





Hasbrouck Heights Recreation Department Senior Activities Calendar

Robert Brady, Department of Recreation

September 2004

Phone: (201) 288-4143

Mon	Tue	Wed	Thu	Fri
<p><u>COMING IN OCTOBER</u> <u>CERAMICS & POTTERY</u> <u>CLASSES</u></p>		1 Senior Aerobics 10 am \$1.00	2 Leisure Club Exec. Bd. Meeting 10 am—1pm	3 Fun Bingo 10 am 12 noon Movie Day 1pm "The Thin Man"
<p>6 Art Club 10 am  Labor Day</p>	<p>7 Line Dancing 10 am– 11:30 \$1.00 Senior Chair Yoga 2 pm \$1.00</p>	<p>8 Senior Aerobics 10 am \$1.00 Leisure Club General Meeting 12 noon 4 pm Bergen County Senior Picnic Van Saun Park (see bulletin bd)</p>	9	10 Movie Day 1pm "Brigadoon" 1954
13 Art Club 10 am	<p>14 Line Dancing 10 am– 11:30 \$1.00 Senior Chair Yoga 2 pm \$1.00</p>	<p>15 Senior Aerobics 10 am \$1.00 Rosh Hashanah begins at sundown</p>	<p>16 Dr. Bellavia Health Expo 9 am—11:30 am Rosh Hashanah </p>	17 Fun Bingo 10 am 12 noon
20 Art Club 10 am	<p>21 Line Dancing 10 am– 11:30 \$1.00 Senior Chair Yoga 2 pm \$1.00</p>	<p>22 Senior Aerobics 10 am \$1.00 Autumn begins </p>	<p>23 Bergen County Health Consultation 10 am—1 pm</p>	<p>24  Movie Day 1pm "Support Your Local Sheriff" 1969 Yom Kippur begins at sundown</p>
<p>27 Art Club 10 am Women's Club Exec. Bd.</p>	<p>28 Line Dancing 10 am– 11:30 \$1.00 Senior Chair Yoga 2 pm \$1.00</p>	<p>29 Senior Aerobics 10 am \$1.00</p>	30	

Please check the Observer weekly for any additional programs not shown on this calendar.