeral Masses at Corpus Christi; is a Eucharistic minister and visits the homebound parishioners.

Susanne Kepsel has been the president of The Friends of The Hasbrouck Heights Free Public Library for over 10 years. In this capacity she has been instrumental in raising money to support ongoing programs for children and adults; aiding in the continu-

ing education and training for The Library staff; and helping The Library purchase cutting edge technology. She is a true ambassador of good will for The Library.

Ethel Ball, Louise Davenport, Marie Grimes, Elsie Sternbach and Emma Herr’s involvement in the REACH program in Hasbrouck Heights has contributed heavily to keeping the program running for many, many years. The REACH program provides free transportation to those in our community who would otherwise have a difficult time in keeping medical, dental and other vital appointments. These five women’s collective involvement, efforts, dedication and support are fine examples of “Good Neighbors.”

Peter Gallo Jr. is always willing to help wherever he can. Just by looking at the record of all the organizations in which he is involved proves the point that he gives of himself over and over again. His sense of humor helps others smile and laugh more. He is a loyal and true friend to the senior citizens of our community. PG ###



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## Free Roses Benefit CFA

Bill O’Shea’s Florist, at 231 Boulevard, conducted a food drive in conjunction with Good Neighbor Day on September 3rd.

This food drive benefitted the Center For Food Action (CFA), the non-profit food cen-

ter that has served our area’s needy since 1976.

About 150 bags of food plus cash donations were received. According to Thelma Fedele, Center for Food Action, “These welcome donations come at the end of the summer

when our shelves are empty and the need is great.”

During this food drive, Bill O’Shea’s Florist conducted his 12th Annual Good Neighbor Day event where 400 dozen roses were given away absolutely free.

All visitors picking up the roses were asked to keep one for themselves and to give the other 11 roses away to 11 different people and in so doing, help create a friendlier, more caring and compassionate community. Good Neighbor Day is designated for people to meet their neighbors. A rose is the perfect expression of friendship and love. ###



## Troop #1180 Recognized

Corpus Christi Girl Scout Troop #1180 was recognized for outstanding service to the New Jersey Developmental Center, in Totowa, New Jersey. Jackie Grace and Samantha Wickett accepted the troop’s award from Mr. Bruce Werkheiser, Chief Executive Officer of the

State of New Jersey/Department of Human Services at a special recognition ceremony and luncheon given in honor of all those who support the Center.



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## Angels Host Tricky Tray & Beefsteak

On Saturday, October 18th, FOCAS will host "A MEAL for the ANGELS & Tricky-Tray Auction" to raise money for the FOCAS Angel Fund that provides life-saving medical care for sick shelter and homeless animals in Bergen County at the American Legion Post, 100 Liberty Street, Little Ferry, NJ. Cost is \$40 per person.

Catered by **Giresi's Caterers** of Lodi, you will delight in an all-you-can-eat beefsteak dinner with dessert & trimmings. A delicious vegetarian entrée is also offered.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or print a reservation form found on the home page of www.focasnews.org ###

## Sporty Slides

Are you looking to show Heights Pride? Well, here's your chance! The Hasbrouck Heights Music Parents Association is selling sporty slides for you to wear after games, to school, or anywhere you want to show Heights pride.

Cost is \$20 a pair, with four sizes available. To view slides go to: <http://hhmpa.info>. To order call Mary at 201-393-9179. ###

## Tricky Tray

Care on the Corner, an outreach ministry of St. John the Divine, will be holding its Fifth Annual Jazz Music and Dancing with Tricky Tray on October 16, 2008 at The Fiesta. Doors open at 6 p.m.

Music features the "Big Easy Trio" with Mark Wright and special guest, Ruth Brisbane, vocalist with the Harlem Blues and Jazz Band.

The cost is \$45.00 which includes dinner, door prize and some gaming tickets. Call Gale at 201-288-9460 for reservations. ###

## Kiwanis Club Holds Pancake Breakfast

The Kiwanis Club of Hasbrouck Heights & Teterboro Annual Pancake Breakfast has been a tradition in our community for more than 30 years.

This year's breakfast is scheduled for Sunday, November 23rd, from 8:00 a.m. till noon, at the Corpus Christi cafeteria. Tickets are \$7.00 each, and children under 5 years of age are admitted free. There will be plenty of pancakes and sausages, and a chance to participate in the gift basket drawings. All proceeds will benefit community projects.

Tickets can be purchased from any member or at the door. For more information contact Marie at 201-288-0276. ###

## Oktoberfest Oct. 28th

The Contemporary Club of Hasbrouck Heights will celebrate Membership Month with an "Oktoberfest" on Tuesday, October 28, beginning at 7:30 pm. "Oktoberfest" type refreshments will be served and a fun evening is planned.

Anyone interested in learning more about the service activities of this organization is welcome to attend.

The Club is collecting used cell phones to raise funds for Autism, NJ, which is the Special Project of the New Jersey State Federation of Women's Clubs for the next two years.

The meeting will be held at Holy Trinity Lutheran Church. For more information, please contact Marge at 201-288-8933 or Dorothy at 201-288-6685. ###

## AC Bus Trip Oct. 14th

A bus trip to Atlantic City is being sponsored by the Contemporary Club of Hasbrouck Heights, Tuesday, October 14. The bus leaves the Hasbrouck Heights Swim Club parking lot at 10 am. Cost is \$35.00 per person. Incentive from Trump Plaza Casino will be \$20.00. Remember to have your Trump Card and ID with you. Light refreshments will be available on the bus. Call Marge at 201-288-8933 or Pat at 201-288-0495 for reservations. ###

## HH Garden Club Meets October 16th

The HH Garden Club will be meeting on Thursday, October 16, in the Municipal Building, on the second floor at 6:45 pm.

The speaker for the evening will be Don from Wild Birds Unlimited in Paramus. Please come and join us. The public is always welcome! Refreshments will be served. For further information contact Judy at 201-288-2615. ###

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## Heights Talent Show Scheduled

The Hasbrouck Heights Mayor's Youth Committee and the Mayor's Senior Advisory Committee have joined together to sponsor a Hasbrouck Heights Talent Show. The main goals of the event are to showcase local talent and also to help supply the local food pantry.

The contest will take place on Saturday, November 1st, at 1:00 p.m., in the High School auditorium. It is open to all residents of Hasbrouck Heights or students who attend school in the Borough. Winners will be selected from two age groups; those 25 years of age and under and those older than 25.

Applications will be available at the Municipal Building. So if you can sing, dance, juggle, play a musical instrument, do a magic act, perform with a group, etc., the committee wants you.

Auditions will be held in the community room in the basement of the Municipal Building on Tuesday, October 14th, at 4:00 p.m. and 7:00 p.m. At the auditions, only 10 to 15 acts will be selected from each age group to compete. There will be a first, second and third place winner in each group.

The admission to the talent show will be one bag of non-perishable groceries or \$10. PG ###

## Moonachie Senior Bus Trips

For information and reservations, contact Bud Evers at 201-641-4334. Busses depart from Senior Center.

• Friday, October 17th: Trip to The Brownstone for "The Big Bavarian Beer Bash -- Traditional German Oktoberfest Party." Bus departs 10:30 a.m. Package includes open bar, garden salad, soup, Sauerbraten and Roast Chicken, roasted potatoes, string beans almondine, dessert, coffee and tea. Beer and soda on table. Cost is \$42 per person.

• Friday, November 21: Trip to Mount Haven Resort for "An Old Fashioned Pennsylvania Thanksgiving." Bus departs 9 a.m. Package includes two buffet day, 4 hour open bar, beer, wine and soda. Live musical entertainment. Cost is \$35 per person. ###

## Rotary Holds Beefsteak & Auction

The Mid-Bergen Rotary Club will hold their Annual Beefsteak and Chinese Auction on Friday, November 21, 2008, at The Excelsior, Route 46, Saddle Brook. The public is invited.

The doors open at 6:30 p.m. for ticketing of auction prizes. Prizes include televisions, DVD players, household items, food baskets, artwork, gift certificates, computers, etc.

At 8 p.m., participants enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$50.00 per person.

This is their 2008-2009 Annual Fall Fund Raiser for the Gift of Life and other community projects such as the Dictionary Project (*awarding dictionaries to local 3rd Grade students*), Habitat for Humanity (*Paterson*), Bergen County Boy Scouts, etc.

Cash and gift item donations of \$25 or more are welcome. For ticket information or to arrange a donation pick up call Charlie Paduch at 201-288-9600 ext. 7700, or Yvonne Hassett at 201-869-4800. ###

## Citizenship Classes Start October 6th

Starting on Monday, October 6, 2008, classes to help people prepare for applying for their U.S. Citizenship will be offered as a six week session. Classes are Mondays from 7:00 to 9:00 p.m. at Care on the Corner, located at 333 Franklin Avenue, Hasbrouck Heights.

Students must bring their green card at the time of registration. For more information call 201-288-9460 x 5. A registration form must be completed for each student. ###

## Learn Word

On Saturday, October 4, students begin the Fall Session of Word Level 1 Computer Classes at Care on the Corner.

The class is limited to six students on a first come, first serve basis. There is a \$50 donation fee. Students must be computer literate, and must know MS Windows. For info call 201-288-9460 x 5. ###



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**Hasbrouck Heights \$595,000**  
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**Wood-Ridge \$424,900**  
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**Lodi \$414,999**  
 Charming 3 BR, 2.5 bath Tudor style Colonial features LR w/fpl & h/w floors, large 3 yr. old updated EIK w/maple cabinets & tile floor. FR/ent to deck, fin. bsmnt w/2nd FR Indry area & half bath. Lge 130' deep yard. Tour at: [www.gatewaytohomes.com/2833239](http://www.gatewaytohomes.com/2833239)



**Hasbrouck Heights \$650,000**  
 Lovely, CH Colonial w/5 BRs, 2.5 bths. Large open porch, FLR w/decorative fpl. & FDR, both w/crown dentil molding, large MEIK w/beautiful cabinets & sitting rm. off kit. Fin. bsmnt., gas heat, C/A, private yard. Tour at [www.gatewaytohomes.com/2813886](http://www.gatewaytohomes.com/2813886)



**Wood-Ridge \$369,000**  
 Lovely Cape set on corner lot 3 BRs with potential for 4th. Completely renovated home w/new hardwood floors, carpet, kitchen, recessed lighting, & furnace. Amenities incl. fireplace in living room and one car garage. Tour at [www.gatewaytohomes.com/2819834](http://www.gatewaytohomes.com/2819834)



**Hasbrouck Heights \$535,000**  
 Large custom brick & aluminum Sugar Maple Split. Offers EF, den, full bath, office & oe to yard, large FLR, FDR, EIK, 3 BRs & 2nd full bath plus attic storage. Finished basement. w/ fpl., bar, summer kitchen, laundry & utilities. Nice location. Tour at: [www.gatewaytohomes.com/2819242](http://www.gatewaytohomes.com/2819242)



**Lodi \$510,000**  
 Spacious Two Family w/bright & airy rooms. Main apt. offers LR/DR combo, mod. EIK, den, 2 BRS & full bath. Lower level: 1 BR side rental unit plus walk-out bonus basement apt. w/ full kit., bath, FR & BR great for ext. family. 2 car attached garage C/A, C/Vac, gas heat. Close to trans. Tour at [www.gatewaytohomes.com/2811017](http://www.gatewaytohomes.com/2811017)



**Hasbrouck Heights \$399,000**  
 Beautifully updated 3 BR, 2 bath Colonial Marble EH, large LR w/fpl & built-ins, hardwood floors, FDR, den, newer kitchen w/sstl appl., finished basement w/kit & bath, king size MBR & new bath, walk-up to finished attic, C/A & garage. Tour at: [www.gatewaytohomes.com/2820915](http://www.gatewaytohomes.com/2820915)



**Lodi \$335,900**  
 Immaculate updated 6 room Ranch! Offers large LR w/shiny hardwood floors, modern EIK, lovely FDR or 3rd BR, MBR w/walk-in closet, bath w/Jacuzzi, laundry room & o/e to covered patio & large yard. C/A, garage & many updates. Tour at [www.gatewaytohomes.com/2817830](http://www.gatewaytohomes.com/2817830)



**Lodi \$379,000**  
 Spacious 3 BR 2 bath Colonial set on 270' deep prop. on quiet dead end street. Offers FLR, FDR, kit. and den/office w/sliders to large deck. Above grnd pool, large master suite w/vaulted ceiling, walk-in closet & balcony. Finished basement & convenient location. Tour at: [www.gatewaytohomes.com/2832958](http://www.gatewaytohomes.com/2832958)



**Wood-Ridge \$459,000**  
 Lovely 2 BR, 2.5 bath, end unit Townhome! Offers EF, FDR, modern kitchen w/SS appl. & granite. MBR w/vaulted ceiling & marble bath w/Tuscan style tile. LR w/sliders to patio. C/A, garage & walk to train or NYC bus. Tour at: [www.gatewaytohomes.com/2822577](http://www.gatewaytohomes.com/2822577)



**Lodi \$395,000**  
 Spacious 3 BR, 2 bath Split Level set on oversized 80 x 106' lot offers large FLR & FDR with hardwood floors, EIK, fireplace, bsmnt, c/a, gas heat, 2 car att. garage & convenient location. Tour at: [www.gatewaytohomes.com/2841256](http://www.gatewaytohomes.com/2841256)



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